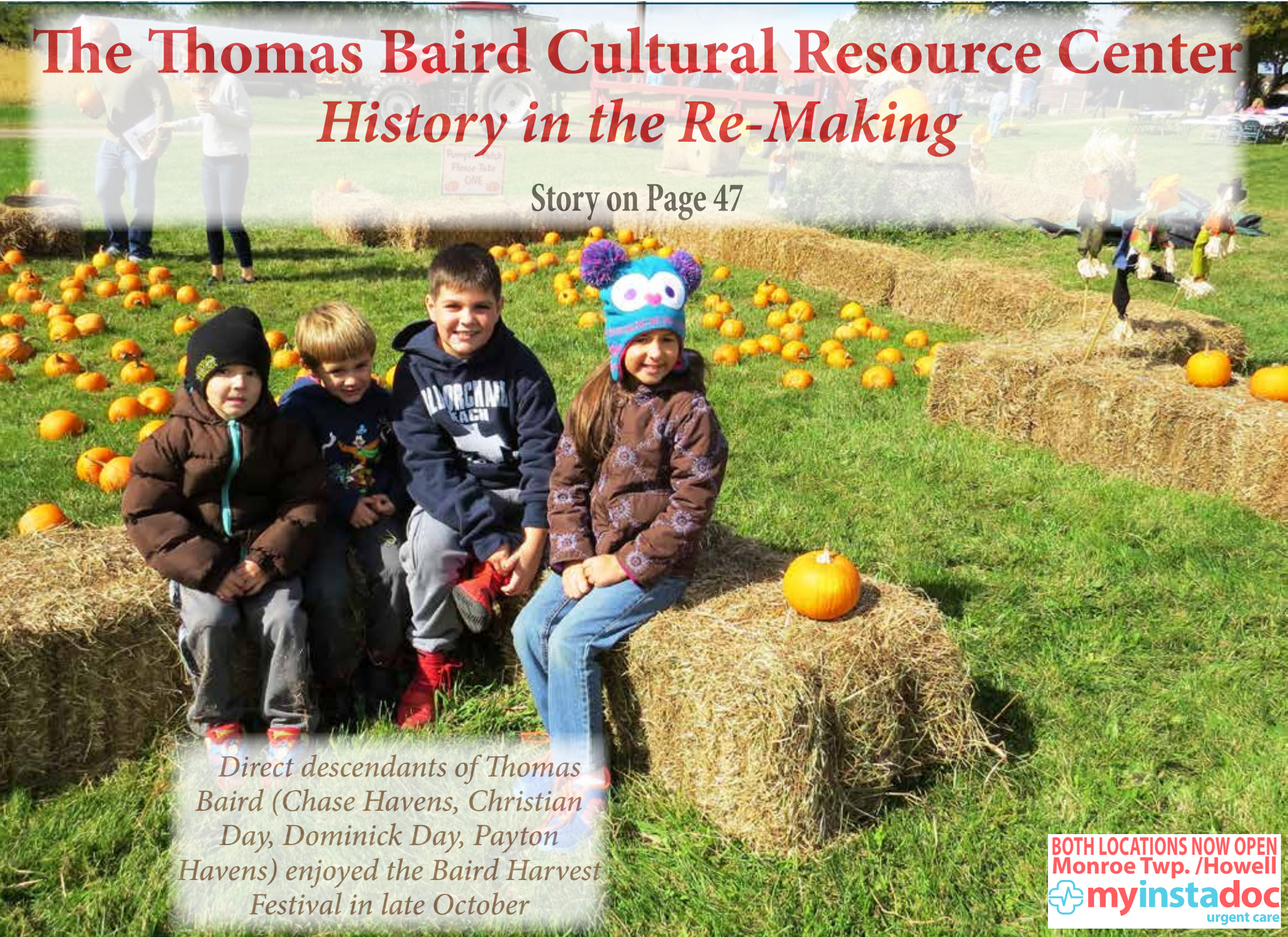


The Millstone TimesTM

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The Thomas Baird Cultural Resource Center *History in the Re-Making*

Story on Page 47

Direct descendants of Thomas Baird (Chase Havens, Christian Day, Dominick Day, Payton Havens) enjoyed the Baird Harvest Festival in late October

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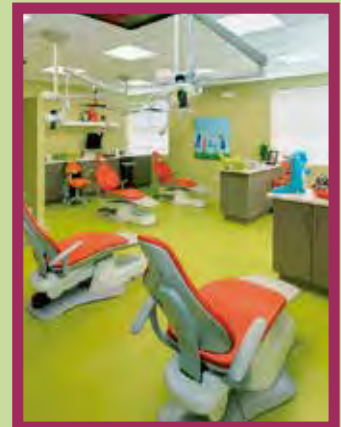
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Sheila Lidz
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Elizabeth Newman

**Director of Recruitment/
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Jolene Conoscenti

Writers
Susan Heckler
Pam Teel
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**Art Director/
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The Millstone Times

STUDENT OF THE MONTH

Victoria Cagnetta

By Pam Teel

Victoria Cagnetta is a freshman at Allentown High School. She loves school and enjoys learning new things. She also loves getting to spend time with her friends in and out of school, whether they are playing soccer in school or hanging out at the movies or at the mall in their spare time. She values her friends and the fact that they always manage to make her laugh and smile.

Victoria's favorite subjects are language arts and history. Her favorite book series of all times is Harry Potter. She also likes to read fantasy and realistic and historical fiction. Her favorite television shows are Survivor and Sherlock. Victoria likes many genres of music. She especially loves classic rock and The Beatles.

She loves drawing, playing and composing songs on the piano. She also likes to write and sing. She loves taking pictures and painting her nails.

Her favorite place to visit is on Long Beach Island where she goes for a week every summer. She also likes to visit New York City. Her favorite foods to eat are Italian food, whether it's pasta or pizza, and Chinese food.

She enjoys family time with her mom and dad and younger brother, who is in the fourth grade. She likes playing video games or playing sports outside with her brother. She also enjoys family dinners together and family movie night. She also likes to gather with all of her aunts, uncles, grandparents, and cousins during the holidays, which she says is always a lot of fun. She has a British Blue shorthair cat named Harry, who is very fluffy and a little chubby, but adorable.

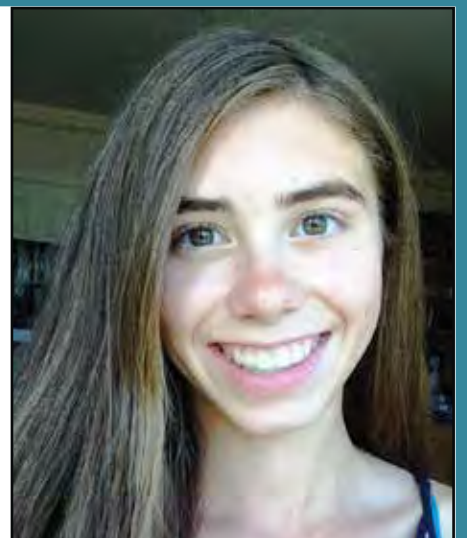
Victoria loves the Christmas season. What she loves about Christmas is that she gets to spend some extra time with friends and family, and she loves to give out gifts to everyone during the holiday season.

Victoria loves to play soccer and she also runs track. She played soccer at the Middle School for three years and was also on the Millstone Rangers Travel soccer team. She loves acting in plays and musicals in school. She was in the Middle School plays in sixth, seventh and eighth grades.

She received the Principal's Award for Overall Excellence at her 8th grade graduation from Millstone Township. This award is given to the student who maintains the highest overall GPA throughout three years of the Middle School. She was also the President of the National Junior Honor Society in the Middle School. Victoria attends St. Joseph's Church and performs and helps out with Vacation Bible School.

If she had one wish, it would be to create or perform, whether through acting, singing, writing, or music, in a way that positively affects others. Victoria hasn't quite narrowed down what she wants to do as far as a future career but there are many possibilities. She would like to one day be an actor, artist, singer, musician, author, or a fashion designer.

You still have a little time to decide Victoria. Good luck in whatever path you choose to take. Keep up the great grades and enjoy high school!



Victoria Cagnetta

Attention Millstone, Creamridge and Allentown Parents

If you know of a student, son, daughter, neighbor, who works hard in school and you feel is deserving of being student of the month, please email me at crescent671@gmail.com

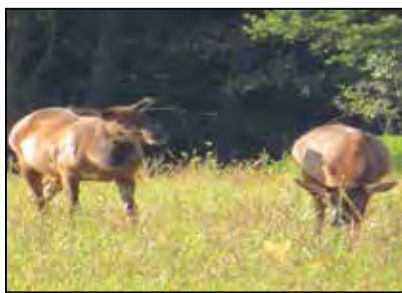
The Millstone Times PHOTO OF THE MONTH

By Pam Teel

Are you a photo buff? Do you love taking pictures everywhere you go? Perhaps you have a favorite one that you would like to share? We want your pictures for our photo of the month section. You can send photos to the following email: crescent671@gmail.com. Include your name and a description of the photo. If you have a brief story that goes with it, send that to. You may send photos more than one time. Make sure you put "Millstone Times Photo" in the subject area when emailing or it won't be opened.

John Byers of the Creamridge area belongs to a hunting lodge in the Wilds of Pennsylvania. He loves to take friends to go see the wild elk that roam free not far from his hunting lodge in Clearfield. He especially loves to take them to the Elk Country Visitor Center in Benetette, Pa., which is a premiere elk viewing and conservation education facility with 4D theaters, interactive exhibits, live forest cams, horse-drawn wagon rides, gift shop and much more.

The center is operated by the Keystone Elk Country Alliance, whose mission is "To conserve and enhance Pennsylvania's elk country for future generations." The panorama of windows at the center looks out on the picturesque beauty of Pennsylvania's elk country and wildlife habitat areas. There are trails and observation areas to view the large elk herds. There are also other favorite spots throughout the area where the large elk graze, such as the Winslow Hill Observation area. John does not hunt for elk. On his way up to Winslow Hill, John saw this secluded cabin overlooking the elk's grazing grounds. He calls his photo, "Little House on the Prairie" and wants to make nature and animal lovers aware of this magnificent wild area.



If you have a photo that you would like to share, please send it to Crescent671@gmail.com along with a brief description. Please type in photo of month in the subject line. The photo could be of nature, people, animals; it's your choice. We would love to see it. You can send more than one photo. Who knows, yours could be picked for the next issue!

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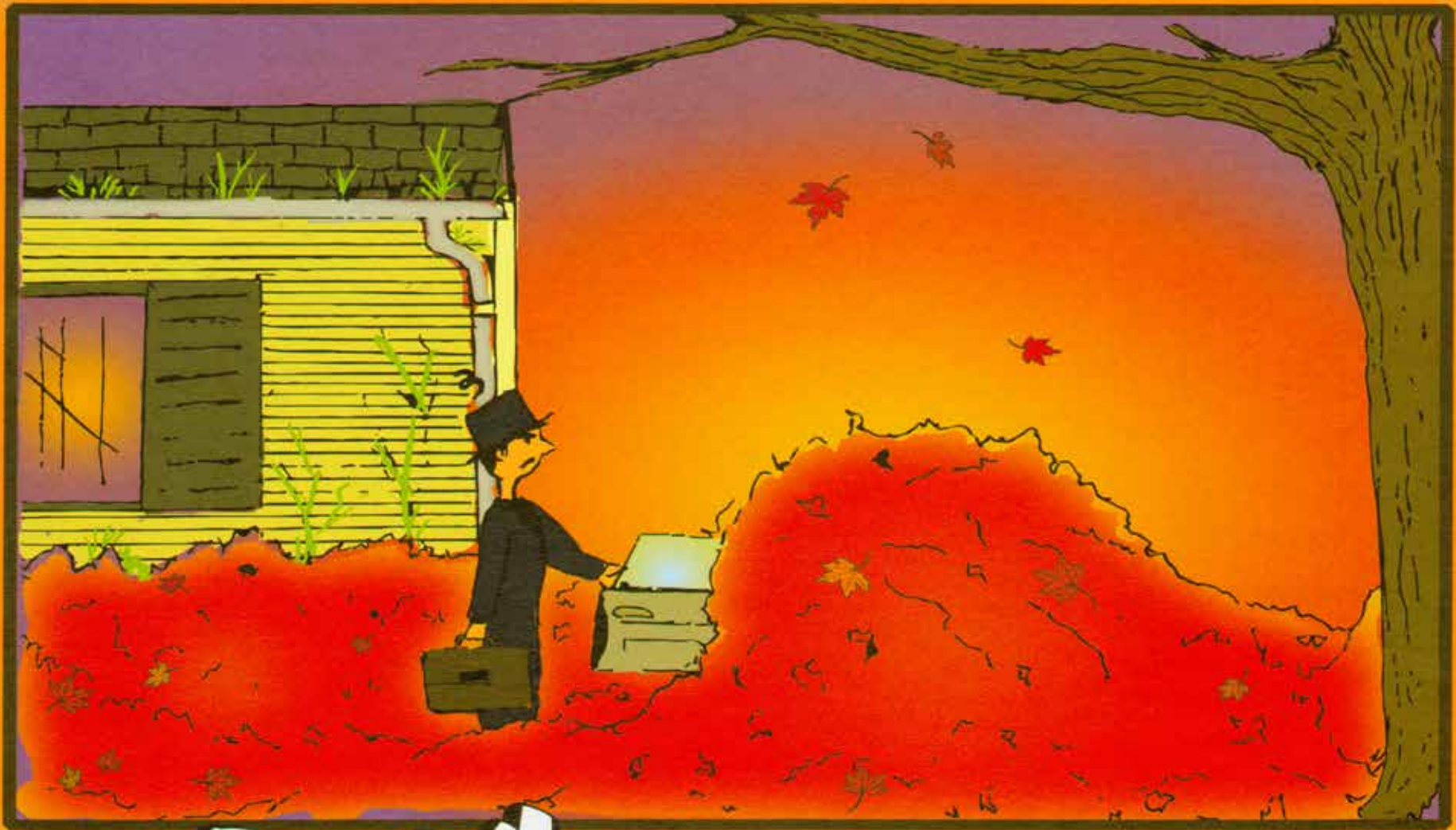


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Eagle Scouts put their Heart Into Community Service Projects

By Pam Teel

Four young men will be honored as Eagle Scouts at the end of November at the St. Josephs Church in Millstone Township. Mark P. Kozak, Steven E. Meyer, Arthur Normand, and Harrison Robert Roy are all members of Boy Scout Troop # 116. All four completed community service projects as part of their requirements for Eagle Scout status.

The community service project Mark Kozak worked on was at the Baird Community Resource Center on Baird Road in Millstone Township. An outdoor well was rebuilt. Mark first removed a small round of damaged and unstable bricks and rebuilt it to a more suitable height with a circle of cement blocks first. The blocks were then clad with red brick in line with the history of the house. Mark then constructed a plywood roof and finished it with cedar shingles. As a safety feature a welded iron web was installed across the Well to prevent anyone from accidentally falling in. Mark is now in his first year of College at Rowan University.

Steven Meyer constructed a sign at the site of the St. Joseph Parish Cemetery allowing visitors to easily identify the cemetery because there was no marker there before, making the cemetery hard to find. The sign is made up of a drawing of the 19th century church that once stood in the same location as the new sign. The sign is supported by pressure treated wood frames. There are identical signs in the shape of a V allowing people to see the signs from the corner streets. The area around the sign was mulched and boxwoods were planted under them. The sign is illuminated during the night by solar panels. For the past two summers,

Steven was Course Director for the National Youth Leadership Training for Monmouth Council, BSA. Steven is now a freshman at the Franklin W. Olin College of Engineering in Needham, Massachusetts.

Arthur Normand constructed a pair of raised gardening beds with an accompanying paver patio in between at the Millstone Township Primary School. This has become a showplace for the newly refurbished sitting bench honoring Carol Mancuso, a former teacher at the primary school who passed away in a car accident in the early 2000's. With the addition of the two beds, the children will be able to learn the cycle of life for various plants, mainly fruits and vegetables, in the area. The two beds were each started with two fruit trees. The trees have been grafted to produce five varieties of their respective fruit. This sitting bench area is a place where co-workers could remember Mrs. Mancuso and her contributions to the children of the Primary school. Arthur is a freshman at the Commonwealth Honors College at University of Massachusetts, Amherst. He is doubling majoring in computer software engineering and electrical engineering, with a minor in business.

Harrison Robert Roy designed and built two 20'x8' bean trellises for the Allentown Presbyterian Church Seeds of Faith Community Garden. The project also included removal and disposal of 2 existing bean trellises that were in bad repair. He also refurbished the main gate to the garden. The goal of the project was to increase the gardens capacity for growth and thereby increase the yield of produce, which went to the Allentown

Presbyterian food pantry. Harrison is at the University of Maryland College Park and majoring in aerospace engineering.

Other members of troop #116 have been working on projects that will count toward their Eagle Scout award.

Alden Littlefiled from Millstone Township has just completed a brick walkway behind the Baird House incorporating engraved paver bricks into the walkway. The walkway looks great and it's still not too late to order an engraved brick for your family or loved one for the walkway. Alden has also helped to clean up the Baird property by cleaning out old box trucks, cleaning out the greenhouse, which was overgrown with weeds and other debris, and other things. L & J Masonry of Millstone provided the necessary tools and expert advice on the cement portion of his project. Alden is a senior in high school. (To order your brick paver email: www.mtfriendsofhistory.org.)

Mitchell Kelly built a chicken coop for the Riding High Farm in Creamridge where they will be teaching life skills to people with special needs. Mitchell is in high school.

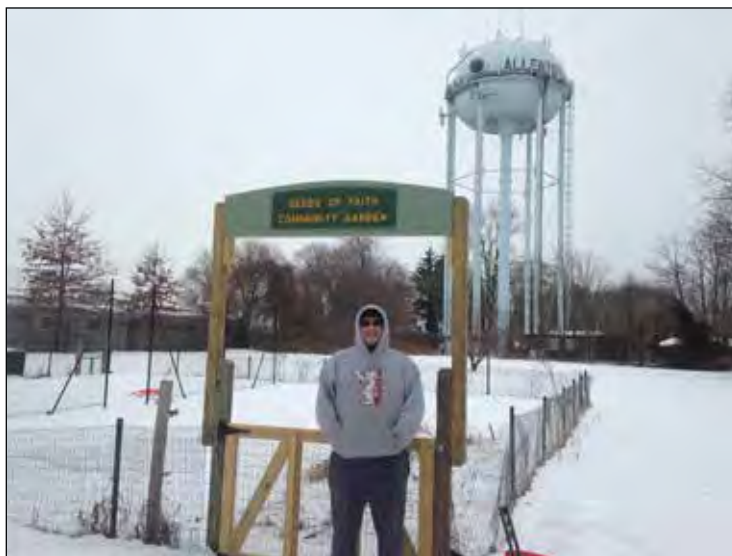
Theo Vlahos did his project at the Elks in Millstone Township where he built a fire pit.

Brendan Maher built a planter in front of the St. Anthony of Padua Church in Hightstown.

The Girl Scout troop #1765 completed six bluebird houses to be put on the Baird Property to attract Bluebirds. The ambassador scouts who worked on the project were Jennifer Travers, Olivia Pozza, Erin Magee, Gabrielle Alves, and Meredith McAfee.



Alden Littlefiled working on paved walkway

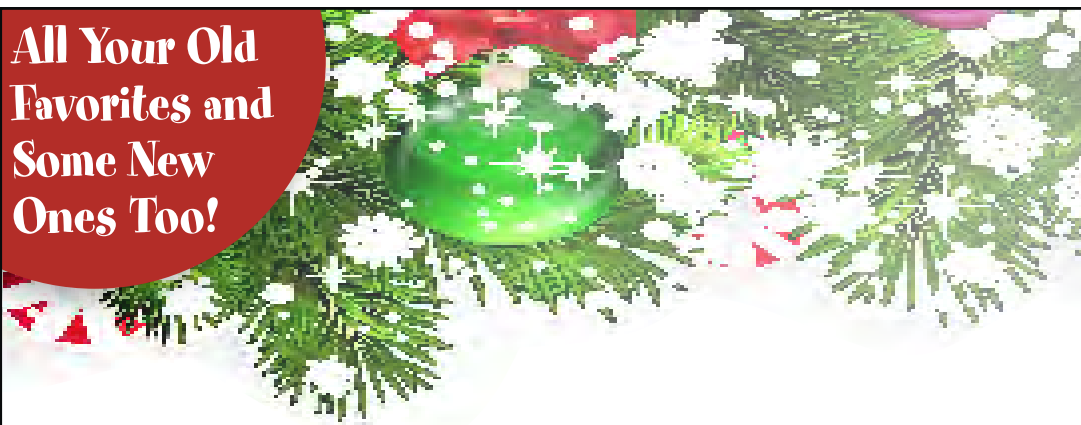


Harrison Roy built two bean trellises for Allentown Presbyterian church



Mark Kozak's Well project completed

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Teens

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Don't get Bitten by the Actions of your Dog

By John Bazzurro

Many of us own dogs as pets and companions. As such, we should all be familiar with the state of the law in New Jersey as it relates to the liability of dog owners for their dog's actions.

New Jersey, like many other states, has a "strict liability" dog bite statute. Basically, this means that, if your dog bites someone, you will be automatically responsible to that person for any damages that the person receives as result of the dog bite. That statute, N.J.S.A. 4:19-16 imposes liability upon a dog's owner where the dog actually "bites" someone and the bite occurs while that person is either in a public place or lawfully in a private place, including the property of the dog owner. Thus, under New Jersey law, even if a dog owner has no previous indication of a dog's propensity to be vicious or to bite, the owner will be responsible in damages to a person who is bitten by their dog under the above circumstances.

Of course, in addition to actual biting, dogs can also cause injuries in many other ways. For instance, a dog may jump up on someone and knock them down, cause serious scarring as result of scratches, or cause a motor vehicle accident by darting into the street. When damages are suffered by individuals as result of these types of actions by a dog, general negligence principles, as opposed to the above statute, will apply to determine whether or not the dog owner is ultimately responsible for damages. For instance, if a dog owner knows that its dog likes to jump up on people but fails to prevent the dog from jumping up on a stranger, etc. and the dog ultimately knocks that person down, it is likely that the dog owner will be responsible in damages. Similarly, if a dog owner knows or has reason to know that its dog routinely gets out of its yard or house and runs in the street, that owner it may be responsible for a car accident caused by the dog's darting out into traffic. Under these circumstances, however, the improper actions of the injured party, if any, will be compared to the dog's owner and any damages that the injured party would otherwise be entitled to would be adjusted accordingly.

Interestingly, there have been cases which discuss the dog owner's knowledge of its dog's "dangerous propensity" based, not on the prior specific actions of that individual dog but, instead, on the dog owner's knowledge of the "dangerous propensity" of a certain type of breed. So far, in the State of New Jersey, courts have rejected this theory of liability and, as such, an injured party, under these circumstances, must prove that the specific dog was engaged in prior vicious acts.

The good news for dog owners is that a typical homeowners' policy of insurance will often cover claims resulting from dog bites or injuries caused by dogs. However, as you can imagine, not all homeowners' policies of insurance are the same and some homeowners' policies may specifically exclude coverage for such dog related claims. Therefore, it is important that, if you own a dog, you contact your insurance company to ensure that you have appropriate coverage. Further, it is similarly important that, when filling out an application for insurance, you inform the insurance company of all animals that live in your home.

Of course, because there are many different factual scenarios in these types of cases, is important to contact a lawyer to discuss the specific facts of your individual case whether someone has made a claim against you or whether you have been injured by someone's else's dog. We invite you to contact our office to discuss any issues or questions you may have with respect to this article.

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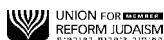


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Embracing Your Inner Girly Girl at Necessities for the Heart

by Susan Heckler

If you love to surround yourself with beautiful things and celebrate your femininity, you have to check out Necessities of the Heart. The shop has been in the same location for 19 years, in the historic John Imlay Mansion on Main Street in Allentown. The interior is much like it had been generations ago, but owner Georgette has set up each of the 3 downstairs rooms to reflect a different style. They have a second location in Bordentown.

They carry know names such as Brighton and Alex & Ani, but also feature new, upcoming names in the business like Nora Fleming (table décor). Their extensive inventory is exciting and impressive. Everywhere you look is something bright and beautiful to reflect any style or personality. Many of their items are charity related, inspirational and are made in the United States.

I visited in the fall with 2 girlfriends from neighboring towns. We had a ladies-only day and hit the town for a day of friendship and fun. While the town is small, you can definitely make a day of it. The three of us are very different people and it was interesting that somehow we each paired off with a different Necessities associate. It felt like friends shopping with friends. They were all so personable and had a genuine desire to find the perfect gift for you to keep or give. Their staff is so amazing that they received the Heart Store designation from Brighton, given sparingly to only 300 stores in the country with exceptional customer service, only 5 within 50 miles of my home. I have never experienced such a fun shopping excursion, no pressure...just lots of laughs and warmth.

Next time you need to shop for one of your friends or feel like pampering yourself with something pretty, stop in to see the lovely ladies at Necessities of the Heart. If you are dropping hints of what you like for the holidays, make it easier and give the gift giver their website www.necessitiesfortheheart.com.

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December 5th

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December 6th

Decorate your own Gingerbread House & cookies and milk with Santa Claus
Call to make your reservation. All supplies included.

Mention Millstone Times for a free gift

Yum and Fun Under One Roof; Bruno's Bicycle Shop and One Sweet Ride

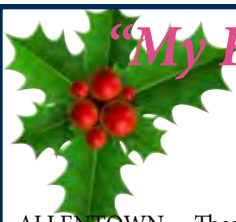
By Susan Heckler

When my adult son asked for a bicycle for his 21st birthday, I did as many uninformed shoppers do and went to a big box store, said hello to the giraffe and was very disappointed with my experience. I know nothing about bicycles except that I used to ride one. There was no one to help me. The one person who eventually offered their assistance was a well-meaning high school student who knew less than me; it was all very confusing and they all looked a little tinny to me. We left, overwhelmed and empty handed.

Then I remembered the impressive selection when I went in to Bruno's Bicycle in Allentown during the Fall Festival. I dragged my son's 6'2" frame to Allentown, a whopping 10 minute ride from Millstone and sat with the owner, James. He has been in the bicycle business for almost a decade and was such a wealth of knowledge. He carries Trek bicycles, all very well made and come with a warranty. It is a top of the line product and they assemble it for you. He and my son discussed the options at length, just like the old days when you went in to your local store and dealt with a professional. Set in a historic building in historic Allentown, I felt like I was right out of a Currier & Ives litho!

Better yet, while my son and James were chatting, I discovered a chocolate lover's mecca in the rear of the store. James's daughter, Heather, runs an amazing candy store in the same shop. She has been perfecting her craft for 11 years...yum!!! The timing was perfect; every year I give small candy boxes to my family and friends for Thanksgiving. Everyone has something to be thankful for and they are a great treat for the ride home. Heather helped me pick from her hand-made, hand-dipped delights and taste-testing really showed me the difference between factory made chocolate and hand/homemade. My dinner guests are going home with an amazing selection of chocolate covered pretzels, fudge and other chocolate confections in cute little holiday wrappers. I have already placed my order for party trays and gift baskets for the holiday season.

So Brad got his gift of fun and I arranged my gifts of yum for the holiday season. One-stop shopping with a different twist but a great place to visit just the same. If you stop in, tell Heather and James that Susan from The Millstone Times says hello, and don't forget to get fudge.



"My Friends Laughed When I Told Them I Wanted to Lose Weight Again... But When Olivia At Caruso Physical Therapy and Nutrition Helped me Lose 61 Pounds, They Nearly Fainted In Disbelief."

ALLENTOWN - These are the words of Caruso Physical Therapy and Nutrition's patient Deborah after she told her friends and family about her accomplishment.

"I didn't even think it was possible to get my 44 year old body to ever look good again. But Caruso Physical Therapy and Nutrition told me they had a plan that was custom fit for people just like me. I had diabetes, high cholesterol, high blood pressure and I didn't think anyone could help me. They were offering to change my life forever without surgeries, injections, pills, or diets that leave you starving... so I decided to give it one more try," said Deborah.

The extra 61 pounds was a lot to carry around every day. I'm a working mom with 3 very active kids. "Sometimes as a mom it is hard to feel sexy!" Especially with my back hurting from all of the laundry.

This weight loss not only helped my back hurt less, but I noticed my husband looking at me in a whole new light. And now I don't have diabetes, and my cholesterol and blood pressure is normal.

Not only was the Caruso Physical Therapy and Nutrition Program effective, but it was even covered by insurance. "It was so much more effective in comparison to everything else I have tried with minimal results."

Olivia from Caruso's Physical Therapy and Nutrition Clinic explained, "Deborah's weight loss was never really approached the right way... but when we take on a client, the right way is the only way and we mean it. For people like Deborah, this approach to weight loss is a huge opportunity!"

As a result of seeing the impact we have on the lives of our clients, for a limited time we will be offering the customized approach we did for Deborah for 21 more people this month.

Due to our customized approach we can only work with 25 people per month and at the time of this article four spots were already taken.

"We are out to make sure these 25 people will be ready to be slimmed down," said Olivia.

"We only have 21 spots remaining so schedule your weight loss evaluation to see how fast we can have you living life the way you want to." Schedule Right NOW to be one of 21 people we help this month. Spots will fill up fast, so don't hesitate.

Call right now to be one of the 25 we help this month:

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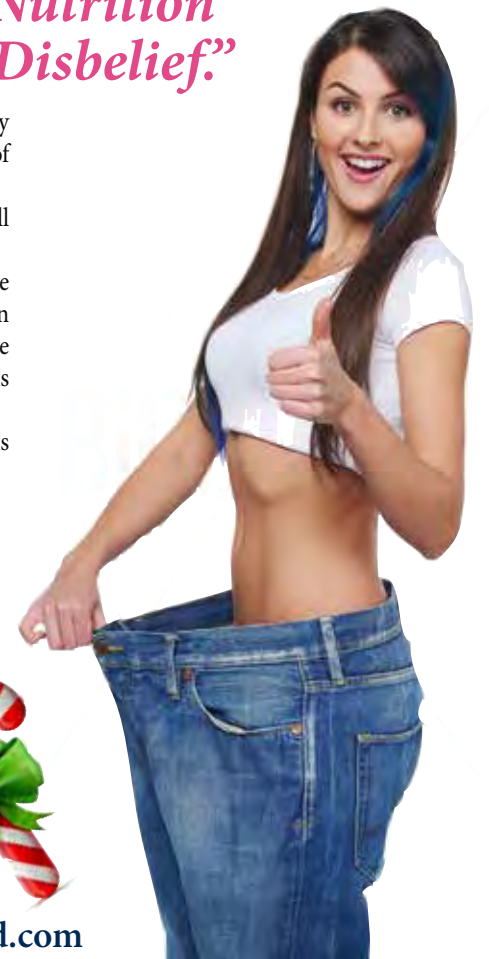
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Historic Allentown

Allentowns Annual Holiday Open House Celebration

Saturday and Sunday, December 5th and 6th

There will be Music and Refreshments at most shops, Lots of specials and door prizes.
Enjoy Hometown Shopping and Support Local Businesses.

Saturday, Dec. 5th

12 - 4pm Free Pictures with Santa at Bruno's Bicycles One Sweet Ride

Saturday, Dec 5th

1- 4pm Holiday Dress Up Tea Party & Cookie Decorating 2nd Floor, The Old Mill, The Old Fashioned Toy Store and Green Lace Lion

Saturday, Dec 5th

12p Kids Christmas Painting Class – Green Lace Lion

Sunday, Dec. 6th

Decorate your own Homemade Gingerbread House (must reserve space 609-208-0544) at Bruno's Bicycles One Sweet Ride

Sunday, Dec. 6th

12 - 3pm Stop in at The One Eyed Turtle for a Chocolate Blitz, Sunday Refreshments and Drawing for a Fabulous Brighton necklace at Necessities for the Heart both days.

Sat-Sun, Dec 5th & 6th

Family Days at Keris Tree Farm both days...Pony Rides, Hot Mulled Cider, Hot Cocoa and cookies, Santa will be there too!

Be sure to visit these participating businesses Saturday & Sunday:

Bloomers N Things to Do

Bruno's One Sweet Ride

Earth Goddess

Green Lace Lion

Keris Tree Farm

Necessities For The Heart

The One Eyed Turtle

The Old Fashioned Toy Store

Ye Old Vape Shoppe

Contact us at abcaofnj@gmail.com for more info



Allentown Public Library

Happily Announces it is Debt Free

The Allentown Public Library is debt free! In October, the Library Association paid off the last of the \$250,000 mortgage that was borrowed in 1993 when the Library was undergoing the final stages of the interior renovations and exterior restoration.

The Library Association launched a Nix Our Debt campaign in early January. Two families, longtime friends of the Library, donated \$13,000 to be matched by donors, who answered the call to raise the last \$42,000. The thermometer on the front the Library records that the goal was met!

This is a monumental moment for the Library Association, which bought the burned out Baptist Church in March of 1973 with only \$1,000 in its account. At that time, the Association borrowed \$35,000 from a local bank and asked the Baptists to hold a \$10,000 mortgage (both at 6.5% interest) in order to buy the building for \$42,500, and have funds to do basic renovations to the former parsonage building that became the Library. The church building, badly damaged by a fire on January 13, 1992, was closed up with the dream of one day having the money to make the entire church building a working library.

The Association paid off the 2nd mortgage to the Baptists within five years, and by the mid-1980s were ready to begin major work on the complex – the former parsonage, serving as the Library, and the boarded up former church. The Association won a major grant, \$50,000, that they successfully matched through the continued generosity of the community. In October of 1993, the Association paid off the mortgage and took out a \$225,000 loan to begin the final construction phase. A \$100,000 commercial loan taken in June of 1994 was paid off in 2008. Now the last of the debt is paid off in full!

Joan Ruddiman, Vice President of the Allentown Public Library Board, said, "The Allentown Public Library is grateful to be a branch of the Monmouth County Library system and is proud to be one of the original branches of the County Library, and still one of the most active." She added with emotion, "The Library Association deeply appreciates the generous support of the community, which has made it possible to secure a permanent home for the Library, but also to restore a beautiful old building that lives again to serve all of Western Monmouth as a full service library."



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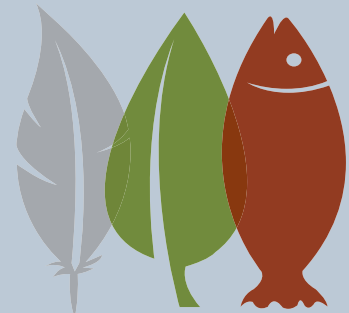
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Pet Gifts for the Holidays

By Joely Phenés

The holidays are a time to give back to those most important in your life: your friends, your families, and of course, your pets. Show your pets how much you love them with one of these adorable gifts:

For your dog:

- **"A monthly box of dog goodies" from Barkbox:** This is a gift that keeps on giving all year long! When you visit barkbox.com, you can select the size of your dog: "small & cute," "just right," or "big & bold." Then you can select the plan you want. A year subscription costs \$19 per month, but you can also choose a six-month, three-month, or one-month plan.

- **Thundershirt Thunder Sweater:** If your dog frightens easily at loud noises (like thunder or fireworks), this is the perfect piece of attire. The Thundershirt applies light pressure which has a calming affect on many dogs. It only costs \$14.95, and will pay for itself during the next thunderstorm when your dog is curled up calmly on your lap.

For your cat:

- **Frolicat BOLT:** The BOLT is an interactive laser toy that can keep your cat entertained for hours. It is a small handheld device that generates random laser patterns which cats love to chase. Order your BOLT on frolicat.com for \$25.99 and watch your cat go crazy!

- **Nekoflies Sleeping Bag:** This adorable cat-shaped sleeping bag is perfect for cat naps! It costs \$40.00, and it is made of a soft plush material filled with crinkly paper. Visit nekoflies.com to order one, or take a look at their other cat products.





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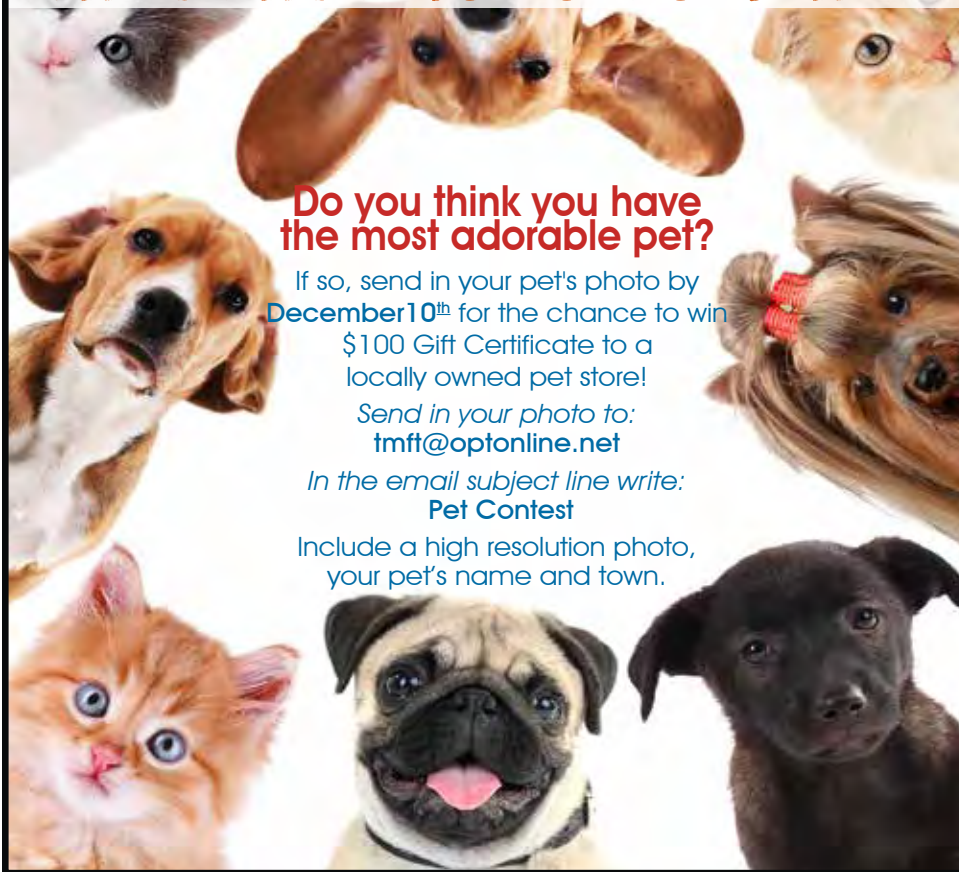
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A LOVING FAMILY **WANTED**

Please Think About Adopting A Homeless Animal First

By Pam Teel

Thanks to people like you who have hearts of gold when it comes to helpless animals, the Animal Assistance Facility in East Brunswick has a high placement rate. Their goal is to give all the strays that come to them a great family to go to. Happily, Ranger the Chihuahua, Rainy the terror, Benjamin the Brittany Spaniel, and the abandoned orange cat showcased in the last issue have all been placed in loving homes.

However, Cashew the two year old gray cat is still looking for a loving home. Cashew is a spayed and declawed female who is just a sweetheart. She loves being around people and is looking for a forever place to call home.

New to the facility are:

Callie- a calico cat who is the victim of a hoarder. She's a little shy but is starting to come out of her shell. She's declawed and current on all her shots.

Nelly- is also a victim of a hoarder. She's 2-3 years old, litter trained, friendly. Current on all her shots.

Bobby is a super friendly domestic short hair male cat.

Cute and friendly, this rat terrier dog is twelve pounds and spayed. The terrier is three years old. All shots are current.

Roy and Roger -A three year old Maltese male and a three year old Chihuahua, both neutered. They were found wandering together in New Brunswick and it would be great if they were adopted together. They

have formed a strong bond to one another.

The Brown dog is part pit and a sweetheart. He's a great dog with a great friendly temperament. He's skinny right now and has a scrape that is healing; He's only a year old and very calm.

You can obtain more information about the fore mentioned animals and animals available for adoption in the shelter at animals on <http://www.petfinder.com/shelters/NJ538.html>

Many of these dogs and cats were born locally and brought to Animal Assistance. Some were even spared from being euthanized in hopes of finding good homes for them. The facility is located in East Brunswick, a 501c3 Organization, is a perpetual, lifetime animal care, pet adoption, and pet boarding facility in a peaceful country atmosphere. The family oriented animal center has a purpose to provide a home for animals whose guardians can no longer care for them, or animals down on their luck, on a case to case basis. They are one of the few animal facilities in the area that are actually located on a farm in a country setting with over 60 year's experience. Their strays are LOCAL abandoned dogs and cats, with complete health and medical support. You get an animal that is ready to go, crated trained and socialized. Animal Assistance is also there for you once you leave with your pet. If you need help with trainers and vet info, they can recommend the perfect fit for you and your dog. To read up more about Animals

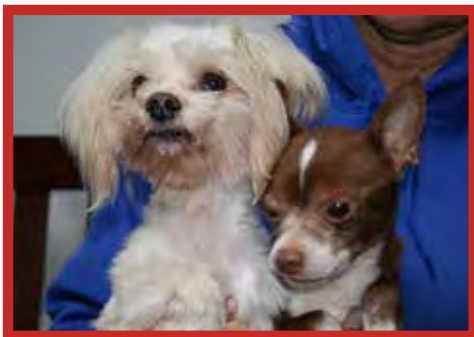
Assistance and their policies for adoption, go to: animalassistance.org. To view their pets for adoption on petfinder - please visit them at [PetFinder.com: http://www.petfinder.com/shelters/NJ538.html](http://www.petfinder.com/shelters/NJ538.html)

If you are interested in adopting any of these homeless, sweet, lovable pets, please call Linda at 732.251.3210. Phones are answered during open doors hours or email them at: linda@animalassistance.org. Phone conversations are preferred to email. Should you wish to sponsor a specific pet until they find a safe and loving home, please call between 7-10am Monday through Thursday, Friday 7-10am, or Sunday 8:30-10:30am to make arrangements.

Facility hours are 7-10am Monday through Thursday, Friday from 7am-3pm, and Sunday 8:30am-10:30am. You do not need an appointment, just drop in. Donations are graciously accepted. A tax receipt can be provided.

All proceeds are for the animal's medical fund. They do not take salaries.

The facility is still looking for a used SUV or small pickup truck that can be modified to transport our search and rescue dogs and the animals going to the hospital. Also these items are still needed: KMR Kitten Replacer, dry adult dog and cat food, Purina kitten chow, canned dog food, canned cat food, dog toys, cat toys, catnip, pig ear chews, blankets, and bleach.



Roger and Roy



Young brown dog/part pit



Rat Terrier



Callie



Bobby



Nellie



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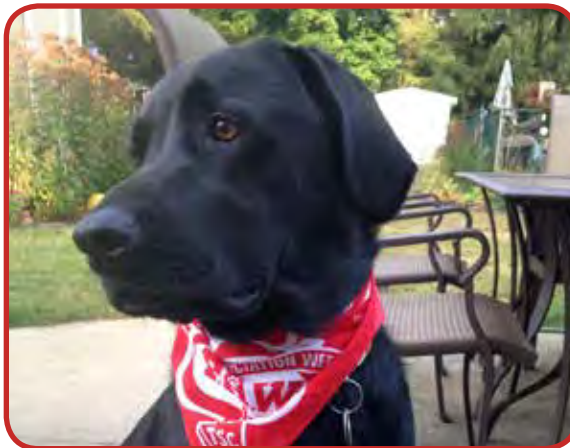
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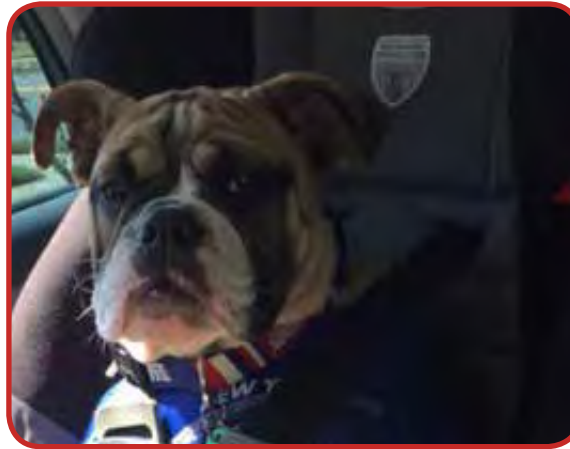
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Chubby



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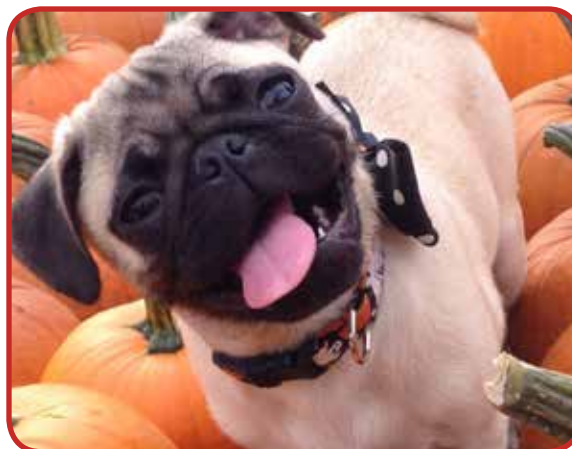
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Dog Coat Health

Shiny or dull? Which one describes the appearance of your dog's coat? Many factors can determine the coat health of your dog. Some can even be serious conditions that need to be checked out by a veterinarian.

As a dog owner, you can take some simple steps to make sure your dog looks and feels its best. Read on and spread the word to your fellow dog-lovers to make sure all your pooches have great hair days.

Causes of Dry Coat

Poor nutrition is one of the main causes of dull and lifeless coats. A dull coat is a great indicator that your dog is not receiving a healthy diet of meat, protein and nutrients. Tuna, salmon and other sources of omega-3 fatty acids can all contribute to a healthy coat.

Avoid by-products, preservatives and grains that do little for your dog's overall health. It may cost you a bit more money at the grocery store or local pet shop for higher-grade dog food, but it will be worth it to see your dog maintaining more of its shiny coat.

Medical Problems

A dull coat can be a sign of serious medical problems that may not be visible to the eye. Parasites such as tapeworms and roundworms can take away important nutrients that your dog needs to sustain its health.

Infections, fleas, ticks and kidney issues also can have the same effect. A veterinarian will be able to identify and resolve the issue.

If you notice your once-shiny dog begin to show signs of a dry, dull coat, it may be time for a check-up.

Brush & Bathe Regularly

One of the best ways to make sure natural oils reach your dog's skin surface is through regular brushing. Brushing your dog at least once every other day helps you achieve this by stimulating the skin and hair follicles.

In terms of bathing, it is important to not overdo it. Bathing once a month is a good general guideline, but your dog may need more frequent baths due to skin or coat type. A moisturizing shampoo that won't irritate skin is your best bet, along with natural conditioner to soothe your dog's skin.



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Did You Know That ...

By Pam Teel

Did you know that some inventions were invented solely by accident?

Take the world famous Slinky toy, which debuted at Gimbel's in Philadelphia in 1945 during the Christmas season. Over three hundred Slinkies sold out within ninety minutes. Richard James, the inventor, was a naval engineer. In 1943, he was trying to develop a means for suspending sensitive shipboard instruments aboard naval vessels, even in rough seas. He was working with tension springs when he accidentally dropped one. Seeing how the spring kept moving after it hit the ground, he suddenly had an idea for a toy. He brought the idea home to his wife and with a \$500.00 loan; he developed a coil-winding machine and started the James Spring & Wire Company to mass-produce the Slinky.

The name for the toy was coined by Betty James, his wife, who helped him produce Slinky toys, but sadly, Richard jumped ship in the sixties after his toys sales started to slump. He moved to Bolivia to become a missionary. His wife did not want to go so she and her six children stayed behind. Betty divorced Richard and took over the company, expanding it and turning it into a multi-million dollar empire. Under her leadership, over 300 million Slinkies were sold. Betty sold the company in 1998 to Poof toys. Betty James was then inducted into the Toy Hall of fame in 2001. The Slinky toy has been modified a bit. You can still find it in steel or colorful flexible plastic. Who can forget the catchy tune? It's Slinky, it's Slinky. For fun it's the best of the toys. It's Slinky, it's Slinky, the favorite for girls and for boys, everyone wants a Slinky, you ought to get a Slinky!

Silly Putty was also a byproduct of World War II weapons research. It was originally invented by James Wright, who worked at General Motors in Connecticut. Because of the Japanese invasions on various rubber producing countries, the shortage of rubber was negatively impacting certain wartime production efforts. The U.S. Government enlisted the aid of various companies to try and invent a synthetic rubber that could be made readily available. During these attempts, Wright mixed boric acid and silicone oil making the first Silly Putty, which was first known as Nutty Putty. It wasn't quite what the government was looking for but Wright noticed that it had a variety of interesting properties. He discovered that it could bounce, could stretch further than regular rubber, and didn't collect mold. He sent samples to other scientists who could not come up with any use for it. The invention stayed on the shelf for six years only to be passed around at cocktail parties as a novelty item until it caught the attention of Ruth Fallgater, who owned a toy store. She enlisted marketing consultant, Peter Hodgson, who introduced the putty as bouncing putty. Ruth put the bouncing putty in her toy catalog. It went on to become the second best selling item in the catalog behind crayola crayons. Hodgson eventually bought the production rights and renamed it Silly Putty. He hired Yale College students to divvy the putty up and put them in large plastic eggs. The Silly Putty came out just before Easter time, thus Hodgson's idea to use plastic eggs to package, and it became an instant nationwide success selling \$250,000 units in the first three days and around six million units in the first year at one dollar an egg.

Other uses for Silly Putty: It makes a great fire starter as it burns fairly easily and slowly. Silly Putty dissolves in alcohol. Because of this, alcohol based sanitizer is often used to get putty out of hair or clothing. Silly Putty was one of the things taken into lunar orbit in 1968 during the Apollo 8 mission. They used it to secure tools in place so they wouldn't float away.

Remember the days of flattening the Silly Putty over a comic book or newspaper print to capture the print. This might not be true for today's Silly Putty due to a change in the inking process from petroleum based to soy based in newspapers.

Happily, both products are still in production today.



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For more information please email Sheryn Cohen at Sheryn1@aol.com
by December 14th with check to: TSE Sisterhood,

Attn: Mah Jonggukah (on memo line), 400 Craig Rd., Manalapan 07726

Questions? Contact Sheryn Cohen sheryn1@aol.com (732) 688-4881

**MILLSTONE TOWNSHIP RECREATION
Presents**

OUR ANNUAL Holiday Lighting

Friday, December 4, 2015 6:00 - 8:00 p.m.

Millstone Twp. Fire House

Come Celebrate the Holiday Season!

In an effort to promote the spirit of giving with the youth in our community, we are encouraging them to get involved by showing support and compassion for others. Millstone Township Recreation, an official drop off site for the "Toys for Tots" program, will be collecting new unwrapped toys at the Holiday lighting festivity.

- Baked Goods and Refreshments
- Holiday Crafts
- A performance by the Middle School Chorus
- Bring your camera for pictures with Santa Claus

NOTE: The tree lighting will take place outside. Dress appropriately.

Millstone Township Recreation's annual toy drive of NEW unwrapped toys will be held Nov. 10 thru Dec. 13, 2014. Drop off location Millstone Twp. Municipal Building 470 Stage Coach Road, M-F, 8:30 a.m. - 4:00 p.m.. If you wish to volunteer or would like additional information, please contact the Recreation Office at 732-917-2954 or visit us on the website @ www.millstonerec.org.



Movies to catch in December

By Joely Phenes

Over the years, the movies have become very popular on Christmas, and some of the best movies of the year are released during this time. If your family plans on going to the movies this holiday season, here are some great choices:

Star Wars: The Force Awakens

More than 30 years after the release of Return of the Jedi, fans everywhere will finally get another glimpse of the Star Wars universe on Friday, December 18, 2015. The Force Awakens is the beginning of a new trilogy starring John Boyega and Daisy Ridley (don't worry, Luke Skywalker, Han Solo, and Princess Leia will all be present as well). Whether you can quote every line from every Star Wars movie or you have never seen one before, The Force Awakens (in 3D!) is sure to be exciting adventure that will hook you from start to finish.



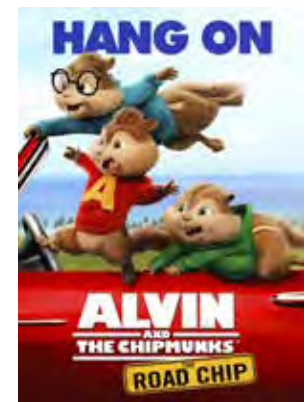
Krampus

Based on an ancient legend, Krampus is the story of a young boy who loses his holiday spirit, causing an evil demonic force to be released on his home. This thrilling fantasy will be released on Friday, December 4, 2015 and is rated PG-13. If you frighten easily, this may not be the film for you!



Alvin and the Chipmunks: Road Chip

The fourth installment of the Alvin and the Chipmunks franchise will be released on Wednesday, December 23, 2015. In Road Chip (PG), Alvin and the gang need to make it to Miami in three days in order to stop Dave from proposing to his girlfriend. Otherwise they risk losing Dave and gaining a horrible step-brother. If you loved the first three movies, go join Alvin, Simon, and Theodore on this crazy adventure!



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FROGBRIDGE DAY CAMP:

Teaching Children How To Make A Difference In Other Children's Lives

While many summer camps across the country spend eight weeks teaching their campers to play sports and make craft projects throughout the summer months, one camp in particular, right here in Monmouth County New Jersey, is dedicated to teaching their children quite a bit more.

Frogbridge Day Camp, located in Millstone Township, has quickly become known as the "Disney World" of summer camps, and a simple tour of the facility will tell you all you need to know about why. With it's 86 beautiful manicured acres comprised of over sixty incredible indoor and outdoor activities for children ages 3 through 15 to enjoy, there is no wonder as to why campers throughout central New Jersey flock to the camp each summer.

There isn't a summer camp anywhere with more indoor air conditioned activities and facilities. Highlights include a lakeside dining hall, dance and theater studio, gymnasium, preschool, 13 individual craft studios, Ribbits ice cream parlor, Frogarita's tropical island frozen smoothie oasis and much, much more.

The outdoor activities not only include all professional sized traditional sports fields, but also feature activities not found elsewhere, such as boating, kayaking and tube rides in one lake and bumper boats and fishing in another. Other stand outs include a professional go kart track, rock climbing, zip lines (over one of the lakes!), Spin Zone Bumper Cars (exactly the same ones found at iPlay America), laser tag, bungee trampolines, a state of the art covered gaga stadium, an exact to scale replica of Fenway Park whiffle ball stadium, multiple inflatables and the list goes on and on.

The camp staff that has been put together is without question, among the best in the business. Comprised mostly of teachers, coaches and educators, and with an average employee age of over 30 years of age, this is a mature, experienced and dedicated camp team for sure. With a return rate over 90%, you can easily see why you would want to work there.

After seeing all of this, you couldn't imagine there would be more to this amazing oasis right in our backyard, but there certainly is. Frogbridge goes well beyond the traditional summer camp duties. They exist not just to give their campers a wonderful summer and to teach them how to make new friends, learn how to play new games and try new things. The owner and director built "their dream" to accomplish quite a bit more. Their goal goes much deeper, and it is much more meaningful. It is simply put and non wavering. It is "to make a difference in the lives of children". And they take it very seriously.

Owner Frank Pugliese and his son, J.R., the camp's Director, saw their dreams officially become reality in the summer of 1999 when they opened the doors of Frogbridge to campers and their families for the very first time. The excitement and the enthusiasm was beyond compare. The big day was finally here. As the first week flew by, the smiles were growing and the buzz started to spread throughout central New Jersey. Little did they know their entire lives were about to change forever.

By the afternoon of third day, J.R. had to be hospitalized with a severe bout of central nervous system lyme disease accompanied by Bell's Palsy. He would remain in the I.C.U. unit of the hospital for one week, spending the 4th of July

holiday with the children on the pediatric level of the hospital rather than with all of the new campers and staff members at Frogbridge - and it got him thinking! He quickly realized that he soon would be back to work, enjoying time in the outdoors with family and friends, but many of the young patients he was sitting beside would not. The toys in the hospital were old, broken or missing parts, and nobody seemed to have a plan in mind to fix the problem.

That afternoon, as his dad Frank came to visit at the hospital, J.R. discussed his thoughts with his father and the wheels quickly started to turn. They always wanted to give back to their campers and their families. They wanted Frogbridge to be a whole lot more than just an eight week experience. As always, they wanted to find new and innovative ways to make a difference in the lives of children. They had finally found the answer.

Each year after the camp season had ended, Frank and J.R. planned to host a reunion of sorts, where campers and their families would have the chance to come back to camp in the fall and reunite with their camp friends and team members. It would keep the camp bonds made throughout the summer alive and promote the friendships that were made all summer. It would be very costly, but well worth it.

They decided to host a Halloween themed event and they would call it the "Frogtoberfest". The day would feature a haunted hayride, pumpkin picking and decorating and an endless dinner buffet filled with summer favorites served in the camp's lakeside dining hall. The optional price of admission for such an incredible day - one new, unwrapped toy, which would be donated to youth groups, hospitals and organizations in need of toys for children and families throughout the upcoming holiday season. And so it began!

This rather simple day has now blossomed into quite an event. While the hayride, the pumpkin picking and decorating and of course the dinner buffet still exist 17 years later, many more exciting activities have been added. A 400 foot long haunted house has joined the fun, along with three magic shows, a petting zoo, ice cream at Ribbits, hot chocolate and goodies served at Frogarita's, and that dinner buffet has now grown into a beautifully decorated event comparable to the very best catered affairs.

The toy drive also continued to grow as the years have gone by, as the children at Frogbridge and their families continue to learn about helping those less fortunate than themselves. Their 17th annual event just brought in over 500 toys for needy children this holiday season, a far cry from the 50 or so toys collected back in 1999. Among the groups that have been helped by the generosity of the Frogbridge families are the Centra State Medical Center, The Jersey Shore Medical Center, the Good Samaritan Center of Manalapan, The Ronald McDonald House, the Asbury Park Police annual toy drive, the Millstone Township annual toy drive, the Park Avenue Elementary annual toy drive in Freehold, and so many others. This year, their plan is to also deliver toys to the Children's Hospital of Philadelphia (C.H.O.P.) as well.

Frogbridge has quickly become known as "home" to many of its campers and team members, and it's easy to see why. The children attending and the team members working there annually can't wait to find out which group they are in, which bus they are placed on, who their teachers and counselors will be and more importantly, which group they

will be raising money and awareness for. Beyond the annual toy drive, Frogbridge also organizes an annual fundraiser for various organizations in need which changes each year and is typically chosen by Frank and J.R. based on several factors, some of which have hit closer to home than others.

While doing research following the American Camp Association's annual camp conference in 1999, J.R. and Frank were introduced to representatives from the Pediatric Cancer Foundation, and the need for help was significant. As a day camp owner and director working in the children's day camp industry, and searching for ways to make a difference in the lives of children, helping other children stricken with this terrible disease seemed like the perfect way to begin their fundraising efforts. Over a 5 year period, Frogbridge and its families raised well over \$50,000 for the Pediatric Cancer Foundation.

When his nephew was diagnosed with Juvenile Diabetes years later, J.R. quickly jumped on board and began to research and raise funds and awareness among his campers by choosing the Juvenile Diabetes Research Foundation as the next beneficiary of Frogbridge Day Camp's "Campers Helping Kids" campaign.

In the months following Hurricane Sandy, news that the shelves at the Foodbank of Monmouth and Ocean County had quickly emptied came across the desk in the camp office in the form of a letter sent out by the Foodbank to J.R. Thinking fast, they decided to host a food drive rather than a fundraiser as they had done in the years earlier. The goal for their campers was to fill an entire school bus from top to bottom, front to back with food and then drive it over to the Foodbank directly. Mission accomplished!

After learning that his mother had been diagnosed with Non Hodgkin Lymphoma, and the child of one of his co-workers was diagnosed with Leukemia, thoughts quickly turned to ways to help, and the Leukemia and Lymphoma Society became the summer's dedicated group for which help from the Frogbridge team and their campers was on the way.

Finally, upon meeting James Ruffone and his son Jamesy last spring and learning of the story of the Jar of Hope and their pushups campaign to help raise money and awareness for his son and other children stricken with Duchenne Muscular Dystrophy, the need was certainly there and the camp and it's campers offered to help by organizing a push up campaign at the camp with over 1000 participants! The campers raised over \$7000 for the Jar of Hope Campaign for research and awareness of Duchenne Muscular Dystrophy. The hope is that in the summer of 2016, James and his son will be back at Frogbridge, and along with the help of many of their team members, campers and their parents, the Frogbridge fundraising team will break the Guinness World Record for the number of people doing pushups at the same time, while also continuing to raise awareness about this terrible disease.

As you can see, this certainly isn't your typical camp and this isn't your typical owner and director. They have taught and continue to teach thousands of children in our area the importance of giving, caring and sharing and how to make a difference in the lives of other children. Summer camp, until now, has been a place to grow, to mature, to learn and to create memories and make friendships that will last a lifetime. At Frogbridge the lessons learned go much deeper.



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DUI/DWI in New Jersey

DUI arrests almost always start with a motor vehicle stop. During the holiday season especially, the Police are on alert for clues of suspected drunk drivers. Such clues typically include erratic driving, weaving, speeding or driving too slowly. Even a high beam violation will give the Officer a valid reason to pull a driver over. Once the Officer approaches the vehicle he or she will continue to investigate for further evidence of intoxication. Odor of alcohol emanating from inside the vehicle, for example, is a major clue that a driver may be intoxicated. Also, he or she will look for other signs of intoxication such as slurred speech and admission of consumption of alcohol. Any driver should observe with benefit that although he or she must never lie to the police, neither should they feel compelled to make any incriminating statements. Not answering a question about drinking before getting behind the wheel is of course unlikely to end an investigation. However, it is one less piece of evidence that will be used in Court against them down the road. The next step is the field sobriety also known as the divided attention tests. The driver will be asked to exit the vehicle and perform usually what is known as the One Leg Stand, Walk and Turn and Horizontal Gaze Nystagmus. Once the tests are concluded the Officer is almost always satisfied that he or she have enough probable cause to arrest a driver for drinking and driving so then they will bring the driver back to the station in handcuffs to take the Alco-Test. The Alco-Test is a scientific device designed to produce a Blood Alcohol Content reading of the individual submitting a breath sample to the machine. For first time DUI offenders, New Jersey law provides three tiers. The first tier is a .08-.09 Blood Alcohol Content reading that requires the Court to suspend a driver's license for three months, amongst other penalties. Incidentally, a DUI based on Field Sobriety Test results only, without a Blood Alcohol Content reading also subjects a defendant to a first tier DUI violation. The second tier is between a .10 to .14 reading that exposes a defendant between 7 months to one year loss of license and the third tier DUI is .15 or higher Blood Alcohol Content reading that exposes a defendant to same penalties as a second tier violation plus a mandatory minimum six months installation of an interlock device, amongst other penalties. A second DUI conviction exposes one to two year loss of license and up to 90 days in jail while a third conviction carries six months of jail and 10 years loss of license. With the Alco-Test, however, the police have to follow certain procedure and protocol that only an experienced DUI practitioner and specially trained Police Officers are familiar with in order for the Blood Alcohol Content to be legally admitted in Court as evidence. Note that New Jersey has an implied consent statute which means that a driver has no right to refuse to take the Alco-Test. In other words, all drivers by virtue of the fact that they are driving on public roadways are also by operation of law consenting to provide a breath sample should they be arrested for drinking and driving. Refusal to take the Alco-Test subjects a defendant in Court to an automatic loss of license of up to one year plus the installation of an interlock device and other penalties. Given the public policy against drinking and driving, Municipal Court Prosecutors and Judges are prohibited from downgrading DUI cases. Should you or someone you know be charged with a DUI offense, it is imperative that you hire an experienced DUI practitioner familiar with the players involved in the jurisdiction of your arrest to obtain and review the discovery, formulate your strategy and defenses, file the appropriate pre-trial motions to suppress and dismiss and proceed to trial, if necessary. My name is Leon Matchin and I am an expert on DUI defense. I may be reached at (877) 390-2998 or leon@attorneyleonmatchin.com.

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only **\$205⁰⁰**
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Serves approximately 20-24 people

- 1 Full Tray Of Caesar or Tossed Salad
- 1 Full Tray Of Any Pasta (\$80 or Less)
- 1 Full Tray Of Any Chicken Entree
- 1 Half Tray Of Mini Cannolis or Italian Cookies

Savings of \$25
(only \$9.00 per person)

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PARTY PACKAGE 2

Take Out Only

only **\$329⁰⁰**
+tax

Serves approximately 30-35 people

- 1 Full Tray of Caesar or Tossed Salad
- 1 Full tray of any Pasta (\$80 or less)
- 1 Full Tray of any Side or Appetizer (\$80 or less)
- 1 Full Tray and 1 Half Tray of any Chicken Entree
- 1 Half Tray of Mini Cannolis or Italian Cookies

Savings of \$40
(only \$9.50 per person)

With Coupon. Must Mention Coupon When Ordering. Cannot be combined with any other offer or discount. Expires 1/31/16.

PARTY PACKAGE 3

Take Out Only

only **\$475⁰⁰**
+tax

Serves approximately 45-50 people

- 1 Full Tray of Caesar or Tossed Salad
- 1 Full tray of any Pasta (\$80 or less)
- 1 Half tray of any Pasta (\$45 or less)
- 1 Full Tray of any Side or Appetizer (\$80 or less)
- 1 Half Tray of any Side or Appetizer (\$45 or less)
- 2 Full Trays of any Chicken Entree
- 1 Full Tray of Mini Cannolis or Italian Cookies

Savings of \$50
(only \$9.50 per person)

With Coupon. Must Mention Coupon When Ordering. Cannot be combined with any other offer or discount. Expires 1/31/16.

Selling During the Holidays

'Tis the season to be jolly, especially if you can successfully sell your home during the holidays.

You might figure that potential home buyers take a break during this time of year to focus on Thanksgiving festivities and Christmas celebrations.

The fact is that the holidays can be the ideal time to sell your home due to a number of factors.

Buyers who are looking during the winter months are often motivated to find their new home. And with less competition on the market, sellers can put their homes into prime position.

Financial Factors

There are two main financial drivers that may sway buyers to purchase homes during the holiday season. Interest rates for mortgage loans tend to dip at the end of the year. This could be motivation enough for buyers looking to lock in a great rate for their new home.

Purchasing a home is also a great tax write-off for buyers who may be eligible for credits, such as deductions for home mortgage interest and real estate taxes. Purchases must be finalized before Dec. 31 for tax breaks to kick in the following year. And who doesn't love saving some money during the holiday season?

Decorations & Showing Power

A home that is tastefully decorated for the holidays can help woo potential buyers. That's because they can visually put themselves into the home as an owner, giving them the sense of what it would be like to own your home during the holidays.

Complement the sights and scents of your interior with a spruced up yard. Tackle any simple fixer-upper projects like putting fresh paint on your shutters or organizing your shed. Add seasonal plants to your flower beds. Every detail matters when trying to sell your home during the holidays.

Deciding If It's Right for You

Putting or keeping your home on the market during the holidays is a personal decision. Doing so may not be logistically possible for you if you think you will be overwhelmed at the prospect of showing your home during the busy holiday season.

Remember that you will still be able to host holiday parties and celebrations even if your home is on the market. You can work with your Realtor to block off a few days that won't work for showings for you and your family. This way your Realtor can prompt buyers to check out the home on days that fit your schedule.



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**4 Moonlight Ct., Millstone Twp.
4 Beds, 4 Baths 4,500 sq. ft.**

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**17 Ivy Ct., Perrineville
4 Beds, 2 Baths 3,000 sq. ft.**

Don't miss this beautiful, tastefully decorated Center Hall Colonial located in one of the most desirable areas of Millstone Township. Situated at the end of the cul de sac. The two story foyer with a palladium window and open staircase welcomes you. The open floor plan incorporates a very large kitchen with granite counter tops and sliders to a custom deck and private wooded yard. Two story family room with floor to ceiling brick fire place and plenty of natural light. This home has been extremely well cared for by the original owners. It also boast a finished walk out basement with plenty of storage. It has been freshly painted with a neutral pallet, new carpeting, new flooring, new water heater, a security system and a new upstairs AC Unit. Welcome home...nothing to do but unpack!



**20 Grant Dr., Cream Ridge
5 Beds, 4 Baths, 1 Half Bath**

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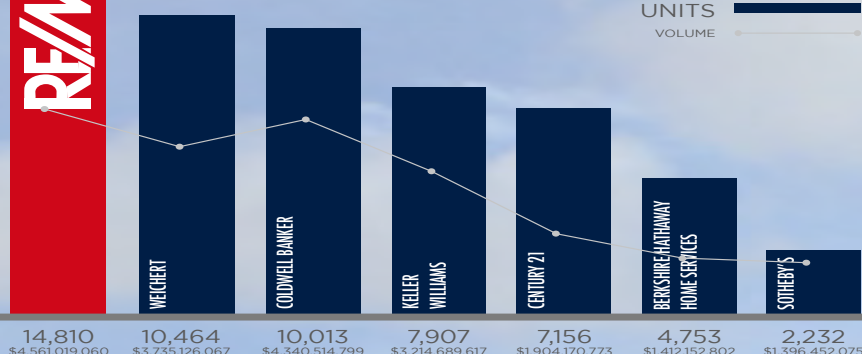
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This chart combines "total units sold" and "total volume sold" for residential listings for all office locations of each organization identified from 1/1/15 - 6/30/15. It includes which listings were sold by such organization itself, or with the aid of a cooperating broker for the state of NJ and time period indicated, according to the data by the following Multiple Listings Services in NJ: Trend MLS, Garden State MLS, Monmouth County MLS, Middlesex MLS, South Jersey Shore MLS, New Jersey MLS, Hudson MLS, Ocean MLS, and Cape May County MLS. This representation is based in whole or in part on data supplied by each MLS listed. Each MLS does not guarantee or is in any way responsible for its accuracy. Data Maintained by each MLS may not reflect all real estate activity in the market. This chart lists up to the top 7 competitors in the market indicated. Each RE/MAX office is independently owned and operated. Equal opportunity employer.



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**\$569,000 Jackson Twp.
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Berkshire Hathaway HomeServices New Jersey Properties Raises \$52,000 for The Sunshine Kids Foundation

Berkshire Hathaway HomeServices New Jersey Properties' 11th Annual Golf Invitational to benefit The Sunshine Kids took place on Monday, September 21st. The golf outing and dinner event raised more than \$52,000 for the non-profit organization dedicated to kids with cancer.

"Every year we strive to raise more money than the previous years and we can proudly say we have done that once again," said Steve Janett, Chief Operating Officer of Berkshire Hathaway HomeServices New Jersey Properties. "I am profoundly grateful to our golf outing committee, offices and agents, our very generous sponsors and donors, the rest of our ownership team, and our event attendees who helped make this golf outing outstanding!"

The full day event was backed by tremendous support from sponsors, volunteers and Berkshire Hathaway HomeServices New Jersey Properties' companywide agents and employees. Major sponsors included: Home Capital Network; Associated Title Agency; MacLean Agency; Donald & Elaine Tourville, A-Norton Septic Contracting, LLC; United Business Systems, and J. Velocci and Associates.

Special guests included New Jersey's Sunshine Kid, Ava Delforno, and actor as well as executive director of The Sunshine Kids Foundation, G.W. Bailey, both of whom inspired all who participated in the event. "Thanks to you, we can make this happen," said Bailey. "With all of your love and support, the Sunshine Kids have been able to thrive for the past 30 years."

Berkshire Hathaway HomeServices New Jersey Properties is ranked fourth among all Berkshire Hathaway HomeServices Affiliates nationwide for their fundraising efforts to benefit The Sunshine Kids. In addition to a variety of office-sponsored events held locally throughout the year, this year's golf invitational brings the company's total contributions from golf events alone to more than \$450,000.

Since 2001, Berkshire Hathaway HomeServices New Jersey Properties has raised more than \$1,000,000 for the non-profit organization through a variety of fundraising events, including the annual golf invitational.

About The Sunshine Kids

The Sunshine Kids is a non-profit organization dedicated to children with cancer. Established in 1982, they are committed to providing positive group activities and emotional support for young cancer patients. The Sunshine Kids provides a variety of programs and events free of charge for kids who are receiving cancer treatments in hospitals across North America. Additional information on The Sunshine Kids may be found at www.sunshinekids.com.



Consider School Districts

Prospective home buyers have a lot on their wish lists. Size, price, neighborhood, number of bathrooms and the home's overall condition come to mind.

For buyers who either have children or are planning to have children soon, that list can be topped by the school district within which the home sits.

The quality of the nearby schools can have a major impact on a home's asking price. "Location, location, location" is the old standby motto in the real estate profession, and living in a great school district can certainly increase the current and future value of a home.

How to Find a Great School District

Buyers looking for top schools will need to conduct some research on their own to make sure they're getting what they want out of a district. This means looking up school performance ratings and awards, which can be found online through state and federal report cards.

You can also ask your Realtor for this type of information, as they will likely have updated information on hand as a marketing tool. Remember that higher scores on state rankings are important, but so too is how you feel about a school's location, teaching staff and overall educational infrastructure.

Talk with parents who have students in your target school district. Ask them about teacher-to-student ratios and the overall educational experience. When it comes to knowing how children socially and academically advance through a particular school, you want to know that parents are an engaged part of the process.

Investment Protection

Buying a home in a stellar school district can be a great choice for real estate investors or buyers who plan to never raise children. That's because a home's overall value is more likely to sustain healthy growth if it's located in a quality district.

The National Association of Realtors reports that proximity to quality schools is one of the most influential factors in a buyer's decision to purchase a home. A 2014 study, in fact, found that 29 percent of home buyers listed school quality and 22 percent listed proximity to schools as deciding considerations.

Another recent study found that buyers can expect to shell out \$50 more per square foot for homes near good schools. These numbers underscore the significance of considering the school district when it comes time to make an offer on a home.

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Winterizing Garden Gear

The key to maintaining your garden throughout the spring doesn't start and stop with preparing your ground and buying seeds. Having high-quality, fully functioning tools and equipment at your disposal also is critical.

To achieve this, there are steps you can take now to make sure you're ready to prune, trim and weed around your garden when the warmer months get here.

Simple Cleaning

If you stored away your tools before cleaning them in the fall, now is the perfect time to remove all dried or caked-on dirt. Use a strong wire brush to clean off your rakes, shovels, trowels and hoes. Soak tools in water first to help with the removal process.

Wooden handles can be preserved with a light coating of paste wax or oil. This will lengthen the lifespan of your tools by preventing cracking or splitting of the wood.

Sharpen Your Tools

Tools that have blades are easy to maintain if you put in the proper preventive maintenance. Sharpen dull tools using a whetstone or file according to the sharpener's specifications. Generally, working at a 45-degree angle is your best bet. Start at the outer edge of the blade and move toward the center in an even fashion.

For your lawn mower, be sure to clean and sharpen the blades to help prevent rust from building up. Follow all safety precautions in your owner's manual when removing and sharpening blades. Make sure you purchase the type of blades that are recommended for your mower.

Battery Care

For equipment such as riding mowers that have an on-board battery, it's always a good idea to remove it for the winter and store it in a cool, dry place. Keep it away from any gas cans or gas water heaters to prevent accidents.

Don't forget to clean the battery terminal with a metal brush or specialized cleaner. Removing and cleaning the battery will help position your mower for a quick start-up in the spring.



Safe Garage, Safe Home

Garage security is a crucial, yet often-overlooked aspect to the overall safety of your belongings and family. Some reports have shown that experienced burglars can open a locked, yet deficient garage door in only six seconds.

And once they're in your garage, they can get away with valuable tools and toys, not to mention having easier access to the inside your home.

And with the fall season full of trips to family members' homes and the shopping mall, it's time to check all of the doors, windows and other features of your garage to measure its security level when you're away from home.

Service and Entry Doors

The side door on your garage is the most common point of entry for burglars. Why? Because many homeowners overlook the importance of have a dead-bolted door to the garage, which is just as important a feature on other exterior doors.

Install a dead bolt and heavy-duty strike plate to make forced entry a difficult task.

Lighting – Inside and Out

Bright lighting can deter a burglar – especially motion-detector lighting that not only can spook a thief, but will also be more cost-efficient for you than lighting that stays on all night.

As for the interior of your garage, think on the opposite end of bright lighting when you are away or sleeping. Cover all of your windows to keep visibility from the outside to a minimum. A crook may be more likely to pass on trying to enter if he can't see inside.

Keep the Clicker Close

If you leave your garage-door remote affixed to your sun visor, you are in danger of simply giving away access into your home. A thief who breaks in to your car – no matter where you are – can also swipe the remote for easy access into your garage.

Why not opt for a keychain remote that can be in your pocket or purse at all times? These small, handy clickers are perfect for ensuring garage security every time you leave the car.



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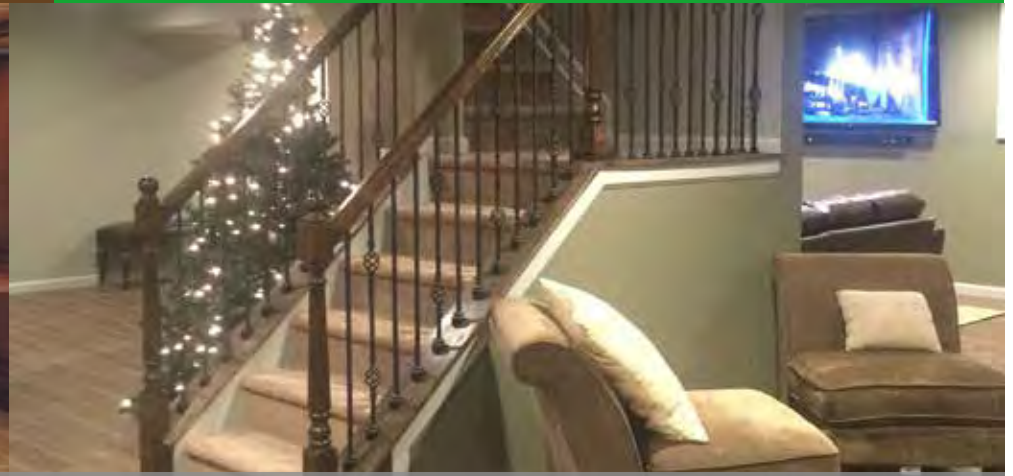
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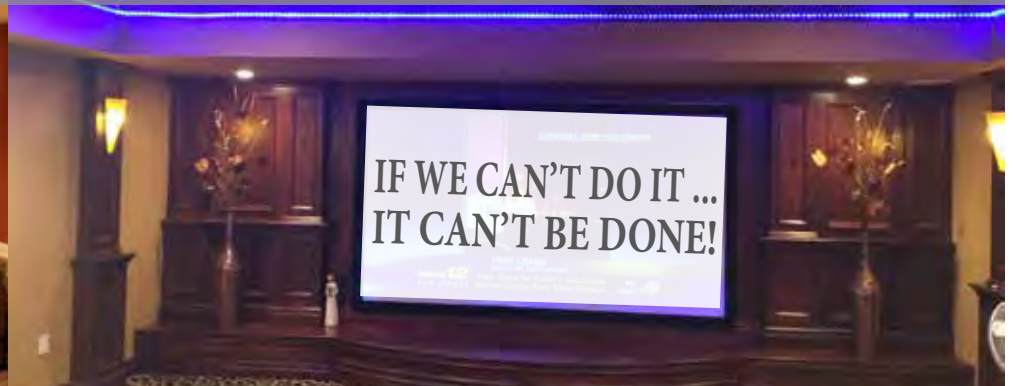
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Healthy Mouth: The Early Years

Caring for your teeth and gums is a lifelong journey that begins shortly after birth. Dental professionals urge parents to bring their child in for a visit whenever the first primary tooth is visible.

This recommendation, which used to define 3 as the starting age, has shifted over the years as the science related to oral hygiene has improved.

What's behind the change? The importance of baby teeth now carries more weight than ever before. The American Dental Association says that properly caring for those mini-pearly whites that begin popping up through the gums at around 6 months is crucial in keeping space in the jaw for adult teeth.

Parent Education

A child's first trip to the dentist can be an educational experience for parents. Dental professionals will show you how to properly clean your baby's teeth and recognize trouble signs in the mouth, which are critical health tips not usually doled out during pregnancy or within parenting magazines.

Dentists can also explain baby-specific concerns regarding dental health, which include baby bottle tooth decay. Avoiding this potentially damaging issue is simple: The ADA recommends wiping your baby's mouth with a clean gauze pad to help remove plaque that can harm erupting teeth. Gentle brushing with a toothbrush and water should begin as soon as you start seeing teeth.

Dental Emergencies

Once more teeth start showing up, the risk for dental emergencies increases. Accidents happen, but knowing how to react in such situations can be the key to retaining your child's oral health. Here is how the ADA recommends you act in a dental emergency:

- Keep a knocked-out tooth moist at all times. If you can, place the tooth back in the socket without touching the root and call your dentist right away.
- For a cracked tooth, immediately rinse the mouth with warm water to clean the affected area. Look out for facial swelling and treat appropriately with cold compresses.



A Tribute to an Entrepreneur and a Humanitarian

Stanley Switlik Part 3

By Pam Teel

Stanley Switlik built a large home on the Lahaway Plantation in Jackson, where he entertained famous people such as Amelia Earhart, her husband George Putnam, and other noteworthy people of the time. He took pride in his property and the many cranberry bogs he owned in the area. On the Lahaway tract of land, he had many prize turkeys, peacocks, and other animals that he kept on the grounds. The home was large and people in the area referred to it as the Mansion, though it was really no mansion by today's standards. Stanley loved spending time observing wildlife, especially on the larger lake on his property. There were also a few smaller lakes adjacent to his property. He liked to watch the natural wildlife and the frequent ducks, birds, and Egrets that stopped at the lake to rest along their journey.

Aside from the parachute tower Mr. Switlik built on his Lahaway property, which was located behind his Lahaway Plantation home, he had another tower built in Hightstown in 1940. Both Army and Marine Corp platoons trained at the Hightstown Tower. Other parachute towers were built throughout the country, modeled after Switlik's design, and used for training purposes by thousands of military men throughout the States.

One of Stanley's partners had another vision for the parachute towers and began marketing them as an amusement ride.

For many years during the war, the army kept Switlik's involvement in D-Day a secret. A secret corp of paratroopers from New Jersey was instrumental in the Allied victory on D-Day, during World War II. In the Aviation Hall of Fame in Teterboro you can see one of the paratroopers suspended from the ceiling below a parachute. He's a rubber decoy that was strapped to the parachute. The army dropped 500 scaled down rubber dummies attached to Switlik parachutes behind enemy lines. They intended to distract the German troops from the actual drop zones where live parachuters were landing. When the dummies landed, tape recordings of gunfire could be heard from recorders secured inside the folds of the parachutes. The decoys also exploded when they hit the ground. The noise of the gunfire confused the Germans and they moved their troops to the wrong location, allowing the Allies to take full advantage of this. Other Allied forces used their own version of dummies too during D-Day, to throw off the Germans. The irony of all of this was that the Nazi's were the first to use the dummies back in 1940 when they tossed straw filled dummies

out of airplanes in the Netherlands, Belgium and Scotland to incite fear in the population. This gave the Americans the idea to make use of dummies, but to use a more realistic rubber looking dummy, developed by the Navy at Lakehurst.

Even during the Korean War, the Switliks donated valuable parachute patents to the U.S. government to make sure there were always enough parachutes at hand for the troops. The Switlik Company was the first to develop crash helmets for motorcyclists and worked with NASA on anti-g and anti-exposure suits. They also make the life preservers found under the seat of most airliners, survival suits for U.S. Air Force, and other Air Forces around the world. They produce high tech weather gear for America's Cup Sailing Races, jackets worn by deck hands on aircraft carriers, inflatable life rafts, life vests and more. The company has been finding ways of saving lives for over 90 years and is still manufacturing in Trenton. While the company stopped producing parachutes after the Vietnam War, the family-owned business continues to make life preservation products for the aviation and marine markets.

In the next issue, we'll finish up our tribute to Stanley Switlik, the humanitarian.



Photo of what once was the Switlik Home on Lahaway Plantation



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The Thomas Baird Cultural Resource Center

History in the Re-Making

By Pam Teel

Have you been to the Baird house lately? This 1830 Greek revival farmhouse is starting to look like its old self back in the day. Sitting on seven and a half acres, the property is rapidly transforming into the Thomas Baird Cultural Resource Center thanks to many volunteers who have spent countless hours working on the property both indoors and out. Many thanks to The Friends of Millstone Township Historical Registered Properties, the Millstone Historic Committee, our local Boy and Girl Scouts, and countless other people who have volunteered both time and historical items to help push forward the progress on the property.



One of the bedrooms on the top floor of the Baird home done tastefully circa 1830

The improvement on the main house includes many walls painted in historical Williamsburg colors and rooms decorated with period style furniture, the furniture and other larger items coming from the closure of the Museum of Agriculture on the Rutgers campus. Other furniture throughout the house has been donated by Millstone Township residents.

A new addition has been added onto the long pole barn directly behind the main house, which now includes an office, and a handicapped accessible classroom where future lectures and demonstrations will be held. The pole barn contains many old tractors and other industrial revolution era equipment that will eventually be on display for the public to view. Many tractors were generously donated by the Wagner family who once lived on the Baird property.

The new large barn will house displays from the horse and wagon era and early farm tools and equipment. Some of the wood used for construction

of the new barn was taken from the original Allen Barn, which once stood on Stagecoach Road in Clarksburg (now a new senior living facility).

The smaller barn will house a working blacksmith shop. The blacksmith shop also contains original wood taken from a wagon shed on the Allen property. The barn and blacksmith shed were re-erected by the NJ Barn Company. Old forgers and blacksmithing tools were acquired from the Rutgers Agricultural Museum. Blacksmith, Kevin Brown, will set up shop in the barn. Classes and demonstrations are planned for the future.

The large greenhouse on the front right side of the property has already been in use by various organizations. The Monmouth County Master Gardeners plan to teach people about planting seeds, growing vegetables, composting and more. The greenhouse will also be used by the Future Farmers of America organization located in Allentown.

A working windmill, newly acquired from the Rutgers Agricultural Museum, will be erected in the very near future on the Baird Property.



blacksmith shed

The Boy Scouts and Girl Scouts have been doing various projects on the property and have been frequent volunteers throughout the Baird Homestead overhaul. New brick around the old well and a new walkway with engraved pavers are the latest Eagle Scout projects.

The Friends of Millstone, along with the Historic Committee, hosts events throughout the year such as their second annual Harvest Fest this past October. All proceeds from this event went to the maintaining of the Baird Grounds and for future educational resources.

This family event included a tour of the house,



Baird Barn and greenhouse in background

hayrides, petting zoo, face painting, arts and crafts, picking pumpkins from the pumpkin patch, pig roast, pie, food, and more with a five-dollar admission. If you missed this year's Harvest Fest, plan on coming next fall. It's a great family event.

Be a part of the landscape. Brick pavers for the new walkway are still available. Personalize your own 4" x 8" paver for \$50.00 or add 3 more lines on an 8" x 8" paver for \$100.00. Purchase online at www.mtfriendsofhistory.org. If you would like to make a contribution to the Baird House Cultural Resource Center, please send your donation to the Friends of MTHRP, PO Box 216, Perrineville, NJ. 08535.

Plans for the Cultural Center include the Agricultural Museum, focusing on 19th Century Agricultural, the Baird Library Room, the Blacksmith shop, greenhouse programs, education programs, community classes, Girl and Boy Scout Projects, and more. Your generous contributions will be put to good use!

A special thank you to all of the people involved who go above and beyond in preserving the past for future generations to come.






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Bennie the Bear - Story Time with Special Guest Author
Monday, December 7, 2015 @ 3:30 PM
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Holiday Concert
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PLAN A NIGHT IN

Sure, it might seem a bit like giving up to put on some comfy clothes and crank up the heat — but there's nothing wrong with enjoying a night in once the temperature starts dropping.

If you choose to kick back and take a break from the outside world, there are a few good options for doing it right.

Rent or stream a movie

There's a reason video stores are folding left and right — streaming services such as Netflix and Amazon Prime are extremely convenient, and millions of people are taking advantage. It's a sea change that is making the corner video store a rarity, but that doesn't mean the corner shop (if there still is one) has lost its charm. Before your night out, make a stop by the local video store to grab a movie.

Nothing beats that tangible feeling of actually strolling the aisles, and the video store isn't beholden to the tricky film rights deals that often hamstring offerings available for streaming.

If there's no video store available, there's nothing wrong with picking out a good film or TV show from the vast streaming libraries.



Read a book or put on a good album

A warm night in is the perfect time to catch up on some reading, either by digging a classic off the shelf or picking up something new to explore from the book store. Again, this takes a bit of planning, so make sure you have a good book ready to go. If all else fails, there are always ebooks available at the click of a button. Just make sure you have an ereader that is easy on the eyes and won't cause any strain.

A warm night in also can be the perfect time to dig into the record collection and put on an old favorite, or absorb a new album.

Have dinner delivered

Many restaurants deliver in larger metro areas, and some actually do in smaller areas. (Pizza is almost always a safe bet).

Worst case scenario, call in your favorite dish at a local restaurant and pick it up. If all goes well, this should be the only trip needed to the outside world.

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Millstone Eighth Graders Meet A Poet from the Past

By Pam Teel

The entire Eighth grade class at the Middle School was recently treated to an entertaining morning visit from Edgar Allen Poe, aka Poe impersonator, Helen McKenna Uff, as she spun her tales and recited her POEtry to a mesmerized crowd. As an actress and playwright, Ms. McKenna Uff has been performing the Poe persona since 1999 in various institutions throughout the States; some of which include various schools, colleges and universities, at community events, and also at the Allaire Historic Village in New Jersey.

At fourteen years of age, the acting bug hit Ms. McKenna Uff. When she needed a monologue for a school acting class and went seeking a unique offbeat character to portray, a friend suggested that she look into the life of Edgar Allen Poe. She set off learning what she could about the poet and writer and memorized one of his works, "The Raven." Soon after, she fell in love with all of Poe's writings. It soon became her passion recapturing the craziness and the genius of this complex individual.

Driven into a life of alcohol and struggles, Poe had his own demons to contend with, yet he became a famous American writer, editor, and literary critic during his short forty years of life. He was best known for his poetry and short stories, particularly his tales of mystery and the macabre. He was the first well-known American writer to try to earn a living through writing alone, resulting in a financially difficult life and career.

Some of Poe's works Ms. Uff recites in her performances includes, "The Cask of Amontillado," "The Tell Tale Heart," "The Bells," "The Raven, and Annabel Lee," along with other Poe works. Ms. Uff has had the opportunity to perform Poe on stage, and on radio and television, as well. She has also portrayed Poe's fellow poet and love interest, Helen Sarah Whitman, one of the several women in Poe's life.

Ms. McKenna Uff has an undergraduate degree in theater Arts and a Masters in Literature, both from Rutgers University. She works full-time as a National Parks Service Ranger and also part time conducting tours at Independence National Park and at the Edgar Allan Poe House at 7th and

Spring Garden Streets in Philadelphia. She delights in presenting Edgar Allen Poe to people of all ages. She loves visiting different places and performing to different audiences on a regular basis.

The Millstone Eighth graders were able to interact with Ms. Uff, who never got out of character, when some students got to be a part of the show up on stage with a mock trial of the Tell Tale Heart. They had to decide on whether Mr. Poe was guilty or not guilty of insanity. Beforehand, in their classrooms, they learned about the life of Edgar Allen Poe and read some of his poems and stories. The performance was set up to be timed with the curriculum and presented in a way that would enhance the children's learning experience. They also got to ask many questions about Edgar Allen Poe after the performance.

The Friends of Millstone Township Historic Registered Properties made this performance possible when they applied for a grant from the Millstone Township Foundation for Educational Excellence (MTFEE) in order to provide historical re-enactors who would be able to work with the Middle School curriculum.

Millstone Student, Manny Papaterpou, described the performance as mesmerizing and that the actor was a truly fantastic impersonator. Jiana C. stated that the actress really embodied the part. Ben H. couldn't believe how convincing the actor was. Many of the students didn't realize that it was a women playing Poe until after the performance was over.

Ms. Uff's performance is riveting the way she brings Poe back to life with such enthusiasm and total dedication to her subject. In no way will we ever say "nevermore" to one of Ms. Uff's performances!

Ms. Uff performed Poe last year at the Middle School and was invited back again for another performance. She also performed for the community at the Clarksburg Methodist Episcopal church in 2011.

If you are an educator or interested in obtaining more information about Ms. Uff's performances, you can visit her website at http://www.poeandhelen.com/contact_me.html or info@poeandhelen.com



Ms. Uff getting into character



Poe Performer Helen McKenna Uff holding a Raven

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ENTERTAINMENT

Artist Profile: Adele

By Joely Phenes

Adele has captured everyone's attention as she returns from her hiatus, releasing a chart-topping single as well as her third studio album. Learn more about the talented singer here!

Full name: Adele Laurie Blue Adkins

Birthday: May 5, 1988 (Age 27)

Family: Adele is estranged from her father Mark Evans, and was raised by her mother Penny Adkins in North London. She is married to Simon Konecki as of 2011; the couple has a 3-year-old son named Angelo.

Influences: Spice Girls, Etta James, The Cure, Amy Winehouse, Alicia Keys

Career: Adele began singing at four years old, growing up to graduate from BRIT School for Performing Arts & Technology. After graduation, a friend posted some of Adele's demos on Myspace, and after listening to these demos, the head of XL Recordings, Richard Russell, called her to offer a recording contract. In 2008 Adele released her debut album 19. Her next album, 21, was released in 2011. While touring for that album, Adele developed a vocal-chord hemorrhage and had to cancel multiple upcoming tours. She had surgery, taking a brief hiatus, and returned to release her single "Skyfall" for the James Bond film of the same name. She then took another three year hiatus. She has only recently returned. Adele released her newest single "Hello" on Friday, October 23, 2015 which has been received by new and old fans with open arms. This hit single is only a taste of her newest album, which was released on Sunday, November 20, 2015.

300+ Participants Came Out to the Middle School, located at 5 Dawson Court to Support the Millstone Township PTO & PTSA's first ever Color-a-Thon

It was a cloud of color at the Millstone Township Middle School on Sunday, October 18, 2015 as more than 300 participants came out to support the Millstone Township PTO/PTSA's first ever Color-a-Thon! "The event showcased a really nice feeling of community as so many students, teachers, friends and families in the area ran together with smiles on their faces, having a great time, in spite of the frigid 30-degree temperature," said Event Chairperson Christina Baldino.

Prior to the race, a Zumba instructor from Club Metro in Freehold warmed up the crowd. Then the 300 plus participants lined up under a giant inflatable archway as they got ready to take off and race through a 2.5 mile terrain that was mapped out by Mr. Joseph Muni, the Middle School Athletic Director. The scenic race route through the woods is also used by the Middle School cross county teams. But Sunday, it had 9 colorful stations along the trail where walkers and runners got color-blasted as they passed through each color zone in safe, eco-friendly, plant based powdered dye. "It was an event I will remember forever," said Dr. John Sico who served as one of the color blasters at the event. "I loved watching my grandkids and their friends running through with smiles on their faces," said Sico. There was also a shorter course offered to junior runners, families with small children as well as parents with strollers. This event promoted exercise, healthy living and family fun with different price points. The long race was \$30.00 and the short course was just \$15.00. After the race, participants jammed out to music at our After Blast Color Party! The crowd helped countdown to when everyone ripped open their color packets to share a blast of color with family, friends and everyone around.

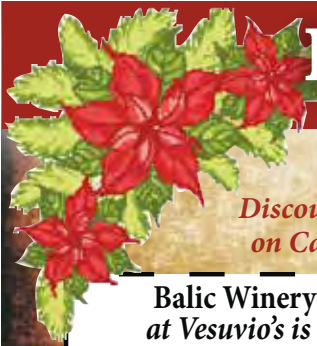
Several teachers from the District came out bright and early that cold Sunday morning to either volunteer or run alongside their students, families, friends and members of the community. "It really adds an extra special

element when students see their teachers out there supporting special events like the Color-a-Thon, I know my daughter as well as her classmates were so thrilled to see their kindergarten teacher Mrs. Miller there," said Baldino. Other teachers who came to help out and show their support were Middle School Assistant Principal Mr. Baker and Teachers Mr. Miller, Mrs. Hansen, Mr. Muni, Mrs. Nixon, Mr. Nixon, Mr. D'Aniello, Mrs. Joyce, Mrs. Rosetto, Mrs. Olah, Mrs. Dunk and Mrs. Trifiro. Art teacher Mrs. Bell who could not attend, made a large color backdrop for the event which we plan to use year after year. "It was so nice to see the range of people who came out in support of this event. It goes to show what a community and school district like ours is capable of when we work together," said PTSA Co-President Kristen Saker.

We would also like to thank our Super-Star Event sponsors who continue to give back to our school kids, Saker ShopRites, Baldino Dental Arts, Alexander's Beverage Company and Cobra Power Systems. There was also a food truck at the event and several local vendors. The Color-a-Thon committee included Event Chairperson Christina Baldino, PTO President Natalie Biello, PTSA Co-Presidents Kristen Saker and Michele Stillwell, as well as PTSA members Jody Dona and Lisa Timberlake.

"Our team worked for the past five months on this event, and I couldn't have asked for a more productive or generous team," said Baldino. "We are all moms and volunteers working towards the same goal, trying to create memories for our children while raising money to go back towards their education." All of the proceeds from the event will go directly to the students in grades PreK-8 of the Millstone Township School District. While our official tally is not complete, we estimate the event raised more than \$15,000. The PTO/PTSA plans to make this an annual event.





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1/2 Tray- Garden or Caesar Salad
1/2 Tray- Baked Ziti or Penne with
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1/2 Tray- Any Entree of Choice

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Full Tray- Any Entree of Choice



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DECEMBER

Keep Your Parents Busy

2015

Fancy Nancy:
A Spendiferous Christmas!
takes the stage at the Count
Basie Theater in Red Bank,
NJ, today at 4 pm.

A Christmas Story opens
tonight at 7pm at the
Papermill Playhouse in
Millburn, NJ.

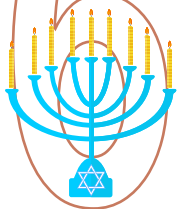
Robert Irvine LIVE tonight
at 8, at the State Theater in
New Brunswick, NJ.

Today is National Cookie
Day! Bake some holiday
cookies.



Downtown Freehold is
holding a Breakfast with
Santa today, from 9am-12:30
pm. Sweet Lews,
6 East Main Street.

Happy Hanukkah!
This holiday begins today.



Go out and find that
perfect Christmas tree
today! Have fun decorating
and making that special
popcorn garland.

Today is National
Brownie Day!
Enough said.



Gingerbread Wonderland
and Craft Show, 353 East
Hanover Ave, Morris
Township, NJ,
from 10 am-4:30 pm.

Festival of Trees in Princeton,
NJ, from 9 am-5pm.

The Nutcracker, a Christmas
ballet classic, is on stage
at the Count Basie Theater,
today at 10 am.

Winter Wonderland Hike
at Plainsboro Preserve in
Cranbury, NJ, at 2 pm.

National Ice Cream Day
- enjoy your favorite!



A Christmas Carol comes
to life on stage today at the
Count Basie Theater,
today at 8 pm.

From 6:30-7:15, enjoy a
spectacular light display at
The Christmas Show House
in Wall Township, NJ. [www.
TheChristmasLightShow.com](http://www.TheChristmasLightShow.com)

National Chocolate
Covered Anything Day
- so get creative!



Take today to go see the
Rockefeller Christmas
Tree in Rockefeller Center,
NYC.

MOVIE: Star Wars VII-
The Force Awakens in
theaters today!

Mercer County Ice Rink in
West Windsor, NJ is having
Skate With Santa tonight
from 5-7 pm!!

MOVIE: The last installment
of the Hunger Games trilogy,
Mockingjay pt. 2, in theaters
today.

Rudolph the Red Nosed
Reindeer: The Musical!
Today at 3 pm at the State
Theater.

Pick up your last minute
Christmas gifts today!



MOVIE: Alvin in the
Chipmunks: The Road Chip,
comes out today!!

Merry Christmas Eve!



Merry Christmas!



Joseph and the Amazing
Technicolor Dreamcoat,
today at 2, at the State Theater.

National Make Cutout
Snowflakes Day-you know
what to do!

At The Camden Aquarium's
Christmas Celebration is
here-meet and greet with
iconic characters like
Rudolph and the
Abominable Snowman!
Today, 10 am-5pm.

Off for Winter Break! Take
advantage of the time off and
go to Rebounderz in Edison,
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hours, pizza, and socks!

Go ice skating today in
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Have a fun and safe New
Year's Eve!

Please check with all venues to confirm dates and times in case changes were made after print.



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— Kathleen M.

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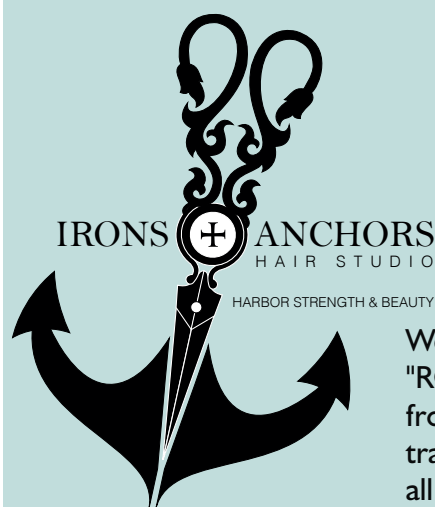
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3 Mortgage Loans	28 Advertising Specialties
4 Financial Advisor	29 Contractor Electrical
5 Insurance L/H/D	30 Home & Property Inspector
6 Chiropractor	31 Computer Consultant
7 Banker	32 PestControl
8 CPA	33 Skin Care Cosmetics
9 Printer	34 Interior Design
10 Auto & Truck Repair	35 Attorney Family Law
11 Attorney Personal Injury	36 Janitorial Services Residential
12 Heating & Air Conditioning	37 Restoration Damage & Cleanup
13 Contractor Painting	38 Accountant
14 Attorney Wills/Trusts/Estates	39 Contractor Remodeling
15 Contractor General	40 Contractor Roofing
16 Contractor Plumbing	41 Contractor Landscape
17 Carpet Cleaner	42 Health & Wellness
18 Internet Web Design	43 Photographer
19 Handyman	44 Security Systems
20 Massage Therapist	45 Bookkeeper
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Kickin' It Kids AntiBullying & Leadership Center Manalapan, NJ

By Pam Teel

"Kickin' It Kids" Antibullying and Leadership Center is a place where children can go and feel good about themselves. The center was created to build character and respectful social behaviors and provide a safe environment for children to just be themselves and develop into strong, independent, healthy members of society.

School is the most common environment where bullying takes place, but it doesn't end there. With all the new technology available, bullying can be carried onto the Internet to millions of people in just the click of a button leaving the target embarrassed, powerless, scared, hopeless and depressed. It has even led to children taking their own lives, and the sad part of it is the people who could have helped them, might not even have known about the bullying in the first place.

The Kickin' It Kids Center is a part of the "Bullying -We're Kickin' It" National non-profit organization to help eradicate bullying behavior and to encourage positive behavior amongst our youth and one another. Kickin' It is a unique course of action designed to reduce bullying behavior, improve overall school and social climate, provide youth with the strategies to balance self-confidence, take responsibility of their own actions, and positively intervene to help each other. This powerful 501c3 organization provides school projects, intervention strategies, faculty and bus driver support, and in-service workshops in helping schools to create peaceful classrooms, parent guardian groups, student mentoring programs, and social media support.

The Kickin' It Kids Center is also a learning academy that provides programs and has an accredited curriculum from pre-school through high school. The center concentrates on building character, learning respectful social behaviors and character qualities that are necessary for life-long success. It provides character education, positive outlet programs and life skill workshops

within its accredited curriculum. The center provides free community resources, pre-school, homeschooling, after school programs, summer camp and more. Their core curriculum reinforces values, manners, etiquette, direct access to positive healthy outlets and life skills workshops.

The home school division provides an accredited curriculum where families can select a faith based or non-faith based curriculum. Home schooled children can also attend the positive outlet programs or life skills workshops held at the center. Some positive outlet and life skills programs include music, art, dance, animal care, culinary arts, health, sewing, yoga, science, photography, visual arts, and more.

The afterschool program allows students of all ages to participate in positive outlet programs, animal care programs, life skills workshops, as well as the opportunity to become positive peer leaders and mentors through the leadership program.

The center is the first of its kind, embracing all youth from toddlers through college, offering a safe and healthy environment for young adults to commune and be themselves. High school and college students can hold club meetings, game challenges, and many other youth related activities at the center. With a lush four-acre country setting, there are plenty of outside activities to choose from. Adults can also take advantage of the center using it for group meetings, guardian workshops or they too can attend one of the family programs offered at the center.

The center recently held its fifth year celebration on their four acre grounds with many celebrities who support the Kickin' It Kids program in attendance. The event showcased a chili challenge with celebrity guests from Hell's Kitchen and the Food Network in attendance, a multi- celebrity autograph signing and musical performances. This was the first year at the present facility,

which was purchased in June of this year. With a lot of work behind them and still some more to do, the center is beginning to take shape thanks to supporters like Everything Natural Too, Tic Tac, and the Home Depot, who donated much needed items necessary for the facility to function.

Donations of playground and sports equipment, basketballs, indoor gym equipment, musical instruments, art supplies, gardening tools, microscopes, computer, photography equipment and items necessary for the culinary kitchen are always welcome!

The next Kickin' It Kids event is scheduled for January 22-24. Kickin' It is the charity partner for the Action Martial Arts Hall of Honors annual event held at Tropicana, Atlantic City, NJ. For more info about the event go to: (www.hohmega.com)

During events and promotion specials the center offers preschool and afterschool programs for a fraction of the price because being a charity, they have supporters that help offset the costs; the supporters naturally wanting the children to benefit from their unique programs. The specials are monthly and the next special will be taking place the week of December 14th thru 18th. All families will have the opportunity to take advantage of the special rates. What a great secure and nurturing place to send a child for schooling, especially one who is having bullying issues in a larger school.

If you would like to make a donation or set up an appointment to visit the school, you can reach the Kickin' It Kids center at: 732-446-3636, or office@werekickinit.org, <http://www.kickinit.org/> Check them out on facebook too. 100 percent of all donations collected go directly to support the Kickin' It Kids Center and program.

The center is located on 337 Iron Ore Road, Manalapan. Not far from Route 33.



Superbowl Champ Plaxico Burress, UFC Athlete Eddie Alvarez, Boxer Ray Mercer, Boxing champ Bobby Czyz with some Kickin' It Kids



To Left- former heavy weight boxing champion Ray Mercer with Manalapan police officer and UFC Featherweight Phillipe Nover



Celebrity chefs of Hell's Kitchen and The Food Network who are long time supporters of program

Moorestown, NJ—A Hub of Philadelphia

By Pam Teel

Moorestown, NJ once ranked number one in places to live in America by Monthly Magazine has certainly lived up to its image because of its friendly community feeling, low crime rate, affordable housing, excellent schools, proximity to Philadelphia (a 25 minute commute) and a center of jobs, and cultural and urban amenities.

A township in Burlington County, Moorestown was incorporated in 1922 from portions of Chester, now known as (Maple Shade Township). The Township is named for Thomas Moore, who settled in the area in 1722 after purchasing dozens of acres of land. A big part of Moorestown's appeal is its location, being ninety minutes by train to New York City and Washington D.C., thirty miles south of Princeton, and a mere 15 minute drive to Philadelphia. With Routes 41 and 38 slicing through the town, and Routes 73 and 295, as well as the Turnpike nearby, it makes Moorestown extremely accessible. Moorestown has a mall, many strip malls, and a cluster of big box stores.



The Lutheran Home

Roughly 20,000 of the town's residents live beyond the town center. There are sprawling estates set back in serene wood like settings, more clustered homes in newer developments, and older Victorian homes lining the streets close to town. Approximately 2,713 residents live within the town limits. Residents living within the town limits can enjoy walking to their favorite coffee shop, toyshop, ice cream parlor, and more. Main Street is the center for Moorestown seasonal activities, such as their Halloween parade and winter carnival.

It's home to Computer Science Corporation, PNC Bank, and Lockheed Martin. These companies employ over 5,000 people locally.

It is also the home of the 45,000 square foot home of Vernon C. Hill, former chairman and CEO of Commerce Bank. The home is known

as Villa Collina. This may possibly be the largest residence in New Jersey

The town is rich in historic value. Tree lined Main Street has rows of vintage buildings that house boutiques and other novelty stores.

The Moorestown Friends School, which sits on 48 acres to the east of Main Street, goes back to the Quaker Days.



The Moorestown Community Home

Main Street, formerly Kings Highway, goes along a ridge that was once occupied by the Lenni Lenape Native Americans. The Indians were drawn here by two large springs in the area.

In 1682, John and Sarah Roberts became the first English-speaking residents in Moorestown. There is a Roberts's monument in town marking where their home once stood.

In 1700, the first Society of Friends Meeting House, built of logs, was erected on Kings highway.

Thomas Moore and his wife settled in the area in 1722. Moore purchased 33 acres and built a tavern and hotel. The town, formerly known as Chester Township, became Moorestown after Thomas Moore.

The Coles Hotel, east of the corner of Main and Chester Street, was a stagecoach stop connecting Camden with Trenton and Philadelphia. The railroad came in 1867 taking over for the stagecoach.

A tavern built by John Cox in 1745, was taken over in 1778 during the revolutionary War by Hessian soldiers retreating from Philadelphia. It was then used for a town hall before 1812. The building is still called the old town hall.

A house constructed in 1742 by John Cowperthwaite is listed in the library of Congress.

Quakers built Moorestown's first two schools in 1785. One was a brick schoolhouse and another a stone schoolhouse, which was located adjacent to the present Friends Meeting House at the

intersection of Chester and Main Street. The first district schoolhouse was built in 1810 and the first public school was established in 1873.

Other places of interest: The Lutheran Home. Breidenhart is a castle-like mansion designed in 1894 for Samuel Allen, inventor of the Flexible Flyer. From 1918 to 1943, Eldridge Johnson, founder of the Victor Talking Machine, owned the property and remodeled the interior with custom wood paneling. Owned by the Lutheran Home since 1945, the house has served as patient rooms and office space. Now vacant, the home is planning to rehabilitate the house for a new office and health care facility that will serve residents of the Lutheran Home and the community.

The Moorestown Community House- provides a home for all civic, social and recreational activities for individuals, families, and organizations.

The Moorestown Friends School- Moorestown Friends School is a private, coeducational Quaker day school located at East Main Street and Chester Avenue in Moorestown Township, New Jersey. As of the 2013-2014 school year, the school had an enrollment of 722 students in preschool through grade 12 and 100 classroom teachers.

Strawbridge lake park- 70-acre park fishing, picnicking, walking, ice skating lake is 12.6 square miles.

County Park- Great Park run by Burlington County in Moorestown near Rancocas Creek that offers two flat loop trails and views of wetlands and natural wildlife. (Boundary Creek Natural Resource Center)

On a great Sunday drive to Moorestown, you can view the many old stately Victorian homes that line the side streets and stop to explore the many stores and restaurants on Main Street.



Joshua Bispham house circa 1720 can be found on National Register in Moorestown Historic District

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"Pain is a symptom," says Dorota M. Gribbin, M.D., Assistant Clinical Professor at Columbia University - College of Physicians and Surgeons, Chairman of Physical Medicine and Rehabilitation section at Robert Wood Johnson University Hospital at Hamilton and Medical Director of Comprehensive Pain and Regenerative Center. "In order to manage pain effectively, it is essential to pinpoint its cause." Named one of the best doctors in the New York Metro Area by Castle Connolly Medical Ltd. for 14 consecutive years between 1999 and 2013, the pain management specialist uses a minimally invasive approach to outsmart tough pain. Her first step is to obtain a global understanding of the patient, including

specific complaints and past medical and social history. Next come diagnostic studies such as blood tests, xrays, MRI and electro diagnostic studies (EMG/NCV).

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Regenerate rather than replace your joints, tendons, muscles, skin, and wounds with Regenerative Injection Therapy with Growth Factors in Platelets Rich Plasma (PRP) and Kinines in Platelets Poor Plasma (PPP). PRP therapy strengthens and heals arthritic and strained joints, tendons, ligaments, muscles, and skin — including nonhealing wounds and aging skin of your face. PRP injections can be performed all over the body. It is a natural regenerative method of treatment of sports injuries, arthritic joints, lower back pain, disc disease, tennis elbow, carpal tunnel syndrome, ACL and meniscal tears, shin splints, rotator cuff tears, plantar fasciitis, iliotibial band syndrome, piriformis syndrome, tennis/golfer's elbow, sprained or torn muscles and neck/back pain including disc disease (herniated nucleus pulposus).

PRP/PPP is also used in aesthetic medicine to erase scarring, reduce fine lines, and heal sunspots, alopecia, balding, and even premature aging. This regenerative healing process lasts longer than traditional fillers and is the patient's own blood platelets, which stimulates the body to heal more effectively and naturally.

When PRP is injected into the damaged area it stimulates the tendon or ligament causing mild inflammation that triggers the healing cascade. As a result new collagen begins to develop. As this collagen matures it begins to shrink causing the tightening and strengthening of the tendons or ligaments of the damaged area.

Alex Rodriguez, of the NY Yankees received PRP injections after a recommendation from fellow professional athlete Kobe Bryant of the LA Lakers. The procedure is in complete compliance with major league baseball regulations and the pro athlete went on to finish out the season strong.

PROLOTHERAPY

Prolotherapy is a method of injection treatment designed to stimulate healing. Various irritant solutions are injected into the ligaments, tendons, and joints to encourage

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- RFA Radiofrequency Ablation: alleviate the pain with elevated temperature
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repair of damaged tissue. Hackett describes prolotherapy as strengthening "the weld of disabled ligaments and tendons to bone by stimulating the production of new bone and fibrous tissue cells..."

25% Dextrose (Solution of sugar with a local anesthetic). Is injected to tendon/ligament area this method heals the ligaments and tendons by making them stronger and thicker. No corticosteroids are used. This is an effective treatment for all joints and ligaments and all age patients. Depending on the body part ultrasound and or fluoroscopy guidance may be used. Three to six sessions every 1-2 weeks are required.

RADIOFREQUENCY:

A Revolutionary Modality in the Treatment of Painful Conditions and in Body Regeneration & Rejuvenation.

Surgery should be the last resort. Most painful conditions are treated conservatively with a nonsurgical approach. In addition to medications, physical modalities (ultrasound, TENS, massage, exercise) and injection techniques RADIOFREQUENCY is a revolutionary technology which incapacitates the conduction of pain and also treats cellulite, tightens the subcutaneous tissue and erases scars and wrinkles.

Radiofrequency ablation of the median branch sensory nerve "turns off" a small nerve, which conducts pain. It is used for effective treatment of pain with long lasting results. The outcomes are amazing: years of pain relief, lowering or eliminating the need for pain medications. Skin tightening, nonsurgical face-lift and smoothing of the skin surface have proven to be effective in the treatment of acne scars and sun damaged skin as well as cellulite and excessive fatty tissue.

Remember, you do not need to live with your pain. Pain treatment does not need to involve dangerous medications or surgery. You do not need plastic surgery or painful derma-abrasions to erase years from your face and body.

If you have been suffering from pain and want to improve your quality of life, please consider treatment by Dr. Gribbin who specializes in the comprehensive diagnosis and treatment of painful conditions, regenerative medicine, medical weight loss and the newest aesthetic medicine techniques of rejuvenation and anti-aging medicine.

FALL PREVENTION AND BALANCE DISORDERS TREATMENT:

More than 90 million Americans have experienced a balance disorder. 30% of people over age of 65 will fall each year. That number increases to 50% for people over age of 85 ! Falls account for more than half of accidental deaths among the elderly. 30% of falls in population over 65 year result in hip fracture. 30% of surgery for hip fracture result in heart attack, stroke or pulmonary embolism. 50% of patients after hip fracture and hip surgery don't survive first year. According to the American Academy of Orthopedic Surgeons 30-40% of all falls can be prevented. Diagnosis and treatment of dizziness and disequilibrium are now available. State of the art diagnostic studies: posturography and VNG testing are followed with customized balance and gait retraining with safety and vestibular adaptation training.

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