

The Millstone Times™

Allentown Clarksburg Cream Ridge Hamilton Millstone Perrineville Roosevelt Upper Freehold New Egypt Plumsted

The Millstone Township
PTO and PTSA
are gearing up
for their first ever

COLOR-A-THON
on

Sunday, October 18, 2015!

ARTICLE ON PAGE 6



ADVANCED CENTER FOR
orthodontics
www.acortho.com

Michael J. Chung, D.D.S., M.S.
Orthodontic Specialist for
Children and Adults

- ✓ Traditional and Clear Braces
- ✓ Invisalign and Invisalign Teen

Call us for a **free** consultation
(\$125 value)

Freehold 535 Iron Bridge Rd. (732) 308-0022
Manalapan 225 Gordons Corner Rd. (732) 446-2299

IN THIS ISSUE

Pet Guide.....	17
Real Estate Guide.....	30
Home Improvement Guide.....	36

Clarksburg Residents Receive Award For Restoration of their 1887 Home

By Pam Teel

Dave and Lisa Griffiths of Millstone Township recently received the Monmouth County Preservation Award for the restoration of their old historic home on Stagecoach Road. The presentation ceremony took place this summer at the Hall of Records in Freehold. The award was presented by Monmouth County Freeholder Lillian Burry. The home on Stagecoach Road was built in 1887 showcasing the style and craftsmanship of the times.

When the Griffiths purchased the home in 2002, the home was not in good shape at all. It was either going in the direction of getting worse or being torn down, or of someone coming to the rescue of restoring it to its original splendor. The Griffiths took the challenge. It took twelve years of hard work and a labor of love to restore the home that they have today.



The Griffiths' restored home on Stagecoach Road in Clarksburg

The outside of the home was covered in aluminum siding when it was purchased. The inside was covered in paneling from the 1970's. The Griffiths started by restoring anything that was left from when the home was originally built and used clues that the house gave them to rebuild the rest. With clues found under the carpets and in the walls, they were able to establish a blueprint for each room.

They also had to fix and add many things that will keep the house going for the next hundred years, such as updated electrical wires, new plumbing, new insulation, new utilities, and corrected structure issues.

When they started the kitchen and laundry area, they discovered that this area was added on in 1923 from the date of an old newspaper that the builder must have left in the wall. They put in appropriate materials for the time, like hand built wood cabinets and a brick floor, but also added current needed amenities such as the refrigerator, dishwasher, etc. They were able to restore the original window and trim.

They went on taking down all the paneling in the front room and in the process destroyed much of the original plaster. They added period appropriate crown molding, window and floor trim, wood floors and wallpaper. They also restored the dining room and parlor using the blueprints left from the outline of the plaster. They added custom woodworking throughout, wainscoting, a corner cabinet, ¾ columns, wood floors, and detailed crown and trim.

Leaving the exterior for last, they worked on one side at a time. In the front of the house, after removing the aluminum, they found cedar shakes on the upper part and clapboard on the bottom. They had to rebuild the whole front porch area and replace leaking windows. Following old clues, they were able to retrace the outline of the original window trim and retrim the windows to match. They repeated this process on all sides of the home.



Interior of the Griffith home

The Griffiths feel that they have restored their home close to its original state. They met the challenge and took on the responsibility of restoring their home and feel that the changes they made, and are still making, will only ensure that this home will be around to enjoy for another hundred years. Another piece of history saved for another generation to enjoy!



THE MILLSTONE TIMES

THE FAMILY TIMES: MONMOUTH • OCEAN • MIDDLESEX

Publisher
Cami Gunther

Marketing Consultants
Sheila Lidz
Jolene Conoscenti
Denise Payne
Elizabeth Newman

**Director of Recruitment/
Event Coordinator**
Jolene Conoscenti

**Art Director/
Graphic Designer**
Mindy Jacobson

Intern
Brianna Siciliano

Writers
Susan Heckler
Pam Teel
Krusha Vaidya
Mia Ingui

Editor
Elizabeth Newman



Download
"Bar Code"
app on your phone

Scan this QR Code
with your smart
phone to go directly
to our website.

©2015 by Gunther Publishing Ent. The content of GPE publications and its affiliates are copyrighted. GPE publications are published 12 times a year. Established 10/2008. Distribution and Post office receipt available. All GPE products are distributed free of charge. Average reader per copy is 2.1. No copying or reproduction of the content of this newspaper is allowed without the express written permission from the publisher. GPEs publisher/owner reserves the rights over all electronic copying and reproduction of material contained here within. The publisher, editor, agents, and sales staff reserve the right to reject the advertisements for any reason. Credit for mistakes shall not exceed the costs of the ad in the month which the error occurred.

CONTACT US: PO Box 7632, Freehold, NJ 07728
tmft@optonline.net Phone (732) 995-3456 Fax (732) 677-3390



Follow us!
@TMFTimes



Find us on
Facebook!



Connect with
Cami!

Splash into Summer

CRUISE PLANNERS **TRAVEL**
MARIA TILTON

MTilton@CruisePlanners.com
iLoveVacationDeals.com
888-430-9744 • 732-410-8962
facebook.com/CruisewithMaria



Maria Tilton,
Franchise Owner
Cruise Specialist &
Land Vacations

We except American Express points

THE COMPLETE HANDYMAN

Home Improvements

"No Job Too Big Or Too Small"

All types of repairs and installations, Finished Basements,
Bathrooms, Kitchens, etc.

Lic. #13VH04304300 *Fully Insured



609-208-0907 wk. • **BOB YACOVELLI** • 732-735-1540 cell

TENDER SMILES



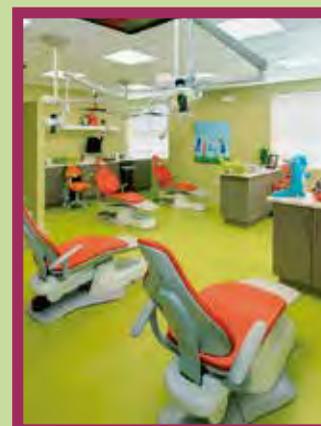
Bring in
this ad
for a
FREE GIFT

Dr. Max
is proud to be
on New Jersey's
referral list for
Special Needs
Dentistry



**Finally, a dentist your kids
will be excited to go to!**

Dr. Max Sulla's approach to creating a healthy smile is his commitment to educating parents and children of all ages on the importance of good dental hygiene.



FREE
Ortho Consultation
\$149 value

FREE
Infant Exam
\$99 value

\$160
New Patient Visit
\$399 value

FREEHOLD

122 Professional View Dr.
732-625-8080

NO. BRUNSWICK

1330 How Lane
732-249-1010

EDISON

1656 Oak Tree Rd.
732-549-3773

www.TenderSmiles4Kids.com



Molino's

ITALIAN KITCHEN

Pizzeria and Restaurant

"Simply Good Italian Food"



Let Molino's Italian Kitchen Cater Your Next Celebration

We Deliver to the Millstone Area

More Catering Menus Available ~ Custom Party Menus
 Visit Us Online or Phone Ahead For Fast Service & Daily Specials
 Sign Up For Our Molino's Loyalty Club &
EARN LOYALTY POINTS to pay for your favorite foods

www.MolinosNJ.com

732 972-1180

**Yorktown Shopping Center
 300 Gordons Corner Road
 Manalapan, New Jersey**

A LA CARTE

Family - Style & Appetizers
 Choose 1 Hot & 1 Cold

HOT

Fried Calamari, Eggplant Rollatini & Mozzarella in Corroza

COLD

Brushetta, Fresh Mozzarella, Roasted Peppers & Tomatoes

Includes:

Salad, One Veal, Chicken or Seafood, Unlimited Soda & Coffee
 \$29.95 (per person + tax & gratuity)

COMPLETE MEALS

Now That's Italian!

Choose 1 Pasta & 2 Entrées
 Served With Salad & Bread

For 12-15 people

\$149.00 (approx. \$9.50 per person)

For 25-30 people

\$235.00 (approx. \$8.00 per person)

Includes:

Salad, Bread, Plates, Knives & Forks
 For \$10.00 Refundable Deposit-
 Tacks, Pans & Sternos

Pasta Choices:

Baked Ziti, Pasta with Broccoli, Penne
 Vodka & Pasta Primavera

Entrée Choices:

Chicken Parm, Sausage & Peppers,
 Chicken Francaise, Eggplant
 Rollatini, Chicken Marsala &
 Eggplant Parmigiana

Salad Choices:

Caesar, Mixed Green or Mesculin
 Gourmet Wrap Platter

GOURMET WRAP PLATTERS

Choose 3 Gourmet Wraps &
 Your Choice of Caesar or
 Mixed Greens Salad

For 15-18 People

\$99.95 (approx \$6.25 per person)

Wrap Choices:

The Michael, The Victoria,
 The Adriana, The Peter, The Olivia,
 The Paulina, The Marc,
 The Lafayette, The Lincoln or
 The Jo Jo

LOVE GARLIC? Plant it in the Fall

Garlic can absolutely thrive out of the garden, especially if you plant it during the fall months. It is a perennial bulb that, when planted in the fall, will root, make limited growth before the first hard freeze and produce a bountiful harvest the next summer.



The Chill Factor

What many green thumbs may not realize about garlic is that it has an internal chill requirement, according to the University of Illinois agriculture extension center. When planting it in the spring, garlic should be stored in the refrigerator for at least eight weeks prior to planting. This will ensure proper chilling.

Not as much planning is needed if you decide to plant garlic in the fall, since it will obtain its chilling directly in the soil. Fall-planted garlic will also have the advantage of gaining much earlier maturity.

Planting Your Garlic

Here are the proper planting methods for garlic, according to the University of Illinois extension:

- Soil recommendations include high organic matter levels, good drainage and a couple of pounds of fertilizer per every 100 square feet.
- Lay out your planting rows 15 to 18 inches apart.

- Separate individual cloves from the main bulb and plant them about four to six inches apart in the row.
- Set your cloves tip up and one to two inches below the soil surface.

Weed Control

The University of Illinois identifies garlic as a "weak competitor," which explains its needs for extra help fighting against garden weeds. You shouldn't have to worry about the weeds much in the fall or winter, but be prepared to stave them off during the spring and summer seasons.

Since you will likely consume your garlic, avoid all chemical-based weed killers and instead opt for mulch, straw or other organic materials that can help keep weeds from taking over. Doing so directly after planting the bulbs can also help alleviate winter soil frost.

The Millstone Times PHOTO OF THE MONTH

By Pam Teel

Dale Green from Hialeah, Florida was visiting her cousin Amy, who lives in Upper Freehold, this past July. One night her cousin took Dale and her husband to Laurita Winery in New Egypt. Dale wasn't expecting to see what she saw, having been to a few smaller wineries in the area years gone by. She immediately fell in love with the place. She even got to go on a wagon ride through the vineyard where she snapped this picture of the sight before her. In the three weeks that she was visiting, she made it a point to go back to the winery two more times. One night it was to listen to a band playing and of course to share some cheese and crackers and wine with her cousin. Dale bought six bottles of wine to take back to Florida with her and is looking forward to her next trip back east. Her cousin Amy already knows that they will be going back to the winery!



If you love to take photos, why not share them with us here at the paper! Email me a photo or two with a brief story and description. Please email me at: crescent671@gmail.com. Make sure you type (photo) in the subject space.

**KEEP THOSE PHOTOS COMING!
WHO KNOWS, YOURS MIGHT MAKE THE NEXT ISSUE!**



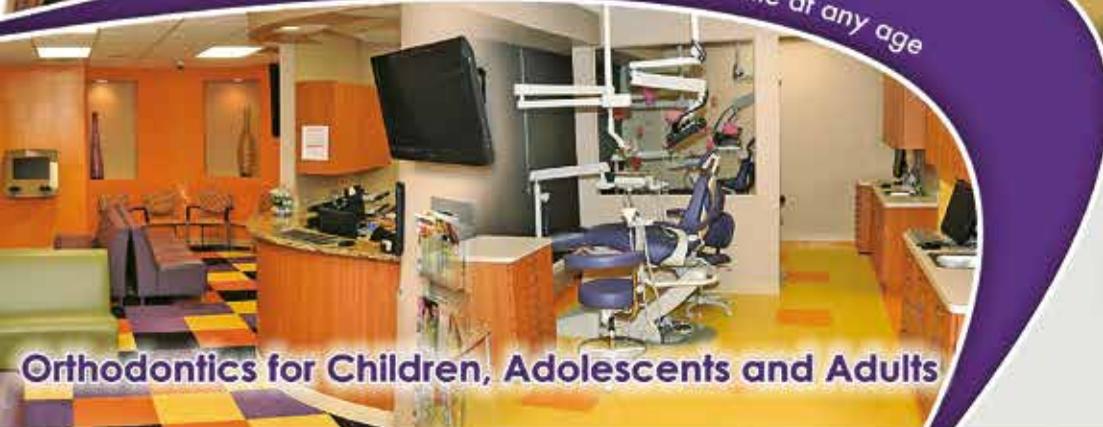
Monroe

ORTHODONTICS LLC



609-409-1700
www.monroeorthollc.com
2 Centre Drive, Suite 300
Monroe Township, NJ 08831

The beauty of a Healthy Smile at any age



Orthodontics for Children, Adolescents and Adults



Susan Leiva, DMD
Orthodontist
NJ Specialty Permit #3852



- We accept most insurances
- Advance state-of-the-art office and highly trained orthodontic team
- All new equipment and materials
- The most modern sterilization procedures available
- Digital x-rays and imaging allows you to see your treatment plan
- *Invisalign certified - the new Invisible braces*
- Financing Available
- *Located next to Bank of America & across from Forsgate Country Club*

FREE
Orthodontic
Consultation

With Coupon. Not valid with other offers or prior services. Exp 9/30/15

\$300 OFF
A Full
Orthodontic Treatment

With Coupon. This offer applies to new patients only and cannot be combined with any other coupons or offers. The offer may only be applied to full treatment. This offer can not be used with discounted insurance plans. Exp 9/30/15



COME CELEBRATE!
MILLSTONE DAY
SUNDAY, SEPTEMBER 13, 2015
12:00 - 5:00 p.m.
Frogbridge Day Camp

FUN FOR THE ENTIRE FAMILY!

The Millstone Recreation tent offers free seasonal crafts, pumpkin patch & pumpkin decorating.

All day wristbands are available for a minimal fee to the Inflatables, Rock Wall Climbing, & Bungee Trampoline

Enjoy all the activities Millstone Day has to offer such as volleyball, basketball, tennis, mini-golf, boating, fishing, swimming, bake sales & much more.

Equipment is provided on site for all recreational activities except fishing equipment.

Food Vendors

Hamburgers

Hot Dogs

Sausage & Peppers

Philly Pretzels

French Fries

Chips

Assorted Drinks

Candy

Baked Goods



<http://files.leagueathletics.com/Images/Club/11293/RegisterNow.png>

Business Registration Form

Non-profit Registration Form

For additional information or if you wish to participate in Millstone Day please contact the Recreation Office at 732-917-2954

The Millstone Township PTO and PTSA are gearing up for their first ever Color-a-Thon on Sunday, October 18, 2015!

The Millstone Township PTO/PTSA will be holding their first ever **Color-a-Thon** on Sunday, October 18, 2015! The event will take place at the Millstone Township Middle School located at 5 Dawson Court. It's their first community wide partnership. Participants can walk, run or dance through a 2.5 mile course and get color-blasted in safe, eco-friendly, plant based powdered dye at every zone...turning them into a moving target of fun! "There will also be a shorter course which is perfect for junior runners and the entire family, my kids are so excited to take part in this event," said Event Chair Christina Baldino. Registration begins at 8am and participants can take part in free pre-race activities while they wait for the race to begin at 9am.

All the participants will line up behind a giant inflatable archway at the starting point. The 2.5 mile course was mapped out by Mr. Joseph Muni, the Middle School Athletic Director. "Part of the terrain is the middle school cross country course and part of it is a very scenic route through the woods," said Muni. "This course proves to be a lot of fun during the cross-country season and promises to be just as exciting for the upcoming **Color-a-Thon**."

After the race, participants can jam out to music at the After Blast Party! We will count down to when everyone rips open their color packets to share a blast of color with family, friends and everyone around. The result is a once in a lifetime experience all while exercising and having fun running alongside classmates, teachers, administrators and members of the community. There will also be a food truck, activities for the youth and plenty of vendors.

Non-millstone students and members of the community can register by logging onto <http://shop.schoolathon.org/EventIndex.asp?EID=181331> School ID is 120118. Students will receive a pledge packet come September where they will get a chance to earn tons of free prizes to use on race day! "This is not only a great opportunity to support the children of Millstone Township but it's also a great opportunity to advertise your business," said Kristen Saker, Co-President of the PTSA. Our Super-Star Event sponsors include Tom and Kristen Saker from Saker ShopRites, Dr. Michael Baldino from Baldino Dental Arts, Alexander's Beverage Company and Cobra Power Systems. There are many other sponsorship opportunities available including prominent signage along the course and family sponsorships as well. For more information please contact Kristen Saker at wiffysaker@optonline.net

The event is expected to draw hundreds of families from Millstone Township and the surrounding towns. All of the proceeds from the event will go directly to the students in grades PreK-8 of the Millstone Township School District.

Health, Wellness & Regeneration

Non-Invasive Pain Treatment, No Surgery — No Cortisone



Dorota M. Gribbin, MD

Countless Americans endure debilitating pain every day. We live longer and therefore have much higher chance to experience painful conditions than our ancestors.

"Pain is a symptom," says Dorota M. Gribbin, M.D., Assistant Clinical Professor at Columbia University - College of Physicians and Surgeons, Chairman of Physical Medicine and Rehabilitation section at Robert Wood Johnson University Hospital at Hamilton and Medical Director of Comprehensive Pain and Regenerative Center. "In order to manage pain effectively, it is essential to pinpoint its cause." Named one of the best doctors in the New York Metro Area by Castle Connolly Medical Ltd. for 14 consecutive years between 1999 and 2013, the pain management specialist uses a minimally invasive approach to outsmart tough pain. Her first step is to obtain a global understanding of the patient, including

specific complaints and past medical and social history. Next come diagnostic studies such as blood tests, xrays, MRI and electro diagnostic studies (EMG/NCV).

REGENERATE RATHER THAN REPLACE!

STEM CELLS, PLATELETS

RICH PLASMA (PRP)

AND PLATELETS POOR PLASMA (PPP)

Regenerate rather than replace your joints, tendons, muscles, skin, and wounds with Regenerative Injection Therapy with Growth Factors in Platelets Rich Plasma (PRP) and Kinines in Platelets Poor Plasma (PPP). PRP therapy strengthens and heals arthritic and strained joints, tendons, ligaments, muscles, and skin — including nonhealing wounds and aging skin of your face. PRP injections can be performed all over the body. It is a natural regenerative method of treatment of sports injuries, arthritic joints, lower back pain, disc disease, tennis elbow, carpal tunnel syndrome, ACL and meniscal tears, shin splints, rotator cuff tears, plantar fasciitis, iliotibial band syndrome, piriformis syndrome, tennis/golfer's elbow, sprained or torn muscles and neck/back pain including disc disease (herniated nucleus pulposus).

PRP/PPP is also used in aesthetic medicine to erase scarring, reduce fine lines, and heal sunspots, alopecia, balding, and even premature aging. This regenerative healing process lasts longer than traditional fillers and is the patient's own blood platelets, which stimulates the body to heal more effectively and naturally.

When PRP is injected into the damaged area it stimulates the tendon or ligament causing mild inflammation that triggers the healing cascade. As a result new collagen begins to develop. As this collagen matures it begins to shrink causing the tightening and strengthening of the tendons or ligaments of the damaged area.

Alex Rodriguez, of the NY Yankees received PRP injections after a recommendation from fellow professional athlete Kobe Bryant of the LA Lakers. The procedure is in complete compliance with major league baseball regulations and the pro athlete went on to finish out the season strong.

PROLOTHERAPY

Prolotherapy is a method of injection treatment designed to stimulate healing. Various irritant solutions are injected into the ligaments, tendons, and joints to encourage

COMPREHENSIVE PAIN AND REGENERATIVE CENTER

NATURAL PAIN RELIEF AND BODY REGENERATION

- TPIs nonsteroids trigger points injections
- RFA Radiofrequency Ablation: alleviate the pain with elevated temperature
- Pure PRP/PPP Platelets Rich Plasma/Platelets Poor Plasma
- Medical Weight Loss
- Esthetic Medicine
- Stem Cells Regenerative Treatment
- Fall Prevention Program

181 North Harrison Street PRINCETON, N.J. 08540

2333 Whitehorse-Mercerville Rd. Suite 8, MERCERVILLE, NJ 08619

369 Applegarth Road, Suit #4, Apple Plaza, MONROE TWP, NJ 08831



609.588.0540

Toll Free 1.844.866.4488
WWW.DMGRIBBINMD.COM

repair of damaged tissue. Hackett describes prolotherapy as strengthening "the weld of disabled ligaments and tendons to bone by stimulating the production of new bone and fibrous tissue cells..."

25% Dextrose (Solution of sugar with a local anesthetic). Is injected to tendon/ligament area this method heals the ligaments and tendons by making them stronger and thicker. No corticosteroids are used. This is an effective treatment for all joints and ligaments and all age patients. Depending on the body part ultrasound and or fluoroscopy guidance may be used. Three to six sessions every 1-2 weeks are required.

RADIOFREQUENCY:

A Revolutionary Modality in the Treatment of Painful Conditions and in Body Regeneration & Rejuvenation.

Surgery should be the last resort. Most painful conditions are treated conservatively with a nonsurgical approach. In addition to medications, physical modalities (ultrasound, TENS, massage, exercise) and injection techniques RADIOFREQUENCY is a revolutionary technology which incapacitates the conduction of pain and also treats cellulite, tightens the subcutaneous tissue and erases scars and wrinkles.

Radiofrequency ablation of the median branch sensory nerve "turns off" a small nerve, which conducts pain. It is used for effective treatment of pain with long lasting results. The outcomes are amazing: years of pain relief, lowering or eliminating the need for pain medications. Skin tightening, nonsurgical face-lift and smoothing of the skin surface have proven to be effective in the treatment of acne scars and sun damaged skin as well as cellulite and excessive fatty tissue.

Remember, you do not need to live with your pain. Pain treatment does not need to involve dangerous medications or surgery. You do not need plastic surgery or painful derma-abrasions to erase years from your face and body.

If you have been suffering from pain and want to improve your quality of life, please consider treatment by Dr. Gribbin who specializes in the comprehensive diagnosis and treatment of painful conditions, regenerative medicine, medical weight loss and the newest aesthetic medicine techniques of rejuvenation and anti-aging medicine.

FALL PREVENTION AND BALANCE DISORDERS TREATMENT:

More than 90 million Americans have experienced a balance disorder. 30% of people over age of 65 will fall each year. That number increases to 50% for people over age of 85! Falls account for more than half of accidental deaths among the elderly. 30% of falls in population over 65 year result in hip fracture. 30% of surgery for hip fracture result in heart attack, stroke or pulmonary embolism. 50% of patients after hip fracture and hip surgery don't survive first year. According to the American Academy of Orthopedic Surgeons 30-40% of all falls can be prevented. Diagnosis and treatment of dizziness and disequilibrium are now available. State of the art diagnostic studies: posturography and VNG testing are followed with customized balance and gait retraining with safety and vestibular adaptation training.

You can learn to handle stress and anxiety.

Start by trying to:

- ~ Face your fears
- ~ Let go of perfectionism
- ~ Look at problems from a new angle

Advanced Perspectives

Compassionate Psychological Services

Approachable counseling for young children, teens, families and adults



- Play Therapy
- Parenting Support
- Stress and Anxiety
- Selective Mutism
- School Refusal
- Divorce and Separation
- Grief
- Depression
- Family Crisis/Conflict
- Job Related Stress
- Self-esteem and confidence
- ADHD
- Compulsive Behaviors
- Oppositional Behaviors
- Behavioral Challenges
- Relationships

SUZETTE J. SULARSKI, PSY. D.

NJ Licensed Psychologist #5444

4251 Route 9 North • Building 3 • Suite F • Freehold
(732) 675-2230

Creating Beautiful
Smiles
with Gentle Care!

Dr. P. Kaur, DDS
General & Cosmetic Dentistry
609-426-9500

Emergency Care &
Walk-ins Are Welcomed
Evening Hours & Saturday
Appointments Available
Most Insurance Accepted



614 Route 33 East, East Windsor, NJ
Next to the Prestige Diner. Half mile from Turnpike.

ZOOM![®]
Teeth Whitening
\$100 Off Coupon

Not to be combined with any other offer. Expires 9/30/15.

New Patient Special

\$65

Dental Cleaning, X-Rays, Consultation,
Comprehensive Dental Exam

Not to be combined with any other offer. Offer good only for new patients and cleaning in absence of periodontal disease. Expires 9/30/15.

20% OFF
First Treatment

Not to be combined with any other offer. Expires 9/30/15.

Visit Russo's on 33 for Daily Specials!



Off Premises Catering Available ~ Banquet Room for your Parties (up to 75 Guest)

Lunch/Early Evening/Dinner Specials ~ Sunday Brunch

Outdoor Patio ~ Cigar Patio

Live Entertainment Every Saturday

~ A Laurita Winery Outlet Store & BYOB ~

Russo's
on 33

520 Route 33 West
Millstone Twp. NJ 08535
732-446-4800
www.Russoson33.com

\$20 OFF
TOTAL CHECK

Minimum of \$60 or More

Not valid with any other offer
Expires 9/30/15

MillstoneTimes 

Millstone Gifted & Talented Students Get Another Gift

By Susan Heckler

It is pretty safe to say that in every school in every district throughout our state, and most others, there are extraordinary students with special gifts and talents. Millstone has a wealth of these lucky children and knows exactly what to do with them.

Just this past August, 103 students from Millstone Township and the surrounding areas had the opportunity to participate in Camp Invention. Students entering grades 1 – 6 can go to a weeklong camp, which fosters innovation and creativity while building self-esteem, team-work, goal-setting and persistence.

The experience was made possible for our students from local support provided by Nordson Corporation, a global leader in precision technology solutions, who supplied scholarships for students to attend.

According to Michelle Falanga of the K-8 Gifted & Talented Program for Millstone Township School District, "Camp Invention provided a great opportunity for inventive young minds to exercise their creativity and use their imagination in ways they don't normally get to – through real-world problem-solving challenges, they build things, take things apart, explore different types of technology and so much more. Many times, the students are having so much fun, they don't even realize they are learning and developing new skills."

The young campers employed items in our inventor's supply room (which included donated items such as broken electronics, recyclable materials, discarded toys, and craft supplies) to build their prototypes and turn their dreams and ideas into realities. Some of the items generated incorporated electronic mazes and games, go carts, protective water blast shields, robots, and more! All of this is done in four days at camp.

On the final day, the camp hosted an Inventor's Showcase where the parents came to visit and see all their wonderful inventions and creations at work.

Millstone students are fortunate to be able to participate in such a unique program. Kudos to the parents and staff that makes it all happen!



Did You Know That ...

By Pam Teel

Did you know that hummingbirds are the only birds that can fly backwards? They can also hover vertically for a long period of time as well as go up, and down and they can even fly upside down. They can fly nonstop for up to 18-20 hours without resting. They have tiny legs that make it almost impossible to walk or hop but they can scoot sideways when perched.

They migrate back north starting in May. The females do all the work. They make the nest and take care of the babies. The male hummingbird usually takes off to find another female to impregnate. They don't mate for life. It's rare that you see a hummingbird nest because they camouflage it so well with lichen and moss and don't always make them in trees. The smallest is the Bee Hummingbird, which is only 5.7 centimeters. The largest of the hummingbirds is 21 centimeters. Hummingbirds are found only in the Western Hemisphere, from southeastern Alaska to southern Chile, although most live in the tropics. There are more than 350 species of hummingbirds, 12 of which summer in North America and winter in tropical areas.

The fast beating of their wings sounds like humming, thus how they got their name. Their long beak can reach down in flowers and their long tongue sucks the nectar out. Hummingbirds are also called nectivores. Ninety percent of their diet is nectar. They also feed on small insects and spiders. A natural enemy of a hummingbird is a praying mantis. They have been known to take a hummingbird as a meal. Check for them around the feeders.

Hummingbirds have a three to five year life span but some living in the wild can reach ten years old.

They were hunted almost to extinction for their colorful feathers in the 17th and 18th century. Babies are called chicks and a group of hummingbirds is called a flock. Hummingbirds can see ultraviolet light, but they can't smell. They do have an iridescent pigment that gives them a



The sunlight speaks, and its voice is a bird:
It glitters half-guessed, half seen, half heard,
Above the flower bed, over the lawn ...
A flashing dip, and it is gone,
And all it lends to the eye is this -
A sunbeam giving the air a kiss.

The Hummingbird
by Harry Hibbard Kemp

neon glowing appearance in the sunlight. They help the pollination process and can be trained to eat out of your hand. They have been known to be aggressive to other birds when their nests and eggs are threatened. They can visit over one thousand flowers a day to get the amount of nectar they need to survive. A hummingbird egg is a little bigger than a jellybean.

Do not use the red dye liquid in the feeder that is available in stores. The dye is not good for their internal organs. It's best to use four parts hot water to 1 part cane sugar. Do not use sugar substitutes. Let the water cool before putting it outside. Change the water every few days and wash feeder of any mold. Do not use honey instead of sugar. A honey water solution served up in hummingbird feeders can quickly become toxic and deadly. Honey rapidly ferments and also cultures a deadly bacterium. Honey has been chemically altered by honeybees; it is flower nectar and whatever ever else the honeybee ingested, digested, and spit back out again. Honey is nothing like the sucrose found in flower nectar and white sugar. Hummingbirds do not eat birdseed.

You can attract hummingbirds into your yard by planting flowers by the feeders. Some flowers that attract hummingbirds include: Salvia, Bee Balm, Red Columbine, Delphiniums, Hollyhocks, Butterfly bush, Catawba Rhododendrons, Rose of Sharon, Honeysuckle, Fuchsia, Lantana, Silk Tree, and Trumpet vines.

Hummingbirds are also attracted to bright colors such as hot orange, red, magenta, and bright blues. They are fascinating to watch and make a great addition to your backyard menagerie.

LOUIS NAPOLITANO D.M.D.

GENERAL & COSMETIC DENTISTRY
ORTHODONTICS • IMPLANTS

We are pleased to welcome
Monique Dardzinski, DMD to our practice

- Veneers
- Digital X-rays
- Crowns, Bridges & Bonding
- Root Canals
- Non-surgical Periodontal Treatment
- Implants and Dentures
- VEL Scope – oral cancer screening: simple, fast & painless
- Nitrous Oxide – available for all procedures
- Oral Sedation
- Digital Impressions – easy & comfortable
- Same-Day Ceramic Crowns with our new Digital Milling Unit



STA Single Tooth Anesthesia System Unit

- No syringe
- No pinch
- No facial numbness
- Numbs in just the tooth



BIOLASE

\$100 OFF

New, Fast, Effective
Laser Whitening
Includes take home trays
or **\$75 OFF**
Take Home Whitening System
With this ad only. Offer expires 9/30/15.



FREE Invisalign Consultation

A confident smile
can change everything!
With this ad only. Offer expires 9/30/15.

FREE Implant Consultation + X-ray

Improve your appearance,
eat the foods you enjoy
and invest with this permanent
solution for tooth loss.
With this ad only.
Offer expires 9/30/15.

Visit our state-of-the-art facility

New patients of all ages welcome • Evening & early morning appointments

SAME DAY EMERGENCY VISITS

2046 West County Line Road, Suite 2, Jackson

732-905-2488

www.louisnapolitanodmd.com

QUESTION:

What's the best way to treat knee arthritis? Consider a non-surgical treatment that really works!

Osteoarthritis of the knee is the #1 leading cause of disability in the U.S. Over 27 million people suffer with knee arthritis and that number continues to grow. With knee arthritis, the cartilage breaks down and wears away, leaving the bones to rub together causing pain swelling stiffness and limited range of motion. As the cartilage breaks down, the knee loses its lubricating fluid. We found that by replacing this lubricating fluid with a natural substance called Hyalgan, the lubrication is restored and many patients experience amazing pain relief.



WHAT IS HYALGAN AND HOW DOES IT WORK?

Hyalgan is a natural lubricating fluid that acts as a lubricant and shock absorber inside the knee joint. The substance in Hyalgan is hyaluronic acid which is normally found in high levels in healthy joints. Replacing the hyaluronic acid with Hyalgan lubricates the joint and reduces pain. Hyalgan has been administered over 40 million times and has been proven to provide long-lasting relief of knee pain from osteoarthritis.

WHAT IF YOU ALREADY TRIED KNEE INJECTIONS?

If you have had injections like this in the past and experienced poor results, there is still hope! Many doctors in this area offer similar injections, but very few use precision fluoroscopy guidance. Fluoroscopy guidance ensures that the pain relieving Hyalgan reaches the knee capsule where it bonds with the joint fluid to create a lubricating and cushioning layer. Without fluoroscopy, it is estimated that doctors "miss" the capsule over 30% of the time resulting in poor results. We want each and every one of our patients to have the greatest chance of success, so every injection is done with precision fluoroscopy guidance to ensure that the Hyalgan gets into the capsule 100% of the time. Because of this, patients who previously felt little to no relief with non-fluoroscopy guided injection are now getting excellent results.

The other "big difference" in our results is the multitude of other supportive care options that we have available to enhance the effectiveness of the Hyalgan procedure. These options include state of the art medical laser treatment, physical therapy, manipulation, corrective osteoarthritis bracing (takes pressure off the damaged section of the knee), and natural anti-inflammatory products. The combination of these treatments offers you what we feel is the most comprehensive non-surgical knee treatment program available.

DOES IT HURT?

Many of our patients report that they feel little to no pain at all! We do everything possible to minimize any pain from the procedure, from pain relieving spray and a local anesthetic, to precision guidance that ensures we are always in the right spot.

WILL MY INSURANCE COVER HYALGAN?

This procedure is covered by most major insurance companies including Medicare. Our insurance department pre-verifies every patient.

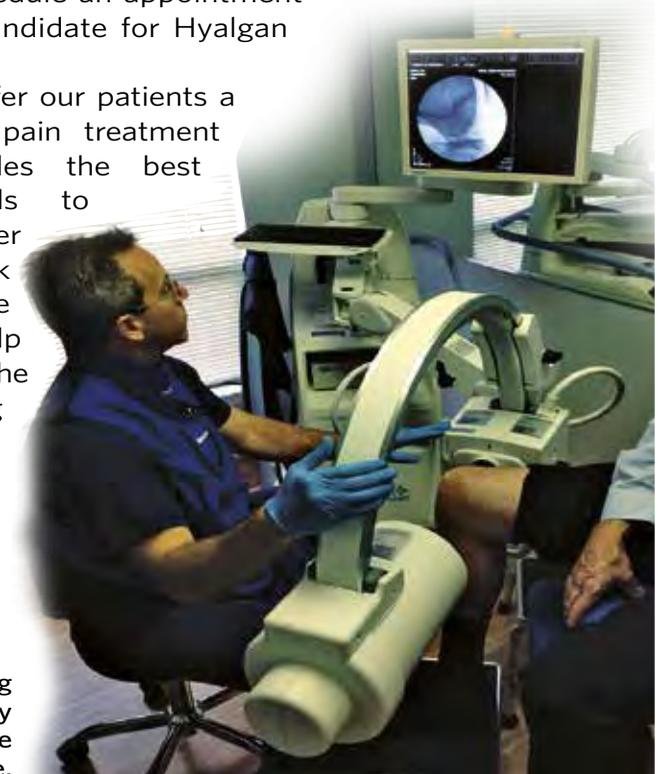
WHO WILL BE PERFORMING THE HYALGAN PROCEDURE?

Dr. Scot Paris is the medical physician who performs the Hyalgan injection. Dr. Paris is trained as a general surgeon and has extensive experience with a variety of surgical procedures. With his conservative approach, he has excelled in the non-surgical treatment of knee pain with the use of fluoroscopy guided Hyalgan injections.

SO HOW DO I KNOW IF YOUR KNEE PAIN TREATMENT PROGRAM WILL HELP ME?

If you are tired of suffering with painful arthritis of the knee, and you want to see if the latest advances in non-surgical treatment can help, all you have to do is call 732-683-1800 to set up a risk free consultation. During the consultation all of your questions will be answered in a warm and friendly environment. Knee replacement surgery is a very extreme measure to take without considering all of your other options first. Once it's done there is no turning back. For that reason we encourage you to schedule an appointment to see if you are a candidate for Hyalgan treatment.

We are proud to offer our patients a comprehensive knee pain treatment program that includes the best non-surgical methods to relieve pain all under one roof. We look forward to having the opportunity to help you feel better. Take the first step in ending your knee pain and call to schedule an appointment today! ■



Dr. Scot Paris using precision fluoroscopy guidance to ensure the best results possible.

ADVERTISEMENT

CENTRAL JERSEY SPINE & WELLNESS

4251 Route 9 North, Bldg. 3, Suite B (Freehold Office Plaza) • 732-683-1800

Open Space Pace At Freehold Raceway September 19th

On Saturday, September 19, 2015, the Open Space Pace will be coming back to Freehold Raceway in Freehold, New Jersey for its 4th annual event! The Open Space Pace is a nonprofit organization with a mission to celebrate the horse, New Jersey's official state animal, and to promote open space in our nation's most densely populated state, the great state of New Jersey. The Open Space Pace raises funds in support of non-profit organizations that promote open space in New Jersey.

The Open Space Pace begins at 10:30 AM with a parade of horses from the Freehold Hall of Records to Freehold Raceway. We are proud to announce that the Grand Marshals for this year's event are Mr. and Mrs. Eugene Landy. Mr. Landy founded UMH Properties and Monmouth Real Estate Investment Trust, two New York Stock Exchange listed REITs. Mr. and Mrs. Landy have owned and bred Standardbred race horses for many years. They are proud supporters of the Open Space Pace as well as countless other equine and agricultural nonprofit organizations. The parade also features the Freehold Township and Freehold Borough High School Marching Bands. Once at the racetrack, the festival begins with an opening ceremony followed by a wide variety of entertainment including a petting zoo, educational exhibits, live harness racing, vendor tables, food trucks and much more. A concert featuring Burlap to Cashmere and The Nerds will begin at 3:00pm. The Open Space Pace has entertainment and activities that cater to all ages, so bring the whole family for a day of free, fun-filled excitement!

The Open Space Pace is a perfect event for many different special occasions and gatherings, including corporate parties, family reunions and many other types of social or professional gatherings. The Open Space Pace is an entirely free event thanks to the generosity made possible by its sponsors. We at the Open Space Pace greatly appreciate our sponsors and continue to seek additional supporters of any kind. The event raises funds from sponsorships, ad journal sales, tailgate space sales and vendor booth sales. If you wish to support the Open Space Pace, or obtain more information, please contact Brett Taft at 732-577-4059 or by email at B'Taft@umh.com

We hope to see you at this great event for the whole family!

Advertising in This Publication WORKS



Dr. Bryan Berger
Innovative Wellness Center
 220 Forsgate Drive
 Jamesburg, New Jersey 08831
 www.innovativewellnesscenter.com
 (732) 656-1740

"I have been advertising with The Millstone Times since 2011. Their high quality ads are professional and have helped me reach more people in the community."

For more information about advertising, call 732-995-3456



What's New at THE ROOST

• RESTAURANT & BAR •

EVERYTHING!!



New Outdoor Dining Section
All the NFL you can handle ~ Never miss an NFL Game
Free Buffet every Sunday afternoon

THEME NIGHTS: SUNDAY-Pizza Night • MONDAY-Mexican Night • TUESDAY-Prime Rib Night
WEDNESDAY-Customer Appreciation Day (House Wine or Beer, App., Entrée, Dessert all for \$19)
THURSDAY-Slider Night • Entertainment every FRIDAY & SATURDAY

VISIT US AND SEE WHY EVERYONE IS SAYING WE HAVE THE BEST FOOD IN TOWN.



Warm Atmosphere ~ Traditional Foods ~ Engaging Staff

609.208.2500 • theroostatcreamridge.com • 181 Route 539, Cream Ridge, NJ 08514

WINE SEASON

Is About To Begin

MAKE YOUR OWN
HOMEMADE WINE

In 3 Easy Steps

- ① **CHOOSE** from OVER 25 varieties, using only the freshest grapes
- ② **CRUSH** your grapes in an authentic Italian Wine Press
- ③ **BOTTLE** Cork & Cap your wine after it has been racked and aged. You can attach your custom wine label to your own bottle to be used as gifts or enjoy with friends.



NJ'S LARGEST HANDS-ON WINERY

The
Wine Room



*Wine Tasting Events
Free Wine Sampling*

Friday, September 11th

7p - 9p

Saturday, September 12th

1p - 3p

**Call Now
To Reserve Your Space**

The Wine Room is a haven for wine lovers...

*we invite you to experience
what everyone is talking about...*

gather your friends, & families.

Join us for wine making sessions.

For Great Wine...

Make it Yourself!



Start A New Tradition With Friends or Family

We Also Do Special Events

∞ Wedding Wines ∞ Corporate Events ∞ Private Parties

732-792-7007

• 227 Rt 33 East, Manalapan •

www.atthewineroom.com



LIBERTY

INSURANCE ASSOCIATES

COUNSEL • ADVOCACY • SERVICE

525 State Route 33 • Millstone Twp, NJ 08535 • (732) 792-7000

www.LibertyInsurance.com

Insurance Made Easy by the Professionals at Liberty

We have a team of experts who live in, care about, and understand our community, with focuses on different segments of insurance including:

Commercial Lines of Coverage

- Contractors
- Landlords
- Marinas
- Manufacturers
- Retail Stores and Services

Health Insurance

- Group Plan Design
- Medicare Supplement
- ACA "Obamacare" Compliance tools
- Voluntary/ancillary benefits

Personal Lines of Coverage

- Home
- Auto
- Umbrella
- Boats
- RV's

Life Insurance

- Whole Life
- Term Life
- Variable and Universal Life
- Annuities

Financial Services and Estate Planning

- Tax Planning & Strategy
- 401K
- Investments
- College Savings Plans

...and much, much more!

Call us For A Free Independent Policy Review at 732-792-7000,
or request a quote online at www.LibertyInsurance.com

Wine Tasting raises funds for The Linda E. Cardinale MS Center

By Alyse Mattioli

CentraState Healthcare Foundation will host its fourteenth annual multiple sclerosis fundraiser "An Evening in the Vineyards" on Friday, September 18, 2015, from 7 p.m. to 10 p.m. at CentraState's Star and Barry Tobias Ambulatory Campus, 901 West Main Street. Proceeds will support the Linda E. Cardinale Multiple Sclerosis Center, now the largest and most comprehensive MS Center in New Jersey.

The Linda E. Cardinale MS Center was developed jointly with CentraState Medical Center and the National Multiple Sclerosis Society, New Jersey Metro Chapter with the support of Vito Cardinale of Cardinale Enterprises in honor of his wife, Linda. The comprehensive regional center provides diagnosis, treatment, rehabilitation and support for patients with MS and their families and also offers a MS Wellness Program, which was modeled after the highly regarded programs of USC and UCLA. The Center treats more than 1,500 patients yearly.

The Gordon Stillwell Tasting Room will be featured at the event- a special and educational experience boasting some rare wines from the Napa Valley. Max's Beer Wine and Liquor, Freehold will coordinate the main tastings of fine wines from around the world, craft beers and unique spirits, while The Metropolitan Cafe, Freehold, will not disappoint with delicious cuisine to complement the tastings. Tickets are available at \$150 per person with an additional \$75 for The Gordon Stillwell Tasting Room, and sponsorship packages range from \$500 to \$7,500. Last year's event drew over 500 people and raised more than \$240,000. For more information, call the Foundation at (732) 294-7099 or visit www.centrastatefoundation.org.

OCEAN COUNTY LIBRARY'S 90TH ANNIVERSARY CELEBRATION

Friday, September 18, 2015 @ 3:30 – 5:00 PM

Celebrate the library's anniversary with cake; a chance to win a raffle basket; and a scavenger hunt and craft for children.

BOOK CAFÉ With Special Guest Author

Monday, September 21, 2015 @ 3:00 PM

Meet author Beth Rinyu, a mom of twin teenage boys, a Border Collie and a cat with an identity crisis. She is the author of eight novels. Her most recent title, *Easy Silence*, was published in June 2015. Copies of her books will be available for purchase. Registrations accepted but not required.

STORY TIME with Special Guest Author

Wednesday, September 23, 2015 @ 1:30 PM

Jill Tate reads her book, *Bennie the Bear*, answers questions about the real live bear that inspired the story, and will sign purchased copies of her book. Craft will follow. Ages 3-6.

FAMILY STORY TIME

Wednesday, September 30, 2015 @ 3:45 PM

Join us as we read *Viva Frida* and *Little Roja Riding Hood*. To celebrate the life works of artist Frida Kahlo, we will make collages of animals decorated in her famous style. Ages 4 and up.

Please stop in, call the branch at 609-758-7888, or check our website:

www.theoceancountylibrary.org
to register and find out about all
of our monthly programs.



Ocean County Library
Connecting People
Building Community
Transforming Lives

Schedule your FREE Consultation Today!



CREAM RIDGE
ORTHODONTICS

Orthodontics for
Children, Teens & Adults

Yana V. Newman, D.D.S., P.C.

Board Certified Orthodontist
NJ Specialty Permit #5585

609.286.7500

211 West Millstream Road, Suite 2
Cream Ridge, NJ 08514

www.CreamRidgeOrtho.com

RECENTLY
LISTED IN NJ
MONTHLY FOR
TOP DENTISTS
FOR 2015

Impressions Without The Goop or Gag with our NEW ITer0 Digital 3D Scanner

Hanlon announces reforms to Vote By Mail procedures County Clerk & Board of Elections to follow new protocols



Monmouth County Clerk Christine Giordano Hanlon announced important reforms in how Monmouth County voters can apply for Vote By Mail ballots with the County Clerk and how the Board of Elections can receive voted ballots from voters.

The reforms are effective immediately under a new law signed by Governor Chris Christie on August 10, 2015.

"The new law impacts New Jersey voters who, by necessity or by choice, have another individual submit a Vote By Mail request and/or election ballot on their behalf," Hanlon said.

The new law reduces number of voters for whom a person can serve as "messenger" from 10 to three.

It also limits the number of voted mail-in ballots transmittable by a "bearer" to the County Board of Elections to three ballots.

The law specifically states that "no person shall serve as an authorized messenger or as a "bearer" for more than three qualified voters in an election. The prior law permitted a person to serve as an authorized "messenger" for up to 10 qualified voters in an election, and set no limit on the number of voted ballots a "bearer" may collect.

The bill also now requires a person serving as a bearer delivering a voted mail-in ballot to the County Board of Elections, to provide proof of his or her identity in the form of a New Jersey driver's license, or another form of identification issued or recognized as official by the federal government, the State, or any of its subdivisions, providing the identification carries the full address and signature of the person.

"This new law is critical to preventing manipulation of the voting process," Hanlon said. "And it will reduce the opportunity for fraud and abuse of the system. I congratulate the legislature and the Governor for acknowledging the need to protect the integrity of the process."

"In Monmouth County, we typically have a significant number of messengers and bearers in our elections and it is important for our voters to be aware of these new laws." Hanlon continued, "The statute provides that the change will take effect immediately, meaning that this change will impact the 2015 September school and the November general elections.

Voters who individually receive and transmit their Mail-In Ballots through the U.S. Postal Service are not impacted by this new law.

Vesuvio's Wishes Everyone a Great School Year!

FREE 2 Liter Bottle of Soda
With Any 2 Large Pies or
2 Large Subs

Must present coupon.
 May not be combined with any other coupon,
 offer or discount. Limited time offer.
 Dine-In Only. Expires 9/30/15



\$2⁰⁰ OFF
Any One
Dinner Entree

Must present coupon.
 May not be combined with any other coupon,
 offer or discount. Limited time offer.
 DINE-IN OR TAKE OUT. Expires 9/30/15

CANVAS & COCKTAILS

A Night of Dinner and Step-by-Step Painting Fun!
Tuesday, September 29th 7-9 pm

\$49.95 includes:

Hot Italian Buffet (Entrees, Pizza and Salad)

16 x 20 Canvas, Art Supplies and Aprons

Step-by-Step Lesson taught by Skilled Artists from
 Around the Corner Art Center

BYOB *Balic' Wine Available at Vesuvios*

Call Around the Corner Art Center at 732-308-4666 to Register
 \$25 payable at time of registration, balance due upon arrival at Vesuvios

COOKING CLASSES WITH MRS. C

\$25 all inclusive supplies, snack and drink
Call to Reserve your Spot!

Cookies from Cake Mixes - Ages 8+ older

Saturday, September 19th

10:00 - 11:30am

Rice Balls - Ages 13+ older

Tuesday, September 22nd

6:30-8:00pm

*Private Cooking Lessons for groups of 5 or more.
 Please contact us for details.*

Discount Available on Cases of Wine

Balic Winery Outlet at Vesuvio's is offering

\$2⁰⁰ OFF

Any Bottle of Wine

Must present coupon. May not be combined with any other coupon, offer or discount.
 Limited time offer. Dine-In Only. Expires 9/30/15



BACK TO SCHOOL SPECIAL

2 Large Plain Pies (Topping Extra)
\$19.99 + tax

Must present coupon. May not be combined with any other coupon, offer or discount.
 Limited time offer. DINE-IN OR TAKE OUT. Expires 9/30/15

ASK FOR YOUR VESUVIO'S VIP CARD

Spend \$20 or more for dine-in or buy any large pizza = 1 Punch
 10 Punches = \$20 DINE IN VOUCHER or FREE LARGE PLAIN PIE



Full Catering On and Off Premises • Complete Catering Set-up • Servers and Bartenders provided upon request



Like Us on Facebook for Specials and Updates!

221 Millstone Road, Perrineville, NJ • 732-446-1155 or 732-446-1908

Check out our Web Site at www.VesuviosMillstone.com



The White Butterfly

CAFÉ & GIFT BOUTIQUE

200 North County Line Road, Jackson, NJ 08527
 Gift Boutique (732) 901-6262 • Café (732) 534-9200
 www.whitebutterflynj.com • whtbtterfly@aol.com

Cafe Hours:

Sunday: 8 AM – 6 PM
 Monday – Thursday: 8 AM – 9 PM
 Friday & Saturday: 8 AM – 11 PM

PRESENT THIS COUPON & RECEIVE

10% OFF

Your purchase at The WB Café!

ATTENTION BLUE WATERS CUSTOMERS

you can fulfill all of your shopping needs at the White Butterfly

Kathy Waters, original owner of Blue Waters, is now the events manager for our beautiful, private garden! For all your upcoming celebrations, give Kathy a call!

BEST GIFT SHOP IN NJ

Brighton,

Endless
 Alex and Ani
 Lokai

Alex & Ani



Store Hours:

Monday – Saturday: 9 AM – 8 PM
 Sunday: 9 AM – 6 PM

A contemporary shopping & eating destination. Escape to The WB for shopping made easy by our great selection, wonderful stylists, delicious food & drink!
Takeout & Delivery Available
 Join us for Breakfast, Lunch, Lite Fare, Coffee & Dessert!

Fire Pits | BYOB | Lounge Areas

Welcome to Kathy Waters for joining our team.



AN OASIS IN JACKSON



YOUR HEALING BEGINS HERE

220 Forsgate Drive, Jamesburg, NJ

732-656-1740

www.innovativewellnesscenter.com



Finally, Relief of Chronic Pain



Natural Relief of Chronic Pain

We successfully treat back and joint pain naturally with our Integrated Holistic Approach.

We combine multiple specialties to successfully treat a wide array of conditions. We implement state of the art equipment and techniques to ensure quick and safe results while maximizing your wellness experience.

Major Insurance & Medicare Accepted

"I have been in pain for 9 months, unable to walk long distances and after only a few treatments I am without pain. Pain was 10 out of 10 and now its 1 out of 10! I am extremely happy about how caring everyone is and how the different therapies have helped. Thank you!" — Kathleen M.

OUR SERVICES:

- Acupuncture
- Chiropractic Care
- Physical Therapy
- Spinal Decompression
- Nutrition Counseling with Dietitians
- Therapeutic Medical Massage

WHY CHOOSE US?

- We offer a unique holistic integrated approach
- Our philosophy is geared towards improving the function and health of the whole body, not just quieting your symptoms
- We are dedicated to disease prevention and health improvement
- Treatments are safe for everyone, from infants to seniors
- Experienced, Compassionate Clinicians

SPECIAL OFFER!!

1 hour \$59

Therapeutic Medical Massage

5 for \$275 (\$55 each)

Gift Certificates Available



PET PAGES

Pets & Foreclosures

Dogs and cats may not be the first things that come to mind when you think about a foreclosed home. Many people who lose their homes are forced to move in with family members, into temporary housing or an apartment. Unfortunately, their pets may not always be welcome.

Additionally, many people forget that being a pet owner comes with important responsibilities to protect and care for their animals in any situation. While many pets have been found abandoned in empty homes, others have simply been set loose or dropped off at the veterinary's office without any identification.

This obviously leads to an unfortunate situation for animals that may be forced to find sources of food or water if left in unfamiliar territories. You also may be endangering members of your community because of the potential of your pet becoming stressed and temperamental in dealing with its new environment.

If you or someone you know is weighing the decision of leaving behind a pet due to foreclosure, the more responsible option would be to consult a local shelter. Every year, 6 to 8 million animals enter a shelter, according to the National Council on Pet Population Study and Policy.

This means that some shelters in your area may actually be at full capacity, but their workers will likely be able to point you in the right direction.

Tips

Here are some other tips from the American Veterinary Medical Association:

- You may be able to find someone who can provide a foster home for your pet until you get back on your feet.
- Contact local rescue organizations or your veterinarian to see if they can help you find a home
- Advertise your adoptable pet in a classified ad listing and screen potential adopters as carefully as possible
- Contact your local animal shelter or animal control facility to see whether it will accept your pet or assist in finding it a new home if you are unable to find a home for it yourself.



Cats at Home: Home Veterinary Visits

21 years
all-feline
experience

609-915-8671

EmilyJarvisDVM.com

\$10 OFF first
house-call fee
when you
mention
this ad



The Millstone Times BEST PET PHOTO CONTEST



**Do you think you have
the most adorable pet?**

If so, send in your pet's photo by
September 10th for the chance to
win \$100 Gift Certificate to a
locally owned pet store!

Send in your photo to:
tmft@optonline.net

In the email subject line write:
Pet Contest

Include a high resolution photo,
your pet's name and town.

Dr. Katina Carter

- * Preventative Medicine/Vaccines
- * On Site Lab & X-Ray
- * Surgery
- * Dentistry



78 Maple Ave.
New Egypt, NJ 08533
(609) 286-2080



10%
Senior
and
Active Military
Discount

By Appointment &
Walk-ins Welcome

"Where your pet is part of our family"



Sunnyside Equestrian Center Hosts Horses for Heroes

By Pam Teel

Sunnyside Equestrian Center in Middletown, N.J., is part of the Monmouth County Park System. The Equestrian Center is part of a 135 acre Recreation area. The facility features an 18 stable stall, outdoor instructional ring, and an 80' x 200' indoor arena.

The Equestrian Center offers many different programs. One of them is the SPUR program. (Special People United to Ride) which is a nonprofit organization that provides individuals with disabilities the opportunity to achieve personal goals through therapeutic horsemanship. SPUR is run by a dedicated group of individuals who staff the center year round and are certified by PATH International, (Professional Association of Therapeutic Horsemanship) the governing body of the therapeutic horsemanship. They are also aided by over 200 volunteers who help serve more than 200 students with disabilities annually. They work on helping the children to improve their self-esteem, social skills, balance, muscle tone, posture and much more. Riding a horse provides a variety of physical, emotional, and psychological stimuli not just to the children but to veteran military members as well.

SPUR Horses for Heroes is specially tailored for active duty and veteran military members who are suffering from psychological impacts of service or who have sustained injuries such as TBI (Traumatic brain injuries) and PTSD (Post traumatic Stress Disorder). According to a study conducted by the RAND Corporation, at least 20% of Iraq and Afghanistan veterans have PTSD and/or Depression. Military counselors who were interviewed stated that, in their opinion, the percentage of veterans with PTSD is much higher; the number climbs higher when combined with TBI.

The Horses for Heroes program at the Sunnyside Center is guided by a licensed counselor and PATH International Equine Specialist in Mental Health and Learning. Director of special programs, Jennifer Tevlin, became a PATH International Certified Riding Instructor in 2013. She holds a Bachelors of Science Degree and Masters of Science Degree in Animal Science, with a specialization in Equine Exercise Physiology and Immunology from Rutgers University, as well as a Master of Science in Psychology Counseling from Monmouth University. Excited about the field of animal assisted therapy, Jennifer plans on expanding Spur's existing EAAT (equine-assisted activities and therapies) program in the near future.

Head instructor, Jackie West, became a PATH International Certified Therapeutic Riding Instructor in 2011 and a PATH International Certified Equine Specialist in Mental Health and Learning in July 2013. Along with Jennifer, she is helping to create the type of therapeutic programs that will serve her communities in the best way.

Both women are proud to help out active duty, reserve military members, veterans, and their families in participating in the therapeutic riding program. The program is tailored to meet the unique personal goals of each individual in a safe and supportive environment.

As a PATH accredited facility, The Sunnyside

Equestrian Center is also proud to partner with the Wounded Warrior project to provide custom EAAT sessions to all eligible military personnel. The center also provides EAAT scholarships through the non-profit organization SPUR.

EAAT sessions may be mounted or non-mounted and can be on an individual basis or in a group setting. It's been proven that there are both physical and psychological benefits for the veterans as a result of the therapeutic sessions. Not only does EAAT help with a wide range of physical and emotional needs, but it also includes improvement to cardiovascular functions, respiration, gross and small motor skills, balance, muscular strength and posture. It even helps those with neurological impairments by improving coordination and agility.

Equine Assisted therapies can also provide a calming effect, enhance someone's self esteem, and provide someone with a sense of purpose within the community. If a horse senses emotional distress either in another horse or a person, the horse will reflect those feelings in its body language and provide immediate feedback through its actions. If it senses calmness and leadership in a person, it will allow that person to lead it. A horse might nudge a person who seems to be mentally withdrawn or taking too long to pay attention to him, getting him back to the present. Horses are non-judgmental, welcoming, and patient animals. With the combination of the combined credentials of both Jennifer Tevlin and Jackie West, the veterans are getting the best care possible. They can feel free to open up and express what they are feeling in a safe and calming environment.

For more information about the SPUR Horses for Heroes Program, or if know of a veteran who would benefit from this program, you can call: Jennifer Tevlin at (732 224 -1367 ext 4) or email spur.email@co.monmouth.nj.us.



Veteran Chris Hoff with therapy horse 'Arrow'

SEPTEMBER 2015

September 5

Centered Riding Instructor Clinic

Horse Park of New Jersey
626 Routes 524, Allentown, NJ
Contact: (609) 259-0170

September 7

Briarwood Farm Hunter Horse Show

161 Pleasant Run Road, Flemington, NJ
Contact: (908) 534-8833

September 8

Open Riding @ the Park

Horse Park of NJ
626 Routes 524, Allentown, NJ
Contact: (609) 259-0170

September 12

ESDCTA Dressage Championships

Horse Park of NJ
626 Routes 524, Allentown, NJ
Contact: (609) 259-0170

September 13

Susan B. Komen Ride for the Cure

Horse Park of NJ
626 Routes 524, Allentown, NJ
Contact: (609) 259-0170

September 16 - 20

Princeton Show Jumping Series

@ Hunter Farms
1315 The Great Road, Princeton, NJ
Contact: (609) 924-2932

September 20

Judged Trail Ride

Also Barrel Racing in the Indoor!

Horse Park of NJ
626 Routes 524, Allentown, NJ
Contact: (609) 259-0170

September 22

Open Riding @ the Park

Horse Park of NJ
626 Routes 524, Allentown, NJ
Contact: (609) 259-0170

September 23 - 27

Princeton Show Jumping Series

@ Hunter Farms
1315 The Great Road, Princeton, NJ
Contact: (609) 924-2932

September 25 - 27

Garden State Combined Driving Event

Horse Park of NJ
626 Routes 524, Allentown, NJ
Contact: (609) 259-0170



Moey



Cutie



Farley



Lily



Trooper



Sheldon



Simba & Yankee



Roset



Yankee



Star



Nicky



Bella



Boo



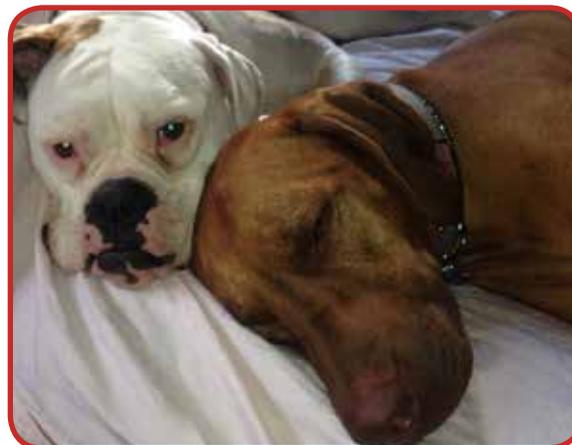
Cowboy & Bella



Abba, Abella & Ashes



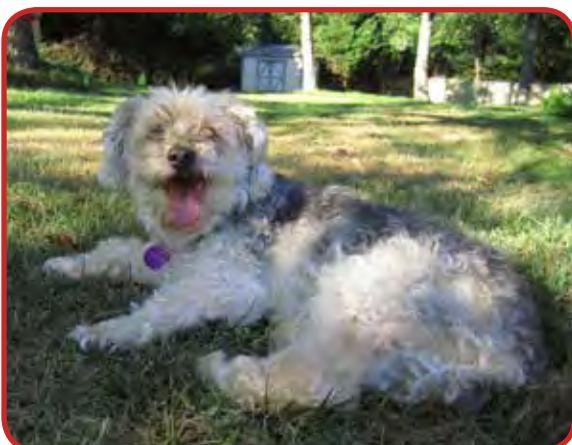
Barkley



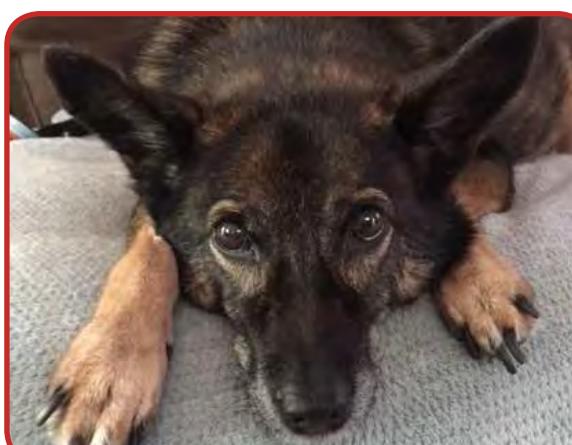
Okea & Doc



Maya



Mischief



Simba



Tuxedo



Bentley & Cooper



Diesel & Remmy



Max

WANTED

A LOVING FAMILY

By Pam Teel

This month the facility has many cats and kittens; many who were recently rescued and brought in to the facility. These cats have already seen the vet and have all their shots. What they need now is a good home and a lot of love. Please help clear the shelter and consider adopting a homeless pet first.

The little black kitten is so new she hasn't been named yet. It's just six weeks old.

The calico kitten is about 7-8 weeks old.

Tuxedo is a black and white male cat that is about 1 year old. He is friendly and playful and declawed.

Orange is a ten-week-old kitten who has been placed in a foster home. He is ready to be adopted into a new family. When he was younger, he was abused and kicked, requiring an emergency surgery. He is fully recovered now. All of his medical expenses have been paid for. He is neutered and is the sweetest kitten. He is quiet and so observant. He is a very affectionate kitten.

Mr. Cooper is a two-year-old declawed cat. He has also been neutered and has all his shots. He has very long legs and can be walked on a leash. He's a gentle loving cat that purrs a lot.

Tubby, the Chihuahua is five years old and is happy and playful. He loves being around people. He would make a great companion.

Animals Assistance's goal is to give all the strays that come to them a great family to go to. Please take a look at their website and all of the other animals up for adoption. You can give these animals a chance at living a long and loving life. Many of these dogs and cats were born locally and brought to Animal Assistance. Some were even spared from being euthanized in hopes of finding good homes for them. The facility is located in East Brunswick, a 501c3 Organization, is a perpetual, lifetime animal care, pet adoption, and pet boarding facility in a peaceful country atmosphere. The family oriented animal center has a purpose to provide a home for animals whose guardians can no longer care for them, or animals down on their luck, on a case-to-case basis. They are one of the few animal facilities in the area that are actually located on a farm in a country setting with over 60 year's experience. Their strays are LOCAL abandoned dogs and cats, with complete health and medical support. You get an animal that is ready to go, crated trained and socialized. Animal Assistance is also there for you once you leave with your pet. If you need help with trainers and vet info, they can recommend the perfect fit for you and your dog. To read up more about Animals Assistance and their policies for adoption, go to: [animalassistance.org](http://www.petfinder.com/shelters/NJ538.html). **To view their pets for adoption on petfinder - please visit them at PetFinder.com: <http://www.petfinder.com/shelters/NJ538.html>**

If you are interested in adopting any of these *homeless, sweet, lovable pets*, please call Linda at 732.251.3210. Phones are answered during open doors hours or email them at: linda@animalassistance.org. Phone conversations are preferred to email. Should you wish to sponsor a specific pet until they find a *safe and loving home*, please call between 7-10am Monday through Thursday, Friday 7-10am, or Sunday 8:30-10:30am to make arrangements.

Facility hours are 7-10am Monday through Thursday, Friday from 7am-3pm, and Sunday 8:30am-10:30am. You do not need an appointment, just drop in. **They accept donations during those hours also. A tax receipt can be provided. All proceeds are for the animal's medical fund; they do not take salaries.**

The facility is still looking for a used SUV or small pickup truck that can be modified to transport our search and rescue dogs and the animals going to the hospital. **Also donated items: KMR Kitten Replacer, dry adult dog and cat food, Purina kitten chow, canned dog food, canned cat food, dog toys, cat toys, catnip, pig ear chews, bleach, laundry detergent, Pine sol, Shampoo, paper towels, blankets, and trash bags.**



Mr. Cooper: still waiting for a loving home



New little black kitty: rescued off the streets



Young calico kitten: just rescued



Orange: gentle, friendly- currently in a foster home waiting for her real home



Tubby: 5 years old, 8 lbs., would be a great companion for someone

A State of the Art Groom Room

Do you have a hairy hound? How about a dingy dog? If so, then The Green Leaf Pet Resort is the ideal place for you and your dog! The Green Leaf Pet Resort hosts a state of the art grooming facility known as The Groom Room with expertly trained pet stylists ready to address your pet's grooming needs. The facility itself is designed with both comfort and functionality in mind by expert Dog Trainer and Pet Behaviorist Shelly Leibowitz. Shelly, the proprietor of The Green Leaf Pet Resort has over 43 years of experience in the professional pet care industry.

Your pet will be greeted in the lobby by one of The Green Leaf Pet Resort receptionist and led into the spa. A warm, gentle shower integrated with only the finest, all natural, pet shampoos awaits all the guests of The Green Leaf's Groom Room. All baths include ear cleaning, and nail trimming at no additional cost. Nail filing and painting are also available options. Pet are toweled off and blown dry while being brushed and combed by the staff. For pups who are receiving haircuts, trims, styles, and shaves, a separate styling room is at the ready. All dogs are taken on a relaxing walk on the lush, 56 acre grounds of The Green Leaf Pet Resort and are fitted with a seasonal bandana after grooming is complete.

The Green Leaf Pet Resort's Groom Room team consists of Sam, Liz, Britney, Ashley, and Alexis. Sam is the Grooming Department Manager and has over a decade of experience. Sam is a national award winning groomer known for her AKC pet show styling. Liz has more than 8 years of experience and is wonderful with smaller breeds. Britney has 6 years of experience and is especially great with high energy dogs. Ashley is a master of hand scissoring and has a special affinity for the geriatric and special needs pets that require more attention. Alexis is an expert bather who has an eye for detail. There is an expert groomer to suit all breeds and personalities.

The grooming team is always looking for fun and exciting ways to personalize the grooming experience. Your dog can be emblazoned with your favorite team logo, colored for any occasion, and custom cut at your request. Let's not forget about our feline friends! Cats are also welcome guests of our groomers.

The Groom Room at The Green Leaf Pet Resort is opened seven days a week to pamper your dog(s) to look and feel his or her best. We are located at 23 Burnt Tavern Road in Millstone Township. Appointments can be made at 609-259-1500.

the green leaf
pet resort & hotel



**DOGS LOVE US
BECAUSE WE
LOVE DOGS**

Day Care • Pet Boarding • Grooming

Dog Imports • Aquatic center

Obedience & Specialized Training

WWW.GREENLEAFPETRESORT.COM | 732.845.3787
23 BURNT TAVERN ROAD, MILLSTONE TWP 08510



“HEALTHY” WATER MEANS A HEALTHY FAMILY – Never Take Your Water for Granted!

FALL 2015 SERVICE PROGRAM ONLY \$775

Get Your Water Healthy for the Holidays!

- Annual Sanitation of your well, hot water tanks & all plumbing to KILL naturally occurring bacteria and get rid of that “rotten egg” smell
- Clean & Sanitize Brine (salt) Tank
- Clean & Flush Safety Float Assembly in Brine Tank
- Inspect & Clean or Replace Injector & Screens
- Flush & Re-Pressurize Well Pressure Tank
- Clean Black Mold from Mineral Tanks
- Iron Out Treatment in All Toilet Tanks
- “Res Up” Treatment for All Resin Beds
- Test Tap Water for Iron, Hardness, pH & TDS
- Inspect Well Cap Seal for Damage
- Clean All Housings & Replace Mechanical Filters

What Is the Right Salt to Use – NATURAL SALT or SODIUM FREE SALT?



Natural Salt® Water Softener Salt Cubes with Resin Kleen®

Natural Salt Cubes with Resin Kleen efficiently remove minerals that cause hard water to prevent scale that reduces the life of plumbing and fixtures. This effective formula also keeps water softening units clean, while eliminating bridging, mushing and channeling.



Sodium Free Salt Potassium Based Water Softener Crystals

- Works with any brand water softener unit
- Adds no sodium to your softened water
- Adds potassium to drinking water
- Healthier alternative for consumers who are concerned about their sodium intake

Better for the Environment – Reduces the amount of chlorides discharged into the environment versus common salt.

Easy to Use – Simply pour the potassium-based crystals into the brine tank of your current softener. Even if your current softener contains a sodium-based solution, Sodium Free Salt will go to work right away, softening water the salt-free way and will also eliminate some native sodium in water.

FREE 11-POINT WATER CONDITIONING SYSTEM CHECK UP FOR ALL AREA RESIDENTS!

Ask About Our Special Pricing On:

- Salt Delivery • Water Coolers • Purified Water Delivery • Sanitizing & Changing Reverse Osmosis Filters
Upgrading Your Water Treatment Systems • Installing Bacterial Removal Systems • Swimming Pool Chlorine-Free Sanitation Systems



FREE Water Testing • Complete Sales • Installation • Service

222 Millstone Road, Millstone Township, NJ

(732) 446-2021 • Email: uswaterco@aol.com • www.UsWater.net

THERE ARE MANY WAYS TO IMPROVE YOUR WATER

Let US Water Show You How

Call Barry at US Water Today if You Are Experiencing Any of These Problems!

- Iron Stains on Driveway, Fences, Pavers
- Rust On Showers, Toilets & Sinks
- Metallic Taste in Water
- "Rotten Egg" Smell
- Pool Chemicals Are Costing Too Much Money
- Musty, Damp Smell in Basement
- Black Mold on Water Softener Tanks
- Salt Tank Overflows
- Salt Tank Level Does Not Go Down
- Water Softener Doesn't Handle Sprinkler System
- Spending Too Much on Bottled Water
- "Wet Dog" Smell in Water
- Wet Floor Near Water Treatment Equipment

**A GREAT BIG
"THANK YOU"
FOR YOUR
LOYALTY**



The Ultimate Well Water System

This is a photo of our Complete Water Treatment System for our customers with private wells. From right to left: our twin-alternating "Fleck 9000" Water Softener (Conditioner) for iron (rust), calcium, manganese and other trace mineral removal; our Acid Neutralizer for pH control; our Auto-Chlorination System for that "rotten-egg" smell and bacteria control.



FREE Water Testing • Complete Sales • Installation • Service

222 Millstone Road, Millstone Township, NJ

(732) 446-2021 • Email: uswaterco@aol.com • www.UsWater.net

Musical Theatre ★ Glee ★ Rock Bands ★ Concerts ★ Songwriting ★ Recording

MUSIC UNIVERSITY

★ Piano
★ Guitar
★ Voice

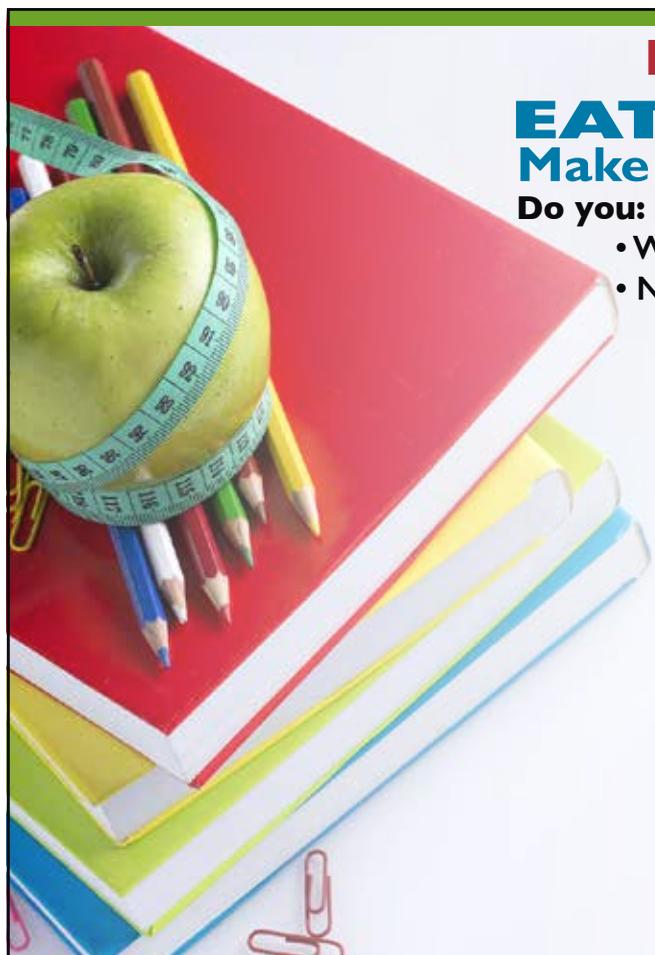
Lessons For All Ages

732-303-1100

346 Mounts Corner Drive
Freehold, NJ

www.MusicUniversity.net

Drums ★
Violin ★
Brass ★



Its Time to Re-Focus on Your Health

EAT BETTER! LIVE BETTER!
Make Better Choices for You & Your Family!

Do you:

- Want to lose weight?
- Need to control your Diabetes?
- Have high cholesterol?
- Suffer with Celiac disease?

At Nutrition Solutions our goal is to offer safe, effective weight loss programs that improve your health. Our passion is to teach you how to eat better, cook better, and live better. We focus on lifestyle changes and nutrition education for you and your family. We accept most insurance plans including Medicare.

Most plans will now cover medical nutrition therapy offered by our office.

Take the first step and CALL TODAY!

**Make this year different with the
guidance of our nutrition professionals.**

If you think you can, YOU CAN!

"I'm so excited that my cholesterol went from 233 to 185 and my LDL's went from 154 to 125 in just 3 months! I am so grateful that I came to you."

~Lisa H.



Nutrition Solutions, LLC
For Health and Longevity



220 Forsgate Drive, Jamesburg, NJ • 732-966-0130 • MyNutritionSolution.net

Want free nutrition advice? Like us on Facebook: facebook.com/mynutritionsolution.net



***New Jersey's Best
Margherita Pizza!***

732-446-8211



866 Perrineville Road, Millstone Twp., NJ 08535 | www.Albivi.com

The Millstone Times

STUDENT OF THE MONTH

Andrew Bellonio

By Pam Teel

Eight-year-old Andrew Bellonio from Millstone Township will be going into the third grade. A member of the Millstone gifted and talented program, Andrew loves to learn new things. One of Andrew's gifts is that he has a photographic memory. He can name all of the Presidents in order and he can identify them by their faces. Andrew can draw the map of the United States corner by corner and label all the states and their capitals.

Andrew also likes to study anatomy and physiology. He can draw all the organs in a person's body; knows how they function and what they are for. It's no wonder Andrew's favorite subjects in school are Science and History. Andrew is also very good in math. He likes to learn the facts about things on his own with the use of his Ipad.

Andrew isn't much into reading fiction. He likes to find out facts and do research about a subject. He likes to sit for hours on the Internet looking for things to learn. He also likes to do artwork. Andrew lives with his mom and dad and two brothers. Jake is four years old and Matthew is eleven.

His favorite places to visit are Florida, Hershey Park, Washington D.C., and anywhere that they travel to as a family in their RV. He especially liked his trip to Washington D.C., where he learned a lot of factual things, but was disappointed that he didn't get to tour the whole White House.

Andrew's favorite sports activity is swimming. His favorite holidays are Passover and Christmas! His favorite food to eat is Nutella, and he loves chocolate milk. He is interested in map making and would also love to one day create his own video game. Andrew's thirst for knowledge always leaves him wanting to learn more. If he could have but one wish, he would love to one day meet the President of the United States.

As Ralph Waldo Emerson once said, "Knowledge comes by eyes always open and working hands; and there is no knowledge that is not power." Keep up the great work in school and at home Andrew. Stay as awesome as you are!



Andrew Bellonio

Attention Millstone, Creamridge and Allentown Parents

Allentown, Millstone, Creamridge, New Egypt, Upper Freehold, if you have a child that excels in school, loves doing extracurricular activities, (doesn't have to be a straight A student), please nominate him or her for our Millstone Times Student of the Month. Send me an email at crescent671@gmail.com.

LAW OFFICES OF JOHN T. BAZZURRO, LLC



I am proud to announce that
DAVID P. LEVINE, ESQ.
has become Of Counsel to the firm.

AREAS OF PRACTICE:

- Personal Injury
- Motor Vehicle Accidents
- Nursing Home Neglect
- Wills
- Municipal Court Practice, Including Defense of DWI, Traffic Tickets and Non-Indictable Offenses
- Workers Compensation
- General Civil Litigation
- Employment Law
- Residential and Commercial Real Estate Transactions

Certified by the Supreme Court of New Jersey as a Civil Trial Attorney
Member of New Jersey and New York Bars

200 Mecco Drive, Millstone Twp., NJ
Email: jtbazzurro@bazzurrolaw.com
732-410-5350 • www.bazzurrolaw.com

Do you have the right Automobile Insurance?

By John Bazzurro

In my day-to-day practice, I generally see two or three new clients per week that have been involved in automobile accidents. Unfortunately, about 90% of these people carry a policy of automobile insurance that does not allow them to sue for personal injury resulting from a motor vehicle accident. The purpose of this article is to educate the public with respect to its rights as they relate to automobile insurance policies and to inform the public of its options with regard to what type of car insurance they should obtain.

The State of New Jersey is one of many states that have a "no-fault" system of automobile insurance. This basically means that your own automobile insurance company pays your medical bills arising out of a motor vehicle accident regardless of who was at fault in causing the accident. In many states that have a "no-fault" system, there is generally a "tort threshold" in insurance policies or within the state's statutes. New Jersey is a state that contains a "tort threshold" in its statute. This is generally called the "verbal threshold" or the "limitation on lawsuit" threshold.

What does this "threshold" term mean as it relates to your rights as a citizen? Basically, because of this statute, in order to obtain damages for an injury from an injury sustained in a car accident, you must prove that your injury fits into one of several categories. Generally, in such cases which involve spinal injuries, an injured person must prove that they have a permanent injury to an organ or body part that "has not healed to function normally and will not heal to function normally with further medical treatment" before they will be entitled to money damages.

Insurance companies use the above statutory language in an attempt to convince a judge or jury that such injuries are not related to an accident and, even if such an injury was related to the accident, the spine now "functions normally." Oftentimes, juries "buy into" these arguments and refuse to find that a permanent injury has occurred. Once a jury reaches that conclusion, the injured party is not entitled to receive a monetary award even where the injured party has sustained rather significant life-changing injuries.

What can you do to protect yourself and your family against such an unfair outcome? Fortunately, in the State of New Jersey, you have a choice as to whether or not you want this "limitation on lawsuit" option to apply to your policy. Of course, it is better if this limitation does not apply to your policy. Unfortunately, you must pay an extra insurance premium to have this limitation taken off of your insurance policy. Once you pay the extra premium, the limitation described above will not apply to you or any family members living in your household.

If you do not know whether or not the "limitation on lawsuit" applies to your automobile insurance policy, please feel free to contact us so that we may advise you appropriately. If you do have this limiting option on your car insurance policy, we suggest that you immediately contact your insurance company or agent to have the limitation removed. Generally, the increased premium will be no more than a few dollars per month but will provide you with an unlimited right to sue in the event you are injured in an accident.

Should you have any questions with regard to the above or other questions concerning automobile insurance as it relates to personal injury law, please feel free to contact our office.

SHOWERMAN

of
New Jersey, Inc.



**15 Year
WARRANTY**
ONLY AT
SHOWERMAN

THE FRAMELESS SHOWER DOOR STORE



AWARD
WINNING
CRAFTSMANSHIP



NOT ALL SHOWER DOORS ARE "CREATED EQUAL"

\$100 OFF
\$1,000 or more

Must present coupon. Not valid with any other offer.
Expires 9.30.15

\$200 OFF
\$2,000 or more

Must present coupon. Not valid with any other offer.
Expires 9.30.15

Call & Ask For The Showerman
732-303-9044

The Galleria Shopping Center • 100 Rt. 9N • Manalapan

www.showerman.com

Ask about our *Starphire Crystal Glass* and
Showerguard Protective Coating at Showerman

Hours: Mon-Fri 9-5 & Sat 10-4

License # 13VH07021500 • Fully Insured

We Will Beat ANY Competitors Price!

Let East Coast Salt do the heavy work, from our warehouse to your basement.

EAST COAST SALT

**FREE
DELIVERY**

CALL TODAY FOR **FREE DELIVERY**

732.833.2973

621 Wright Debow Rd., Jackson NJ 08527

FAX: 732.833.4162 • www.eastcoastsalt.com

Toll Free: 1.888.273.1444



Receive
One FREE Bag
with order of
Sun Crystals
with Rust Remover

Cannot be combined with other offers and
a Minimum of 800 lbs on delivery only
Expires 9/30/15

**PICK UP
SPECIALS**
on products when
they are picked up



Like us on Facebook
for promotions





Avoiding Autumn Ouches

As the wind chills and the leaves begin to fall, our outdoor activities turn from yard maintenance to cleanup. And taking care of the clutter can be a physically challenging endeavor. There's the raking, mulching, wheel-barrowing and bagging of leaves, not to mention cleaning them out of your gutters.

The fall season can be one of the most dangerous in terms of injuries suffered while performing yard work. Consider the following safety tips from the American Academy of Orthopedic Surgeons to prevent injuries while performing yard work.

- Use a rake that is comfortable for your height, strength and physical ability. If you generally don't use your hands for manual labor, wear special gardening gloves or use rakes with heavily padded handles to avoid painful blisters.
- Wet leaves can be slippery, so be safe by wearing shoes or boots with slip-resistant soles.
- Do not overfill leaf bags, especially if the leaves are wet. Lifting too many leaves at once can cause back or neck injury, so be sure you can lift your bags comfortably before transporting them.
- Avoid throwing bags of leaves over your shoulder or to the side. The twisting motion required to do so places undue stress on your back.
- Make sure the engine is off and cool before you begin any maintenance work on your lawnmower, mulcher or leaf blower.
- Wear protective gear such as goggles, gloves, boots and long pants when mowing. Never mow barefoot or in sandals and always check areas for poison ivy, branches or other obstructions that could harm you or your mower.
- Never use your hands or feet to clear debris from under a lawnmower. Use a large stick or broomhandle instead. Also, never touch the blades with your hands or feet, even if the engine is off. The blade can still jar forward and cause serious injury.





Rich Daesener

has joined Prospect Mortgage!

World-Class Home Financing
in Your Backyard!



Experienced. Reliable. On Time.

Contact me today for all of your
home-financing needs!



Rich Daesener
(732) 740-1665

Loan Officer, NMLS #524597
Rich.Daesener@prospectmtg.com

www.myprospectmortgage.com/RDaesener

100 Horizon Center Boulevard, Suite #107, Hamilton, NJ 08691
Branch NMLS #1236557

Loan inquiries and applications in states where I am not licensed will be referred to a Loan Officer who is licensed in the property state. Equal Housing Lender. Prospect Mortgage is located at 15301 Ventura Blvd., Suite D300, Sherman Oaks, CA 91403, 800-464-2484. Prospect Mortgage, LLC, NMLS ID #3296, (www.nmlsconsumeraccess.org) is a Delaware limited liability company, licensed by the NJ Dept. of Banking and Insurance. This is not an offer for extension of credit or a commitment to lend. Rev 9.1.15 (0915-2363A) LR 2015-391

The Power of Color

If you're longing for a change but can't afford to remodel or buy new furniture, look no further than the paint department of your local home building store.



A new color scheme can transform a room. Paint is the least expensive — but not the only — way to achieve this transformation.

VERSATILE USES

A fresh coat of paint will breathe new life into your walls, for sure, but don't restrict yourself to only painting the walls. It is much less expensive to update old kitchen cabinets with paint than to have them refinished or to replace the doors.

For a custom look, paint the legs of your kitchen table and the chairs the same hue as the cabinets. Add chair cushions and a window topper in a coordinating fabric and your "remodel" is complete.

APPLIANCES

Old appliances that still work well but don't match one another can be painted as well. Most places that paint cars will paint appliances, too.

The front panel of many automatic dishwashers reverses to a different color. If the panel is damaged, you can spray paint it or cover it with fabric.

FABRIC

To change the look of a room without the trouble and mess of painting, use fabric. To instantly redecorate a kitchen, for example, change the curtains, spread a colorful cloth on the table, slipcover the chairs, and swap out the accessories with those in other rooms to complete the transformation.

If your dog rips the upholstery on your living room sofa, cover it with a slipcover. These are not cheap, but they are much less expensive than reupholstering or replacing your couch.

Slipcovers are available in a wide range of colors and styles. Most stores only carry a few styles, so you may have to look around a while until you find something that really complements your space.

BEDROOMS

A dramatic change can be achieved in the bedroom by dressing the bed and windows in a rich color that contrasts strongly with the color of the walls.

Match the bedding and window dressing to the walls for a calming, ultra-modern look.

A new look is as close as a length of fabric or a can of paint.

Dyer's Cabinet Shop, LLC

QUALITY KITCHEN & BATH CABINETRY



(609) 758-7574

FREE ESTIMATES

INSTALLATION SERVICES

FAMILY OWNED & OPERATED FOR 35 YEARS



415 RT. 539 CREAM RIDGE, NJ

Visit us at: www.dyerscabinetshop.com

Hours: TUES-FRI 9 - 5 PM • SAT 9:30 - 2 PM



BIG FALL SAVINGS

SAVE 50% OFF

on

Medallion
CABINETRY

SOLD



Century 21
Action Plus Realty
480 Route 33, Suite 2
Millstone Twp, NJ 08535
732-446-7476

BACK TO SCHOOL

NOW is the Time to Join Our Team of Professionals!
Ask Us About Our NJ Pre-License Real Estate Course Scholarship!
CALL US TODAY 732-446-7476



Celebrating 25 Years in Business!

#1 Century 21 Company in the NJ/Delaware Region!*



Beth Kimmick
Broker-Associate
Office Manager

 J. Collan Realtor	 C. Appice Realtor	 L. O'Rielly Realtor	 K. Lohkamp Realtor	 T. Trimarche Realtor	 M. York Realtor	 N. Indiero Realtor	 G. Barbita Realtor	 P. Tassone Realtor	 N. Bodkin Realtor	 V. Allicchio Realtor	 M. Naylor Realtor	 G. Febles Realtor
 S. Ragin Realtor	 D. Cain Realtor	 J. Carr Realtor	 P. Adamo Realtor	 P. Dona Guilliano Realtor	 A. Blalow Realtor	 S. Winfree Realtor	 R. Whetzel Realtor	 J. Clingerman Realtor	 P. Clingerman Realtor	 K. Jensen Realtor	 J. Floriano Realtor	 C. Metzger Realtor

Each Office is Independently Owned & Operated (*According to CENTURY 21, LLC Closed Statistics 2014 by AGC)



MORTGAGE CAPITAL PARTNERS

No Lender Fee*

EXPERTISE. RELIABILITY. RESULTS.



UNIQUE LIKE YOU
Our clients don't fit into a box and neither do their home mortgage needs. Many have different circumstances and are buying or refinancing unique properties that demand a different level of expertise.



IN HOUSE & SECURE
We process, underwrite, draw docs and fund your loan - all within our confidential, secure offices. The process can be done completely online or face to face. Your choice.



LOCALLY FOCUSED
We know your neighborhood and we know how to help you get your home financing done. We're licensed in New Jersey and have the experience you need to streamline the process and handle the curves.



Jason Levine, Managing Director/Sr. Loan Officer
(732) 972-8800 office • (732) 598-6525 mobile • (732) 972-8801 fax
JLevine@MCPBank.com • 218 Schanck Road, Freehold, NJ 07728



NMLS # 242784 Jason Levine

NMLS # 1161925 Mortgage Capital Partners



REAL ESTATE



494 Monmouth Road (Rt. 537)
Millstone Twp, NJ 08510
in Jade Plaza

Office 609-208-1800
Fax 609-208-1899

RE/MAX[®]
Homeland WEST



NEW PRICE

\$500,000 Millstone
Spacious Home Excellent Value



NEW LISTING

\$525,000 Millstone
Desirable Location 2.82 Acres



AVAILABLE

\$849,900 Millstone
Exquisite 6 Bedrooms 4+ Baths



NEW LISTING

\$334,900 Plumsted
Beautifully Maintained Ranch



AVAILABLE

\$739,900 Upper Freehold
Impressive Home-Golf Edge Estates



AVAILABLE

\$225,000 East Windsor
Lots of Character and Charm



UNDER CONTRACT

Millstone Township



UNDER CONTRACT

Millstone Township



UNDER CONTRACT

Millstone Township



UNDER CONTRACT

Freehold Township



SOLD

Millstone Township



SOLD

Millstone Township



SOLD

Jackson Township



SOLD

Millstone Township



SOLD

East Windsor Township



Gloria Streppone &
Barbara Clausen

Each office is independently owned and operate



REAL ESTATE



**BERKSHIRE
HATHAWAY**
HomeServices

New Jersey
Properties

#3 Agent company wide in 2014 out of 675+ agents

TheMerrittRealEstateTeam.com



Leaders in the REAL ESTATE Market

Berkshire Hathaway Home Services New Jersey Properties & The Merritt Team

The Real Estate Market has show great signs of recovery in 2015! Homes are selling fast and at great prices. With Over 42 Transactions Pending and Closed it has been a busy one as well! See how we are getting the job done better than anyone in the business, you wont be disappointed!

Call us today and let us show you how we are getting the job done in today's market!

AVAILABLE



10 HANNAH MOUNT DR, MILLSTONE TWP
\$974,950
www.10HannahMountDrive.com

AVAILABLE



10 CARRIAGE WAY, MILLSTONE TWP
\$574,950
www.10CarriageWay.com

ADULT COMMUNITY



10 HIGHT BLVD, HIGHTSTOWN
\$349,950
www.10HightBlvd.com

SOLD - WITH MULTIPLE OFFERS



2 AGRSS RD, MILLSTONE TWP
\$189,000
www.2AgressRoad.com

SOLD IN 66 DAYS



30 STEEPLE CHASE RD, MILLSTONE TWP
\$520,000
www.30SteepleChaseRoad.com

SOLD IN 46 DAYS



3 FOUNTAIN LN, MILLSTONE TWP
\$586,000
www.3FountainLane.com

SOLD IN 11 DAYS - OVER ASKING PRICE!



15 ROBBINS RD, MILLSTONE TWP
\$575,000
www.15RobbinsRoad.com

SOLD



180 STILLHOUSE RD, MILLSTONE TWP
\$370,000
www.180StillhouseRoad.com

SOLD



22 CHURCH ST, ALLENTOWN
\$335,000
www.MattNJHomes.com

UNDER CONTRACT IN 39 DAYS



14 SADDLE BROOK RD, MILLSTONE TWP
\$599,950
www.14SaddlebrookRoad.com

UNDER CONTRACT IN 84 DAYS



3 LEWIS CT, MILLSTONE TWP
\$539,950
www.3LewisCourt.com

UNDER CONTRACT IN 12 DAYS



8 MOUNTAINVIEW CT, MILLSTONE TWP
\$649,950
www.8MountainviewCt.com

MILLSTONE OFFICE | 222 Millstone Road, Millstone Twp. | Cell: 609-658-5916 | Office: 732-792-0352 ext. 113

FIND ME ON:

©2014 BHH Affiliates, LLC. An independently owned and operated franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Equal Housing Opportunity.

THEMERRITREALESTATETEAM@gmail.com



BERKSHIRE HATHAWAY
HomeServices
New Jersey Properties



\$1,249,000 MILLSTONE TWP.
www.17CrestCircleDriveClarksburg.com



\$1,150,000 MANALAPAN
www.VictorianHill.com



\$990,000 MILLSTONE TWP.
www.6MoonlightCourtMillstone.com



\$974,950 MILLSTONE TWP.
www.10HannahMountDrive.com



\$950,000 MILLSTONE TWP.
www.9FitzpatrickRunMillstone.com



\$849,900 MILLSTONE TWP.
www.8StoneTavernDriveMillstone.com



\$730,000 MILLSTONE TWP.
www.6ApplegateRoad.com



\$645,800 MONROE
www.1-Colonial-Ct.com



\$619,900 MILLSTONE TWP.
www.91ProdelinWayMillstone.com



\$559,900 MILLSTONE TWP.
www.3HogrefeWayMillstone.com



\$459,900 JACKSON
www.414ButterflyRoadJackson.com

**Listing & Sales Associate
for the Month of July 2015
MILLSTONE OFFICE**



Robin Cittone
REALTOR® - Associate
Office: 732.792.0352 ext. 104
Cell: 609.647.8659
Robin.Cittone@BHHSNJ.com
www.BHHSNJ.com/Robin.Cittone

SELLING YOUR HOME?

Introducing Our NEW Luxury Collection Home Marketing System



Exclusive New Jersey Alliance with
Berkshire Hathaway HomeServices
New Jersey Properties

LUXURY
Collection
HOME MARKETING SYSTEM

A New Level of Client Service where our
Traditions of Excellence and Integrity coalesce
seamlessly with our Advanced Capabilities, to serve
Your Home Selling needs in today's premier real estate market.

For an immediate home selling consultation, please contact your local Berkshire Hathaway HomeServices New Jersey Properties office.

MILLSTONE OFFICE | 222 Millstone Road, Millstone Twp. | **732.446.4959**

FIND US ON:



©2015 BHH Affiliates, LLC. An independently owned and operated franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Equal Housing Opportunity.



www.BHHSNJ.com

HOME IMPROVEMENT

Now's the perfect time to have your house washed and your windows cleaned!



THE COMPLETE EXTERIOR CLEANING COMPANY



Free Estimates • Fully Insured • Residential/Commercial
 Professional Window Washing In/Out
 Power Washing/Soft Washing (All Surfaces)
 Soft Wash Roof Cleaning • Gutter Cleaning • Iron/Rust Removal
 Awning Cleaning • Solar Panel Cleaning • Chandelier Cleaning

732-462-1187 • www.clearviewwashing.com

Now is the Time
PROTECT

FREE SPRAYING
with purchase of initial spraying!

Monthly Spraying Service • All Natural Formula
 Environmentally Safe • Harmless to Humans and Pets
 Money Back Guarantee • Residential and Commercial
 Owner Patented Product

NOT AVAILABLE IN STORES!

"We've gone from having 2 acres decimated by deer to having no problems whatsoever. This company stands behind its product & provides wonderful service. Worth every penny!" -Ernie J., Colts Neck



New Jersey Deer Control
Deer Repellent Spraying Service

FREE ESTIMATES | www.njdeercontrol.com | (732) 995-7264

RIEPHOFF SPRING SPECIALS

MULCH

**Triple Ground Clean Black
Hardwood Mulch**

\$21⁰⁰ per yard*
plus delivery

*Minimum 10 yards

**Triple Ground Clean Black
Dyed Hardwood Mulch**

\$27⁰⁰ per yard*
plus delivery

*Minimum 10 yards

RIEPHOFF SAW MILL

763 RT. 524, ALLENTOWN, NJ

609-259-7265

Hours: 7-3:30 Mon-Fri, 8-12 Sat

Moving one piece or a few, across town or in house, call...

The Moving Guys



Family And Corporate Movers

(732) 333-1800

240 Boundary Road, Marlboro, NJ 07746

529 Atlantic City Blvd, Beachwood NJ 08722

www.MovingGuysNJ.com | info@MovingGuysNJ.com

PACKING COUPON

1 Free Hour of Packing Labor Only
w/a 3-hour minimum, plus materials

With this coupon. Cannot be combined.
Coupon must be present at time of estimates.

BOX COUPON

5 FREE Wardrobe Boxes
with move of \$700 or more
to be brought out on day of move

With this coupon. Cannot be combined.
Coupon must be present at time of estimates.



MC# 696812 | DOT# 1967597 | NJ Lic #39PM00103100

DUSTIN'S

MECHANICAL • EXCAVATING • GENERATORS

HEATING & COOLING SERVICES

Heating & Air Conditioning Sales, Service & Installation
Annual Service and Maintenance Agreements Available

- Oil to Natural Gas Conversion ■ Hot Water Boiler Repairs
- Sales Service ■ Energy Efficient Equipment Upgrades
- Agricultural Heating ■ Generator

We Service All Makes & Models

**Call Today To Schedule
Your Service Or
Installation Appointment**

609-529-2505

Dustinmechanical@aol.com

www.DustinsMechanical.com

Get Your Home Ready For The Season

SAVE \$49⁰⁰

**on your Heating & Cooling
Check-Up & Tune-Up**

(new customers only, final cost \$100⁰⁰)

Includes:

- Check Condenser Oil
- Clean systems
- Test blower wheels
- Test Voltage and Amps
- Test Thermostat
- Check Freon
- Lube all mechanisms
- Test all operating pressures
- Test starter
- and more....

\$100⁰⁰ OFF the purchase of a whole house generator

\$20⁰⁰ OFF any heating or cooling emergency service calls



GENERAC

SALES & SERVICE DEALER

HOME IMPROVEMENT

PIROUETTE® WINDOW SHADINGS



All About Windows & Walls

In-Home Consultation, Installation and Measuring on All Purchases.

All About Windows & Walls
 Manalapan New Jersey
 Monday-Friday 10:00 AM -5:00 PM
 Night and weekend appointments available
 732-792-0470
www.allaboutwindowsandwallsnj.com

Time to decorate your windows for the holidays!

Save with mail-in rebates on a selection of stylish Hunter Douglas window fashions. Ask for details.

SAVE \$100* OR MORE WITH REBATES on qualifying purchases of Hunter Douglas window fashions.

HunterDouglas

SEASON OF STYLE event

SEPTEMBER 15 - DECEMBER 7, 2015



*Manufacturer's mail-in rebate offer valid for qualifying purchases made 9/15/15 - 12/7/15 from participating dealers in the U.S. only. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a \$2.00 monthly fee will be assessed against card balance 7 months after card issuance and each month thereafter. Additional limitations may apply. Ask participating dealer for details and rebate form. ©2015 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas. HOL15MB4

52842

POWER WASHING



Soft Wash House Washing

SAFE mold & mildew removal!
 We clean a variety of siding types!



Hot Water Concrete Cleaning

Like "NEW" Clean Concrete!
 Driveways, sidewalks, patios & more!



No Pressure Roof Cleaning

No more ugly dark roof stains!
 Amazing results! NO RISK of damage!



NJHIC #13VH05125700
 Licensed & Insured

Plus: Brick Pavers, Gutter Whitening!



\$25 Off Any Service(s) \$250 or more!

FREE Estimates! Contact Us Today!
609-738-3100 or InnovativeWash.com

Not valid with any other offers.

Planning for Fall Beauty in Your Garden and Landscape

For many of us, flowers bring to mind visions of summer in full bloom.

It's true that many annuals, perennials and groundcovers reach their peak beauty during the warmest months of the year. But there are abundant varieties of plants that put on a breathtaking display during the fall, either because they are late bloomers or else because their summer colors shift to other vibrant hues as winter approaches.

Knowing which plants provide such a late-season spectacle can help you to plan a garden or landscape that is still bursting with color and life long after the summer blooms have gone to bed.

FLOWERS

The green leaves of the willow blue star, a delicate perennial, turn golden towards the end of its life cycle. Cosmos will retain their colors, which may be pink, red, or white, from mid-summer through fall.

If you prefer yellow and orange flowers, consider the related yellow cosmos. Beautiful New York asters parade in hues of white, blue, purple, and pink, for weeks after summer's end. Boltonia, whose flowers resemble a daisy's, can bring late season clouds of white or pink to the border of your garden.

Showy stonecrop is another perennial that puts on a beautiful display in the fall, when its pink flowers deepen into crimson.

SHRUBS

There are several varieties of shrubs that put on a special performance in the autumn months. One of the Japanese barberry cultivars, known as Red Pillar, displays a mass of reddish-purple leaves late in the season. When these fall, you can see the red fruits on its branches.



The white fringe tree — which can be considered a large shrub — produces beautiful yellow foliage. When the American yellowwood loses its fragrant white flowers at summer's end, you can still look forward to its leaves turning a dazzling yellow.

The lush green of the oak-leaved hydrangea turns a deep red in autumn. If you're ambitious enough to plant trees for fall effects, consider the amur maple, whose green leaves turn orange or red in early fall, and kousa dogwood, a small tree that displays striking red foliage.

CONSIDER CLIMATE

Not all of the flowers, shrubs and trees listed here may be able to thrive amidst the climatic conditions that prevail in your area. The average low and high temperatures of the region should be taken into account before you choose any plants for your landscape.

Plant books and catalogs will contain recommended temperature zones for various varieties, but the most reliable way to assure yourself that the plants you introduce to your yard will survive beyond the first year is to take note of the kinds that are already thriving in your area.

Certain regions may be renowned for their fall foliage, but the truth is that nearly every locale boasts some varieties of plants that have something special to offer us late in the season.

AMERICAN GRANITE, KITCHENS, AND BATHS

FREE ESTIMATES

Serving New York • New Jersey • Pennsylvania



CALL
(732)
780-7601

GRANITE
as low as \$48 per sq ft.
Expires 9/30/15

FREE SINK
with any purchase of
\$2000 or more
Expires 9/30/15

56 Jerseyville Avenue, Freehold NJ 07728 • americangranitedesignstomc@gmail.com • http://americangranitedesignsinc.com

SUMMER HOURS:

Mon-Wed, Fri 8am - 4:30 pm
Thursday 8am - 7:30 pm
Saturday 8 am - 3 pm
Sunday Closed

Granite • Marble • Onyx • Soapstone • Tumbled Marble
Ceramic Tile • Caesar Stone • Silestone
Zodiaq Quartz • Cambria

HOME IMPROVEMENT

CONSULTATION • DESIGN • INSTALLATION

Roosevelt, NJ
732-939-2085
609-448-1108

Fall Is The Time For Seeding & Sod
Call Us Today

Dr. K's DesignScapes INC.

We don't build landscapes, we build "lifestyles"

CELEBRATING
23 YEARS



RUTGERS LANDSCAPE
ARCHITECTURE GRADUATE

Specializing In Fall Clean Ups

Fences • Powerwashing • Mulch



EXPERIENCED, PROFESSIONAL & INSURED!

- Paver Patios, Driveways, Walkways
- Retaining Walls
- Custom Pool Landscaping
- Full Landscape and Lawn Maintenance
- Lawn Care
- Fertilizing
- Weed/Pest Control
- Outdoor Living Spaces
- Waterfalls, Caves, Grottos
- Seasonal Flower Installation
- Trimming, Pruning
- Tree Removal
- Locally Owned

PEST# 50936B • HIC# 13VH07388500



CALL TODAY FOR FREE ESTIMATE • RESIDENTIAL & COMMERCIAL

JV PAVING LLC

ASPHALT PAVING • CONCRETE WORK

Professional Workmanship

- Driveways
- Resurfacing
- Extensions
- Repairs
- Sealcoating
- Parking Lots
- Belgium Block
- Drainage Systems
- Sidewalks
- Crack Filling

732-845-1440

COMPETITIVE DISCOUNTS
AVAILABLE NOW!

Lic. # 13VH06617300



30 Years
Experience!
Testimonials
Available

DRIVEWAY SPECIAL

\$200 OFF

Any Driveway
2500 Sq. Ft. or More

With coupon only. Must present
at time of estimate. Not to be combined.
Expires 09-30-15 NJSDG

QUALITY DOESN'T COST ... IT PAYS



BARRETT OUTDOORS DESIGN CENTER

Showcasing Deck and Patio Materials, Outdoor Kitchens & Furniture

Was your backyard everything you wanted it to be???

It's not too late!

"Don't wait anymore; have all your work done this FALL, so your family can enjoy your new outdoor living space all Spring and Summer long..."

"The comfort and warmth of a fire feature and outdoor heating allows your family to prolong the enjoyment of your outdoor living space"

"Stop by our showroom to see samples ,fine products and a free consultation."

**SONOS Sound Systems,
Bullfrog Spas & Fire/
Water Elements for
your Outdoor Space**

Barrett Outdoors has won many awards for decks and paver patios.



**COME SEE OUR
BULLFROG SPAS
HOT TUBS!**



**ALL HOMEOWNERS
AND
PROFESSIONALS
ARE WELCOME!**



proud member of



Since 1987, Barrett Outdoors has been the Premier Outdoor Remodeling Specialist in New Jersey.

Visit our Design Center for advice on:

- Award Winning Deck & Patio Custom Design Services
- Custom Decks & Patios – Trex, Cambridge & more
- Outdoor Kitchens; Appliances by Lynx, Twin Eagles, Alfresco
- Outdoor Furniture by Telescope, Trex Westminster Teak, & more
- Bullfrog Hot Tubs – the Best!
- Top Quality Outdoor Heaters
- Pavilions, Pergolas, Gazebos

LIC# NJ HIC 13VH04871400

MENTION YOU SAW THIS AD IN THE MILLSTONE TIMES AND RECEIVE A COMPLIMENTARY ONE HOUR CONSULTATION.

2 CONOVER ROAD, MILLSTONE TWP. (CORNER OF RT. 33) | 866-418-1891 | WWW.BARRETTOUTDOORS.COM

Call for your
FREE
Estimate on
Landscape &
Paver Needs



**PAVER /
HARDSCAPING
INSTALLATION**
• Walkways • Patios
• Outdoor Kitchens
• Fireplaces
• Retaining Walls
• Pool Waterfalls
• Landscape Lighting
• Asphalt Driveways

LANDSCAPE & TREE SERVICE

NJ Certified Tree Expert #541

We specialize in:

- **Tree Removal**
- **Tree Trimming & Pruning**
- **Stump Grinding**
- **Land Clearing**
- **Brush Chipping**
- **Storm Damage**
- **Backhoe Service**
- **Leaf Removal**
- **Cleanup**



BEFORE

**Custom Water
Features
& Water Falls**



AFTER

Complete Landscaping Services:

- **Organic Consulting**
- **Trees**
- **Plants & Flowers**
- **Disease Diagnosis**
- **Property Analysis**



Maintain the
Beauty and Safety
of Your Outdoor
Environment this Fall

732-792-2898

www.DSTreeServiceNJ.com

24 Route 9 • Morganville, NJ

License # 13VH04624600



**FREE
FIRE PIT
With New
Paver Patio**

Must present coupon at time of estimate
EXPIRES 9/30/15

**We are Competitively Priced
Family Owned for 15 Years**

HOME IMPROVEMENT

With a well-established presence in Monmouth County, PROSCAPE offers a wide variety of design and installation services while practicing modern and proven techniques in landscape management. Let our expert staff show you how quality and experience make the difference.

The ONE Source Solution!

Trust your lawn & garden to the PROS.



RESIDENTIAL & COMMERCIAL SERVICES INCLUDE:

Landscape/Hardscape Design & Installation

Ground Maintenance

- Weekly Grass Cutting | Fertilization
10 month installment plans on all contracts
- Weed Prevention Programs | Aeration & Seeding
- Top Soil | Sod Installation | Mulch | Stone

Six Step Fertilization Program

Outdoor Construction

- Paver Design and Installation
- Walkways | Walls | Patios
- Poolscaping | Retaining Walls | Mailboxes
- Concrete Set | Brick | Veneers
- Outdoor Kitchens, Fireplaces & Ovens
- Outdoor Lighting | Grading and Drainage

Spring & Fall Seasonal Clean Ups

- Trimming | Hedging
- Reshaping of Landscape Beds & Shrubs
- Tree Removal and Shaping

Snow Removal *Commercial only*

Please ask about any services not listed



Call today for a **FREE estimate!**

Ask about or Refer a Neighbor Bonus Plan

10% OFF
Any Paver Job

Must Mention Coupon
Expires 10/30/15



732-577-2524

Fully Insured • NJ Lic# 13VH00885600 • DEP Lic# 99199A

VISA MasterCard DISCOVER Credit cards accepted

Like us in Facebook and receive special discounts and promotions

Family Owned
& Operated

CARPETS TO GO

AMERICAS FAVORITE FLOORING STORE

CARPET • REMNANTS • RUNNERS • WOOD • VINYL

**Over 600
Carpet
Remnants
in Stock!**

WE PAD OUR CARPETS, NOT OUR PRICES!



1787 Rt. 9N
Howell, NJ

Across from Home Depot

NEW HOURS, Starting Sept. 1st:
Mon.-Sat.: 10a - 6p Su. 12p - 5p

**\$300
OFF**

Wood or Vinyl Plank

OF 500 Sq Ft
W/ INSTALLATION

or

750 Sq Ft CARPETING
W/ INSTALLATION

WITH COUPON

Expires 10/15/15 • Not Combinable

www.CarpetsToGoNJ.com

732-462-2420

CARPETS TO GO

OUTSIDE SALES REPRESENTATIVE POSITIONS

Monmouth, Ocean, Middlesex

If you are Hardworking, Ambitious, Ethical, and have a Positive Attitude, WE WANT YOU!



Gunther Publishing offers exceptional career paths and long term opportunities.

- VERY HIGH EARNING POTENTIAL
- BEST in MARKET COMMISSION and BONUSSES
- No Commute/No Office Hours

Work From Home – FT or PT
WORK-LIFE BALANCE GUARANTEED

Advertising Sales EXPERIENCE NECESSARY

Please contact: TMFT@optonline.net or (732) 995-3456



A GREAT TEAM TO WORK WITH!
Targeted Publications That Get Results

Movers and Shakers in New Jersey; Earthquakes!

By Susan Heckler

Movies are great entertainment and can actually be thought provoking. I recently enjoyed the movie San Andreas where “The Rock” saved his family from certain death caused by a massive earthquake from The San Andreas Fault in California. Great special effects and, leaving the theater, I thanked my good judgement to call New Jersey my home where it can never happen.

Or so I thought... One of our readers, who I affectionately nicknamed Earthquake Wayne contacted me and offered me information he has compiled over the years on the history of earthquakes in New Jersey!

Did you know that there have been 45 earthquakes in New Jersey since 1931, averaging one per year? The below information about some of the earthquakes felt in New Jersey was an eye-opener and an earth shaker:

- 1737, Damaging earthquake near NYC was felt throughout most of NJ
- 1755, Strong earthquakes off Cape Ann, Massachusetts
- 1783, Magnitude 5.3 is the largest recorded in New Jersey
- 1811-1812 New Madrid, Missouri area
- 1860 Riviere-Ouelle, Canada
- 1871 Wilmington, Delaware
- 1884 New York City
- 1886 Charleston, South Carolina
- 1895 Felt from Maine to Virginia
- 1921 Moorestown and Riverton were shaken moderately
- 1927 Highest intensity earthquake ever observed in NJ occurred on June 1, 1927, in the Asbury Park area
- 1933 Sharp jolt was felt over central NJ from Lakehurst to Trenton
- 1938 Central New Jersey was disturbed again by a shock somewhat stronger than the 1933 event. Four smaller shocks occurred on August 23rd and one on August 27th.
- 1939 Residents of Salem County were startled by earthquake
- 1951 Northeastern New Jersey experienced minor effects from an earthquake that was apparently centered in Rockland County, NY
- 1957 A shock affected west-central New Jersey, near the site of the 1895 earthquake
- 1961 In northeastern Philadelphia and adjoining portions of NJ and Pennsylvania residents were alarmed by loud rumbling sounds
- 1968 An earthquake measured at magnitude 2.5 occurred in Burlington County
- 1973 Most of New Jersey and adjoining portions of DE, MD, and Pennsylvania experienced a moderately strong earthquake
- August 26, 2003 magnitude 3.8
- February 3, 2009 magnitude 3.0
- August 2011 a Virginia earthquake was felt in New Jersey
- July 11, 2015 1.2 magnitude near Wanaque, NJ
- August 13 2015 Magnitude 2.7 in Bernardsville, NJ

The earthquakes we experience are in no way compared to those experienced in California and others of catastrophic proportions worldwide. Like anywhere else in the world, New Jersey has it faults.



Musicians On The Move

Piano - Voice - Guitar

Musicians on the Move offers professional music instruction in the convenience of your home!
We offer lessons in: piano, voice, electric guitar, and acoustic guitar

732.687.1141

www.musiciansonthemove.com

\$80 for Multiple Lessons

First four 30-minute lessons
or Two 60-minute lessons

New Students Only

Must Mention This Ad Expires 10/15/15



**FREE
Trial Lesson**

New Students Only

Must Mention This Ad Expires 10/15/15

Community YARD SALE

Sat., Oct. 3, 2015 • 8 am – 1 pm

Rain or Shine

Jensen's Deep Run Community Center

Coffee, donuts, hot dogs & soda reasonably priced.

Entrance on Route 537, opposite the Cream Ridge Pet Care Center.

Proceed to stop sign; parking lot is on right.

(Address: 20 Longview Trail, Cream Ridge, NJ [Plumsted Twp])



HALFWAY TO ST. PATRICK'S DAY

Saturday, September 19th

All You Can Eat Corned Beef & Cabbage – \$14.99
Irish Music • Yuengling Pints \$2.50

Try Our Chef's Specials:

Potato Leek Soup • Shepherds Pie • Fish & Chips • Irish Nachos



Easy Listening
Every Friday Night
with DJ Louie D.

Dining Out with your Pooch

Starting September 9th

You can bring your "pooch"
to dinner on the deck

After 4pm. Weather & Event permitting.

Well behaved dogs only. Thursday - Sunday ONLY.



\$10 OFF
Every Saturday in September

Dine-in and food only. 1 coupon per table.
Excludes Halfway to St. Patrick's Day
Good After 4pm.



RESTAURANT, TAVERN & CATERING

OUR PAVILION PUB OFFERS ALL OF
OUR CLARKSBURG INN FAVORITES!

609-259-2558

465 Stagecoach Road, Clarksburg, NJ

CLINTON, NJ A Quaint Town out of a Picture Book

By Pam Teel

What's the best time to discover this quaint town along the South Branch of the Raritan River in North Hunterdon County, NJ? Anytime! Any season. There seems to be something for everyone year round. The town was named after Dewitt Clinton, the sixth governor of New York City, who served from 1803 to 1815. He also served as a U.S. Senator.

Clinton was incorporated in 1865. It is best known for its two scenic mills that sit on opposite sides of the banks of the Raritan River. The Redmill, with its historic villages, include an old schoolhouse, log cabin, and gray Mulligan quarry buildings that date back to 1810. As a result of the famine in Ireland, enterprising young men made their way to America; among them was Francis Mulligan, who arrived in Clinton in 1840. He was followed by brothers Patrick and Terence. They worked at the quarry, which was then owned by the miller J. W. Snyder. The mill alone was sold in 1847 and the brothers seized the opportunity to buy up the quarry. The quarry buildings are still standing today. The Redmill was once a wool-processing mill. It was used for many things along the years but now is a historic museum that houses over 40,000 historic artifacts. During October, it transforms into a haunted mill attraction with plenty of scary things that jump out at you. That's not to say it doesn't have its share of real ghosts. It was even featured on an episode of Ghosthunters. The Museum hosts numerous special activities including educational programs, tours, concerts, living history reenactments, antique and craft shows, as well as popular annual events such as the Harvest Jubilee and the Haunted Mill.

Across the river lies the Stone Mill, which now is the home of the Hunterdon Art Museum for Contemporary Craft and Design. The stone mill was a former gristmill that was reconstructed in 1836 and operated for 100 years before closing its doors.

There is an antique iron bridge that was built in 1870 beside the mill where you can take in the view of the 200-foot wide waterfall that runs across the river. The Redmill is one of the most photographed treasures in New Jersey.

Main Street is lined with many specialty shops such as cafes, restaurants, art galleries, and more. Two great places to eat are the Fine Diner on Main Street, and for a more formal atmosphere check out the historic Clinton house, a premier

restaurant. It was once an established Inn dating back to 1743.

The town of Clinton lies in between two recreational areas. Spruce Run recreation area hosts a large lake where you can picnic, swim, fish, boat and camp in season. Round Valley reservoir has many walking trails, swimming beaches, fishing and boating. Boating is limited to canoes, kayaks, and motorboats up to ten horsepower.

Clinton is roughly eight and a half miles from the quaint town of Flemington. Both are beautiful historic towns with a great Main Street. Both towns represent small town America and make for a great Sunday drive!



The Red Mill on the banks of the Raritan River



Clinton House- a premier restaurant

Small Business Making a Big Difference Bringing Comfort to People and Pets Nationwide

By Pam Teel

In 2010, Millstone resident Jessica Mashkevich created a small business in town called Kona Benellie Designs. While taking care of a family and a fulltime job, she did what she needed to do to bring her ideas to the public. With a scissors in hand and a low starting budget, she started to make her dreams come true. Her first endeavor was creating the Throwbee blanket.

The throwbee blanket is a poncho style blanket that you wear on you to keep warm. It can be worn indoors or outdoors. It's great to wear at a sporting event, when you know it will be cold outside. It was showcased on the QVC channel and is sold on Amazon and at the Kona Benellie website. Jessica's newest invention, the 4-in-1 Omni-robe is the first and only 4-in-1 luxury robe that converts to four different styles to meet all your needs. (You can view an Omni-robe demonstration on their website)



It was rewarding to Jessica to bring such comfort to people nationwide, but she didn't stop there. After visiting a local animal shelter in 2014, it distressed her to see that the animals didn't have any warm cuddly blankets to lie on and keep them warm. Most of them were lying on the cold concrete floor. After discovering that blankets were at the top of animal shelters wish lists Nationwide, Jessica decided to do something about it. From that day on, for every purchase of one of her items, Jessica donated a new blanket to a dog shelter.

Jessica can proudly say that she has already been able to deliver thousands of new blankets nationwide to rescue centers and shelters all over the country. "My company and my customers can help change the world," Jessica stated. "We have great products and a great mission. Even a small business can make a difference.

We hope to inspire others to 'do good' as well.

Jessica was recently presented with the "Circle of Excellence Award" by the Greater Monmouth Chamber of Commerce. This award recognizes outstanding community enrichment through service, leadership, and achievement.

Jessica also teaches hands on kindness to children by including them on 'Giving trips' to animal shelters and by setting up special projects in school where children can make special dog toys to bring to the shelters. Kona Benellie's business model of giving back has been featured on the Today Show, QVC, in the Pet Business Magazine, the Parade Magazine, and more. Their business model has inspired other small companies to give back.

Their most recent 'giving trip' was attended by Beth Stern, wife of radio legend Howard Stern. Ms. Stern is a passionate animal advocate. Blankets were donated to the North Shore Animal league in Port Washington, NY. Jessica's generosity has provided blankets for pets from coast to coast.

Kona Benellie is always looking to work with great people, companies, and retailers, to help make a difference in the life of a shelter dog as they await their forever home. You can contact Jessica at (973) 420- 2442.

For more information, visit the website at: www.konabenellie.com or www.facebook.com/konabenellie



POOL SERVICE AT ITS BEST

Calabreeze Pool Service, Co.

27 Years of Service Experience

434 W. Commodore Blvd. • Jackson, NJ

732-928-8200 • 732-240-5540

www.calabreezepoolservicenj.com • Email: CalabreezePools@verizon.net

Lic # 13VH07669500

Pool Closings • Pool Openings • Service • Repairs

Weekly Maintenance • Pool Refurbishings

Electronic Leak Detection • Pressure Testing Pool Lines

Pool Inspections

Everything You Need to Make Your Pool Season a Breeze

\$500 OFF
Aquaguard
Coating
Expires 9/30/15

NOW
SCHEDULING
POOL CLOSINGS
Call Early For
Desired Date

\$ Refer a Friend \$
GET A \$30 SAVINGS VOUCHER
Spend it Any Way You Like!
NEW CUSTOMERS ONLY



\$150 OFF
ABOVE GROUND
POOL LINER REPLACEMENT
With this coupon. Coupon must be presented at time of contract signing & cannot be used anytime after. Cannot be combined with any other offers.
Expires 9-30-15.

\$250 OFF
INGROUND POOL
LINER REPLACEMENT
With this coupon. Coupon must be presented at time of contract signing & cannot be used anytime after. Cannot be combined with any other offers.
Expires 9-30-15.

LINER/COVER COMBO
10% OFF
IF PURCHASED TOGETHER
Includes **FREE** Pool Closing
With this coupon. Coupon must be presented at time of contract signing & cannot be used anytime after. Cannot be combined with any other offers.
Expires 9-30-15.

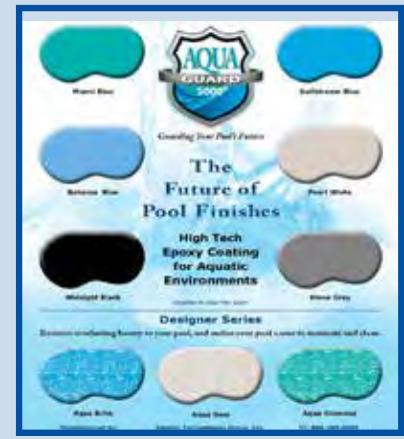
Introducing Our New Liners by Merlin Industries

 Anchor Bay Tile Miramar Bottom	 Cocoa Beach Tile Miramar Bottom
 Coronado Tile Silver Beach Bottom	 Cove Island Tile Silver Beach Bottom



AquaGuard 5000 pool refinishing is the #1 product for restoring swimming pools and spas. NOT PAINT NOT STAIN AquaGuard is a superior high performance epoxy pool coating. It is the highest state of the Art epoxy coating and pool resurfacing material for concrete & Fiberglass surfaces.

- ♦ High Performance Epoxy Coating
- ♦ Lasting Smooth Finish
- ♦ Algae Resistant
- ♦ Stain Resistant
- ♦ No More Leaks
- ♦ Easy Start-Up
- ♦ Colors will not Fade
- ♦ No more Cracks
- ♦ 10-Year warranty



BEFORE AQUAGUARD **AFTER AQUAGUARD**
Exclusive installer and the ONLY CERTIFIED INSTALLER, DEALER AND DISTRIBUTOR IN NEW JERSEY NOT ONLY FOR POOLS INCLUDES CONCRETE DECKING CONCRETE FLOORS AS WELL AS CONCRETE AND FIBERGLASS SURFACES.

Allentown Borough Environmental Commission

Allentown Borough Environmental Commission has received a \$750 grant from the Association of New Jersey Environmental Commissions (ANJEC) for open space stewardship according to Greg Westfall, Chairman. ANJEC is a statewide organization that provides leadership, education, and support for environmental commissions and other local boards and public officials. The Allentown Environmental Commission's mission is to promote and enhance the environmental quality of the Borough through natural resource protection, conservation, development, and education.

The project application was supported by the Mayor and Borough Council. The grant will be used for tree planting at the Historic Episcopal Cemetery and Heritage Park in Allentown. Project partners include Allentown High School FFA, Boy Scouts Pack 180, Allentown LIONS Club, Allentown Garden Club, and The Allentown Village Initiative. The tree planting initiative will have a positive impact on the recreational and picnic areas in Heritage Park and the Historic Episcopal Cemetery by providing shade, filtering and cleaning the air, reducing potential stormwater runoff and improving the overall environmental benefits of these open spaces. Tree planting will take place in the fall at a date and time to be announced. For further information or questions on the project contact 609-259-6344.

honor
yoga

An eco & beginner friendly yoga studio

honor your mind
honor your body
honor your self



BEGIN YOUR YOGA JOURNEY WITH US

Start Your Fall Yoga Journey With Us - New Workshop
Tuesdays, September 8th, 15th, 22nd and 29th
from 6pm to 7pm

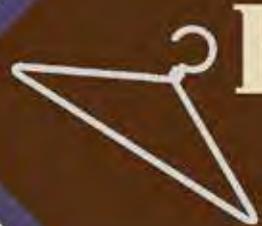
Register early and get 2 free weeks of yoga

Learn basics of yoga philosophy, sun salutations, standing poses, and gentle backbends. You will also be taught how to modify with straps and blocks so that you can confidently attend mixed level classes while keeping yourself safe. Class size is limited allowing for lots of individual attention and questions.

Gedi Plaza | 490 Route 33 | Building 2, Suite 6
Millstone Township, NJ 08535

judy@honoryoga.com | 732-851-7800

www.HONORYOGA.COM



BRIDGE CLEANERS & TAILORS II



Going to the
DRY CLEANERS



WE PICK UP & DELIVER!



Brian Carson, Owner

\$25.00 OFF

your first dry cleaning order

Mention this offer from
The Millstone Times

\$15.00 OFF

your second dry cleaning order

Mention this offer from
The Millstone Times

WE PROVIDE SERVICES TO THE FOLLOWING TOWNS:

MILLSTONE, CLARKSBURG
PERRINVILLE, ROBBINSVILLE,
ALLENTOWN, CREAMRIDGE,
EAST & WEST WINDSOR, CRANBURY,
LAWRENCEVILLE,
SOME PARTS OF JACKSON

THE DARK ACT

Why is the Government making decisions for us that we should be making ourselves?

By Pam Teel



This past July 23rd, the United States House of Representatives voted to pass the so called Safe and Accurate Food Labeling Act of 2015. Better known as the Dark Act, (Deny Americans the right to know) this bill must still be taken up by the Senate. The passing of this Bill would negate all existing and future GMO labeling at State and local levels so that the consumer will not be able to make any informed choice as to what they are eating as well as eliminating numerous non- Federal laws regulating genetically engineered crops. If passed by the Senate, the Dark Act would:

- Preempt State and local laws regarding the production and sale of GMO crops, not just the labeling of GMO foods.
- Eliminate GMO free zones. Unfairly burden traditional farmers and food producers to label their food as GMO-free, requiring certification from the pro- GMO USDA.
- Muddy the food definition of "natural" allowing companies to make 'natural' claims on packaging even if the food contains GMO's. Allow dairy products from animals fed with bioengineered food and foods developed using bioengineered processing aids or enzymes, to still be labeled as non- bioengineered.

Touted as a means of ending confusing patchwork of GMO labeling laws, the Dark Act is really nothing more than a camouflage for the removal of Americans rights to know what is in their food and drink.

More than 90 percent of Americans have demanded mandatory GMO labeling with some states fighting independently and winning, yet Congress has ignored this overwhelming support of the people to demand clear GMO labeling. In recent weeks, major broadcast networks and primetime cable news programs have completely ignored the debate and passage of this house bill that would block states and the FDA from requiring GMO labeling. The bill would not only prevent states from implementing mandatory GMO labeling but would also complicate the process for any food manufacturer to voluntarily label GMO foods, possibly delaying the voluntary labeling for years. The real intent of this bill is to stop both mandatory GMO labeling and voluntary non-GMO claims, thus ending all claims related to genetically modified ingredients. This bill could reverse such states like Vermont's, Maine and New Hampshire's mandatory GMO labeling law.

Congressman John Conyers criticized the lack of news coverage on this issue saying that the people deserve to know what's in their food but that a lack of media attention means that most Americans have been denied basic information about the debate in Congress. He goes on to say that it's time for our nation's major news organizations to shine light on sweeping change to our food system. Guess what, it's not going to happen, since big business owns much of the news media. You see what they want you to see on the news and they will continue to go on sneaking bills such as this one right under your nose. It's up to all us to spread the word about GMO's. Social media is one way of doing so. By this time everyone in the United States should know what genetically engineered food is all about but they don't. It's time to spread the word and educate them.

Wenonah Hauter, executive Director of the nonprofit Food and Water Watch has called this bill "Monsanto's Dream Bill, because it affects agricultural production as well as labeling, expands the definition of the word natural to include GMO ingredients and would weaken efforts by nonprofits like non-GMO Project to establish strict guidelines for labeling of GMO free products. This bill would make it effectively impossible for America to enact the same kind of mandatory GMO labeling that exists in 64 other nations – and it would overturn existing GMO labeling laws in states like Vermont, Connecticut and Maine.

H.R. 1599, which passed the house on July 23rd, will now be headed to the Senate for a vote. You can count on it being fast tracked. There's still time for us to make our voices heard. Go to: <http://signforgood.com/stopthedarkact/?code=EWG> and sign the petition or type in (How to Stop the Dark Act Petition.) The main thing is to let Congress know you are against HR1599. We need to take back our voice in Government before it's too late.

Custom Invitations & Announcements

Holiday Parties
Themed Birthday Parties
Sweet 16
Communion/Confirmation
Bar/Bat Mitzvah
Wedding
Save the Date
Birth Announcement
Ceremony Programs
Stationery
New Address — Just Moved
Thank you's



**FOR ALL YOUR
DESIGN & MARKETING NEEDS**

609.658.6864

graphicsstudio@aol.com

<http://thegraphicsstudio.wix.com/mindy>

*Mindy does great work! As a client of hers...
I highly recommend her!*

~Cami Gunther



Easily adjustable bracelets with charms that let a woman show how she feels, what she believes in, and who she is.

- Gives back \$.25 of each bracelet to Generation Rescue.®
- Designed and manufactured in the USA.
- Features unique designs.
- Uses only recycled metals.

Available at...

GOLD-N-TIME
FULL SERVICE JEWELERS



STOP & SHOP SHOPPING CENTER
700 TENNENT ROAD, MANALAPAN 732-536-6020

PUMPKIN BREAD

For the Fall Season

When fall arrives and pumpkins galore pop up from the ground, it's time to think about making this nutrient rich vegetable part of your diet if you have not already done so.

Pumpkins contain important nutrients such as calcium and potassium, and this orange colored gourd contains a high amount of Vitamin A that contributes to good vision and healthy skin.

Pumpkin pie is a common dessert served for Thanksgiving, but if you like bread more than you like pie, you may want to serve pumpkin bread instead.

INGREDIENTS

1 1/2 c. sugar
 4 egg whites
 1/2 c. canola oil
 7 1/2 oz. canned pumpkin
 1/3 c. water
 1 1/2 c. flour
 1 tsp. baking soda
 1/4 tsp. baking powder
 1/2 tsp. salt
 1/2 tsp. cinnamon
 1/2 tsp. nutmeg
 1/2 tsp. allspice

To make pumpkin bread, simply mix the sugar, egg whites, canola oil, canned pumpkin and 1/3 cup of water together in a bowl until all the ingredients are well integrated.

Add the flour, baking soda, baking powder, salt, cinnamon, nutmeg and allspice and stir to blend.

Pour the mixture into an 8- by 11-inch greased baking pan and let the bread cook in a preheated 350-degree oven for 50 minutes, or until a toothpick comes out clean after inserting it into the center of the bread. Since pumpkin bread has a subtly sweet flavor and can pass for cake as well as bread, enjoy this delicious treat before or after dinner. Spread cream cheese on pumpkin bread for additional flavor. Press chopped walnuts into the cream cheese for more texture.



Multiple Policies. One agent.



I can help you save time & money.

One agent for all your insurance needs saves time. And Allstate's multi-policy discounts are an easy way to save money. For affordable protection for your car, home, boat, motorcycle and more, call me first.

Sharer & Associates Inc
732-446-4919

500 State Route 33
 Millstone Township
allstateagencies.com/donnsharer



Allstate
 You're in good hands.

Auto Home Life Retirement

Insurance and discounts subject to terms, conditions and availability. Allstate Property and Casualty Insurance Company, Allstate Indemnity Company, Allstate Insurance Company, Allstate Vehicle and Property Insurance Company: Northbrook, IL. © 2010 Allstate Insurance Company

62173

HARVEST FEST

OCTOBER 17, 2015

FALL

12:30 – 3:30 PM

FUN

RAIN DATE – OCTOBER 18, 2015

Face Painting



PUMPKIN PATCH

Arts & Crafts

Displays

PETTING ZOO

Games

Hay Rides

FOOD

HISTORIC HOUSE TOUR

Free pumpkin and house tour with \$5 admission.

The Baird Homestead

24 Baird Road, Millstone, NJ

Friends of Millstone Twp. Historic Registered Properties

Millstone Twp Historic Commission & Millstone Twp Agricultural Council

www.mtfriendsofhistory.org



TADPOLE VILLAGE PRESCHOOL at Frogbridge



REGISTERING FOR 2015-2016!

State-of-the-art Preschool Located In Beautiful Millstone Township

- NJ State Liscensed
- Certified & Experienced Teachers
- Excellent Teacher Student Ratio
- Ages 2 ½ - 6 years
- Kindergarten & Kindergarten Enrichment
- Mommy & Me & Transitional Mommy & Me
- Mornings, Afternoons or Full Day Classes
- Heartwarming Performances & Seasonal Celebrations
- State-of-the-Art Facility Equipped with Security Cameras and Monitors
- Caring and Nurturing Environment
- Smart Boards
- Special Events
- Spanish Classes
- Music Program
- Computer Lab
- Fitness Program
- 6,000 sq. ft. Gymnasium
- No Need to Be Potty Trained
- Morning Care Available
- Extended Care Option

**PRIVATE
TOURS
Available
Daily**

FOR A TOUR, CALL OUR DIRECTOR DR. LISA POLVERE

609-208-2114 • 732-786-9050

7 Yellow Meeting House Rd. Millstone Twp. NJ 08510 ~ TadpoleVillagePreschool.com

SEPTEMBER

2015

Keep Your Parents Busy

Mega Model Trains
Morris Museum
6 Normandy Heights Rd
Morristown, NJ

Ghost Tour of
Ocean City, NJ
8pm

Hoboken Italian Festival

Delaware Valley Bluegrass
Festival 2015
Woodstown, NJ

BBQ & Beerfest
Monmouth Park Racetrack

19th Annual Air Fest
in Cape May

Blue Block Party at
Liberty Science Center

Beyond Planet Earth
Liberty Science Center
222 Jersey City Blvd
Liberty State Park,
Jersey City, NJ

Sounds of a Summer Night:
Massive Reggae Band in
Union

Elemental Fusion Fest
Rickey Farm
Vernon, NJ

Asbury Park Oyster Fest,
Carousel Lot Asbury

Ocean Grove
Giant Fall Flea Market

Redbank Street Fair &
Evita at
Count Basie Theater

Outdoor Living & Wellness
Festival Verona Park,
Verona, NJ

U pick Pumpkins at
Oasis Family Farm
3 Circle Dr.,
Robbinsville, NJ

Grow, Cook & Eat Melons
at Frelinghuysen Arboretum
353 East Hanover Avenue
Morristown, NJ

Movie
Meet the Patels
opens!

Kids Night Out 6-9pm
New York Sports Club
for Kids
39 W. Northfield Rd.
Livingston, NJ

Belmar Streets of
San Gennaro &
Thomas & Friends™
TWO SHOWS:
12 p.m. or 3 p.m.
AT iPlay

Family Fun Day at
Hoboken Historical Museum
1301 Hudson Street
Hoboken, NJ

Movie
Attack on the Titans
opens!

Sesame Street Live at
Mayo Performing
Arts Center
100 South Street
Morristown, NJ

Freehold Raceway Mall
Art/Craft/Gift FAIR 2015

Celebrate Fashion Week at
Children's Museum of the
Arts Anna DuBose
New York, NY

WPST Presents
Connection Beyond
Live with
Medium Marisa Liza Pell —
7:30-9 p.m.
at iPlay

Carnegie Center Run for
Parkinson Alliance
101 Carnegie Center Drive -
Parking Lot 101 Carnegie Center
Drive Princeton, NJ & Branford
Marsalis joins The NJSO joins
the NJ Symphony Orchestra
at the State Theater in
New Brunswick

Golden Dragons Acrobats
at Count Basie Theater

Raritan River Festival
12:00 pm - 6:00 pm
Boyd Park, Rt. 18,
New Brunswick

Movie
The Iron Giant
opens!

Tears For Fears Concert
at Count Basie Theater

Please check with all venues to confirm dates and times in case changes were made after print.



A Smile Lasts Forever...

Jerry N. Falk, DMD
Allyson K. Falk, DDS
Family, Cosmetic & Implant Dentistry

• • • • •

Orthodontics for Children & Adults
Victor Kong, DDS, MS

Specialty License #5544

- Invisalign Certified
- Comprehensive & Minor Treatments
- Major Insurances Accepted
- Interest Free Payment Plans

Please call for a free, no-pressure consultation.

609-259-3250

15 Carrs Tavern Road • Clarksburg-Millstone Township

Join The Millstone Times
at the 5th Annual Ride for the Cure
on September the 13th at The Horse Park of NJ.

More than an equestrian event, this is a family
fun day featuring "Vendor Row" with shopping
& activities, food trucks and more!

www.komencsnj.org/ride



**Susan G. Komen Central and South Jersey
Race for the Cure**

Sunday, October 4, 2015
Six Flags Great Adventure

Walk or Run at our signature fundraising event and join
in our mission to end breast cancer forever! Together we
celebrate breast cancer survivorship and honor those who
have lost their battle.

For more information or to register as
an **individual, team, or volunteer**, visit:
www.komencsnj.org/race



*Team Captain Handbook and
Fundraising Tips available online!*

2 Princess Road, Suite D, Lawrenceville, NJ 08648
(609) 896-1201 www.komencsnj.org

**Use Your Common "Cents"
and Call
to setup an appointment**

*Days, Evenings & Weekends Are Available!
At Your Home, At Your Convenience.*

KENNETH R. DEITZ
Certified Public Accountant

Email: deitzfreeholdcpa@gmail.com

Phone: (732)780-3665 or (908) 415-8367

Fax: (732) 780-4402

www.kendeitzcpa.com

*Covering Freehold
to South Amboy*

Authorized IRS E-File Provider

Major Credit Cards Are Accepted



Let Me Shake Your Hand... Again, Sophia Schindel

By Susan Heckler



Being a kid in the suburbs is a full time job. They have the requirements to meet in school, responsibilities at home, sports commitments, family time, social life... it can be exhausting. For most kids, they have trouble juggling just living their life.

And then you have the child that finds the time in her day and the room in her heart to reach out and change someone else's life. Twelve year old Millstone Township resident Sophia Schindel is going into 7th grade and plays basketball and lacrosse on competitive teams. She is an active member of her local Girl Scout troop. Somehow, after successfully doing all this she also has the time to volunteer to assist the Special Needs Girl Scout Troop in Millstone.

You may remember that last year Sophia got involved with the American Girl Fashion Show to raise money for Special Olympics. The event raised over \$22,000 and Sophia alone raised \$3,600. Once again, she is involved as an Ambassador, a model and a fundraiser. So far she is the number one fundraiser and has raised \$5,500. She will keep raising money until the event on October 18th.

According to their web site, "Special Olympics helps individuals with intellectual disabilities overcome barriers through sports." Special needs athletes are empowered to reach and exceed their personal best playing on a sports field and in life.

If you are interested in donating, attending or just getting involved, you can get information at <http://sonjamericangirl2015.kintera.org>



Be Bold!
Be Beautiful!
Be Younique!

Jackie Berman | 732-610-1567
www.youuniqueproducts.com/TheUltimateLash

Have you heard of our... 3D Fiber Lash Mascara?




Non-Damaging, Hypo-Allergenic,
Mood-Altering Lashes in a Tube



Temple Shaari Emeth
Parent & Me Classes
Preschool • Kindergarten
Friendships begin here and last a lifetime
Craig Road • Manalapan • shaariemeth.org

- Calm & soothing environment
- Affordable, nonprofit school
- Intro to child's Jewish heritage
- Warm, friendly clergy and staff
- Children's Shabbat services
- Interfaith families welcomed

Temple Shaari Emeth
400 Craig Rd. • Manalapan, NJ 07726 • (732) 462-7744

**FREE Introductory
Parent & Me Class.**
No obligation.
For a tour call Jayne
732-462-3264
shaariemeth.org

Parents, grandparents and children all make new friends. Call Jayne or email jjieberman@shaariemeth.org

 Like us on Facebook

2015 Combined Driving

TAILGATE PARTY

Sunday, September 27, 2015 9am – 1pm

Fundraiser
for
Horse Park
of
New Jersey



The Garden State Combined Driving Event

GET UP CLOSE AND PERSONAL AT THE WATER OBSTACLE - Enjoy the view of the competition from your Tailgate Spot!

RESERVE YOUR TAILGATE SPOT TODAY! SPACES ARE LIMITED - At the Horse Park of New Jersey • 626 Route 524, Allentown, NJ 08502

SATURDAY, SEPTEMBER 26, 2015

Dressage - Beautiful horses, gleaming carriages, skilled drivers show in the formal, set pattern of the Dressage test. The test displays the horse's natural movement and training as well as the driver's skill in balancing brilliance and steadiness. These are the building blocks that make the precision of obstacles and excitement of cross country driving possible.

Cones - Precision is the word here as drivers wind through a course of tightly spaced cones trying for the elusive 'clear' round. It's not an easy task with just inches to spare between the cones and wheels and an aggressive time to meet. Touch the cone and the ball falls, earning penalties that can lose the competition.

SUNDAY, SEPTEMBER 27, 2015 – TAILGATE PARTY

Marathon - Sunday is the third phase of our versatility test, the exciting and challenging marathon. Here drivers face a cross-country course with required paces over varied terrain. In the final section, drivers need all their skill to guide their horses through the tough cross-country obstacles in the best possible time while avoiding costly course penalties. There are penalties for being too long on course and for every second spent in the obstacles

For More Information: Contact AprilSette@gmail.com or 609-516-9306



It's not just day camp...
IT'S FROGBRIDGE!

**Private
 Tours
 Available
 Daily**



**Special
 Discount for
 Central Express
 Bus Option**



**Call to Register:
 609-208-9050 • 732-786-9050**

Air-conditioned Door-to-Door Transportation ■ Hot Lunch ■ Towel Service - Bathing Suit Laundering
 67,000 sq. ft. of air-conditioned Indoor Space, 86 Acres of Fun, Indoor Gymnasium, "Windows on the Water" Dining Room & Patio, Dance Studio, 15 Craft Studios, Computer Center, Drama & Theatre, Large Heated Swimming Pools, Wading Pool, Three Lakes for Boating & Fishing, Bumper Boats, Rock Climbing Tower, 250 foot Ziplines, Music, Frisbee Golf, Ultimate Frisbee, Lacrosse, Cheerleading and Laser Tag, Low & High Ropes Course, Toad-ally Tubing, Go-Kart Track, Five Baseball & Softball Fields, Golf Driving Range, Football Field, Horseback Riding, Roller Hockey Rink, Four Tennis Courts, Outdoor Basketball Complex, Beach Volleyball, GaGa, Miniature Golf, Mini Basketball, Kickball, Gameroom, Gymnastics, Bonzi Ball, Three Soccer Fields, Handball, Archery Range, Little Fenway Wiffle Ball Stadium, Bocce/Horseshoes, Tadpole Playground, Bungee Trampoline, Ribbits Ice Cream Parlor, Frogarita's Frozen Smoothie Oasis, "Aqua" Dance Club and so much more!

7 Yellow Meeting House Road, Millstone Township, NJ 08510 ~ www.frogbridge.com

Specializing in ALL TYPES OF FENCES

Vinyl • Aluminum • Custom Wood
Chain Link • Railings & Guard Rails



Classic
FENCE & LANDSCAPE

Other Services Provided:

- Spring Cleanups
- Sod • Mulch & Stone
- Natural Fence Lines

FREE DELIVERY
SHEDS & SHED PADS

ClassicFenceNJ.com

10% OFF ANY JOB

Not valid with any other offer.
Expires 10/1/15

Fully Insured
LIC # 13VH06585500

FREE ESTIMATES 732-409-7098



Hoping that Showplace Remains a Showplace

By Susan Heckler

In the end of July, word spread that the magnificent Showplace Farms on Route 33 in Millstone would be closing its doors and the property would be sold for development effective October 1, 2015. Those 150 acres of scenic horse farm that takes your breath away each time you drive by was projected to be mixed housing and commercial to add to the long line of existing strip malls that line the State Road.

Shortly after the announcement, I met with State Assemblyman Ron Dancer with a concerned citizen, Manus Mullanaphy, in the legislative offices. We discussed what a tragic loss this would be to the community as well as the importance the Equine Industry is to our state. Our government needs to protect it to keep the 120,000 jobs in New Jersey as well as the preservation of the 170,000 acres of working horse farms. The Showplace Farms facility covers over 150 acres in Millstone Twp., and includes racetracks, a therapy swimming pool, paddocks and a blacksmith shop. Since opening in 1979, it has been the venue for many of the nation's most successful race horses and trainers.

Assemblyman Dancer, who comes from generations of equine enthusiasts, moved swiftly into action. I received a press release days later that he and Assemblyman Rob Clifton have been in active communications with the owners of Showplace Farms with the hopes of preserving it for posterity.

"Every effort must be made to preserve Showplace Farms for open space and maintain its beautiful landscape," said Dancer. "We are not only losing over 100 jobs with

the Farms' closing and the relocation of over 400 horses to out-of-state equine facilities, but we are concerned about the possibility of the grounds being sold for development. I am encouraged by our initial meeting with the owners' representative of Showplace Farms as well as local and state officials to find a way to protect this land."

Dancer and Clifton were joined at the first meeting by Mr. Howard Schoor, representing the owners of Showplace Farms and officials from the state, county and local levels, including: Patricia Butch of Monmouth County Agricultural Development Committee (MCADC); Nancy Grbelja of Monmouth County Save The Horse Committee; and Amanda Brockwell of Monmouth Conservation Foundation. The Monmouth Conservation Foundation, a nonprofit conservation organization, will assist to facilitate the preservation process.



A second meeting August 18 was attended by our elected officials, Amanda Brockwell of Monmouth Conservation Foundation, Patricia Butch of the MCADC, Jena Cosimo of Monmouth Conservation Foundation, Bix Dimco,

Manager of Showplace Farms, Dennis Dowd, attorney from Santoro & Santoro for the potential purchasers, Nancy Grbelja of Monmouth County Save the Horse and former Millstone Mayor, Harriet Honigfeld, Coordinator of the Monmouth County Farmland Preservation Program, Dan Knox of the SADC, Edward Santoro, attorney with Santoro & Santoro, Tom Luchento, President of the Standardbred Breeders & Owners Association of New Jersey, Barbara Schoor representing ownership of Showplace Farms as well as Howard Schoor.

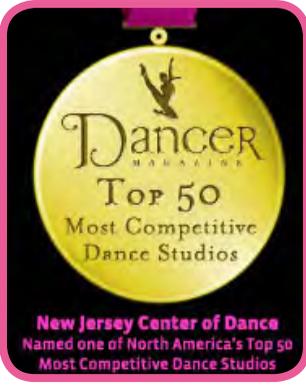
According to Assemblyman Dancer, Attorney Dowd (former NJ Racing Commissioner) contacted a few potential purchasers of the farm with a high degree of interest. The goal is to keep the center open with possible lease/purchase arrangements which will preserve it as a farm without the intervention of public funds or the possibility of a combination State/County/Municipal purchase of the development rights under Farmland Preservation or Open Space. Appraisals are being done to determine the value of the raw land as well as the agricultural value as a working farm, taking into account of the improvements made.

This mass meeting-of-the-minds of people who love the rural flavor of our community and are dedicated to the equine industry are cautiously optimistic that Showplace Farms will be a source of beauty and an asset in the future for generations to enjoy.

I, for one, am quite impressed with the degree of dedication and the speed used to make this all happen. Many thanks to our elected officials for doing their job and doing it so well!!



**Now
Accepting
Fall
Registration!**



NJ Center of Dance

Two Great Locations

732-360-4624

*Celebrating
26 Years!*

*Register now
and receive a
FREE Costume!
One per dancer
New students only*

Old Bridge
475 Marlboro Road (off Rt. 18)
On the Beautiful Grounds of Frogbridge
7 Yellow Meetinghouse Road

www.njcodance.com

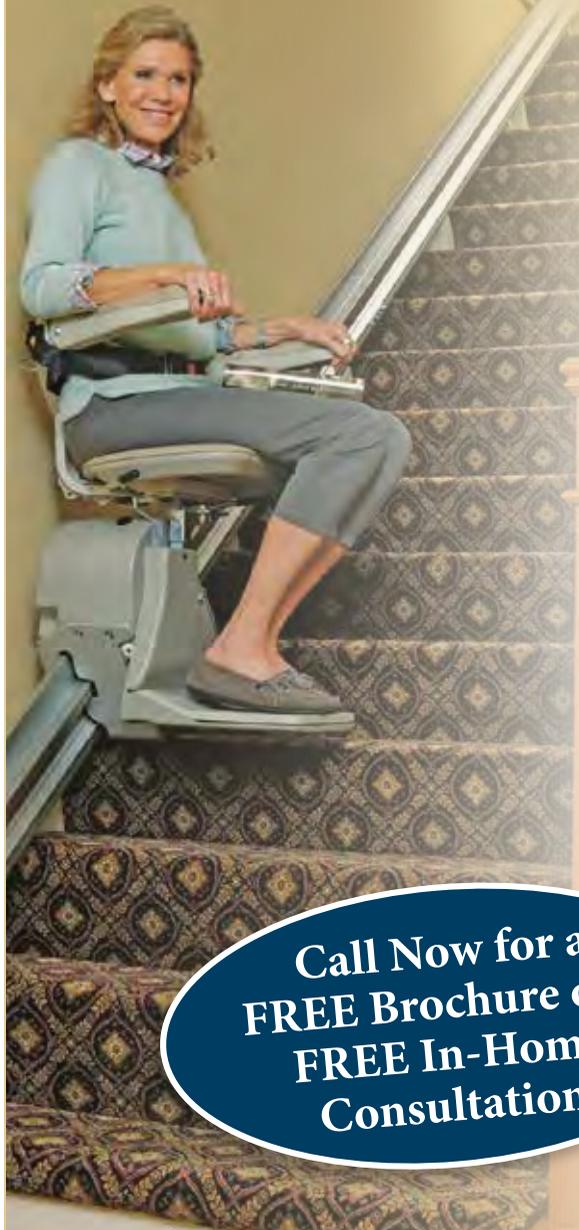
Classes Offered: Preschool thru Professional

- Hip Hop**
- Ballet/Pointe**
- Lyrical**
- Tap**
- Creative Tots**
- Contemporary**
- Jazz**
- Tumbling**
- Boys' Hip Hop**

AWARD WINNING COMPETITION TEAM-ALL AGES!

Tired of Climbing Stairs?

A Stairlift Can Help



- Enjoy the freedom to go up & down stairs whenever you like
- Outdoor units available
- Rentals and rent-to-purchase plans available
- Reconditioned units available
- Visit our showroom
- Curved & narrow stairway specialists
- Wheelchair ramps (sales & rentals)

Call Now for a
**FREE Brochure or a
FREE In-Home
Consultation**

\$100 OFF
Any New Stairlift

With this coupon. Cannot be combined with any other offer or discount. Excludes rent to purchase option.

Call 908-322-7070

Williams
Lifts

Family Owned for 3 Generations

**We've Moved! Visit Our New Showroom at
24 South Ave., Fanwood, NJ
908-322-7070 | www.williamslifts.com**

NJ Lic. #13VH04221500

Bring Your Home to the Next Level *of Elegance*

*We Expertly Design
Everything in Our Shop and
Pass the Savings On to You!*

Fabricated at Our Shop:

- Swags & Jabots
- Valances
- Roman Shades
- Cornices
- Custom Table Pads
- Comforters
- Bedspreads
- Dust Ruffles & Shams
- Window Seats
- Throw Pillows
- Drapes
- Duvet Covers
- Table Runners
- Chaise Lounges
- Upholstered Benches & Headboards



*Full
Service Shop
at Home Only*

*We Repair Blinds &
Window Treatments*



HunterDouglas

WINDOW FASHIONS

- Silhouette® • Luminette®
- Pirouette® • Duette® • Vignette®
- Provenance® • Skyline® • Country Woods®
- Everwood® • Heritage® • Palm Beach™
- Newstyle® Shutters

Regency
HOME FASHIONS

*Your Reliable Source for Over 30 Years!
Always the Lowest Price!*

FREE Measuring & Installation

732-780-9277



Ask the Pharmacist...

***At Andee Plaza Pharmacy,
we are your local friendly
family pharmacy.***

**We Deliver To Your Home!
Just Call Us!**

**Get CASH BACK
gift certificates
with prescription
transfers –
SAVE MONEY!**

- Fast & Courteous Service
- Prescription Refill Reminders
- Easy Prescription Transfer
- One-on-One Consulting
- Free Blood Glucose Screening
- Free Blood Pressure Screening
- Free Prescription Pickup & Delivery to Surrounding Areas



Andee Plaza Pharmacy

130 Route 33 West, Manalapan

732-431-9400 • andeeplazapharmacy@gmail.com

Open Monday-Friday 9am-7pm

Saturday 10am-3pm · Sunday 10am-1pm

**Stop In And
Check Out Our
Large Section Of
Greeting Cards
and Gifts**

A Safer Route 539 is on the Way

By Susan Heckler

The State Road 539 extends 53.49 miles from Main Street (U.S. Route 9) in Tuckerton all the way to U.S. Route 130 in Cranbury Township. There is a 25 mile stretch between Little Egg Harbor and Plumsted that has been plagued with safety issues for quite some time. In July, thanks to our local elected official's persistence, the state announced a project estimated at \$3.4 million to make some major safety upgrades under the Federal Highway Administration's High Risk Rural Road Project.

In a recent meeting with State Assemblyman Ron Dancer, we discussed the 14 fatalities from the last 2 years and what actions he, Congressman Chris Smith, State Senator Thompson and State Assemblyman Clifton have been working on within their legislative offices to alleviate the issues.

The most noticeable and immediate change has been an increased police presence to enforce traffic rules until the physical safety changes are implemented. A collaborative effort was made by the Ocean County Sheriff's Department, the New Jersey State Police and local police from Little Egg Harbor, Barnegat, Plumsted, Manchester, Lacey and Stafford. On a recent Saturday, nearly 100 summonses were issued on that one road, 89 of which were on a 38 mile stretch.

Police made 146 motor vehicle stops that Saturday with violations broken down as:

- Speeding: 24
- Seat belt violation: 17
- Equipment infraction: 8
- Nonmoving violations: 21

- Other moving violation: 19
- Outstanding warrant: 3
- Drug offense: 4
- Driving While Intoxicated: 1
- Vehicle inspections: 3

Coming in 2016 will be Rumble Strips to reduce center-line crossovers, Raised Pavement Markers to increase night-time and bad weather visibility, All Weather Reflective Striping making the lines easier to see, Radar-activated chevron signs clustered at curves, and a High Friction Road Surface at 6 curves to prevent skidding.

The road improvements are expected to be a significant change in the safety of the roadway, although, from the list of motor vehicle infractions, improvement in judgement on behalf of the drivers would be helpful too.



PRSRT STD
U.S. POSTAGE
PAID
PERMIT 280
LANC., PA 17604

ECRWSS

POSTAL CUSTOMER



BARNDOORE

*Rustic Elegance
Catering*



For your Special Event, Corporate Luncheon
or Family Celebration

Call or email 732-446-7900 Catering@Barndoore.com

BARNDOORE

Real. Fresh. Local.

353 Sweetmans Lane • Millstone Twp. • 732-446-7900

Barndoore.com

breakfast • artisan sandwiches • deli salads • gourmet burgers • soup • great coffee

