

# The Millstone Times<sup>TM</sup>

Allentown Clarksburg Cream Ridge Hamilton Millstone Perrineville Roosevelt Upper Freehold New Egypt Plumsted



**HALDEMAN NISSAN**  
 951 US Highway 33  
 Hamilton Square, NJ 08690  
 800-399-8547

Over 300 **USED Cars!** Over 150 **NEW Cars!**

**NISSAN**

www.NISSANDEPOT.com

**ADVANCED CENTER FOR orthodontics**  
 www.acortho.com

**Michael J. Chung, D.D.S., M.S.**  
 Orthodontic Specialist for Children and Adults

Traditional and Clear Braces  
 Invisalign and Invisalign Teen

Call us for a free consultation

Freehold 535 Iron Bridge Rd. (732) 308-0022  
 Manalapan 225 Gordons Corner Rd. (732) 446-2299

## Millstone Resident Proud to Be Chosen as 2013-2014 Outstanding Female Athlete

By Pam Teel

**H**igh honors went to Kirsten Littlefield of Millstone Township as she gracefully accepted an award for Outstanding Female Athlete of the Year at Allentown High School this past June. This self disciplined young woman managed to balance her high academic standing, taking honors and AP classes, while participating in three different varsity sports.

Her soccer honors include: As a junior, NJGSCA Recognition, All Area Team - 2012/2013. As a senior, 2013 CVC Defensive Player of the Year, Mercer 33, Hibernian Senior 11, Varsity starter for 4 years, Captain 2012-2013 seasons, CVC Division Champions 2012.

Her Lacrosse honors include: 4 year Varsity, Captain 2014, All CVC Second Team 2013-2014, Mercer County Champions 2013, and NJSIAA Group 11 Champions - 2013.

Her Winter Track Honors include: 3 year Varsity, setting school records in the 4x200, 4x400 and receiving the SMR Redbird Award.

She also received honors and achievements in the National Honor Society, the French, English, and the Science Honor Societies. Triple A Award for three years, the Smart Cookie Award, senior class - top ten percentile and an honors varsity letter, not to mention nine other individual academic class awards.

*Continued on page 45*



Kirsten Littlefield receives Athlete of the Year Award from Allentown High School

**Need New  
 CARPET or  
 FLOORING?**  
 See page 2!

**COME CELEBRATE!**

Millstone Recreation Presents  
**MILLSTONE DAY**

Sunday, September 21 • 12-5 p.m.  
 at Frogbridge

7 Yellow Meeting House Road

The Millstone Recreation tent offers free seasonal crafts, pumpkin patch & decorating.

All day passes to the inflatables, rock wall climbing & bungee trampoline

**GREAT FOOD! LIVE ENTERTAINMENT!**

# SHOP AT HOME AND SAVE – WE COME TO YOU!



**CALL 7 DAYS  
FOR A FREE  
ESTIMATE!  
Evening and  
Weekend  
Appointments  
Available!**

**SMART Carpet**  
And Flooring!  
1.800.526.RUGS (7847)  
smartcarpet.com



**CARPETING { FREE Measuring! FREE Premium Padding!**

**\$49** INSTALLATION OF ANY CARPET  
One room or whole house! Custom labor may be additional

**smartSTRAND**  
Permanent Stain Protection  
Lifetime Warranty  
**2<sup>82</sup>**  
sq. ft.  
Reg. \$3.22 sq. ft.

**Quality Designer  
Berbers**  
Includes Premium Padding  
from **2<sup>39</sup>**  
sq. ft.  
Reg. \$2.74 sq. ft.

**Plush Saxony**  
Includes Premium Padding  
10 Year Warranty  
from **2<sup>87</sup>**  
sq. ft.  
Reg. \$3.28 sq. ft.

**Ansolv**  
Includes Premium Padding  
20 Year Warranty  
**3<sup>37</sup>**  
sq. ft.  
Reg. \$3.85 sq. ft.

**Salt and Pepper**  
Trendy colors with  
barber pole twist  
**3<sup>19</sup>**  
sq. ft.  
Reg. \$3.77 sq. ft.

**Classic Cut Pile**  
10 Year Warranty  
**2<sup>76</sup>**  
sq. ft.  
Reg. \$3.16 sq. ft.

**LAMINATE, VINYL AND TILE**

**SHOP AT HOME AND SAVE!**

**INSTALLED!**  
**18"x18" LVT  
Tile Flooring  
by Mohawk**  
**2<sup>99</sup>**  
sq. ft.  
Reg. \$3.42 sq. ft.  
Floor prep may be additional.

**LIMITED  
INVENTORY  
CLEARANCE!**  
**INSTALLED!**  
**DuraCeramic®  
New Designer  
Stained Look Tile**  
Durable, Easy to Clean  
**4<sup>99</sup>**  
sq. ft.  
\$5.83 sq. ft. with grout | Reg. \$5.70 sq. ft.  
Floor prep may be additional.

**INSTALLED!**  
**Mannington®  
Vinyl Flooring**  
Multiple patterns  
to choose from  
from **3<sup>33</sup>**  
sq. ft.  
Reg. \$3.62 sq. ft.  
Floor prep may be additional.

**INSTALLED!**  
**Congoleum®  
AirStep Plus  
Vinyl Flooring  
with Scotchgard**  
**4<sup>29</sup>**  
sq. ft.  
Reg. \$4.66 sq. ft.  
Floor prep may be additional.

**INSTALLED!**  
**1/2" Thick! / 12MM  
Laminate Flooring  
by Mohawk**  
20 Year Warranty  
**5<sup>19</sup>**  
sq. ft.  
Reg. \$5.93 sq. ft.  
Floor prep may be additional.

**INSTALLED!**  
**Quick Step®  
Laminate Flooring**  
6 colors  
20 Year Warranty  
**4<sup>69</sup>**  
sq. ft.  
Reg. \$5.09 sq. ft.  
Floor prep may be additional.

**HARDWOOD { WE Deliver We Install We Warranty Your Installation**

**INCLUDES INSTALLATION!**

**INSTALLED!**  
**Exotic Taun  
3 1/2" Solid  
Hardwood Flooring**  
**7<sup>39</sup>**  
sq. ft.  
Floor prep may be additional.  
Cannot be combined with any other offers.

**INSTALLED!**  
**Brazilian Cherry  
2 1/4" Wide Solid  
Wood Flooring**  
**7<sup>39</sup>**  
sq. ft.  
Floor prep may be additional.  
Cannot be combined with any other offers.

**INSTALLED!**  
**Bruce® Turlington Full  
Finish Oak Flooring**  
3" Oak Flooring  
6 colors  
**6<sup>09</sup>**  
sq. ft.  
\*Nail down installation. Floor prep may be additional.  
Cannot be combined with any other offers.

**INSTALLED!**  
**Mohawk® 5"  
Handscraped  
Hickory Hardwood**  
15 Year Warranty  
**5<sup>99</sup>**  
sq. ft.  
\*Nail down installation. Floor prep may be additional.  
Cannot be combined with any other offers.

**INSTALLED!**  
**Bruce® Ascot  
Chestnut  
2 1/4" Solid  
Oak Flooring**  
**6<sup>53</sup>**  
sq. ft.  
Floor prep may be additional.  
Cannot be combined with any other offers.

**INSTALLED!**  
**Mohawk® 5"  
Exotic Sapele Full  
Finish Hardwood**  
25 Year Warranty  
**6<sup>69</sup>**  
sq. ft.  
\*Nail down installation. Floor prep may be additional.  
Cannot be combined with any other offers.



**SMART Carpet**  
And Flooring!  
**\$250 OFF**  
**ANY CARPET PURCHASE**  
600 SQ. FT. - 1,499 SQ. FT.  
Coupon not to be combined with any other coupons, offers or third party discounts. Minimum square footage must be of the same carpet quality. Colors may vary. Coupon must be presented at time of the sale. Cannot be presented at time of installation. Excludes all prior sales & contracts. Expires 8/31/14.

Flooring for how you live. That's shopping **smart**. Call today for a **FREE** Estimate.



**12 MONTHS** Special Financing Available\*  
On purchases made with your SMART Carpet  
Credit Card! **APPLY TODAY!**



**SMART Carpet**  
And Flooring!  
**\$200 OFF**  
**ANY INSTALLED Bruce**  
HARDWOOD FLOORING 250 UP TO 449 SQ. FT.  
Coupon not to be combined with any other coupons, offers or third party discounts. Minimum square footage must be of the same hardwood quality. Colors may vary. Coupon must be presented at time of the sale. Cannot be presented at time of installation. Excludes all prior sales & contracts. Expires 8/31/14.

©Copyright 2014 Smart Carpet Inc. Excludes prior sales. \*On approved credit. 25% down and minimum purchase of \$500 on financed orders only. Financing provided by GE Capital. Finance charges accrue on the purchase from the date of installation. IF THE SALES PRICE IS PAID IN FULL BY PROMOTION EXPIRATION DATE, NO FINANCE CHARGES WILL BE OWED ON THE PURCHASE. Otherwise, all accrued finance charges will be owed. Minimum monthly payment required. Within the United States: Standard APR 29.99, minimum monthly finance charge \$2.00. See SMART Carpet Representative for details. Excludes prior sales & current contracts. Not to be combined with any other coupons, offers or third party discounts. \*G.D. is for glued down applications. Floor prep additional (if needed). Free furniture moving does not include pool tables, pianos, electronics or furniture requiring disassembly. Small fee for service available. \*Hour savings may vary. NYCHIC# 1442735 • NJHIC# 13VH01833100 • PAHIC# PA087742



# TENDER SMILES

Bring in  
this ad  
for a  
**FREE GIFT**



**Finally, a dentist your kids  
will be excited to go to!**

Dr. Max Sulla's approach to creating a healthy smile is his commitment to educating parents and children of all ages on the importance of good dental hygiene.



## **FREEHOLD**

122 Professional View Dr.  
**732-625-8080**

## **SOMERSET**

1313 Route 27  
**732-249-1010**

## **EDISON**

1656 Oak Tree Rd  
**732-549-3773**

**[www.TenderSmiles4Kids.com](http://www.TenderSmiles4Kids.com)**



# PARKER at Monroe

Long-Term Living Community  
395 Schoolhouse Road, Monroe Township



*Opening  
Fall 2014*

## Uniquely Designed Skilled Nursing and Memory Care Residence

- Person-centered care in a beautiful home-like environment, supported by a highly trained staff 24/7
- Six Small Homes of 16 Residents each with similar cognitive and physical needs live together and benefit from specialized programs for optimal quality of life
- The Community Center, which connects to all Small Homes, offers many amenities including Fireside Lounge, Health & Wellness Center, Formal Dining Room and Café



For Information Call  
**732-565-2422**  
[www.FrancisEParker.com](http://www.FrancisEParker.com)

*Parker Home® A Tradition of Exceptional,  
Affordable Long-Term Care Since 1907*



## Beautiful Bathrooms & more...

*Are you Tired of your Gloomy & Old Bathroom?*



**CALL US TODAY  
AND START YOUR DAY IN A BEE-AUTIFUL WAY!**

Certified **CPR** Contractor: Clean, Professional, & Reliable

Jerome Ferullo NJ License # 13VH07799000

**732-751-9129**

[www.beautifulbathroomsnj.com](http://www.beautifulbathroomsnj.com) • [beautifulbaths@optonline.net](mailto:beautifulbaths@optonline.net)



**THE MILLSTONE TIMES**

**THE FAMILY TIMES: MONMOUTH • OCEAN • MIDDLESEX**

**Publisher**  
Cami Gunther

**Art Director**  
Julie Weinberg

**Editor**  
Elizabeth Newman

**Marketing Consultants**  
Elizabeth Newman  
Sheila Lidz  
Jolene Conoscenti  
Denise Payne  
Lynda Koch

**Event Coordinator  
for the Millstone  
Networking Events**  
Jolene Conoscenti

**Writers**  
Susan Heckler  
Pam Teel

**Assistants/Interns**  
Michelle Cho  
Chelsea Sanford

*Download  
"Bar Code"  
app on your phone*



Scan this QR Code  
with your smart  
phone to go directly  
to our website.

©2013 by Gunther Publishing Ent. The content of GPE publications and its affiliates are copyrighted. GPE publications are published 12 times a year. Established 10/2008. Distribution and Post office receipt available. All GPE products are distributed free of charge. Average reader per copy is 2.1. No copying or reproduction of the content of this newspaper is allowed without the express written permission from the publisher. GPE's publisher/owner reserve the rights over all electronic copying and reproduction of material contained here within. The publisher, editor, agents, and sales staff reserve the right to reject the advertisements for any reason. Credit for mistakes shall not exceed the costs of the ad in the month which the error occurred.

**CONTACT US: PO Box 7632, Freehold, NJ 07728**

**tmft@optonline.net Phone (732) 995-3456 Fax (732) 677-3390**



**Follow us!**  
**@TMFTimes**



**Find us on  
Facebook!**



**Connect with  
Cami!**





866 Perrineville Road  
Millstone Twp. N.J. 08535  
**732-446-8211**  
**[www.Albivi.com](http://www.Albivi.com)**

*“Albivi Subito...”*

(Or, just drive)





# CRUISE FOR A CAUSE

## *Helping the Make a Wish Foundation Make Dreams Come True!*

By Pam Teel

Aside from helping research cures for Cancer and other childhood diseases, the Make A Wish Foundation does all that it can to grant the wishes of children with life-threatening medical conditions. They do that with the support of volunteers who spend countless hours of time helping to raise funds to not only go towards cancer research but also to give a child a fulfillment of a wish, whatever it may be, whether it is to go to Disneyland, meet a famous baseball player, or even to be able to swim with dolphins.

It's people like Nick and Mary Costagliola, owners of Vesuvio's Restaurant in Millstone Township, and longtime resident Kathy Waters, who devote their time and money to invest in a community wide event to help raise money for the Make A Wish Foundation. Together and with the help of the other store-owners on the plaza, the Millstone Pharmacy and Blue Waters Boutique, they raised \$1,500.00, in which every cent will be used toward granting the wish of a child.

Their June event was a great success thanks to the many volunteers who helped them put everything together. Professional singers and also good friends of Nick and Mary's, Diane and Jerry Potuto, provided entertainment for the night as people danced and sang along with them. It's a Party, NJ Ponies, offered discounted pony rides. Beauti5, a group of girlfriends from high School volunteered their time to do hair wraps and nail art.

Across the street, owners of the Barne Doore and Berkshire Hathaway Realty lent the use of their land so the Vintage Cruise Cars could be displayed. DJ, Party Hardy Shaun, helped to keep the entertainment hopping across the street while at the plaza volunteers were busy selling raffles, drinks, and cookies. Cruise for a Cause Tee-shirts are still available to buy at Vesuvio's Restaurant. Stop in and purchase one for a good cause.

The Costagliola's would like to thank all of the young ladies who helped out in so many different ways by selling cookies, raffles, and so much more, the young woman who did the face painting, Howard Waters for all his help and Maria Weatherspool for taking pictures. They would like to thank everyone else involved in helping to raise money for such a great cause. With all of your help and support a child's wish will be able to be granted!

Another event at Vesuvio's Plaza is being planned for mid August. Hope you can become a part of the festivities and give generously to help make a child's wish come true! ■



Top left, Diane and Jerry Potuto lend their talent; top right, Kathi Greene from Blue Waters Boutique at Cruise Night. Photos by Maria Maria Weatherspool Em Studio

## JV PAVING LLC

ASPHALT PAVING • CONCRETE WORK

**Professional Workmanship**

- Driveways
- Resurfacing
- Extensions
- Repairs
- Sealcoating
- Parking Lots
- Belgium Block
- Drainage Systems
- Sidewalks
- Crack Filling

**732-845-1440**

**COMPETITIVE DISCOUNTS  
AVAILABLE NOW!**

Lic. # 13VH06617300



**30 Years  
Experience!  
Testimonials  
Available**

**DRIVEWAY SPECIAL**

**\$200 OFF**

**Any Driveway  
2500 Sq. Ft. or More**

With coupon only. Must present  
at time of estimate. Not to be combined.  
Expires 8-31-14 NJSDG

**QUALITY DOESN'T COST ... IT PAYS**





It's not just day camp...  
**IT'S FROGBRIDGE!**

**LOWEST  
Price**

**IF REGISTERED BY  
AUGUST  
22nd!**



**Special  
Discount for  
Central Express  
Bus Option**



**Call to Register:**  
**609-208-9050 • 732-786-9050**

**Air-conditioned Door-to-Door Transportation ■ Hot Lunch ■ Towel Service - Bathing Suit Laundering**

67,000 sq. ft. of air-conditioned Indoor Space, 86 Acres of Fun, Indoor Gymnasium, "Windows on the Water" Dining Room & Patio, Dance Studio, 15 Craft Studios, Computer Center, Drama & Theatre, Large Heated Swimming Pools, Wading Pool, Three Lakes for Boating & Fishing, Bumper Boats, Rock Climbing Tower, 250 foot Ziplines, Music, Frisbee Golf, Ultimate Frisbee, Lacrosse, Cheerleading and Laser Tag, Low & High Ropes Course, Toad-ally Tubing, Go-Kart Track, Five Baseball & Softball Fields, Golf Driving Range, Football Field, Horseback Riding, Roller Hockey Rink, Four Tennis Courts, Outdoor Basketball Complex, Beach Volleyball, GaGa, Miniature Golf, Mini Basketball, Kickball, Gameroom, Gymnastics, Bonzi Ball, Three Soccer Fields, Handball, Archery Range, Little Fenway Wiffle Ball Stadium, Bocce/Horseshoes, Tadpole Playground, Bungee Trampoline, Ribbits Ice Cream Parlor, Frogarita's Frozen Smoothie Oasis, "Aqua" Dance Club and so much more!

**7 Yellow Meeting House Road, Millstone Township, NJ 08510 ~ [www.frogbridge.com](http://www.frogbridge.com)**



## What's in the Name NJAWBO?

We are an organization of diverse women business owners who have come together to ensure each others business success. Our goal is to "Work with our members to build their businesses."

As a member of NJAWBO, the outstanding resources, benefits and opportunities we have available to you will enable your business to reach its full market potential and maximize your customer reach.

We know what you're looking for in a women's business organization, and it's all here!

- Networking Opportunities
- Job Referrals and Advertising Opportunities
- Access to State and Corporate Procurement Contracts
- Women's Business Advocacy
- Business Relationships and Member Discounts
- Opportunities to Learn and Grow



As a member of the Shore Region you will have access to all Regional and State events at member prices. You can:

Attend monthly region meetings at your "home" region or any of our six regions throughout the state, plus:

- Attend affiliate's meetings at their member prices
- Enjoy monthly dinner meetings with educational speakers
- Monthly breakfast and/or Lunch meetings
- Marketing Club Roundtable meetings (NEW)
- Business Expos (State-wide)
- Charitable Fundraising Events
- Have access to Business Relationships and Member Discounts

Upcoming events and projects in which you will be interested are listed below (please note that registration is required for events at [www.njawboshore.org](http://www.njawboshore.org))

Day at the Races on August 22, 11:30 am to 4:30 pm. Network with NJAWBO members and non-members from the entire state at Monmouth Race Track in Oceanport, NJ.

Dinner/Networking meeting on September 18, 6 to 9 pm at Bella Vista Country Club. See the [NJAWBOShore.Org](http://NJAWBOShore.Org) website for details.

Cream Ridge Winery Tri-Region Event on October 14 at 6 pm. Network with NJAWBO members and prospective members from three NJAWBO regions while enjoying good food and wine. ■



## GET A FREE FIRST EXAM!

It's a risk-free way for you to see the care and special attention we give to each pet.

Count on us to care for your pet. We provide a people friendly environment with dedicated, caring professionals.

- Wellness and early disease detection & prevention
- Extended evening and weekend hours
- State of the art medical, dental and surgical equipment
- Walk-ins welcome
- Vaccinations
- Ultrasound
- Orthopedic & soft tissue surgery
- Digital Radiology
- Behavioral & nutritional counseling

All backed by the nation's largest and most trusted animal healthcare network, giving you access to over 350 board certified specialists for complex cases.



Celebrate and Showcase  
[pinterest.com/VCAhospitals](https://pinterest.com/VCAhospitals)



Pet Owner Empowerment:  
[facebook.com/VCAanimalhospitals](https://facebook.com/VCAanimalhospitals)

### TWIN RIVERS ANIMAL HOSPITAL

650 Route 33 East • East Windsor, NJ 08520

**609-426-9625** Katie Parker, VMD

**MON - FRI: 7-11 • SAT & SUN: 8-6**



\* For new clients only. Up to 2 pets per household. Offer good only for general veterinary services. Excludes emergency and specialized services. Cashier Code: 700.500

[twinriversanimalhospital.com](http://twinriversanimalhospital.com)





## LANDSCAPE & TREE SERVICE

### NJ CERTIFIED TREE EXPERT #541

#### We specialize in:

- Tree Removal
- Tree Trimming & Pruning
- Stump Grinding
- Land Clearing
- Brush Chipping
- Storm Damage
- Crane Service
- Leaf Removal
- Cleanup



#### Complete Landscaping Services:

- Organic Consulting
- Trees
- Plants & Flowers
- Disease Diagnosis
- Property Analysis

Maintain the Beauty  
and Safety of Your  
Outdoor Environment  
this Summer

732-792-2898  
[www.DSTreeServiceNJ.com](http://www.DSTreeServiceNJ.com)  
24 Route 9 Morganville, NJ



**WE ARE COMPETITIVELY PRICED  
FAMILY OWNED FOR 14 YEARS**



# POOL SERVICE AT ITS BEST

Now Scheduling  
Pool Closings.  
Call Early for  
Desired Dates.

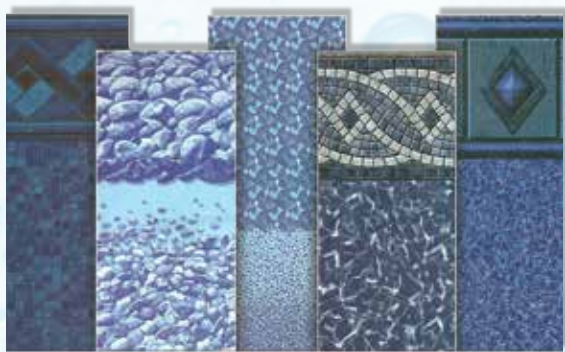
*Calabreeze*  
Pool Service, Co.

Now Scheduling  
Pool Closings.  
Call Early for  
Desired Dates.

## 27 Years of Service Experience

Pool Closings • Pool Openings • Service • Repairs • Weekly Maintenance • Pool Refurbishings  
Electronic Leak Detection • Pressure Testing Pool Lines • Pool Inspections

**ALL IN STOCK POOL TOYS – 30% - 50% OFF WHILE SUPPLIES LAST**



Blue Mountaintop Tile  
Blue Mosaic Print

Carousel  
Tile & Print

Royal Blue Majestic  
Tile & Print

Boulder  
Tile & Print

Blue Princeton Tile  
Sundance Print

**We will beat  
any other  
competitor's  
written  
proposal.**

**ABOVE GROUND  
POOL LINER REPLACEMENT**

**\$150 OFF &  
A FREE POOL CLOSING**

**OR A FREE CLOSING  
& 9 LB. ENDURE**

With this coupon. Coupon must be presented at time of contract signing & cannot be used anytime after. Can not be combined with any other offers. Exp. 8/31/14.

**434 W. Commodore Blvd. • Jackson, NJ**

**732-928-8200 • 732-240-5540**

**Email: [CalabreezePools@verizon.net](mailto:CalabreezePools@verizon.net)**

**Everything You Need to Make Your Pool Season a Breeze**

Lic # 13VH07669500



# POOL SERVICE AT ITS BEST

Now Scheduling  
Pool Closings.  
Call Early for  
Desired Dates.

## Calabreeze Pool Service, Co.

Now Scheduling  
Pool Closings.  
Call Early for  
Desired Dates.

434 W. Commodore Blvd. • Jackson, NJ

732-928-8200 • 732-240-5540

Email: CalabreezePools@verizon.net

### 27 Years of Service Experience

Pool Closings • Pool Openings • Service • Repairs • Weekly Maintenance • Pool Refurbishings  
Electronic Leak Detection • Pressure Testing Pool Lines • Pool Inspections



#### INGROUND POOL LINER REPLACEMENT

**\$250 OFF Inground Pool  
Liner Replacement &  
a FREE Pool Closing**

**Or  
A FREE Pool Closing  
& 9 Lb. Endure**

With this coupon. Coupon must be presented at time of contract signing & cannot be used anytime after. Can not be combined with any other offers. Exp. 8/31/14.

#### Main Access Illuminate Your Life LED Lights



**Call for  
details**

- Wireless remote — illuminate your favorite hot spot with 24 color options at the push of a button
- 4 illumination modes: flash, strobe, fade and smooth
- Portable
- Weatherproof & waterproof
- Universal remote controls multiple lights
- No batteries required

#### LINER/COVER COMBO

**YOUR CHOICE —  
10% OFF & a FREE Pool Closing  
OR  
A Free Wireless Floating  
Light & 50% off Volt Battery  
Operated Vacuum**

When purchased together. With this coupon. Coupon must be presented at time of contract signing & cannot be used anytime after. Can not be combined with any other offers. Exp. 8/31/14.



**We will beat any  
other competitor's  
written proposal.**

## Everything You Need to Make Your Pool Season a Breeze

Lic # 13VH07669500



## RIEPHOFF SPECIALS

# MULCH

Will Load Your Pick-Up Truck  
Triple Ground Clean Hardwood Mulch – \$70  
Dark Dyed Black Hardwood Mulch – \$80

Triple Ground Clean Dark  
Hardwood Mulch

**\$21<sup>00</sup>** per yard\*  
plus delivery

\*Minimum 10 yards

Triple Ground Clean Dark  
Dyed Hardwood Mulch

**\$27<sup>00</sup>** per yard\*  
plus delivery

\*Minimum 10 yards

## RIEPHOFF SAW MILL

763 RT. 524, ALLENTOWN, NJ • 609-259-7265

Hours: 7-3:30 Mon-Fri, 8-12 Sat

## SPECIALIZING IN ALL TYPES OF FENCES



*Classic*  
FENCE & LANDSCAPE



Vinyl • Aluminum • Custom Wood • Chain Link • Railings & Guard Rails

Other services Provided: Spring & Fall Cleanups  
Snow Removal • Sod • Mulch & Stone • Sheds & Shed Pads  
Lawn Maintenance • Natural Fence Lines

**10% OFF ANY JOB**

Not valid with any other offer.  
Expires 9/1/14.

LIC #  
13VH06585500

**FREE ESTIMATES 732-409-7098**

Fully Licensed  
& Insured

**HOME THEATRE CONNECTION** *Over 18 years experience*  
Free Estimates • Fully Insured

- Home Automation
- Media Rooms
- Surveillance
- Home Theater Installation
- Multi Room Audio/Video

**732.591.8080**  
**800.866.7340**

[www.hometheatreconnection.com](http://www.hometheatreconnection.com) **Outdoor Movie Screens for the Ultimate Party Scene**  
Lic.#13VH03295609 **732.591.8181 | www.partyflicks.net**

## We Will Beat ANY Competitors Price!

Let East Coast Salt do the heavy work, from our warehouse to your basement.

# EAST COAST SALT

CALL TODAY FOR **FREE DELIVERY**

**732.833.2973**

621 Wright Debow Rd., Jackson NJ 08527

FAX: 732.833.4162 • [www.eastcoastsalt.com](http://www.eastcoastsalt.com)

**Toll Free: 1.888.273.1444**



**Sun Crystals**  
**\$8.75**

**Grand Opening**  
Come and Check  
Out Our Brand  
New Location

Receive  
**One FREE Bag**  
with order of  
Sun Crystals  
with Rust Remover

Cannot be combined with other offers and  
a Minimum of 800 lbs on delivery only  
Expires 9/1/14

**Pool Salt – \$6.97**

**PICK UP SPECIALS**

on products when they are picked up

**Like us on facebook**  
for promotions



**FREE  
DELIVERY**



# Millstone Township School District News

By Scott Feder, Superintendent of Schools

I want to share some important information about some personnel changes that are happening in the district. My goal was to have any changes in place so that they could be communicated to you prior to the end of the school year, but timing was not on our side. However, I am pleased to be announcing these moves as I do believe they help support our strategic planning initiatives as well as our entire district program.

This first personnel change is one you already know about. Mrs. Karen Barry has been selected to be the district's Director of Curriculum & Instruction. Mrs. Barry leaves the Middle School Principalship after a very strong and productive 5 year term. The good news is that she remains in district to support the new principal and be the beacon she has been for these last five years. She now moves into this new role where her skills and strengths can spread to all three buildings as well as liaison to Allentown High School.

Dr. Christopher Huss, an experienced principal in the Warren Township Schools, will be joining our team as the new Middle School Principal. Dr. Huss comes to us with 9 years of administrative experience, a Doctorate from Seton Hall and an extremely strong reputation amongst his peers and the staff he has led. We welcome Dr. Huss on August 1, 2014.

The Board of Education approved Mr. Thomas Semko as the new Director of STEAM & District Data. This position is designed to specifically support the strategic planning initiatives as well as work with our new teacher evaluation system and all of the data obtained in this area. In addition, Mr. Semko will work with the extensive data that is available to us on our student performance. By linking this information together through a thorough and ongoing analysis, we plan to be more scientific in how we support both individual students and teachers as well as provide for the level of educational programming that best suits our students. Of course, the obvious cannot go unmentioned and that is that Mr. Semko will also be leaving the

Middle School. I know that losing the two administrators at one time can sound scary, but having them both still in district should alleviate those fears. Mr. Semko's replacement is announced below and I do believe this will also help to alleviate possible concerns.

I will be recommending to the Board of Education that Mr. Luis Ramirez, current Elementary/Primary School Principal, shift to the Middle School as the Assistant Principal. Mr. Ramirez has served the schools well these past two years and is eager for the next challenge in his career and I know he will be happy to be in one location. He has earned this and we are thrilled to have him join the Middle School family where he knows the majority of the students and families from his time in the Elementary School.

This leaves a vacancy for an Assistant Principal for the Elementary/Primary School which will be filled through advertisement and our hiring process. We expect this position to be filled in time for the September school opening.

I do understand that these are all significant moves, but in each case, the district gets stronger. We have a strong and cohesive administrative team who cares for one another and values each other's success. I have no doubt or question that each of our team will be there to support each and every one of these moves to better the district and ensure that each person is successful in their new role. I am truly so fortunate to work with such an amazing team.

Dr. Wisniewski and Mrs. Bogusz will be working with their school communities to organize the hiring process for the new Assistant Principal of the Elementary School/Primary School. I welcome your questions and am available to discuss any of these moves with you. Feel free to reach out at your convenience. 732-786-0950 ext. 51010. ■

*Creating Beautiful  
Smiles  
with Gentle Care!*

**Dr. P. Kaur, DDS**  
**General & Cosmetic Dentistry**  
**609-426-9500**

**Emergency Care &  
Walk-ins Are Welcomed**

**Evening Hours & Saturday  
Appointments Available**

**Most Insurance Accepted**



**614 Route 33 East, East Windsor, NJ**

Next to the Prestige Diner. Half mile from Turnpike.

**ZOOM!®**  
**Teeth Whitening**  
**\$100 Off Coupon**

Not to be combined with any other offer. Expires 12/31/14.

**New Patient Special**  
**\$65**  
**Dental Cleaning, X-Rays, Consultation,  
Comprehensive Dental Exam**

Not to be combined with any other offer. Offer good only for new patients and cleaning in absence of periodontal disease. Expires 12/31/14.

**20% OFF**  
**First Treatment**

Not to be combined with any other offer. Expires 12/31/14.





ANGELICA  
expressions of the mind, heart and soul



Easily adjustable bracelets with charms that let a woman show how she feels, what she believes in, and who she is.

- Gives back \$.25 of each bracelet to Generation Rescue.®
- Designed and manufactured in the USA.
- Features unique designs.
- Uses only recycled metals.

Available at...

**GOLD-N-TIME**  
FULL SERVICE JEWELERS



STOP & SHOP SHOPPING CENTER, 700 TENNENT ROAD, MANALAPAN  
732-536-6020

## THE SMILE CENTER

[www.thesmilecenterofnj.com](http://www.thesmilecenterofnj.com)

**Columbus**  
**609-298-5800**

**Cream Ridge**  
**609-758-0880**



### New Patient Specials!

Voted Best  
in Burlington  
County

**\$99 ZOOM\***  
(A \$500 Value!)

Voted Best  
in South  
Jersey

**50% OFF EXAM,  
CLEANING & X-RAYS**  
(Reg. \$260)

\*New patients only. MUST have current X-rays and exam.

# Jake's CREE-MEE FREEZE

- SINCE 1991 -

337 Route 33 East, Manalapan, NJ  
732-446-5305/732-792-6343

- **PREMIUM SOFT SERVE**  
**OUR SIGNATURE**  
**CREAM SICLE**  
**ORANGE & VANILLA SWIRL**
- **HARD ICE CREAM FLAVORS**  
**NON-FAT FROZEN YOGURTS**
- **SUGAR FREE FLAVORS**  
**SHAKES • MALTS**  
**ROOT BEER FLOATS**  
**ICE CREAM SODAS**



**ALL YOUR FAVORITE  
TOPPINGS &  
MUCH MUCH MORE!**

- WE HAVE CONSOLIDATED OUR BUSINESS TO THE MANALAPAN LOCATION ONLY -

**WWW.JAKESCREE-MEEFREEZE.COM**

**\$2 OFF Any Ice Cream Cake**  
AT CREE-MEE FREEZE

With this ad. Expires 9/1/14. Mention  
that you saw this in The Millstone Times.

**BUY 1 SOFT SERVE CONE,  
GET 1 FREE!**

With this ad.  
Expires 9/1/14.  
Mention that you  
saw this in The  
Millstone Times.





**BERKSHIRE  
HATHAWAY**  
HomeServices

New Jersey  
Properties

www.BHHSNJ.com

for the house you call **home**

formerly Prudential New Jersey Properties



**HOWELL** **\$1,450,000.**

www.843FortPlainsRd.com

Over 100 beautiful acres, small stream, pond & several chicken coops on property. Currently a farm, but can be subdivided into 6 acre lots.



**MILLSTONE TWP.** **\$774,950.**

www.4cedarct.com

Over 5,000 sq. ft. executive custom home with 4 sides of brick. Grand foyer, 12 ft ceilings, Princess and Jack and Jill suites, 4 seasons room and whole house generator.



**MILLSTONE TWP.** **\$742,000.**

www.81-Agress-Rd.com

Brick front Colonial with all the bells and whistles. Dramatic front staircase and additional rear staircase. Master Suite, Jack & Jill and Princess Suites.



**MILLSTONE TWP.** **\$689,000**

www.3WetherillDrMillstonenj.com

Colonial on almost 2-acre prime lot. Living & dining rooms w/bay windows & hardwood floors. Family room w/vaulted ceiling and stone fireplace. Yard has hot tub, paver patio, waterfall & koi pond.



**MILLSTONE TWP.** **\$499,950**

www.17TimmonsHillDr.com

MOVE IN READY! Colonial located on 3+ acres. Kitchen and bathrooms recently updated and full basement. Well maintained yard with stone patio. 900 sq.ft. auxiliary building on property.



**JACKSON** **\$489,900**

www.4HardwoodDr.com

Classic colonial floor plan located in Northern Jackson. Family room with fireplace. Master Suite with huge walk in closet and 3 additional large bedrooms.



**MILLSTONE TWP.** **\$399,900**

www.17SquanRdW.com

Bright and airy updated farmhouse located at the end of a very private street. Open floor plan, finished basement and oversized two-story garage.

**We Have Arrived.**  
*Get to know us, all over again.*

For the past 14 years, you've known us as **Prudential New Jersey Properties**, and since 1954 we've been your neighbor and local market expert for all residential and commercial real estate services.

Today, as a member of the highly anticipated **Berkshire Hathaway HomeServices** franchise network, we take great pride in our new affiliation and the advantages it brings to You.



**MILLSTONE OFFICE | 222 Millstone Road, Millstone Twp. | 732.446.4959**

FIND US ON:



©2014 BHH Affiliates, LLC. An independently owned and operated franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Equal Housing Opportunity.





## Christie Administration Encourages Consumers to Review Insurance Needs When Making Life Changes

New Jersey Department of Banking and Insurance Commissioner Ken Kobylowski advised consumers who are making life changes, such as buying a home or a car or getting married, to be mindful that those events can also bring about changes in insurance needs.

"Consumers who are in the midst of making major life changes often do not stop to consider that their financial situation or insurance needs are also changing," said Commissioner Kobylowski. "It is better to evaluate insurance and other financial changes as part of those events rather than waiting until a crisis such as an auto accident or home damage occurs. The time to find out about coverage is before you have to file a claim, not after."

As part of the National Association of Insurance Commissioners' national public awareness campaign, "Life is Unpredictable. Get Ready," Commissioner Kobylowski offered insurance tips to consumers who are making life changes that frequently occur during the summer months.

### WEDDING

What insurance issues do newly married couples need to consider?

Most group insurers consider marriage as a qualifying major event and will allow you to make related policy changes outside the approved open enrollment period. Report a change in family status promptly to avoid coverage gaps.

- Consider more than simply the lowest premium when deciding whose health insurance plan to keep. Review provisions containing deductibles, co-pays and coinsurance. Make sure you understand what is and is not covered.
- Be sure your employer applies beneficiary changes to any company-sponsored health and life insurance policies to include a new spouse or children. Beneficiary changes do not happen automatically.

"The time to find out about coverage is before you have to file a claim, not after."

- Revisit your life insurance needs. When deciding how much coverage to buy consider future income potential, the cost of raising children and outstanding mortgage payments in your calculations.
- Revisit all current insurance policies to determine if you qualify for better rates. Many insurers consider married couples to be a lower risk. That could mean lower premiums.

In the ever changing world of real estate, the **Gold Standard** has been a constant in our marketplace.

**SOLD**

**Century 21**  
Action Plus Realty  
480 Route 33, Suite 2  
Millstone Twp, NJ 08535  
732-446-7476

**#1 Company In Our Primary Markets 2009-2014 (YTD)\***  
**SMARTER. BOLDER. FASTER**

**Beth Kimmick**  
Broker-Associate  
Millstone Office Manager



 <b>J. Collan</b> Realtor	 <b>C. Appice</b> Realtor	 <b>L. O'Rielly</b> Realtor	 <b>K. Lohkamp</b> Realtor	 <b>T. Trimarche</b> Realtor	 <b>M. York</b> Realtor	 <b>N. Indiero</b> Realtor	 <b>G. Barbita</b> Realtor	 <b>C. Uhl</b> Realtor	 <b>P. Tassone</b> Realtor	 <b>C. Rallo</b> Realtor	 <b>K. Baker</b> Realtor	 <b>V. Allicchio</b> Realtor
 <b>A. Bialow</b> Realtor	 <b>D. Cain</b> Realtor	 <b>J. Carr</b> Realtor	 <b>P. Adamo</b> Realtor	 <b>P. Dona Gulliano</b> Realtor	 <b>G. Febles</b> Realtor	 <b>D. Greb</b> Realtor	 <b>P. Hewitt</b> Realtor	 <b>S. Winfree</b> Realtor	 <b>C. Kramer</b> Realtor	 <b>R. Whetzel</b> Realtor	 <b>M. Naylor</b> Realtor	 <b>L. Contarino</b> Realtor

Each Office is Independently Owned & Operated  
\*Information obtained from Monmouth M.I.S. for dates 01/01/2009-07/31/2014 Pull Date: 07/17/2014  
Sold Volume for Jackson, Freehold Boro, Freehold Twp., Howell & Millstone for single family, condominiums, land/lots, multi-family, commercial/ind./bus, adult communities.



## A NEW CAR

The sale or lease price is important, but so is the cost to insure it.

Insurance premiums can cost as much as monthly finance payments and repair shop bills. Shop around for the best rates.

- Compare insurance rates on various models. SUV's, convertibles and sports cars typically cost more to insure.
- Consider safety features, such as anti-lock brakes, side air bags, automatic seat belts, anti-theft devices and GPS as you negotiate your auto purchase or lease price. Safety-related add-ons can mean lower premiums.
- Storing your car in a garage or locked parking lot may qualify you for lower premiums.



- Consumers sometimes need more coverage than what is required by the mortgage lender.
- Consumers should consider how much liability insurance they need.

"When making important life decisions, consumers should also take the time to make informed insurance decisions related to those life events," said Commissioner Kobylowski. "Most major life events change an individual's insurance situation. It is better to be aware of that and make any insurance-related decisions proactively than to wait until a crisis occurs."

For more information on the National Association of Insurance Commissioner's public awareness initiative, "Life is Unpredictable.

Get Ready," go to: [www.insureuonline.org/get\\_ready\\_resources.htm](http://www.insureuonline.org/get_ready_resources.htm)

For more information from the New Jersey Department of Banking and Insurance, go to: [www.dobi.nj.gov](http://www.dobi.nj.gov).

To verify that an insurance company or insurance agent is licensed by the State of New Jersey, go to: [www.state.nj.us/dobi/data/inscomp.htm](http://www.state.nj.us/dobi/data/inscomp.htm). To confirm that an insurance agent is licensed by the State of New Jersey, go to: [www.20.state.nj.us/DOBI\\_LicSearch/insSearch.jsp](http://www.20.state.nj.us/DOBI_LicSearch/insSearch.jsp). ■

## A NEW HOUSE

Here are some of the issues home shoppers need to think about:

- Mortgage payments are not the only costs involved. Repair costs, utilities and insurance are part of what it takes to properly maintain a home.
- Disaster preparedness should begin before moving in. Consider buying flood insurance, which is not covered by standard homeowner's insurance policies.



# MattNJHomes.com

for the house you call home  
formerly Prudential New Jersey Properties



**GREAT THINGS ARE HAPPENING!**

**On June 24, 2014 the Real Estate world changed forever!** We announced the re-branding of Prudential NJ Properties to Berkshire Hathaway Home Services NJ Properties!

Additionally I am proud to announce the launch a brand new Real Estate experience: **The Merritt Team!**

Our goal is to give you a seamless real estate experience with a level of customer service and expertise that you deserve.

*Why do business with a Top Agent who has a team behind them?*

Our goal is to help as many people as possible with their Real Estate needs and dreams, with a level of support and service that is paramount. Our vision is to be the best recognized Real Estate Team and most respected within the industry!



**Matthew Merritt**  
**Team Leader**

An expert in marketing and negotiating with 10 years of experience in the toughest real estate market on record, Matt has been able to help over 375+ individuals, couples, and families accomplish their goals and dreams of buying or selling real estate.



**Stacey Werden**  
**Executive Assistant**

Having over 17 years of management, and marketing expertise, Stacey is now bringing those skills to the real estate industry. Stacey's eye for detail and strong management skills ensure that from contract to closing all the components of a transaction are seamless.



**Mark Merritt**  
**Buyers Agent**

Over 30 years of management and real estate investing behind him, Mark knows how to make sure our clients get top notch service and the deal that they deserve in today's market.



**Stephanie Merritt**  
**Marketing/Managing Assistant**

10+ years of marketing and management experience, Stephanie's role is to oversee team objectives, overall support, and listing promotion and staging.

**Matthew.Merritt@BHHSNJ.com**

**Cell: 609-658-5916 • Office: 732-792-0352 ext.113**

**MILLSTONE OFFICE**

**222 Millstone Road, Millstone Twp.**

FIND ME ON:

©2014 BHH Affiliates, LLC. An independently owned and operated franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Equal Housing Opportunity.



## Multiple Policies. One agent.



### I can help you save time & money.

One agent for all your insurance needs saves time. And Allstate's multi-policy discounts are an easy way to save money. For affordable protection for your car, home, boat, motorcycle and more, call me first.

**Sharer & Associates Inc**  
**732-446-4919**

500 State Route 33  
Millstone Township  
allstateagencies.com/donnsharer



Insurance and discounts subject to terms, conditions and availability. Allstate Property and Casualty Insurance Company, Allstate Indemnity Company, Allstate Insurance Company, Allstate Vehicle and Property Insurance Company, Northbrook, IL. © 2010 Allstate Insurance Company

62173

## Sure Tips for a Smooth Move

There are many details to handle when you move out of one house and into another. Since it is easy to forget things in the rush of moving, making a written checklist of everything that needs to be done is an invaluable aid.

Be sure to include such tasks as providing the post office, your bank, credit card companies, and publications to which you subscribe with your new address. Let your insurance agent know about the move to ensure that your personal property will be covered at both houses. Call the utility companies ahead of time to arrange for the cut-off and turn-on dates for gas, electricity, water and telephone service. Put important documents, such as birth or marriage certificates, tax returns and home ownership documents together in a safe place as you pack, so that you can locate them easily.

It will give you a great deal of satisfaction to check off each item on your list as it is handled. ■



## RE/MAX Homeland REALTORS

42 E. Main St., Freehold • (732) 462-2222

Servicing Millstone Township with the Same Success  
You've Come to Expect in Freehold, Manalapan and Marlboro



**Louis Leonardelli**  
732-239-4097  
Broker-Owner



**Betty DeVoti**  
732-735-6766  
Broker-Owner



**Gloria Streppone**  
732-740-5034  
Sales Associate

**Barbara Clausen**  
732-841-9987  
Sales Associate



**Garry Giammarino**  
732-995-1221  
Broker Associate



**Barbara Wagner**  
732-371-7212  
Broker Associate



**Timothy O'Rourke**  
347-693-8565  
Sales Associate



**Mariola Abilheira**  
732-861-5473  
Sales Associate



**Ralph Mesce**  
732-371-2299  
Broker Associate



## What Will Your Monthly Mortgage Payment Be?

*Using a Mortgage Calculator Gives You a Quick Estimate*



A house is the largest purchase most of us will ever make so it's important to calculate what your payment will be and how much you can afford. The mortgage calculator will show you how much your monthly payment will be. It can also show the effect of adding extra payments as well as the difference with different rates and different down payments. There are many on-line sites and tools that you can use such as [www.BankRate.com](http://www.BankRate.com). ■

## Improve Your Home While Prices Are Low



- **Gutters and leaders** to keep water away from your foundation
- **Gutter protectors** from the most economical to the most effective
- **Roofing** to keep your home dry
- **Siding** to beautify
- **A deck** to grill and party

259 Overbrook Ave., Oakhurst, NJ 07755  
[www.amarkofperfection.com](http://www.amarkofperfection.com)  
 License# 13V01530500

**10% Off**

any installation when you mention you saw this ad in The Millstone Times or The Monmouth Family Times (not to be combined with any other offers.)

**732-531-1123**  
**Mark of Perfection**



**BERKSHIRE  
HATHAWAY**  
HomeServices

New Jersey  
Properties

[BHHSNJ.com/ellenmanzi](http://BHHSNJ.com/ellenmanzi)

for the house you call **home**  
 formerly Prudential New Jersey Properties



**Ellen Manzi**

Multi-Million Dollar Producer  
 2012 Silver Level Circle of Excellence  
 2012 Presidents Club  
 2013 Bronze Level Circle of Excellence



**Spec home available for quick delivery in Millstone!**  
 4,200 sq.ft., 5 bedrooms, 4 full baths, additional entertainment room on 2nd floor, 3 car garage.  
 Also 4 fully approved lots, your plans or ours!  
**Priced at 799,900!**



Spectacular east-facing, brick front home. 5 bedrooms, full finished basement and huge backyard.  
**2 Dancer Ct., Monroe Twp.**  
**\$749,900**

**Cell: 732-239-5199**  
 (immediate response!)

Office: 732 446 4959  
 extension 124

eFax: 732-358-0518

E-mail:  
[ellen.manzi@BHHSNJ.com](mailto:ellen.manzi@BHHSNJ.com)

Web: [BHHSNJ.com/ellenmanzi](http://BHHSNJ.com/ellenmanzi)

Check Out My Reviews on Zillow

**MILLSTONE OFFICE**  
**222 Millstone Road, Millstone Twp.**

FIND ME ON: [f](#) [t](#) [in](#)

©2014 BHH Affiliates, LLC. An independently owned and operated franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Equal Housing Opportunity.



# Advance Planning May Save You Bucks

By Susan Heckler

*charles*  
**SCHWAB**

We all do it, we avoid unpleasant tasks and subjects until it is staring us in the face and we can no longer avoid it. In many cases, there are interim steps we can take which may make the task more palatable in the future.

Case in point, no one wants to deal with their personal finances and think of tax preparation until April 15th is looming in front of them. BIG MISTAKE! If we take the time to do a mid-year review, it could

change the outcome on our tax return, help with our cash flow and assist your retirement savings plan.

The year is half over, now is the perfect time. Here are some steps toward your financial goals:

- Run a projection of your income taxes to be sure you are not paying too much or too little income tax. You may want to adjust your withholding.
- Double check your actual year-to-date income and expenses to be sure it measures up against your cash flow projections.
- Review and rebalance your investment portfolio to determine if it best matches your goals.
- Ensure you're taking maximum advantage of your employment benefits. If your employer offers a workplace-sponsored savings plan like a 401(k), contribute at least enough to receive the maximum employer

match. And if you'll be at least 50 year old this year, you may want to make additional catch-up contributions.

- Increase your savings if you can. It never hurts to bulk up your nest egg, and the more you save now, the less you may have to set aside each year in the future.
- As your kids get ready to go back to school, check if you're on track with saving for their college education. To help, consider establishing and contributing to a Coverdell Education Savings Account or a 529 College Savings plan.
- Start thinking about your budget for the holidays. The holidays are also a good time to make tax-deductible gifts to charity so review your charitable giving program, and before you know it, it will be time to carve the turkey.

The local offices of Charles Schwab hold workshops to help their clients and neighbors deal with financial decisions. There are advantages to having a financial consultant at arm's length, while working with a long established, reputable national firm.

You can visit them at their office in Freehold at 3425 Route 9, Suite #101 or call them at 732-298-6380 for information about their services and seminars. [Schwab.com/freehold](http://Schwab.com/freehold). ■

Note: Susan Heckler is not affiliated with or employed by Charles Schwab & Co, Inc. or any of its affiliates. The views expressed are hers alone and should not be considered personalized investment advice or recommendations. This is not intended to be a substitute for professional legal or tax advice. Charles Schwab & Co, Inc., Member SIPC



## A Smile Lasts Forever... Orthodontics for Children & Adults

### Victor Kong, DDS, MS

*Specialty License #5544*

- Invisalign Certified
- Comprehensive & Minor Treatments
- Major Insurances Accepted
- Interest Free Payment Plans

*Please call for a free, no-pressure consultation.*

**609-259-3250**

15 Carrs Tavern Road • Clarksburg-Millstone Township



## Summer Isn't Over Yet!

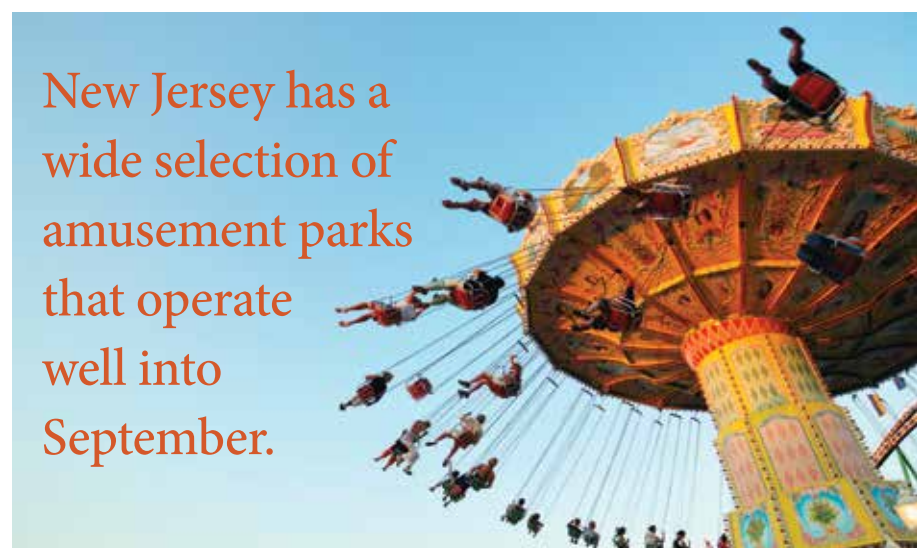
Seems like only yesterday that Memorial Day Weekend kicked off the exciting summer season in New Jersey. Now, the days are getting a little shorter as fall inevitably approaches. But that doesn't mean the fun summer activities are over. August and September provide plenty of thrilling activities and events, so guests can end the summer on a high note.

### Beach Time

New Jersey is known for its beautiful beaches, stretching for miles down the coast and offering families fun, sun and surf, even in the late summer months. Cities such as Seaside Heights, Point Pleasant Beach and Ocean City, feature bustling boardwalks filled with entertainment, shopping and dining.

### State and County Fairs

The end of summer brings a number of fairs and festivals, such as the New Jersey State Fair Sussex County Farm & Horse Show. The event features agricultural events and education, animals and a petting zoo, exhibits, a carnival, crafts and vendors, flower and vegetable shows, fair food and much more. The show runs Aug. 2-11.



New Jersey has a wide selection of amusement parks that operate well into September.

### Amusement Parks

New Jersey has a wide selection of amusement parks that operate well into September.

- Morey's Piers, the largest amusement piers in the world, offer three piers with hundreds of rides, two water-parks, and a number of roller coasters. The piers operate from Memorial Day until the first weekend in September after Labor Day.
- Six Flags Great Adventure is America's largest seasonal theme park with more than 200 rides, the biggest drive-thru safari outside of Africa, and one of the world's largest water-parks. The park operates from 10:30 am-10 pm everyday through Labor Day, and special weekend hours throughout Sept.

### Labor Day Festivities

New Jersey hosts a range of celebrations over Labor Day Weekend, from the Labor Day Southern Hospitality Weekend in Ocean View (Aug. 31- Sept. 1) to the Annual South Plainfield Labor Day Parade (Sept. 2). People can also check out Atlantic City for the fourth annual Comedy Fest (Aug. 31-Sept. 1), or Cape May for FunFest (Aug. 31-Sept. 1) and the 17th Annual Air Show (Aug. 30-Sept. 2).

### September Fests

The party doesn't end after Labor Day. There are a number of popular festivals to enjoy in the mild days of September, including the Atlantic City Seafood Festival (Sept. 14-15) and the Irish Fall Festival in North Wildwood (Sept. 19-22). ■

## Total Home Contracting

Specializing In:

- Lawn Maintenance
- Fertilization Programs
- Landscape Installations
- Paver Patios & Retaining Walls

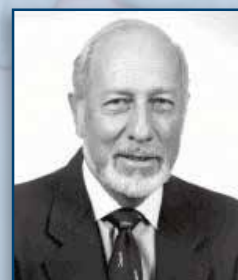




609-758-7801  
www.felsco.com

## COMPLETE CHIROPRACTIC CARE

NECK, BACK, ARM AND LEG PAIN AND NUMBNESS  
SORT TISSUE PAIN • HEADACHES  
AUTO ACCIDENT INJURIES



**DR. R. J. SCARPELLINO**  
CHIROPRACTIC PHYSICIAN

GRADUATE OF THE CHIROPRACTIC COLLEGE OF NEW YORK  
& NEW YORK UNIVERSITY

**FREE CONSULTATION TO DETERMINE IF YOUR SYMPTOMS  
ARE AMENABLE TO CHIROPRACTIC**

**145 ROUTE 33, MANALAPAN**  
(CORNER OF MILLHURST & ROUTE 33 EAST)

**732-431-5030**

**CHIPPERBOY@OPTIMUM.NET**



## LAW OFFICES OF JOHN T. BAZZURRO, LLC



I am proud to announce the opening of my private law practice after 20 years of practice with two prestigious Monmouth County law firms.

### AREAS OF PRACTICE:

- Personal Injury
- Motor Vehicle Accidents
- Nursing Home Neglect
- Wills
- Municipal Court Practice, Including Defense of DWI, Traffic Tickets and Non-Indictable Offenses
- General Civil Litigation
- Employment Law
- Residential and Commercial Real Estate Transactions

Certified by the Supreme Court of New Jersey as a Civil Trial Attorney  
Member of New Jersey and New York Bars

200 Meco Drive, Millstone Twp., NJ  
Email: [jtbazzurro@bazzurrolaw.com](mailto:jtbazzurro@bazzurrolaw.com)  
732-410-5350 • [www.bazzurrolaw.com](http://www.bazzurrolaw.com)

## Hulk Hogan Comes to iPlay America



iPlay America will be hosting a private event with one of the greatest wrestlers of all-time, Hulk Hogan.

Join Central New Jersey for an intimate Q&A experience with legendary wrestler Hulk Hogan. During this time you will have the opportunity to hear Hulk Hogan talk about his career with the WWE, WCW and his induction into the WWE Hall of Fame. You may remember Hulk as the All-American character

from his days in the WWF (now WWE) where he held the championship belt six times. Or as "Hollywood" Hulk Hogan, the villainous leader, in World Championship Wrestling (WCW) where he was a six-time world champion as well. Hulk is widely recognized as the greatest wrestler of all times. He was inducted into the WWE Hall of Fame in 2005. He was signed with Total Nonstop Action Wrestling (TNA) from 2009 until 2013, where he was the on-screen General Manager. Additionally, Hulk is no stranger to the big screen appearing in movies such as Muppets From Space and in Rocky III. Three packages available including Platinum, VIP and General Admission. Visit [www.iplayamerica.com/special-event/hulk-hogan-uncut](http://www.iplayamerica.com/special-event/hulk-hogan-uncut) for tickets and details. ■

# POWER WASHING



**SAFE mold & mildew removal!**  
We clean a variety of siding types!



**Like "NEW" Clean Concrete!**  
Driveways, sidewalks, patios & more!



**No more ugly dark roof stains!**  
Amazing results! NO RISK of damage!



NJHIC #13VH05125700  
Licensed & Insured

Plus: Brick Pavers,  
Gutter Whitening!



**\$25 Off** Any Service(s)  
\$250 or more!

**FREE Estimates! Contact Us Today!**  
**609-738-3100 or [InnovativeWash.com](http://InnovativeWash.com)**

Not valid with any other offers.



# Fundraiser Planned to Aid Local Child Diagnosed with Leukemia

By Pam Teel

Just a mere month ago, eight year old Joey Weikel, was a child running around, playing sports, and getting ready to enjoy his summer vacation from school. He was excited to be going away with his family, but his mother noticed that while on vacation, he wasn't quite himself. He seemed tired all the time and just wanted to sleep. He didn't complain about feeling ill and there were no visual signs his mother could see to indicate that there was anything wrong with him. He went to camp



but seemed to be extremely tired when he got home and not as enthused as he usually was. As a precaution, his mother made an appointment with his doctor. She thought that perhaps he had picked up some sort of virus that was still in his system. The doctor did routine testing, where everything seemed to be alright with him, but he still didn't like the fact that Joey wasn't acting like the boisterous young man he had come to know. Just to be on the safe side, the doctor ordered some blood work at a local lab.

Little did Maria, Joey's mom, realize that just a short time later their whole life would suddenly change. There was definitely something not right with the blood work. From the lab, Joey was sent directly to the hospital. After entering the hospital, more tests were done. Joey was then transferred to The Children's Hospital in Philadelphia because his mother wanted him to be in a hospital that his doctors were affiliated with. When the testing was all said and done, Joey was diagnosed with Burkett's Leukemia, which is a rare, fast-growing type of leukemia (blood cancer) in which too many white blood cells, called B lymphocytes, form in the blood and bone marrow. It may start in the lymph nodes as Burkitt lymphoma and then spread to the blood and bone marrow; or it may start in the blood and bone marrow without involvement of the lymph nodes. Joey has been undergoing chemotherapy treatment at the hospital for the past few weeks. He has already undergone two bone marrow biopsies and has a port installed on him for chemotherapy treatments. Over the next seven months Joey will receive intense chemotherapy and after some period of time he will be able to eventually receive some of his treatments at home and some in the hospital. It's a harsh road ahead for Joey and a painful one as he endures the chemotherapy and the side effects that come with it. There is hope though. There is a 90 percent chance of recovery with this type of Leukemia.

Many of Joey's parent's friends have rallied around in an effort to help raise money for his rising hospital costs. Family friends, Stephanie Bunis and Denise Dillon, have set up a facebook page called, Prayers for Joey #teamjoey, where one can contribute to the fundraiser, keep updated on Joey's progress, and on any upcoming fundraising events. Joey's sister's cheerleading gym, World Cup All Stars in Freehold, will be selling orange tee shirts to the public with the proceeds going to Joey's cause.

Family friend, Maria McGinn, owner of McGinns Pub and Restaurant in Millstone Township will be holding a benefit/fundraiser at the restaurant on August 9th from 5 pm until closing where 15% of all food tabs will be donated to the fundraiser. Also they will be running beer specials with proceeds going to Joey's special fund. There will be a \$10 dollar donation at the door, raffles, live music, giveaway's and much more. So mark your calendar for August 9th and come and show your support in making this night even more special for the Weikel family. McGinn's Pub is located on route 537 South on the left just before Great Adventure in Jackson.

There will also be a yoga/breakfast on July 26th to help aid the Lymphoma/Leukemia Society. Another fundraiser is planned at the Solo Bella Restaurant in Jackson in the near future. If you would like to donate or help out in any way you can reach Stephanie Bunis under contacts on the Facebook page Prayers for Joey, #teamJoey or at 908-692-5896. ■

## 80% of the Damage to Your Home Is Caused by Poor Drainage!



### Affordable Low Impact Solutions for All Your Drainage Problems!



#### PREVENT:

- Damage to your foundation/home
- Damage to your landscape
- Damages to your paver patios/walks
- Soggy, unusable areas of your property

#### REDUCE:

- Water in basement/home
- Mosquito infestation
- Lawn damage
- Mold

#### PROTECT YOUR HOME AND YARD TODAY!

## DRAINAGE AND MORE...

Call for your free estimate today

# 732-956-4202

For more info about how we can help, go to:  
**drainageandmore.com**





## **TADPOLE VILLAGE PRESCHOOL** at Frogbridge



# **REGISTERING FOR 2014-2015!**

**State-of-the-art Preschool Located In Beautiful Millstone Township**

- NJ State Liscensed
- Certified & Experienced Teachers
- Excellent Teacher Student Ratio
- Ages 2 ½ - 6 years
- Kindergarten & Kindergarten Enrichment
- Mommy & Me & Transitional Mommy & Me
- Mornings, Afternoons or Full Day Classes
- Heartwarming Performances  
& Seasonal Celebrations
- State-of-the-Art Facility Equipped with  
Security Cameras and Monitors
- Caring and Nurturing Environment
- Smart Boards
- Special Events
- Spanish Classes
- Music Program
- Computer Lab
- Fitness Program
- 6,000 sq. ft. Gymnasium
- No Need to Be Potty Trained
- Morning Care Available
- Extended Care Option

**FOR A TOUR, CALL OUR DIRECTOR DR. LISA POLVERE**

**609-208-2114 • 732-786-9050**

**7 Yellow Meeting House Rd. Millstone Twp. NJ 08510 ~ [TadpoleVillagePreschool.com](http://TadpoleVillagePreschool.com)**



# Let Me Shake Your Hand, Mark Caravaglio

By Susan Heckler

It is always interesting how one person can alter the path and change the life of another.

Mark Caravaglio has been learning and instructing self-defense and martial arts for 34 years. At first it was an interest for him, and then it became his passion. This retired stock broker took the passion he loved and made it into a way of life. Caravaglio Self Defense & Fitness Training Center has been operating in Monmouth and Middlesex Counties for the last 13 years. Currently located at 957 Route 33 in Monroe Township bordering Millstone Township by Applegarth Road, his wife Regina and son Mark Jr. work side by side with him.

Many people would be content to own and operate a martial arts studio and gym. The Caravaglio's know the impact the learning and knowledge of self-defense can have and like to spread the word.

Their students learn about Bushido and the Seven Rays of the Sun, which represent Courtesy, Benevolence, Loyalty, Truthfulness, as well as Courage, Honor

and Justice and the importance to integrate them into your everyday life. His students learn the art and get the exercise but also understand to respect each other as well as learning pride and life skills.

Mark takes his expertise on the road, teaching self-defense and rape prevention seminars to women of all ages. He has shown sororities, girls clubs and organization memberships to be aware of the dangers that surround us and how to protect themselves from harm. He has worked with organizations such as Susan G. Komen, Make a Wish Foundation and at Rutgers sorority houses; 100% of his admission fee gets donated back to the cause.

How many lives may have been changed by the gaining of this knowledge?

For more information on his classes and lectures, Mark can be reached at 732-598-1829. For his dedication to helping change the lives of the youth and protect the lives of adults, *The Millstone Times* would like to shake his hand. ■



Mark Caravaglio, center, with his students and staff

www.innovativewellnesscenter.com

## 7 WAYS ACUPUNCTURE CAN HELP YOU

- 1 Eliminate Stress and Headaches
- 2 Improve Sleep & Insomnia
- 3 Reduce Pain & Inflammation
- 4 Aid in Digestive Disorders
- 5 Increase Focus & Relaxation
- 6 Treat Back & Joint Pain
- 7 Control Allergies

## ACUPUNCTURE IS GOOD FOR YOU!

Acupuncture should be utilized as part of your wellness routine to increase your longevity & improve your quality of life.

## CALL & TRY ACUPUNCTURE TODAY!

We participate with insurance and may cover your visit.

220 Forsgate Drive  
Jamesburg  
732-656-1740

All insurance and credit cards accepted.

## OUR SERVICES

- Acupuncture
- Chiropractic care
- Physical Therapy
- Spinal Decompression
- Nutrition Counseling with Dieticians
- Therapeutic Medical Massage

Acupuncture has been around for thousands of years and in other parts of the world it is considered primary medicine. Acupuncture is becoming more accepted into mainstream healthcare for the treatment of many conditions. The treatments are extremely relaxing and therapeutic.



CENTRAL  
JERSEY  
POOLS  
PATIO & MORE

SUMMER  
CLEARANCE  
SALE



# ABOVE GROUND POOLS

18' Round  
Complete package  
SALE PRICE  
**\$2,399**  
Reg. Price  
**\$3399**

**\$48/month**  
72 months @12.99%  
o.a.c

**PAY NO SALES TAX!**  
CENTRAL JERSEY POOLS  
WILL PAY THE SALES TAX  
FOR YOU!

HIC LIC#13VH01191400

# OUTDOOR FURNITURE

## 12 PIECE PATIO SET

Table 40x66 • 6 Spring Chairs  
2 Ottomans • Side Table  
Umbrella • Base

REG.  
\$2,699  
NOW ONLY  
**\$999**



OUTDOOR KITCHENS



13 PIECE DINING SET

REG.  
\$3,999  
NOW ONLY  
**\$1,999**

# HOT TUBS

READY FOR  
IMMEDIATE  
DELIVERY!

**PAY NO SALES  
TAX OR NO  
INTEREST**  
FOR 15 MONTHS  
O.A.C. ON ALL  
IN-STOCK POOLS,  
FURNITURE &  
HOT TUBS!

Guaranteed  
**LOWEST PRICE**  
for Genuine  
Loop-Loc Cover!  
**MESH**  
BUILT SUPER-STRONG

LOOP-LOC®  
POOL COVERS  
No Compromises... No Excuses!

**SCHEDULE YOUR POOL  
CLOSING TODAY!**



**NO INTEREST**  
until October 2015 on  
IN STOCK ITEMS that  
are delivered before  
August 31, 2014

ABOVE & IN-GROUND POOLS • HOT TUBS • OUTDOOR FURNITURE • OUTDOOR KITCHENS  
CHEMICALS • POOL PARTS • TOYS • SERVICE • POOL TABLES • GENERATORS & **MUCH MORE!**

centraljerseypools.com 4235 Rt. 9 North, Freehold, NJ **(732) 462-5005**





Reverend Gregory Pike and church member Patti Keeley after his last Worship Service.

## Local Pastor Retires After 18 Years of Service

By Pam Teel

The United Presbyterian Church of Millstone Township bid a fond farewell to their Pastor, Reverend Gregory Pike, on June 29th after he delivered his last Worship Service for the congregation. The service, which included the Sacrament of Baptism and a Profession of Faith Ceremony, ended amidst the proud voices of the choir as they sang their heart out to the man they have come to know not only as their pastor, but their friend.

Afterwards, the Reverend was greeted with heartfelt hugs and best wishes on his retirement and on his moving to his new home in Somerset NJ, where he'll be within miles from his son's family. The Reverend is looking forward to spending a lot of time with his grandson.

The congregation held a luncheon in his honor directly after the service. After 40 years as a Minister of the Word and Sacrament, the Reverend will retire knowing that he did everything possible to help impart the faith and the knowledge of the Lord to all of his congregants, both old and young.

The members of the Presbyterian Church were lucky to have had such a compassionate, kind and giving man to serve their community for the last eighteen years, a man who wasn't afraid to integrate with the people, making himself accessible to all who needed his services in one way or the other. His unending love and patience for the children of his congregation was quite evident.

Church member, Joan Rudderow and her son will miss him dearly. "What a blessing it was for the church to have found someone like the Reverend," Joan stated. "What I especially admire is his love for the children and how much he did to help out with the youth of the church." Her son Silas could attest to that by saying how he

always felt like he had a friend. "He was someone I could talk to. He was always so good and patient with us kids."

Church member, Anne Haines wanted to wish the Reverend all of the best with his new enterprises. She hopes that he gets to do everything on his bucket list and that includes a trip to Scotland in the near future. Cindy Mayer wrote a lengthy poem from the heart about the Reverend's life, which she shared with everyone during the church service. "Reverend Pike will be greatly missed around here, especially among our children and young adults," Patti Keeley stated. "He had a special relationship with them. He baptized many of them and saw them through their confirmation years. He was a strong role model for them and he truly enjoyed participating in their activities here at church."

Church secretary, Leona Hart, who worked daily with the Reverend, had this to say. "The Reverend comforted us in times of sickness and trouble with our loved ones. He was with us during our laughter and tears, our hopes and our disappointments. We thank him for the countless times he visited with our loved ones in hospitals, at home, and in care services. We will truly miss him." Joyce Barnstead summed it all up for everyone. "The Reverend truly deserves to take a step back now and enjoy his retirement but he will be sorely missed by everyone including myself and my family. May the Lord bless him on his personal journey. He will not soon be forgotten but remembered as a true Man of God, loved by all!" The Reverend Gregory Pike was recorded in the minutes of Monmouth Presbytery as "honorably retired."

There is no doubt that the entire congregation will miss Reverend Pike. We wish you the very best in life as you embark on the next phase of your life. Thank you for all that you added to this community and for enhancing the lives of others. Your kindness, compassion and friendship will be greatly missed. We wish you all the best! ■



**609-409-1700**  
[www.monroeortho.com](http://www.monroeortho.com)  
2 Centre Drive, Suite 300  
Monroe Township, NJ 08831



- We accept most insurances
- Advance state-of-the-art office and highly trained orthodontic team
- All new equipment and materials
- The most modern sterilization procedures available
- Digital x-rays and imaging allows you to see your treatment plan
- Invisalign certified - the new invisible braces
- Financing Available
- Located next to Bank of America & across from Forsgate Country Club



The beauty of a Healthy Smile at any age

Orthodontics for Children, Adolescents and Adults

**FREE**  
Orthodontic  
Consultation

With Coupon. Not valid with other offers or prior services. Exp 9/1/14

**\$300 OFF**  
A Full  
Orthodontic Treatment

With Coupon. This offer applies to new patients only and cannot be combined with any other coupons or offers. This offer may only be applied to full treatment. This offer can not be used with orthodontic insurance plans. Exp 9/1/14



**invisalign**  
The Clear Alternative to Braces  
**CERTIFIED**





# Be a Fit Family

## Make Physical Activity a Part of Your Family's Routine

### SET GOALS

Have your family establish goals that everyone can achieve together. In the first few weeks, you may not achieve every goal, but if you

stick with it, physical activity will become a part of your family's routine.

Set effective goals that are specific, achievable and forgiving. Rather than saying you will exercise more, set a goal like walking for 30 minutes a day, three times a week.

Issue a family challenge to see who can be the first to achieve an award by committing to physical activity five days a week, for six weeks.

Here's a tip: effective goals are specific, achievable and forgiving. "Exercise more" is a great idea, but "take a 30 minute walk" is more specific and easier to achieve.

### SCHEDULE YOUR ACTIVITY

The best way to begin increasing your family's physical activity is to schedule time for it. Start by identifying at least three 30-minute time slots this week for activities like taking a walk, playing sports or doing active chores. Choose times of the day or week when everyone is most likely to stick to the schedule.

### MAKE A DATE

Set up a family calendar for an easy way to begin scheduling your activities. Once you've personalized the calendar for your family, post it on the refrigerator or in an-

other location where the whole family can see it and track progress. Don't forget to celebrate your achievements; every little bit counts.

### IDEAS TO GET STARTED

There are countless ways to enjoy physical activity together as a family.

- Play tag, swim, toss a ball, jump rope, hula-hoop, dance to music or even play a dancing video game. It doesn't have to be sports—just get your family moving!
- Walk the dog, go for a jog, go on a bike ride, take the stairs or head to the park and let kids run around for a while.
- Celebrate special occasions—like birthdays or anniversaries—with something active, such as a hike, a volleyball or soccer game or playing Frisbee at the park.
- Get the whole family involved in household chores like cleaning, vacuuming, and yard work.
- Walk instead of drive whenever you can. If you have to drive, find a spot at the far end of the parking lot and walk to where you're going.
- Park farther away and count with your children the number of steps from the car to your destination. Write it down and see if you can park even farther away on your next stop.
- Train as a family for a charity walk or run. ■

## Dyer's Cabinet Shop, LLC

— QUALITY KITCHEN & BATH CABINETRY —

FREE ESTIMATES

---

INSTALLATION SERVICES

---

FAMILY OWNED AND  
OPERATED FOR  
35 YEARS



**Summer Savings**  
**\$500 OFF**  
10 cabinets or more

**Medallion**  
CABINETRY

Must bring in coupon for discount.  
Must be ordered by 8/31/14. Cannot  
be combined with any other offer.

**BIG SAVINGS**  
ON BEAUTIFUL  
MEDALLION CABINETRY

**(609) 758-7574**

MasterCard VISA DISCOVER



Like Us On 

415 RT. 539 CREAM RIDGE, NJ  
VISIT US AT: [WWW.DYERSCABINETSHOP.COM](http://WWW.DYERSCABINETSHOP.COM)  
HOURS: TUES-FRI 9-5 PM • SAT 9:30-2 PM





## HYH Construction Company, Inc.

## HYH POLE BUILDING SPECIALISTS



**HYH has been one  
of the leaders in the  
Central Jersey  
industry since 1989**

- Garages
- Equestrian Facilities
- Storage Buildings
- Barn Repairs
- Cupolas / Custom Doors



**CUSTOM BUILT • FREE ESTIMATES**

**732-938-9090 ■ [www.HYHConstruction.com](http://www.HYHConstruction.com)**

Visit Our Website for More Photos & Details

NJ Builder # 025024



# Book Your Events and Parties with Sunsets!



181 Route 539, Cream Ridge NJ 08514  
609-208-2500 • [www.sunsetsatcreamridge.com](http://www.sunsetsatcreamridge.com)

**OPEN TO THE PUBLIC**



## Sunsets Draft Specials

*\$2 Domestic Drafts*  
12-7 PM 7 Days a Week

**Tijuana Tuesday**  
*Sunsets Cantina Menu*  
\$3.50 Corona Light Bottles  
\$4.50 Margaritas

## Early Bird Specials

Monday-Thursday  
3-6 PM

**\$12.99**

(Includes Choice of Soup or House Salad,  
Choice of Entree or Sandwich)



Like us on  
Facebook

for Daily Specials

## Let Us Host Your Next Party or Business Event!

*Call for information on Booking  
Private and Holiday Parties*  
609-208-2500



**CHECK OUT OUR  
SUMMER RATES & 2014  
MEMBERSHIP PLANS ON**  
[WWW.CREAMRIDGEGOLFCOURSE.COM](http://WWW.CREAMRIDGEGOLFCOURSE.COM)

## LIVE MUSIC FRIDAY AND SATURDAY NIGHTS

### FRIDAY

#### 9:30 PM-1 AM

- 8/1 Duncan Lucier & Fabulous Freddie
- 8/8 Psycho Misfits
- 8/15 Melanie and Sonny
- 8/22 Slippery Kool
- 8/29 Misfit Johnny

### SATURDAY

#### 9:30 PM-1 AM

- 8/2 Petronova
- 8/9 "Today's Country" with the Ride
- 8/16 Mr. Lucky
- 8/23 Kindred Spirit
- 8/30 That Acoustic 80's Band



**Now Scheduling for July & August!**

**CREAM RIDGE ORTHODONTICS**

*We love making you smile!*

Orthodontics for  
Children, Teens & Adults

**Traditional  
Metal Braces,  
Clear Braces  
& invisalign®**

**Yana V. Newman, D.D.S., P.C.**  
Board Certified Orthodontist  
NJ Specialty Permit #5585  
CONVENIENT HOURS  
INSURANCES ACCEPTED • AFFORDABLE PAYMENT OPTIONS

**Call us at (609) 286-7500**

211 West Millstream Road, Suite 2  
Cream Ridge, NJ 08514 • [www.creamridgeortho.com](http://www.creamridgeortho.com)

**Schedule  
your FREE  
Consultation  
today!**

## St. Joseph of Millstone Offers NYC Bus Trips

### 9-11 Memorial Museum

September 22, 2014. 9am-8pm. Leaving from St. Joseph's Church, 91 Stillhouse Rd., Millstone. \$99 per person.

Includes: round trip motor coach, 4-course lunch at Fino Restaurant, Wall Street (pick one entree and include choice on check: Veal with Prosciutto & Mozzarella, Chicken Franchise, Sea Bass Oreganato), driving/walking guided tour of St. Paul's Chapel, American Express Memorial, The FDNY Memorial Wall and the 9-11 Memorial Museum.

For reservations call Rosalie, 732-490-5302. Mail payment (\$99 per person) to Rosalie Fortunato, 14 Chadwick Rd., Millstone, NJ 08535, or drop off at church office. Payment due by August 15. Check payable to St. Joseph Church.

### NYC Holiday Lights Tour

December 11, 2014. 12-10:15pm. Leaving from St Joseph's Church, 91 Stillhouse Rd., Millstone. \$82 per person.

Includes: round trip motor coach, 4-course lunch at La Nonna's Restaurant, Mulberry St. (pick one entree and include choice on check: Veal Parmagiana, Chicken Marsala or Sea Bass Oreganato). Guided motor coach tour including Fifth Avenue shops in their finery, the Rockefeller Center Christmas Tree, Macy's Herald Square, and much more, usually ending with the Light Show at Grand Central Station.

For reservations call Rosalie, 732-490-5302. Mail payment (\$82 per person) to Rosalie Fortunato, 14 Chadwick Rd., Millstone, NJ 08535, or drop off at church office. Payment due by August 30. Check payable to Ladies Guild of St. Joseph. ■

## Congratulations Millstone 11U All Stars on Winning Championship

The Millstone-Roosevelt Little League 11 year old all-star team won the "Early 11's" tournament on Monday at HTRBA's Van Horne Park. The team defeated



the Robbinsville team 19-3 to capture the championship trophy. The win capped off a 4-0 run with wins over Sunnybrae (9-3), Bordentown (7-3) and Robbinsville (12-11). The boys begin the District 12 tournament on Friday, July 11 against a tough Nottingham club. The

winner of the District 12 tournament will advance to the New Jersey Little League Section 3 tournament that begins July 24th.

The Millstone team roster is: Justin Marcario, Danny Merkel, Cole Leach, Brandon Pfeiffer, Joe Dimino, Matt Martinez, Daniel Galindo, Jack Pallitto, Tyler Castellano, Tim Lombardi, Gino Giacolona, Justin Kobrin and Brett Pyhel. The team is coached by Dan Merkel, Joe Marcario and Craig Castellano.

Congratulations to the boys on a job well done and good luck in the upcoming District tournament! ■

## Need Replacement Ink? Want to Save Money? Cartridge Renewal Systems has the answer!

### CRS DELIVERS DIRECTLY TO YOUR HOME FAST WITH JUST A QUICK CALL

LOCALLY OWNED • VOTED BEST IN MONMOUTH • BEST PRICING GUARANTEED

High Quality, Low Prices, ECO-Friendly, and Great Customer Service is what you get when ordering replacement ink for your ink jet printer, laser printer, fax or copy machines. Our cartridges will work better than higher priced originals, or we will replace them for FREE. Plus, remanufactured cartridges are better for the environment!

Superior quality ink-jet, toner, laser, or ribbon cartridges for:  
Apple • Epson • Lexmark • Brother • HP • Sharp • Canon  
Dell • Kodak • Konica • Xerox • IBM • And more

**Buy 1 Cartridge  
Get the  
2<sup>nd</sup> Cartridge  
1/2 Off**  
Expires 10/15/14



PROUDLY SERVING CLIENTS WORLDWIDE SINCE 1993

**Call us toll free: 800-459-2626  
or Local to New Jersey: 732-845-9497  
[www.cartridgerenewal.com](http://www.cartridgerenewal.com)**



## Batman™ 'Heroes Among Us' Comes to iPlay America on August 9 for 2 FREE Shows

The Caped Crusader himself, Batman™, will appear at iPlay America Saturday, Aug. 9, in a special show called "Heroes Among Us." Tickets are free.

Batman™ and Wonder Woman™, while in pursuit of the Joker™, will take time out of their crime-fighting to talk with the audience about the importance of everyday heroes. Suddenly, the ever-taunting Joker will interrupt the Dynamic Duo! Will the whole appearance be foiled? A choreographed fight ends with the Joker™ in custody and the audience cheering!

"iPlay America is the place to go in Central New Jersey for family-friendly shows and fun," said Jessica Schwartz, director of marketing for iPlay America. "Shows like 'Heroes Among Us' offer entertainment for the whole family, along with an opportunity to start a conversation with your children about everyday heroes."

Shows are scheduled for 2:45 p.m. and 5:45 p.m. A VIP ticket option is available for each show:



- Ride Pass & More Meet & Greet — Purchase an unlimited iRide Plus pass for \$27.95, which includes early entry, a \$5 iPlay America Game Card voucher, FREE Batman™ show ticket, and the opportunity to meet and greet Batman™ and the other stars of the show! Limited availability. The ride pass and game card are valid for the day of the show only.

Free tickets may be downloaded at [www.iplayamerica.com/special-event/batman-heroes-among-us](http://www.iplayamerica.com/special-event/batman-heroes-among-us). For more information, contact Jillian Schiazza at 732-577-8200 or [jillians@iplayamerica.com](mailto:jillians@iplayamerica.com). ■

### DON'T REPLACE IT. REVITALIZE IT.

*ServiceMASTER*  
Clean®

- Carpet Cleaning
- Grout and Tile Cleaning
- Upholstery Cleaning
- Wood Floor Deep Cleaning

**ServiceMaster Pro Jan**

**732-506-0770**

Ocean/Monmouth County Areas  
Toms River  
[www.servicemastertr.com](http://www.servicemastertr.com)

**10% OFF**  
**ANY OF THE ABOVE SERVICES**

Valid at this ServiceMaster location only. Minimum purchase of \$145 required.  
Cash value 1/100 of 1¢. Offer good through 12/31/14.



An independent business licensed to serve you by ServiceMaster Clean. © 2012 ServiceMaster Clean. All rights reserved





And, you can save \$1.00 per bag of our 100% Pure, Evaporated Salt by picking up your order at our store...no limit.

YOU CAN  
NEVER TAKE  
YOUR WATER  
FOR GRANTED

## SUMMER SERVICE PROGRAM

- Annual Sanitation of your Well, Hot Water Tanks, & All Plumbing to KILL naturally occurring bacteria & get rid of that "Rotten Egg" Smell.
- Clean & Sanitize your Brine (salt) Tank.
- Clean & Flush Safety Float Assembly.
- Inspect & Clean or Replace Injectors & Screens in Backwash Valve.
- Flush & Re-Pressurize Well Pressure Tank.
- Clean Black Mold from Mineral Tanks.
- Iron Out Treatment in All Toilet Tanks.
- "Res-Up" Treatment for All Resin Beds.
- Test Tap Water for Iron, Hardness, pH & TDS.
- Inspect Sanitary Well Cap Seal for water tightness & insure exposed casing is intact.
- Clean Housings & Replace Mechanical Filters.

A \$1500  
Value for  
**Only**  
**\$775**  
WITH THIS AD



## THE ULTIMATE WELL WATER SYSTEM

If you should run out of salt, or if you are using the wrong salt, your Softener will not work efficiently, and your water quality will be compromised, i.e., rust stains, mineral or salty taste.

## What's The Right Salt to Use?

### NATURAL SALT

#### Natural Salt Water Softener Salt Cubes with RESIN KLEEN

The ultra high purity of natural salt Water Softener Salt Cubes with Resin Kleen results in a highly soluble product, which virtually eliminates tank clean-out and helps the softening unit operate at peak efficiency. Features: Keeps softener clean & maintenance free, highly soluble 99.8% pure salt, controls mineral build-up, eliminates brine tank clean-out, helps softener operate at maximum efficiency and product sized to eliminate bridging, mushing and channeling.



or

### NATURE'S OWN

#### Nature's Own Potassium Based Water Softener Crystals

Nature's Own processed cubes is a POTASSIUM, not sodium, ion exchange salt used to soften water, by removing iron and other unwanted trace minerals. Your water will not only be soft, but it will actually be more healthful. Nature's Own works with any brand water softener, and Potassium can actually help lower the risk of stroke and high blood pressure. Plus, Nature's Own reduces the amount of chlorides discharged into the environment versus common salt, and it's friendlier to your lawn.



Order today and we will service your water softener free of charge while we are there.

## COMPLETE SALES • INSTALLATION • SERVICE

### ASK FOR SPECIAL PRICING ON:

- Salt Delivery
- Water Coolers
- Purified Water Delivery
- Sanitizing & Changing R.O. Filters
- Upgrading Your Water Treatment System
- Installation of our Bacteria Removal System
- Swimming Pool Chlorine - FREE Sanitation System

FREE  
Summer 11-Point  
Water  
Conditioner  
System  
Check-Up

**Call US after you open  
your swimming pool.**

222 Millstone Road  
Millstone Township, NJ 08535

(732)446-2021 • Fax: (732)446-2506

Please visit our website @ [www.uswater.net](http://www.uswater.net)



# There is NO Sulfur in our well water.



## Here's the realty:

Iron and Sulfate-Reducing BACTERIA are common problems in our well water. They present themselves as a slimy biofilm usually found in toilet tanks, in water filter housings and in water treatment tanks. Bacteria live and breed in iron-fouled water, and when they die, they decompose and putrefy, and the repulsive "Rotten-Egg" odor is produced.

This is actually Hydrogen Sulfide Gas, NOT SULFUR in our water!

Shock Chlorination of private wells is a quick, but temporary way, to get rid of the IRON BACTERIA in our wells and our hot water tanks and all of our plumbing; however, the permanent solution is to install our patented Auto-Chlorination System in your basement. Please call us today, for special pricing for readers of THE MILLSTONE TIMES.

We drink to  
your health.

\*\*\* Since 1987\*\*\*

✓ What I need to remember to tell  
Barry at US Water.

- ☐ Iron stains on the driveway, fences or Belgium blocks.
- ☐ Rust in stall showers, sinks, or toilet bowls.
- ☐ Metallic taste in water.
- ☐ That "Rotten Egg" smell.
- ☐ Spending too much money on pool chemicals.
- ☐ Damp, musty, mildew smell in basement.
- ☐ Black mold on our softener tanks.
- ☐ Our salt level doesn't go down, or our salt tank is overflowing.
- ☐ We need to upgrade our water treatment system.
- ☐ Can my water softener handle my sprinkling system?
- ☐ We're spending too much money on bottled water.
- ☐ "Wet dog" smell in our water.
- ☐ Wet floor near our water treatment equipment.
- ☐ Leaks in plumbing. (low pH = acidic water) can eat away at my copper pipes.
- ☐ I understand that all salts are not the same. Can the "orange bags" be bad for my softener?
- ☐ I want to reduce my electric utility bill.

The US Water Treatment &  
Solar Energy Company  
(732) 446-2021



# The Wine Room

## *New Jersey's Largest Hands-on Winery in Our Own Back Yard*

By Pam Teel

Are you a wine connoisseur? Have you ever thought about making your own wine from the beginning process of crushing the grapes through the barreling and aging process? Then you should check out The Wine Room at 227, Route 33 in Manalapan, where owner Pat Campisi will guide you through the process once you have chosen the wine you wish to make.

With over 25 different varieties to choose from, you will be guided through the process of de-stemming and crushing the grapes with the most updated professional winemaking equipment on hand. Seven to ten days after the crushing, you then press your crushed grapes into authentic Italian wine presses where it is then pumped into American oak barrels and left to continue to age and develop. Your barrel is then racked to remove sediment from the maturing wine. The last step would be to bottle, cork, cap, and label your wine to take home and enjoy.

The wine making room makes a great outlet for business entertaining. It's already a favorite of CEOs from Fortune 500 companies, Wall Street, office employee groups, family and friends, etc. You can also make a barrel of wine ahead of time for a wedding or upcoming family functions. You can meet with the events manager and set it all up and the best part of it all, you don't have to travel far to share this unique experience.

All wines are made in 53 gallon American Oak barrels. A full barrel will produce 21 cases of wine—that's 252 bottles. You can also make half barrels. Go in with some friends and share the cost, then sit back and enjoy the fruits of your labor. Your choice of red, white and red blends are available; there is a list to choose from. You



An event takes place among the reserved wine barrels at the WineRoom in Manalapan

will also be able to sample the wine of your choice. Sounds like a barrel of fun? It is!

Visit the Wine Room's website at [www.atthewineroom.com](http://www.atthewineroom.com). Make sure you check out their step-by-step instructional video on how to make your special wines. ■



Dr. Gerald Woehr, former Superintendent of Schools in Plumsted Township, was recently surprised when his family joined together for a picture in front of the school named in his honor ten years ago. Brunch at the exquisite Laurita Winery followed.

## Bringing Jersey Fresh Food to Schools

By Susan Heckler

Every few years, new dining trends evolve; the latest being farm-to-table restaurants. We all understand fresh is best, especially if you know the source. Why not take this attitude one step further into our homes and our schools?

Two legislative bills have just been passed and await our Governor's signature. Assembly bill 2641 supports the state's "Farm to School" and "Farm to Gardens" programs, allowing taxpayers to make a contribution on their income tax forms, and creates a fund in the Department of the Treasury to hold these funds. Annually, the Legislature will appropriate the monies in the fund to the Department of Agriculture to support the two farm-friendly programs. Additionally we have bill A-2642 which allows the Secretary of Agriculture to solicit and accept private and public money to support the state's "Farm to School" program.

The school lunch programs rely on canned and frozen produce, which do not have the nutritional benefits of freshly grown and picked. Serving up Jersey fresh produce, non-processed food in a healthy, balanced diet whenever possible will bolster our farm community.

Two related bills are also pending, a third bill, A-2643, which establishes the "Best in New Jersey 'Farm to School' Awards Program" to recognize the outstanding "Farm to School" utilization by a school or school district and A-156, which supports the "Farm to School" program by requiring the Department of Agriculture to post important information about the program on its web site.

According to Assemblyman Ron Dancer, one of the sponsors of the bills, "The 'Farm to School' program is a successful National model that will now connect our local farmers with hometown schools with healthy Jersey Fresh produce, including fruits and vegetables."

Happy, healthy kids and a happy, healthy farming community sound like a good pairing. ■



# Sunday Night Jazz and Blues



The Freehold Borough Arts Council presents its second season of Sunday Night Jazz and Blues in the Downtown Freehold Gazebo. Come enjoy some of the areas best jazz and blues musicians in beautiful downtown Freehold Borough. Shows start at 7pm. Here's the line up:

## August 3

Layonne Holmes &  
The New Jazz Standard  
(jazz)

## August 10

Chuck Lambert  
(blues)

## August 17

Stone Dog Trio  
(blues)

## August 24

Uncle Funky  
(jazz and blues)

## August 31

Kati Beddow Brower  
(jazz and blues)

## September 7

Anthony D'Amato  
(jazz, motown and blues)

A special thank you to our sponsors who have made this series possible: Dr Russell Brokstein of Hometown Family Wellness Center LLC, Investors Bank, Poshe Socials, Downtownfreehold.com and great friend of the arts Linda Fascio.

Concerts are free to the public and seating is provided by [www.downtown-freehold.com](http://www.downtown-freehold.com).

Vist [www.freeholdborougharts.org](http://www.freeholdborougharts.org) for this and other great events. ■

Start a New Tradition  
with Friends or Family...

## MAKE YOUR OWN WINE

Perfect for Special Events:

- Wedding Wines
- Corporate Events
- Private Parties

## Free Wine Sampling Events

August 15 & 16

Friday 7pm-9pm

Saturday 12pm-2pm

Call now – RSVP a must!



NJ'S LARGEST HANDS-ON WINERY

# The Wine Room

227 Rt. 33 East, Manalapan

732.792.7007 • [www.atthewineroom.com](http://www.atthewineroom.com)

## 5th Annual Ken Beauregard Golf Classic

Saturday, September 20

Cranbury Golf Club, West Windsor, NJ

609-587-7076

Email: [ccchoir@optonline.net](mailto:ccchoir@optonline.net)

[www.CCChoir.com](http://www.CCChoir.com)



Sponsored by the  
**Community Christian Choir**

## STOP DEER DAMAGE!

**THIS MONTH ONLY:  
FREE TRIAL APPLICATION!**

Monthly Spraying Service • All Natural Formula  
Environmentally Safe • Harmless to Humans and Pets • Money Back Guarantee  
Residential and Commercial • Owner Patented Product  
**NOT AVAILABLE IN STORES!**

take back your yard!

"We've gone from having our 2 acres decimated by deer to having no problems whatsoever. This company stands behind its product & provides wonderful service. Worth every penny!" — Ernie J., Colts Neck

## NEW JERSEY DEER CONTROL

Deer Repellent Spraying Service

FREE ESTIMATES | [www.njdeercontrol.com](http://www.njdeercontrol.com) | (732) 995-7264



## Community YARD SALE

**Saturday, Sept 27, 2014 • 8am-1pm • Rain or Shine**  
**Jensen's Deep Run Community Center**

Coffee, donuts, hot dogs & soda reasonably priced.

Entrance on Route 537, opposite Cream Ridge Pet Care Center. Proceed to stop sign; parking lot is on right. (Address: 20 Longview Trail, Cream Ridge, NJ [Plumsted Twp])

### SALES • RENTALS • LEASE • SERVICE REPAIRS

#### Monthly Rentals Start At \$50 Per Month

- Full Service Copiers, Fax, Printers, Scanners
- Owner Operated
- Unsurpassed Reliability & Professional Service
- Monthly Rentals Start At \$125 per month
- Full Service Included In All Rentals
- Servicing Monmouth County and all NJ For Over 15 Years

**We Carry All Major Brands**  
**Digital Copier Services**  
**(732) 439-9216**

**We Service  
All Existing  
Machines**



## Honor a Special Someone with the Mighty Oak Award



Whether it's a teacher, counselor, nurse, secretary, custodian or bus driver, everyone likes to be appreciated. The Millstone Township Foundation for Educational Excellence's Mighty Oak Award is a perfect way to do that. Plus, the money generated benefits Millstone Township students!

When families make a minimum donation of \$10, MTFEE will send each of the

honorees a "Mighty Oak Award" certificate. The certificate will include MTFEE's new branding, date, sender's and recipient's names, as well as a special message. The amount of the gift will not be disclosed.

Order a MOA certificate to show a special teacher or staff member just how terrific you think he or she is. Your donations will not only make someone's day, but it will also help fund innovative and exciting classroom programs, educational opportunities for students, staff development, and state-of-the-art teaching materials that are beyond the scope of the general school budget.

Please visit [www.mtftee.org/mtf/Fundraising](http://www.mtftee.org/mtf/Fundraising) and use the PayPal link. Please make sure to enter your desired message (maximum is 3 sentences) and how you would like your MOA signed (ex: From, the Smith Family or Love, Timmy Smith). On the payment screen (under your address) where it says "Type your special message," sample messages could be "Happy Holidays" or "Thanks for being a great teacher! From, the Smith Family." ■

## Legislation Recognizes Future Farmers of America



Monmouth County Future Farmers of America (FFA) members and friends at the 2013 Monmouth County Fair in Freehold, NJ.

The Monmouth County Board of Chosen Freeholders voted unanimously to pass a resolution supporting NJ Assembly Resolution 145, sponsored by Assemblyman Ronald Dancer (District 12), which recognizes and supports the Future Farmers of America (FFA) and the role of agricultural education in New Jersey.

"Agriculture is a vital part of New Jersey's economy, comprising 10,300 farms on 730,000 acres of land that generated \$1.2 billion in sales in 2011," said Freeholder Director Lillian G. Burry. "New Jersey produces more than 100 different kinds of fruits and vegetables and we must preserve the great vitality and diversity of New Jersey's agricultural industry by supporting and educating the next generation of farmers, biologists, chemists, veterinarians, engineers and entrepreneurs who make it possible."

The FFA helps to prepare each new generation of farmers for the challenges of feeding a growing population by providing agricultural education and career guidance to students across America.

"To help raise awareness about the FFA, the local FFA groups will be selling produce at the Monmouth County Fair again this year," added Burry.

Participating groups are from the following high schools: Allentown, Freehold Township, Biotechnology and the Monmouth County Vocational School District Career Center. They will be selling locally grown produce during all Fair hours from July 23 through July 27.

"Last year was the first time that locally grown produce was sold at the County Fair," said Freeholder Deputy Director Gary J. Rich, Sr. "This is just one more way we celebrate Monmouth County's agricultural roots at the Fair."

For more information about the Monmouth County Fair go to [www.visitmonmouth.com](http://www.visitmonmouth.com) ■



# The Business of Horses

By Susan Heckler

You know an area is very involved with something when there are several clubs and organizations within a small radius. Millstone Township and its neighbors boast The Horsemen's Association of Millstone Township, The Pleasure Horse Club of Central Jersey, a Millstone Riding Club, NJ Region Pony Club, Standardbred Pleasure Horse Organization of New Jersey, the Standardbred Retirement Foundation just to name a few and of course The Horse Park of New Jersey.



According to a report prepared by The New Jersey Equine Advisory Board (a unit of the NJ Department of Agriculture), there are over 30 equine facilities in Monmouth County alone where you can breed, board, learn and practice. The location of these businesses calls for supporting businesses to care for and feed the beautiful animals.

New Jersey State Assemblyman Ron Dancer stated "Central New Jersey is actually the 'birth-center and epicenter' of the state's equine industry." The State's Constitution was amended by the voters in 1947 to permit pari-mutuel wagering on horse races and, at that time, when his father began racing at Freehold Raceway. His late father, Stanley Dancer, actually started the state's first training center on his horse farm in New Egypt in 1949. Stanley Dancer believed in having his racehorses spend as much time as possible on his farm's pastures rather than stabling them at the track in a 12 foot x 12 foot stall. His horses were very successful 'coming off the farm.' This led to many other horse owners buying property in Central New Jersey.

Beginning in the 1970's with the expansion and competition of Lotteries and Casinos, horse racing began its decline. Although the state and this central Jersey area experienced challenging times up to the present day, this region has retained many of its horse farms due to the central location, farmland preservation and state legislation, which Assemblyman Dancer sponsored in the Assembly, to authorizing the leasing of the state's racetracks to the private sector for \$1.00 a year. Thanks to the support of our elected officials, our area remains one of the nation's most desirable locations for the equine industry. This industry has more than 7,200 horse farms, comprising of 176,000 open space acres, with 42,000 horses and 13,000 jobs.

Our residents enjoy the industry as they drive through the country roads and view the beautiful vistas along with the adorable faces peeking over the fences. Our children learn to ride and appreciate animals. We enjoy the racetracks and we appreciate what our elected officials are doing to maintain our home town character. ■

MONMOUTH COUNTY NJ

## SCHOOL of ROCK

Schedule Your  
**FREE**  
TRIAL LESSON\*

**20% OFF**  
1st Month Tuition or  
Camp Enrollment\*

\*New students only with coupon. Not combinable with other offers. Expires 9/1/14.

256 Route 79, Marlboro, New Jersey 732-290-0666

[www.monmouth.schoolofrock.com](http://www.monmouth.schoolofrock.com)

*Congratulations Class of 2014!*

Take advantage of our recent graduate and student special as you head for success!

**10% off the following services with this ad:**

Resumes • College and scholarship application essay assistance  
Post-graduate personal statement essay assistance

*All About Writing*  
"Writing help is just a call or click away!"

732-919-7090 • [www.allaboutwritingconsulting.com](http://www.allaboutwritingconsulting.com)



Season Runs: August through November

Registration Fee: \$135. Late Fee: \$30.

Program begins August 1, 2104

Our Eagles Football squads are comprised of players ranging in age from 5 to 15 years old. Both boys and girls are encouraged to participate.

Practice begins August 1. We practice 4 nights a week, Monday through Thursday, through the last full week before school starts. The first game is usually the first Sunday in August. Once school starts, practice drops down to 3 nights a week, Tuesday, Thursday and Friday. There is a game every Sunday, with a total season of 7 games. All home games are played at the Wagner Farm Complex.

The playoffs follow immediately afterwards. This, being our fifth season as a member of Pop Warner we continue the Millstone Eagles tradition of having fun, learning the values of team work, and good sportsmanship. Along with fun, the Eagles have put together competitive, winning teams at all levels. Thanks to all the parents, players, and coaches who make it possible.

All Home Games played at Wagner Farm Park Athletic Complex  
4 Baird Road and Woodville Road

[www.millstoneeaglespopwarner.com](http://www.millstoneeaglespopwarner.com)





## Millstone Township Schools Offer Simple Solution for Back to School Supplies

Order Your School Supplies for Fall Now!

The Exact School Supplies Your Teacher Requested

Delivery to Your Front Door or School

Name Brand Products like Crayola, Mead & Avery

Convenient On-Line Ordering

1st Day School Supplies converts your child's back-to-school supply list into a customized kit with name brand products delivered directly to the child's home. Parents shop on-line from the convenience of their home or work place!

For more information and to place your school supply order visit  
**[www.millstone.k12.nj.us](http://www.millstone.k12.nj.us)**

## Casagrande Bill a Trifecta for Horse Racing, Casinos and Open Space

Assemblywoman Caroline Casagrande has signed on as a prime sponsor of legislation that will benefit the horseracing and casino industries in New Jersey while providing money for open space.

"The horse racing and casino industries are equally important to New Jersey," said Casagrande, R-Monmouth. "This bill will bolster both industries while creating a stable source of funding for open space preservation without raising taxes."

The measure, A-3194, authorizes slot machine gambling to be conducted at horse racetracks and dedicates a share of the revenues for open space preservation.

It directs the Division of Gaming Enforcement to establish and oversee slot machine gambling operations at horse racetracks. The revenues generated would be equitably distributed to the horse racing industry and casino licensees in accordance with a developed formula. The state's share of revenues would be dedicated for open space preservation. Voter approval is required for the bill to be implemented.

"Our horseracing industry has been hit hard by competition from our neighboring states that have built elaborate facilities which offer racing as well as slot machines. It is way past time for us to fight back and keep these gaming dollars in New Jersey," said Casagrande, who noted that the horseracing industry is crucial to the state's economy.

The Garden State's horse farms support several other businesses, from tack and feed shops to veterinary practices. A Rutgers Equine Science Center study shows the horse industry contributes \$1.1 billion to New Jersey's economy annually, with nearly 13,000 jobs generated.

Casagrande sponsors the bill with Assembly Republicans Ron Dancer and Declan O'Scanlon. ■



## Staying Sane in September

By Russell Carstens

The back to school season is hectic enough for kids, let alone parents. Keep your mental health in check during the transition with the following suggestions:

**Establish good homework habits.** As the Tao Te Ching advises, handle things while they are small. Upon getting home, homework is not yet a pressing issue. Keep it that way. After dinner and close to bedtime, it will become one. Speak to

your children about the benefits of completing homework first thing. They have the rest of the day ahead of them, and they are still in work mode. Take advantage of that momentum.

**Consider summer learning programs.** Students can forget what they've learned during the year over summer break. Enrolling in a program for maintenance or enrichment will keep their skills sharp and attitude motivated. This makes for a more smooth changeover back to school. Thus, less dependency on you to assist with homework and projects.

**Carpool.** If possible, do so in rotation with other parents. Save time and gas. This can free up time for yourself or other morning/afternoon priorities. Plus, you're being kinder to the planet by reducing your carbon footprint.

**Purchase supplies in advance to avoid the first week rush.** After the first few days of school, office supply stores are a frenzy. Items your children need may be out of stock. As a result, they are already starting the year off behind. Again, stock up ahead of time to avoid issues. You can save money by purchasing notebooks, etc at non-office supply stores.

**Eat healthy.** Eating at least one well-balanced meal a day with water will complement your overall well-being. Oatmeal is a simple breakfast that can be made by kids in a snap without your help. Plus, the fiber content fills them up. Avoid the lure of sugary soft drinks, as they carry virtually no nutritional value.

**Monitor your caffeine intake and stay hydrated.** One or two cups of joe will give you the jolt needed to put a spring in your morning step. But avoid excess caffeine, which can lead to anxiousness, dehydration and other negative side effects. Instead, drink water throughout the day. If you aren't a regular water drinker, you'd be surprised at how much more energy you have by switching over from coffee or soda. The more hydrated you are, the less hard your organs have to work. You then have more energy to expend.

**Get plenty of rest.** This is one of the most important parts of maintaining your mental health. It's also one of the most overlooked. Being under-rested makes you more prone to moodiness and less effective. Some people need more sleep than others. Generally, aim to get at least seven hours of sleep a night. If you can get more, great, but don't overdo it. You may be familiar with the lingering drowsiness that sticks throughout the day after ten-plus hours in the bed.

A body at rest stays at rest and a body in motion stays in motion. Balance it out. ■

If you aren't a regular water drinker, you'd be surprised at how much more energy you have by switching over from coffee or soda.





# As Seen On TV: Buyer Beware

By Pam Teel

## Do Potato Pouches Really Work?

**Potato Express Microwave Potato Cooker.** It creates a steam pocket to cook perfect potatoes in the microwave in just 4 minutes. It can cook all kinds of potatoes, yams, corn on the cob, day old bread, tortillas, and more.

I have to say I was surprised. I wasn't expecting this to work. It's made of polyester and cotton and can fit 4 small potatoes or two big ones in the pouch. I experimented with two large potatoes, placing two in the oven and two in the microwave. There is actually a taste difference. Don't poke the potatoes and don't microwave on high. I used the potato setting on my microwave. The potatoes in the pouch came out moist and the texture was creamy and velvety as opposed to the oven method where the inside of the potatoes were a lot dryer and took much longer to bake. I used the pouch a few times now, just with the potatoes, and got the same results everytime.

It's a simple product with no fuss or mess. You just slip the potato into the pouch and microwave for 4 minutes. It's washable too. There was a reason why it's been on Amazon's bestseller list for some time now. I would definitely give this product a thumbs up! Potato Express can be purchased through Home Trends magazine or Taylor Gifts for \$19.98 for a set of two, and at Amazon.com. You can buy a single one there anywhere from \$1.49 and up (there seems to be plenty of other potato bags out there now that perform the same function, so you have a choice). Prices vary from \$6-\$15 depending on the size of pouch you purchase. If you like moist potatoes and don't want to wait for oven time to bake, it's worth it. No clean up involved!

## Is There an Easier Way to Peel a Hardboiled Egg?

**Eggies – Hard Boiled Eggs without the Shell.** Save your money. I'm glad I only paid \$4 for this product, which normally sells for \$9.99. It claims no more messy peeling, but you still have to put the plastic egg holder together and clean it out afterwards. It comes with directions for assembling. It comes with six Eggies and an egg separator for healthy egg whites. Spray vegetable oil onto a napkin and coat the container before pouring the egg into it (according to the directions, you can't spray the vegetable oil directly into the container). You then assemble the container, screw on the lid and boil in water. You have to make sure there is enough water for the egg to float. Being that the container is top heavy, the egg settles in the lid part and the egg cooks unevenly. Every time I tried to boil a perfect egg, the egg came out lopsided. According to the picture on the box, all six Eggie containers were placed in a pot so the eggs were sort of stationary when being boiled. How many people boil six eggs at a time? After about 12 minutes your egg is done. You then twist the lid and slide the egg out. Then you have to clean the plastic out afterwards because the egg whites seem to get caught toward the top of the lid. It claims to be so fast and easy. I found it anything but that. I just found it too much work for an imperfect egg. I think I'll stick to the old fashioned way. Place the egg in water, boil, and peel. I use vinegar in the water, then immediately put the eggs in an ice bath, tap the bottom (fat end) of the egg on the counter to pop the air bubble and then peel. You can find this product at Amazon.com and Walmart, but I wouldn't waste my time! I definitely give this product a definite thumbs down. ■



## Calling All Girls!

CFC Loud N Clear Foundation Presents

## RAISING THE BAR

REAL LIFE ISSUES PROGRAM FOR GIRLS AGES 13 -18

Real Talk...Real People...Real Life...

Topics: Etiquette / Honor Yourself • Essence of You / Dare 2 Dream • Pain & Vanity / Living Drug Free  
Gratitude / Perception / Communication • Community / Volunteering / Integrity • Girls United / Sex Today

**Two Day Event: August 16-17 • 9am-12:30pm • 260 Casino Dr. Farmingdale, NJ**

Numerous professionals & young adults sharing real stories & real guidance.

Girls will be camping overnight & need to bring a sleeping bag & pillow — tents provided.

Donation Amount: \$50 (all proceeds help support our ongoing self empowerment programs)

**Horses • Campfire • Dancing • Swimming • Food & Beverages by Starbucks & Chipotle**

FREE  
GIVEAWAYS!



**Space Is Limited – Register NOW Online • [www.cfcloudnclear.org](http://www.cfcloudnclear.org)**

**For more information, call Lynn Regan at 732-803-0518**





*Simply Elegant*



We are one of the most unique & exquisite locations in Monmouth county influenced by spectacular golf course views and elegant appointed interiors. Consider the possibilities with our ideal location for a stylish wedding, shower, reception, corporate function, golf tournament or fundraiser. The event pavilion is spacious and perfect for treating up to 275 guests to an unobstructed view of fountains, gazebo and lush beauty of the grounds. Each individual event is planned and custom designed by hands on owners as well as our catering and events team to fit your special day. Its no wonder we were voted one of the

BEST in Monmouth County two years in a row.

**Bella Vista Country Club**  
100 School Rd, East Marlboro NJ  
732.308.4600  
[www.Bellavistacc.com](http://www.Bellavistacc.com)







## Join Monmouth County's Largest Networking Group

Get New Business | Increase Your Income | Hear Testimonials from Over 100 Local Business Owners



SINGLE FAMILY HOMES • CONDOMINIUMS  
INVESTMENT PROPERTY • ALL YOUR MORTGAGE NEEDS



**Barry Cooper**

**732-547-7226**

36 West Main Street, Freehold  
NMLS # 207923

bcooper@benchmark.us • www.barryacooper.com

## Join Us

**Every Thursday Morning at 6:30 am**

The American Hotel in Freehold

(use back door and meet us in the Catering Hall)

For more information, call Erich at (732) 648-6622

**Art Classes for All Ages**

- Ladies Nites
- Scout Parties
- Birthday Parties
- Anime & Manga
- Fashion Design & Illustration

**Artisan Studio** 732-294-0234  
Located in historic Hobart House, 9 North Main Street (Route 79), Marlboro (conveniently located off routes 18, 520, 34 & 9)



4235 ROUTE 9 NORTH  
FREEHOLD, NJ 07728  
**732-462-5005**

- Pools
- Service, Repairs, Parts, Accessories & Chemicals
- Hot Tubs
- Outdoor Furniture
- Outdoor Kitchens
- Pool Tables
- Game Rooms
- Game Tables
- Generators
- & Much More

**CAMCO TIRE AND AUTO CENTER**

**TIRES • BRAKES  
FRONT END SERVICE  
EXHAUST SYSTEMS  
SHOCKS & STRUTS  
CLUTCHES  
TRANSMISSIONS**

**LOWEST PRICES GUARANTEED!**

Expert Installation on Engines & Transmissions.  
732-536-7338 • 300 Gordons Road • Manalapan  
STATE INSPECTION SERVICES

## WE KNOW PEOPLE. WE'VE GOT CONNECTIONS.

We're Spherion®, Central New Jersey's resident staffing experts. We've been serving the workforce needs of Monmouth and Ocean Counties for 25 years! Finding a unique candidate is not so daunting when you have a staffing partner who knows them personally. From office professional, sales and telemarketing, to customer service and accounting, Spherion delivers a full range of skilled talent! In our business, it's all about who you know. Gain a local hiring advantage—call Spherion!

First four hours free when you mention this ad!

732.224.1166

www.spherion.com



spherion  
STAFFING SERVICES



**Windows • Siding • Doors  
Roofing & More**

**Dave Fisher**

**732-617-4070 ext. 110**

**342 Route 9N, Suite 1**

**Manalapan, NJ 07726**

**dave@AceAluminum.com**



**www.AceAluminum.com**



**349 Route 9 South • Manalapan, N.J. 07726**

**732-536-8788**

*The Full Service Center For All Of Your Printing,  
Copying and Mailing Needs*

**www.mmpmanalapan.com**

**Why go to the Office "Superstore"?**



## FREE Rutgers Football Tickets for Kids 12 and Under

Rutgers University is offering free Rutgers Football tickets through the Junior Knights Club. Membership is free and is open to children 12 and under. Benefits include free tickets to the football home opener against Howard University, tickets to the Mens Basketball home opener, additional discounts for select games, a Junior Knights Club card and free access to some Rutgers Wrestling, Lacrosse, Soccer, Gymnastics and Womens Basketball

games. 2014 marks the first year for Rutgers in the Big Ten Conference. For more information, contact Rutgers Athletics Monday-Friday 9am-5pm at 866-445-4678 or visit [www.scarletknights.com/marketing/jrknights.asp](http://www.scarletknights.com/marketing/jrknights.asp). Please tell other parents, coaches, teachers, church organizations, 4-H, Boy and Girl Scouts, children, and others about this great program. ■



THIRD FABULOUS

Save the Date!

**BAGS, BAUBLES & BLING!**



**Handbags for Hope 2014**

Twilight Reception & Handbag Auction

**Tuesday, August 5, 2014**

TO BENEFIT

**Ronald McDonald House**

5pm - 8pm at the Turf Club  
Monmouth Park, Oceanport, NJ

For more information contact: Diana Alikas 732-222-8755 ext 31 or email Diana@rmh-cn.org  
Visit our website for up-to-date information: [www.rmh-cn.org](http://www.rmh-cn.org)



**GREGORY P. MATARRESE**  
**ATTORNEY AT LAW**

Over 20 Years Experience Serving  
the Residents of New Jersey and New York

Mention this Ad  
for a **FREE** Initial Consultation

PERSONAL INJURY • REAL ESTATE • BUSINESS FORMATION • WILLS & ESTATES  
MUNICIPAL COURT

Licensed to practice with offices in New Jersey and New York  
Call your neighbor in Millstone  
**(732) 446-6396 • [www.Matarreselaw.com](http://www.Matarreselaw.com)**  
515 Route 33 • Millstone Twp., NJ 08535



**NEW EGYPT, NJ**

**FOR ALL YOUR TOPSOIL, SAND AND STONE NEEDS**

**609-758-3400**

**Affordable Family Entertainment**

**Every Saturday through September**  
(weather permitting)



**\$3 OFF**  
with this ad

**720 Route 539, New Egypt**  
**609-758-1900 • [www.newegyptspeedway.net](http://www.newegyptspeedway.net)**

## The ABCs of Fruits and Vegetables

### Part Three

By Pam Teel

Nature has provided us with the greatest source of nourishment to our bodies, providing that fruits and vegetables are pesticide and GMO free. The next time you pick up a fruit or a vegetable, make note of just how beneficial it really is to your health.

**Honeydew** – Did you know that honeydew helps speed up wound and muscle healing, supports the immune system, is a good source for vitamin C, and helps regulate the blood sugar? It is also great for heart health and improving your skin. It lowers blood pressure, contains anti- oxidants and is low in calories and full of fiber.



**Kale** – High in iron and vitamin K, it is anti-inflammatory and great for detoxifying the body. It helps aid with digestion, hydrates your body, increases your metabolism, strengthens the immune system, keeps your bones strong, prevents heart disease, and helps prevent cancer.

**Limes** – Great for weight loss, good for digestion and constipation relief, stimulate peristaltic motion of the bowels, help with urinary disorders, help with gout, are anti-inflammatory, help with fatigue, heartburn, respiratory disorders, gum and eye health, reduce body odor, have more vitamin C than a lemon, good for peptic ulcers, treatment of scurvy, and help to rejuvenate skin. Pour fresh limejuice into ice cube trays and freeze. Pop cubes into your favorite drink!

**Onions** – Help to improve immunity, regulate blood sugar, reduce inflammation, heal infections, antibiotic, antiseptic, a remedy for the common cold, cough, fever and sore throat, increases sperm count, reduces pain and inflammation of joints, prevents tooth decay and reduces tooth pain. It was once used to eliminate worms in stomachs of children and to eliminate lice in hair. Onion juice was used with turmeric and applied on the face to help remove dark pigments and patches. It also aids with earaches.

**Oranges** – Anti-inflammatory, lower high blood pressure, great vitamin C value, disarm free radicals, prevent damage in the aqueous environment both inside and outside of cells, reduce risk of colon cancer, and reduce severity of asthma, colon cancer, osteoarthritis and arthritis. They prevent oxidation of cholesterol polymethoxylate flavones (PMF"S) that have potential to lower cholesterol. Oranges promote a healthy immune system, reduce the risk of death from all causes including heart disease, stroke, and cancer. Oranges provide daily fiber value.

**Peanuts** – Also known as ground nuts, peanuts are members of the legume family and the best source of protein in the plant kingdom. They contain vitamin B vitamins that increase energy, prevent muscle spasms and cramps, and help increase metabolism. They have a memory enhancing power and help to lower and control cholesterol levels. Their copper content helps in reducing bad cholesterol. They are a good source of tryptophan, important for the production of serotonin, and are a key chemical involved in mood regulation. Vitamin B3, or niacin content, makes it a brain food boosting memory power. Peanuts help to reduce the risk of heart disease, cardiovascular and coronary heart disease. They have significant amounts of iron, zinc, magnesium, and vitamin D. Surprisingly so, eating one ounce of nuts, or peanut butter a week, can help prevent gallstones by 25 percent.

They contain folate to help aid fertility, protect against cardiovascular disease and also helps inhibit tumor growth.



Next time you are in need of a snack, put down that bag of Dorito's and grab a fruit or a vegetable in its place. Your body will be glad you did! ■



**Pearls of Wisdom Media LLC**



**Jackie Berman**  
732.610.1567  
PearlsOfWisdomMedia@gmail.com  
www.twitter.com/jackieberman

Social Media - Don't have the time?  
Let Pearls of Wisdom take over.

Twitter Facebook LinkedIn

MEMBER OF NJAWBO

# Steps to Building a Loyal Twitter Following

By Jackie Berman

**Fact: 46% of online users count on social media when making a decision.** A loyal following is engaged with you and finds your content you share either interesting or useful.

1. Have a complete profile bio along with your picture. You only make one first impression, so an avatar or company logo is a must, but a personal photo is the best. Followers tend to trust a human face more.
2. Your tweets should meet the needs of your followers. Be informative, creative and entertaining with every tweet. Every tweet should be planned. Pictures are great to include.
3. Use the Twitter directories to find users that share your interest. Following people of higher quality will help you credibility and

give you access to quality information you can share.

4. Schedule your tweets by using many of the tools available. (I prefer Hootsuite and SocialOomph.) By scheduling your tweets, you are active throughout the day without having to return to your Twitter feed. Remember you still need to converse with your followers and re-tweet.

Remember size does not matter in social media, it is the engagement. Your biggest fans will help you grow. ■

Jackie Berman • Pearls of Wisdom Media • 732-610-1567  
www.facebook.com/PearlsOfWisdomMedia  
www.twitter.com/JackieBerman



## JOIN BNI'S 'FINANCIAL SUCCESS' CHAPTER

**MARS TECH SERVICES**

Electrical \* Heating \* Cooling \* Generators  
Service That's Out of This World  
**1-888-571-9594**

ELIC # 17291 HIC # 68017

**BNI®**

**THE BUSINESS REFERRAL ORGANIZATION**

**Be Our Guest for a Free Breakfast**  
Any Wednesday at 6:45am  
Manalapan Diner on Route 9 North, Manalapan

**JUNK REMOVAL** **POWER WASHING**



**AFFORDABLE SPACEMAKERS**

**N.J.'s Most Dependable Junk Removal**  
FAMILY OWNED & OPERATED • Lic.# 0400430364

Estate Clean Out • Cellars • Demolition  
Garages • Business • Storage Space • Yards  
Fast and Reliable Pressure Washing • Mold Removal

**10% OFF WITH THIS AD**

**732-610-0825 - FREE ESTIMATES**  
**www.AffordableSpacemakers.com**

**Nick's Lawn Masters**  
Nick Acinapura

Quality year-round landscaping and lawn maintenance  
Year-round firewood delivery

**609-903-5757 • Nick78fmnj@optonline.net**

TELEPHONE & VOICEMAIL SYSTEMS  
COMPUTER NETWORKING  
VOICE OVER IP  
PAGING AND AUDIO SYSTEMS  
HOME THEATER  
DOOR ACCESS



**WILLIAM DARK**  
P: 732-747-1030  
C: 732-778-4000  
wdark@endpointtele.com  
www.endpointtele.com

**Accountants & Consultants**  
**Tax Preparations**  
**Audit Representation**  
**Business Start-Up Services**  
**Financial Planning**

**The Bernknopf Group Ltd.**

**Steven Bernknopf, EA**  
Managing Partner

**25 Kilmer Dr. Suite 211**  
**Morganville, NJ 07751**  
**732.617.1100**  
**steve@bgtax.com**

**IN BUSINESS FOR OVER 40 YEARS**

**PETE CONOMOS, Owner/Builder**



**EXPERIENCED BACK HOE & DUMP TRUCK SERVICE**  
All Excavations • Cracked Foundations • French Drains  
Trees & Shrub Removal  
**732-614-8037**  
**www.countryconstructionnj.com**  
Lic: 13VH01893200

**The Fig Leaf INSURANCE AGENCY**

**Bryan T. Tomko, President/Managing Director**  
**908-862-3447, ext. 9333**  
**www.TheFigLeafAgency.com**

**"We Cover What's Most Important"**  
**Home • Auto • Business • Life • Health**

**New Dawn Title Agency, LLC**

*Title Insurance • Settlements • Closings*

**Irene Campbell**  
**732-857-5172**  
**IreneCTitle@aol.com**  
**www.NewDawnTitle.com**



**Plan Your Summer Vacation Now!**  
*What beach would you like to see your feet in this summer?*



- All-Inclusive Vacations
- Honeymoons, Baby-moons
- Destination Weddings
- Luxury & Group Travel
- Exotic Get-Aways & Land Tours

Maria Tilton,  
 Franchise Owner  
 Cruise Specialist  
 & Land Vacations

**CRUISE PLANNERS** Toll Free: 888-430-9744 • Local: 732-410-8962  
[www.ilovevacationdeals.com](http://www.ilovevacationdeals.com)  
[www.facebook.com/CruiseWithMaria](http://www.facebook.com/CruiseWithMaria)

**THE COMPLETE HANDYMAN**  
 Home Improvements  
**"No Job Too Big Or Too Small"**  
 All types of repairs and installations, Finished Basements,  
 Bathrooms, Kitchens, etc.  
 Lic. #13VH04304300 \*Fully Insured



609-208-0907 wk. • **BOB YACOVELLI** • 732-735-1540 cell

**Free Review of Your Business  
 and Personal Tax Returns**

**CENTRAL  
 LOCATION**

**SIMON & DEITZ, LLC, CPA'S**  
 42 EAST MAIN STREET • Suite 204 • FREEHOLD, NJ 07728  
 Expert Business and Personal Tax Preparation

**PHONE: (732) 780-3665 • FAX: (732) 780-4402**  
**E-File Provider** [deitzfreeholdcpa@gmail.com](mailto:deitzfreeholdcpa@gmail.com)  
[www.kendeitzcpa.com](http://www.kendeitzcpa.com)

**JOIN OUR ONLINE COMMUNITY**

When you join The Millstone Times Online Community  
 you are automatically entered to win a  
**FREE DINING Certificate!**



Join Us to... See all of our previous winners  
 Get great local coupons  
 Receive news, deals & local info

Like Us On Facebook: **The Millstone Times**  
 Visit Our Website: [www.TheMillstoneTimes.com](http://www.TheMillstoneTimes.com)

# How Famous Rock Bands Got Their Names: Part 1

By Pam Teel

**B**ack in the 70's, we could pretty much name all the bands that were out there on the airwaves. Today there is such an explosion of different musical groups, in all genres, that it's hard to keep up with them all. Some of them have names beyond explanation or imagination. Names that defy logic such as Death Cab for Cutie, My Chemical Romance, Fall Out Boys, Smashing Pumpkins, Blink 182, Panic at the Disco, Limp Biskit, and Bullet for my Valentine, to name a few. While these bands have all reached some point of stardom, I'll stick with the more popular name grabbers and leave the ones that might need further psychological analysis alone for now. Perhaps you'll find your favorite group on the list.

**ABBA** – The initials of the first names of the band members in the group. Agnetha, Bjorn, Benny, and Anni.

**AC/DC** – Australian rocker, Angus Young likes to dress up as a young school-boy. His sister used to make his costumes. Angus saw an AC/DC tag on her sewing machine meaning it could work on alternate or direct electrical current and thought that it would be a strong name for a rock band.

**Beatles** – John Lennon suggested the name in the 1960's after thinking about Buddy Holly's band, the Crickets. Originally spelled Beetles, he later changed the spelling to BEAT to incorporate the word (beat) like a drum in it.

**Alice Cooper** – Allegedly Alice Cooper was the name of a spirit that band members came in contact with while using a Ouija Board.

**Bachman Turner Overdrive** – This is a combination of the band member's last names. The Overdrive came from a magazine name. The band thought it sounded cool.

**Backstreet Boys** – They named themselves after a flea market in Florida.

**Badfinger** – They were originally called the Iveys. They were signed to Apple Records by the Beatles and later changed their name to Badfinger. It was derived from the working title of the Beatles song "With a little help from my friends," which was originally called Bad Finger Boogie.



**Black Crowes** – Originally called Mr. Crowes Garden after a favorite children's book. They renamed themselves after a producer's suggestion.

**Boomtown Rats** – The name of Woody Guthrie's boyhood gang, which was named after Oklahoma City when it was known as Boomtown during the oil boom.

**Cold Play** – originally they were called Starfish. A friend's group already took the name Cold Play and when they changed their name, Starfish asked if they could use it. Originally Coldplay took the name from a book of collected poems called, "Childs Reflections – Cold Play."

**Credence Clearwater Revival** – It took three elements to put this name together. It was named after Tom Fogerty's friend Credence, and extra E was added. The Clearwater came from a TV commercial for Olympia Beer and Revival was the four member's total commitment to the band.

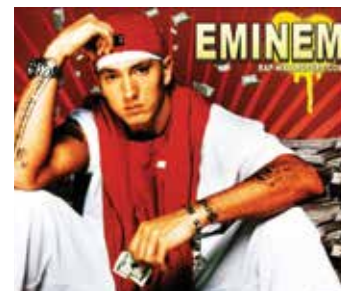
**Depeche Mode** – was named after a French magazine of the same name.

**The Doors** – was named after Aldous Huxley's book, The Doors of Perception, from a quote from William Blake. "When the Doors of Perception are cleansed, things will appear to man as they truly are!"

**Duran, Duran** – They took their name from the villain of a cult science fiction film called Barbarella. Dr. Durand Durand.

**Eminem** – the phonetic spelling of the initials of the Detroit rapper Marshall Mathers.

Stay tuned next month. More to come! ■





## FEMALE ATHLETE OF THE YEAR

*Continued from page 1*

Despite multitudes of practices, some on the same days, Kirsten still managed to keep her academics up to the highest standards. She got to travel to France this past year with the French Honor Exchange trip and also got to visit Costa Rica with her AP Biology class.

She spent a part of this summer on the Garden State Women's Soccer Travel Team, along with her mom where they recently just took the first place championship. Kirsten has volunteered in the past helping her mom run Special Needs Soccer in town for Millstone Recreation and also as a youth volunteer assistant soccer trainer.

Kirsten was accepted into the Honors Program at the University of Mary Washington in Fredericksburg, Va., where she was recruited to play Lacrosse. She will be majoring in biology with in active interest in biogenetics. Kirsten also likes to unwind by playing the piano and doing photography. She has won several blue ribbons at the county fair for her black and white photography.

Kirsten will soon be getting ready for the next phase of her life and no doubt will work twice as hard in college, both academically and with her sporting endeavors. Kirsten is someone who likes to set goals for herself and sees things through. We wish you the very best of luck, Kirsten. You are definitely one of a kind. Your self-discipline and determination will no doubt get you far in life. ■

## Call Us & Come In! It is Time To Feel Good Again!

**Would You Like You & Your Family To Have:**

- 60% less hospital admissions
- 59% less days in the hospital
- 62% less outpatient surgeries
- 85% less in pharmaceutical costs

Above results after a 7 Year study showed that a patient whose primary care physician was a chiropractor

**Chiropractic can help with these conditions for children that you may not think about**

- Enuresis (Bed wetting)
- Torticollis
- Chronic ear infections
- Poor immune response (Always sick)

**Choose Chiropractic for the ones you love!**



**Dr. Kevin Candino**  
Chiropractor

**732-970-6191**  
4 Bridge Plaza Dr.  
Manalapan



## Your House Is FUGLY and the Jones' Know It!

**STREAKY ROOF • VILE VINYL SIDING • SPOTTY WINDOWS • CRUSTY CONCRETE**



- 100% Biodegradable
- Uses 1/3 Less Water
- Lasts 4 Times Longer
- Over 70,000 Roofs Cleaned



**The Complete Exterior Cleaning Company**

*Serving New Jersey's Finest Homes*

**732-462-1187**

**www.ClearViewWashing.com**





# Do Something *GRAND* for Grandparents' Day!

Sunday, September 7, 2014  
Registration 11 am • Walk Start 1 pm



Intergenerational Family Fun • Door Prizes • Entertainment  
Contests & Games • 107.1 FM Live Radio Broadcast

The Walk for All Ages benefits the United Methodist Homes Fellowship Fund, which promises residents that they will never be asked to leave their Homes' community due to an inability to pay the total cost of care.

To register to walk, form a team, join a team, sponsor, become a virtual walker, and obtain more information visit [www.umhfoundation.org](http://www.umhfoundation.org) or call 732-922-9802 ext. 2128

Francis Asbury Manor • 70 Stockton Avenue • Ocean Grove

## PARENT POWER: Build the Bridge to Success



By adopting the following principles, you will be able to help your child learn at each step of the way and ensure success in school and in life.

**Be responsible.** Accept your role as the parent and make education a priority in your home.

**Be committed.** Once you have begun to work with your child, continue doing so throughout the year.

**Be positive.** Praise goes a long way with children, especially with those who struggle in school. Provide positive feedback.

**Be patient.** Show your child that you care through your commitment and encouragement.

**Be attentive.** Stop your child immediately when bad behavior appears. Show him or her what to do and provide an opportunity to do it correctly. Discipline should be appropriate and consistent.

**Be precise.** Provide clear and direct instructions.

Be mindful of mistakes. Record your child's performance. Look over all the work your child brings home from school and keep it in a folder. Help him or her correct any errors.

**Be results-oriented.** Gather information on how your child is performing in school. Keep notes of conferences with teachers, request progress reports and carefully read report cards and achievement test results. Ask questions about these results.

**Be diligent.** Work from the beginning to the end of the year with your child and the teacher.

**Be innovative.** Keep learning lively and dynamic.

**BE THERE.** Just be there for your child—to answer questions, to listen, to give advice, to encourage and to speak positively about his or her life. Be there to support your child whenever needed.

For more information and the complete Parent Power Guide by age visit: [www.ed.gov/parents/academic/help/parentpower/booklet.pdf](http://www.ed.gov/parents/academic/help/parentpower/booklet.pdf). ■

**1ST ANNUAL CONCUSSIONS IN YOUTH SPORTS**  
WHAT EVERY PARENT AND COACH NEEDS TO KNOW!

**WEDNESDAY, AUGUST 13, 2014 - 7:30 PM**

**iPLAY AMERICA**  
110 SCHANK ROAD, FREEHOLD, NJ 07728 | 732-577-8200

**FREE LECTURE!**  
DISCOUNTED BASELINE TESTING WILL BE AVAILABLE

**REGISTRATION REQUIRED**  
Call 732-747-1262 or [www.concussionrxcare.com](http://www.concussionrxcare.com)

**STEPHEN G. RICE, MD, PHD, MPH, FAAP, FACSM**  
DIRECTOR, SPORTS MEDICINE  
JERSEY SHORE UNIVERSITY MEDICAL CENTER

**DAVID BERTONE, PT, DPT, OCS**  
PRESIDENT / OWNER - CONCUSSIONRX CARE  
db ORTHOPEDIC PHYSICAL THERAPY

**ConcussionRX Care**  
at db Orthopedic Physical Therapy, PC

**iPlay America**  
GET INSIDE THE FUN!

iPlay offer included with registration





# Mosaic

## SALON & SPA

**I**t is our pleasure to share with our loyal clients that Mosaic Salon & Day Spa of Shrewsbury will be relocating to beautiful Tinton Falls Village in Tinton Falls, NJ.

We will open our doors in more spacious and comfortable surroundings. Mosaic Wellness & Beauty will be situated near the famous Spaw Spring. It will enable all of our clients to maintain their health and beauty. Since our opening for business in 2007 in Shrewsbury location, your loyal support has helped us grow, and now we need more space to serve you better.

**As of August 1st, we will not be operating in the Shrewsbury location. Our temporary home will be in our Mosaic Salon & Spa in the Morganville location (10 minutes North of Delicious Orchards on Rt. 34).**

All of us will be waiting with excitement for our beautiful Tinton Falls Village construction to complete to start our new journey with our loyal clients.

The history of Mosaic Salon & Spas started with our first location which opened in 1999 in Woodbridge with great success. Client's satisfaction motivated and led us to open another location **Mosaic of Shrewsbury**, with a talented staff to offer their services to our new clients in Monmouth County. Shortly the inspiration grew bigger and **Mosaic of Morganville** became available for clients convenience. Just recently the **Mosaic of North Brunswick** opened their doors to welcome new clients to enjoy services at Mosaic.

Estimated time for relocation of Mosaic to Tinton Falls will be end of September. We will inform you about the exact date through our newsletter and all social media.

If you have any questions about the new location of Tinton Falls, or the temporary relocation to Mosaic of Morganville, please call 732-530-8877 or 732-772-1838, and we'll be happy to assist you.

We look forward to seeing you at our new location:

**1201 Sycamore Ave., Tinton Falls, NJ (next to MJ's Restaurant)**  
**732-530-8877 | [mosaicсалonspa@verizon.net](mailto:mosaicсалonspa@verizon.net) | [www.mosaicdayspa.com](http://www.mosaicdayspa.com)**



PRSRT STD  
U.S. POSTAGE  
**PAID**  
PERMIT 280  
LANC., PA 17604

ECRWSS

POSTAL CUSTOMER

# BARNDOORE

*Rustic Elegance  
Catering*

For your Special Event, Corporate Luncheon  
or Family Celebration

Call or email 732-446-7900 [Catering@Barndooore.com](mailto:Catering@Barndooore.com)

---

# BARNDOORE

Real. Fresh. Local.

353 Sweetmans Lane • Millstone Twp. • 732-446-7900

[Barndooore.com](http://Barndooore.com)

breakfast • artisan sandwiches • deli salads • gourmet burgers • soup • great coffee

