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Millstone Kindergarteners learn a "How-To" lesson

By Pam Teel

n Thursday, February 19th, Ms. Angellella's Kindergarten class, along with the other kindergarten classes, got first hand instructions on how to make a pizza from Mary Costagliola, owner of Vesuvio's Pizza and Restaurant in Millstone Township, and her son Frank. Prior to their visit, the children were working hard on their "How-to-Do Something," books that taught readers such things as, how to make peanut butter and jelly sandwiches, how to wash your hands properly, how to build a snowman, how to play video games, and other How-To topics.

To celebrate the student's writing accomplishments, the kindergarten teachers at the Primary School invited the Vesuvio team to come in and show the class how to make a pizza, with the emphasize on how important it is do things in a certain order to get the best results. The children were excited to see, step by step, how to make a pizza, especially when Frank tossed the pizza dough into air. Each student received a white baker's hat as a souvenir, but what was even more delightful was that right after the demonstration, they all got to eat a slice of delicious Vesuvio's pizza.

Mrs. Costagliola, affectionately known to her former students as Mrs. C, is no stranger to the Primary School. She taught in Millstone for thirty-four years. She spent twenty of those years teaching in the first grade and the last two years, before she retired, she taught the second grade. This is the second year both she and her son were invited to do the pizza presentation. Mrs. C loved the chance to go back to the school, see some old friends, meet some new ones, and interact with the students once again. "I love working with the children here in Millstone," Mrs. C stated. "It's extremely rewarding. Frank and I had a great time talking to them all. We have a great group of children here in Millstone. As much as you give to them, when you work with them, you get tenfold back. It's so wonderful to see them grow and develop emotionally and academically. It's even greater seeing them go on to become responsible young adults. Whenever I go back to the school to do the demonstration, it feels like I never left. I could tell the children learned a lot from their "How-To" unit."

Mrs. C had nothing but high praise for the kindergarten teachers. "The teachers did a great job because when I questioned the children about the unit they were able to tell me a great deal. I could also tell they loved the pizza demonstration."

"By inviting Mary and Frank to celebrate the end of the kindergarteners' How-To writing unit, we wanted the children to understand that people use How-To's in their everyday life, just like Mary and Frank use, How-To make pizza, everyday in their lives. Our goal is to help the students understand that what they learn in school is really applied in the world," Ms. Angellella stated.



Mrs. Costagliola from Vesuvio's Pizza and Restaurant shows the Millstone Kindergarteners how to make pizza, step by step.



Kindergarteners- Elvis, Larry, Kasciarah, and Gianna enjoyed putting the cheese on their pizza during the How-To-Make Pizza demonstration.

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Is there a historic structure in your neighborhood?

County Historical Commission looking to recognize important buildings. Deadline is April 2, 2015

FREEHOLD, NJ – The Monmouth County Historical Commission is now accepting nominations for its annual preservation awards program that recognizes the people behind local, and often noticed, building preservation projects.

"Residents and business people who do the work to preserve local structures and buildings deserve public praise and recognition," said Freeholder Lillian G. Burry, liaison to the County's Historical Commission. "The Historical Commission has a tradition of finding some historic gems in the community and acknowledging the people who make sure that we continue to remember our past."

Anyone, including a property owner, may nominate a structure that has historic value and has undergone preservation work that was substantially completed in 2014. The deadline to submit a nomination is April 2, 2015.

Homes, business buildings, houses of worship, public buildings and other Monmouth County structures that are more than 50 years old are eligible for the award.

The nomination process is simple and entails the completion of a one-page application that can be downloaded from the County's website at www. visitmonmouth.com or by calling 732-431-7460, ext. 7413. Complete entry information is available on the Monmouth County website as well.

Completed applications should be mailed to Monmouth County Historical Commission, Hall of Records Annex, 2 nd floor, Freehold, NJ 07728 by April 2, 2015.

"Nominations may be made for a variety of building types," said John Fabiano, executive director of the County Historical Commission. "Adaptive reuse projects as well as the preservation of private homes are eligible for recognition."

Last year, projects recognized included the preservation and restoration of two Life Saving Stations in Long Branch, the restoration of a Victorian home in Ocean Grove, the restoration of the 1801 Stone Smokehouse in Freehold and the establishment of a historic museum in the Eden Woolley House in Ocean Township.





'Weekend in Old Monmouth' tour returns May 2 and 3

Fees waived for visitors at historical sites

The annual "Weekend in Old Monmouth" returns with historic sites throughout Monmouth County opening their doors to visitors interested in local history on Saturday, May 2 and Sunday, May 3.

"Weekend in Old Monmouth is a wonderful event for anyone interested in our rich history and unique architecture," said Freeholder Lillian G. Burry, liaison to the County's Historical Commission, coordinator of the weekend event. "The sites on the tour are generally operated independently of one another, but this special tour project coordinates the hours of operation at several locations so history buffs can travel by foot, bicycle or car to enjoy and take in many of the County's rich historic places all in one weekend."

All of last year's tour sites are returning for 2015. So, you can start planning your route by previewing the tour sites on the County's website at www.visitmonmouth.com.

The following sites will be open from 10 a.m. to 5 p.m. on Saturday, May 2 and noon to 5 p.m. on Sunday, May 3:

All Saints Memorial Church, Middletown Allaire Historic Village, Wall Allen House, Shrewsbury Ardena School Museum, Howell Burrowes Mansion Museum, Matawan Centennial Cottage, Ocean Grove, Neptune Christ Church, Shrewsbury Covenhoven House, Freehold Dr. Cooke's Medical Office, Holmdel Eatontown Museum, Eatontown Eden Woolley House, Ocean Old First Church, Middletown First Presbyterian Church, Rumson Friends Meeting House, Shrewsbury Great Auditorium, Ocean Grove Holmes-Hendrickson House, Holmdel InfoAge Science Center (Camp Evans), Wall Jewish Heritage Museum of Monmouth County, Freehold Township Keyport Fire Museum, Keyport Longstreet Farm, Historic, Holmdel MacKenzie House, Howell Marlpit Hall & Taylor-Butler House, Middletown Monmouth Battlefield Monument at the Monmouth County Courthouse, Freehold Monmouth Battlefield State Park, Manalapan Monmouth County Historical Association Museum, Freehold Joseph Murray Farmhouse, Middletown National Guard Militia Museum, Sea Girt Oakley Farm House, Freehold Township Ocean Grove Historical Museum, Ocean Grove Old Yellow Meeting House, Upper Freehold Red Bank Woman's Club, Red Bank Roosevelt Borough St. Catharine's Church, Spring Lake Sandy Hook Lighthouse, Middletown Seabright Lawn Tennis & Cricket Club, Rumson Seabrook-Wilson House, Middletown Strauss Mansion Museum, Atlantic Highlands Old Tennent Church, Manalapan Twin Lights Lighthouse, Highlands Village Inn, Englishtown Old Wall Historical Society, Wall Walnford, Historic, Upper Freehold Wilson Hall at Monmouth University, West Long Branch West Freehold School Museum, Freehold Township

In mid-April, the 2015 detailed tour book and tour map will be available on the Monmouth County website at www.visitmonmouth.com. On the tour dates, each tour stop will also have maps and booklets available. For more information, email history@co.monmouth.nj.us.

WHAT'S COOKING THIS MONTH?



Batata Vada, also known as fried potato dumplings, is a deep fried savory appetizer made with spicy potato mix. Served hot, they are crispy outside and soft inside.

Ingredients:

- 3 medium potatoes boiled peeled and roughly chopped (this will make 2 cups of chopped potatoes)
- 1 tablespoon oil
- 1/2 teaspoon black mustard seeds
- 7-10 curry leaves chopped, optional
- 1/4 teaspoon turmeric
- 1 tablespoon finely chopped ginger
- 1 green chili finely chopped adjust to taste
- 2 tablespoons chopped cilantro
- 1/2 teaspoon salt (adjust to taste)

Ingredients for the Batter:

- 1/2 cup of gram flour
- 1 tablespoon rice flour
- 1/8 teaspoon asafetida
- 1/4 teaspoon baking soda
- 1/4 teaspoon red pepper
- 1/2 teaspoon salt (adjust to taste) About 1/4 cup of water Oil to fry

Directions:

- 1. In a bowl mix the gram flour, rice flour, salt, asafetida, pepper, and baking powder. Add water slowly to make a thick and smooth batter. Set aside.
- 2. Heat oil in a frying pan on medium heat moderately.
- 3. Add mustard seeds as the seeds crack and add curry leaves, (curry leaves splatters so be careful!) potatoes, ginger, green chili, turmeric, and salt.
- 4. Stir fry for about 3 minutes over medium heat. Add cilantro and mix well. Turn off the heat.
- 5. Let the potato mix cool off, divide them into about 12 pieces and make them into smooth round ball, they will be little smaller then golf ball.
- 6. Heat about 1" of oil in a frying pan on medium high heat. To check if the oil is ready, put one drop of batter in oil. The batter should come up but not change color right away.
- 7. Dip the potato balls into the batter one at a time, making sure the potato balls are completely covered with batter. Then, slowly drop them into the frying pan.
- 8. Turn them occasionally. Fry the vadas until all sides are golden-brown.
- 9. Batata vadas will take about four minutes to cook.
- 10. Serve them hot with ketchup.



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The Millstone Times **PHOTO OF THE MONTH**

By Pam Teel

This month's photos come from Cathy Cary. The first photo is Cathy's daughter Nicole's pet goat Rosie enjoying all of the snow. Nicole is in 4-H and shows her goats at the Monmouth County Fair in the summer. The other photo shows Nicole's black and white goat named Cupcake, and her tan goat named Evora. There are 11 more goats on "Cary on Acres" in Millstone Township and more babies's coming in the spring!

If you have a photo that you would love to share, please send to: crescent671@yahoo.com. Please mention (share photo) in the subject box.

Keep those photos coming! You just might see yours in the next edition! You can send more than one!



Rosie enjoying the snow.



Evora and Cupcake trying to maneuver around the deep snow.



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STUDENT OF THE MONTH

This month's recognition for Student of the Month goes to Priscilla Pitiak of Millstone Township. Twelve-year-old Priscilla is in the 7th grade at the Millstone Township Middle School. She loves not only learning new things at school but getting to see her friends and playing school sports. Her favorite subjects are science and language arts. Priscilla loves to read adventure books such as, The Warrior Series, Hall of Fame. Her favorite TV show is Fantasy Factory. Her favorite hobbies are playing basketball, softball, horseback riding, ice-skating, swimming, playing the piano, and singing. She has also been in numerous talent shows and stage productions.

Priscilla scored a perfect 300 on the NJ ASK and has a Presidential award hanging on the wall in her school. She is in all advanced classes. She is currently on her school basketball team and plays on a recreation team as well. She ran cross-country for her school team and looks forward to the coming springtime to play softball.

Priscilla has been riding horses since she was six years old, and she currently rides weekly in English/Jumpers and Dressage. She has won many ribbons at horse shows. Priscilla loves all animals and would one day like to be either a veterinarian or a lawyer. She also loves doing charity and volunteer work.

At nine years old, she started her own charity organization called, "The Priscilla Project." She has collected food for needy school children so they can have a decent lunch during the summer months. She was recognized by Macy's and Bag Hunger for her work. She has collected hundreds of coats, in which she donated to the Boy and Girl Scouts Club of Ocean County. She has also done a school supply drive with donations being given to local agencies.

Priscilla has four siblings and has a black cat named Macy. Her favorite place to visit is California. Her favorite holiday is Christmas. She also loves the theater and loves going to Broadway plays. Her favorite foods to eat are pineapples and watermelon.

If she could have but one wish, she would want to go to see the Parthenon in Greece.

Keep up the good work in school Priscilla and a great big thank you for all of the charity work that you do. You are certainly an inspiration to others. You not only wish that you could do something to help others in need, you put your thoughts in motion and you get the job done. You are a true leader and a true giver! We wish you the very best!

Attention Millstone, Creamridge and Allentown Parents

If you know of a student, friend, child, who deserves a nod for their hard work in school, please email me at: crescent671@yahoo.com. Millstone, Allentown, Creamridge, we'd love to hear from you!

Friends of Millstone Township Historic Registered Properties

By Ellen Terry

Township Middle School enthusiastically applauded Edgar Allan Poe's recitation of "The Raven." Of course, as Poe explained, having passed away in 1849, it was necessary for a different being to appear before this appreciative audience. For the past 15 years, actress Helen McKenna-Uff has portrayed Poe on stage, radio & TV. She has been employed by the National Park Service at the Edgar Allan Poe National Historic Site in Philadelphia since 1995. Ms. McKenna-Uff portrayed Poe in a marvelously authentic manner, seamlessly weaving autobiographical facts with recitations of "Annabelle Lee" and "The Telltale Heart."

Poe engaged a rapt student body by selecting a panel of judges from among the scores of young people waving hands, hoping to be selected. Each student on the panel then had to explain whether the protagonist in "The Telltale Heart" was either guilty of pre-meditated murder, or not



One student remarked: "Her attention to detail was executed perfectly. If I was not told that she was a woman, I probably wouldn't have figured it out on my own." Another student anticipated future plans for this class: "I would definitely recommend bringing her back again."

And, indeed, the "Friends," in conjunction with the Millstone Township Middle School intends to host Poe again for next year's eighth grade Language Arts class. This program demonstrated that engaging students with an author (or well-prepared portrayer) enhances their understanding of literature, deepens their insights, and encourages reading and intellectual growth. We look forward to seeing Poe again in the autumn!









The Family Times Magazine Gets A New Look

We Are Excited To Announce The Family Times Has Undergone A Redesign.

Gunther Publications has redesigned one of their publications titled, *The Family Times*. Publisher, Cami Gunther says, "This new format reflects one of our greatest aims this season, which is to be more of a true magazine format truly focusing on family, parenting and kids. This new look, vision and focus will have tab sections including, The Working Parent, Baby, Pregnancy, Home Improvement, Fertility, Health, Pets and more. Our new look is a pure expression of continuing our mission and commitment to connecting the local businesses with the families in the CNJ Community.

"These additions and transformations fundamentally redefine what Gunther Publications is about and add substantial value for our readers, as well as the many local Professionals and Business owners who market and advertise themselves on our pages, web sites and social media platforms," says Gunther.

Gunther also reminds us that first and foremost is our print magazine. In addition to our huge commitment to all digital forms, our print magazine continues to be the most popular format for our readers to enjoy and our advertisers to present their services and business. Great publishing is about the visual, retention and feel.

The redesigned print magazine also expands our commitment to use the power of the image and call to action to create and capture more readers, which will in turn create more customers for our supporters, the local small businesses in CNJ.

If you are a parent, business owner or educator, we are looking for your suggestions and feedback. We are also always looking for important events and stories for the pages. Please email: TMFT@optonline.net anytime.

The Roosevelt First Aid Squad Receives Much Needed Grant Money

By Pam Teel

he Roosevelt First Aid Squad is the proud recipient of a \$1,200.00 grant presented to them by Jane Kurek, the Executive Director of the Provident Bank Foundation out of Morristown, NJ. The money allowed them to purchase CPR training aids for their department.

Under the guidance of Captain Jack Rindt, the Roosevelt First Aid Squad presently consists of thirteen members, all volunteers, and all of who live within three miles of the Roosevelt border. Roosevelt, a small borough in Monmouth County, was established as *Jersey Homesteads* by an act of the New Jersey Legislature in 1937, from portions of Millstone Township. The name was changed to Roosevelt in 1945, in honor of Franklin D. Roosevelt. Roosevelt currently has a population of approximately nine hundred residents.

The First Aid squad shares the same building as the Roosevelt Municipal Building and the same parking lot as their township fire department. Working on a small budget of approximately \$16,000 a year, they rely upon their residents and other sources for contributions to help them offset the high costs of operations in order to effectively answer life threatening calls to the very best of their abilities. "Although our town's population is smaller than nearby communities, our residents are very generous and give all that they can in order for us to function properly in our efforts to serve our community and our surrounding neighbors," Captain Rindt stated. "We are very appreciative of our townspeople for all of their continued help. We are also appreciative of the Provident Bank who have helped us out in the past with grant money so we could purchase brand new updated equipment. Because of their generosity, we were able to purchase newer lighter aluminum oxygen tanks, safety shoes, and recently, the CPR training equipment."

Captain Rindt is presently working on a grant through Fema to acquire another new ambulance to replace a used one that has recently been causing them mechanical problems. "It takes awhile for all the paper work to get done," the Captain expresses. "Right now, all we can do is wait and hope that the grant goes through. We need to make sure that we can rely on our vehicles when we go out and answer calls." In the meantime, the Squad narrowly gets by on their allotted budget, especially when you take into account maintenance and fuel costs for the vehicles, the insurance paid out for the EMTS, supplies, and other monthly costs.

The Squad responds to calls not just in their community but in other townships as well. They supply mutual aid to Millstone Township, Hightstown, East Windsor, Allentown, Upper Freehold, and other communities when needed. They also provide stand by's for community based functions. They are parked and on hand during such events as the Reenactment of the Battle of Monmouth at Battleground State Park, and other events in the area. The Squad was on hand to help out during Hurricane Irene, and with hurricane Sandy they helped to evacuate seniors from nursing homes in Atlantic County. Each EMT member is put through a state certified training. With the new CPR equipment, they will be able to teach CPR to community organizations such as the Boy and Girl Scouts or any other organization that would like to learn CPR. Right now, the Rescue Squad is setting their sights on lime green high visibility jackets to help keep their members safe when entering onto highways and high traffic areas when answering calls. They are also hoping to purchase a used Polaris utility vehicle that they can modify with a larger bed on the back so that they can use it as a mobile ambulance in such areas as the Assunpink, areas that their trucks cannot get close enough to.

The Roosevelt Rescue Squad answers calls all over Monmouth County and beyond. You can bet that if there is something big going on in your town, Roosevelt is right there helping out. They never charge for their services. Their fast response to an accident scene could mean the difference between life and death. Their goal right now is to keep their equipment updated and their members safe. They can use your help with a focus on new safety jackets and in purchasing a used Polaris Utility vehicle. Any donation possible would be most appreciated.

If you would like to help out your neighbor, you can send a donation to: Captain Jack Rindt, The Roosevelt First Aid Squad, P.O. Box 274 Roosevelt, NJ. 08555







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Zebby ~ New Egypt



Qilliam~ Millstone



Bella ~ New Egypt



Zoey ~ Cream Ridge



Zoey ~ New Egypt



Samantha ~ Millstone



Cody ~ Millstone

The Millstone Times' Pet Contest Gets Overwhelming Response

The Millstone Times' new Pet Pages are the place to be! An overwhelming response to the first issue's pet contest is a prime example.

Word originally spread with an article in the March edition of The Millstone Times. But then, through social media, word got out about featuring your pet in press and print for all to see. As a result, the contest response included not only photos of the special pets in The Millstone area, but stories and details about why each pet was so special. The entire team at Gunther Publishing has enjoyed viewing the photos and reading the stories.

If we received your pet's photo and it is not in this issue (April 2015) of The Millstone Times, it will be in the next issue.

We look forward to hearing more about what you want to learn and read about in these pages, send to: tmft@optonline.net



Pet Loss and Bereavement: *Losing a Dear Friend*

By: Gina M. Schneller

ccording to Christian Wallace, an eight year old animal lover, he considers his dog Daisy to be his younger sister, a friend and protector. Daisy is a wonderful dog that loves attention but gives her family 100% of her loyalty and devotion. The Wallace family had another special dog before Daisy though. His name was Casey and just as Daisy is a huge part of the family, Casey was as well. Unfortunately, Casey was diagnosed with a bone tumor at the young age of ten. Fighting to remain strong and with his family, Casey lived the rest of his life with a terminal illness. He was kept comfortable and pain free. As he parted this world, part of Christian's heart remained with him.

Dealing with the loss of a pet or getting the news of a pet's terminal illness begins the grieving process. For most people a pet is not just an animal. They are beloved members of the family and as a result of their death you are left with significant, even traumatic feelings of loss and devastation. We all handle loss differently and factors such age, personality, gender, and the circumstances of the death often play a huge role. There is no time limit with the grieving process nor is there a normal way of grieving. This emotional roller-coaster takes time to settle and the healing is gradual; weeks, months or even years! The key is to be patient with yourself, surround yourself with supportive people and seek help from support groups or a therapist if needed. Our pets are often seen as family, children, friends, companions and soul mates! "Many of my clients in our support group have admitted to their suffering from the loss of their pet to be far worse than the pain they felt when a human family member passed!" stated Dr. Fyfe of All Fur Paws Animal Hospital in Millstone. Acknowledging the need for such support, her practice hosts Pet Loss meetings to all that wish to attend. Certified Pet Loss Coach, Gina M. Schneller of Piper's Pet Pals leads the group in grief education, understanding and healing.

Elisabeth Kubler-Ross developed the five stages of grief and dying. They were originally created to help us understand the stages of human loss, however, grieving is not just limited to a human losing a human. Please note that we do not all experience the five stages in a set order nor do we encounter them all. Sometimes we feel like we have graduated a stage and are moving ahead, but it is common to relapse into a previous emotion or stage.

The first stage includes, denial which leaves you with a sudden feeling of numbness and shock. Naturally, in the subconscious we defensively set up a barrier between the mind and the painful reality. The second stage is anger. Once again, this is the mind's natural response to dealing with overwhelming emotions. A person will become angry and may develop an irrational explanation for the death by placing blame on another person. Often the doctor who treated the pet is an easy target, as is the medication they took or the food they were fed. Again, support from an outside source is the best way of passing through this stage. The third stage is bargaining. Our feelings of helplessness and guilt lead us to a need to regain control of life. We say thoughts such as, "If only we had sought medical attention sooner or tried a different medical procedure...?" The fourth stage of grief is depression; this is often the hardest to get through and most people return to it often throughout the healing process. First we experience the sadness and regrets followed by the depression associated with separation and devastation. If this stage is prolonged or seems to be affecting the individual physically, they should seek help from a mental health professional. Finally, we reach the long awaited stage of acceptance. At this point we understand and accept that we have parted ways with our beloved pet, it saddens us to think of the loss but we treasure the time we had together

and understand that we cannot change the events which occurred.

For more information on Pet Loss Support you may contact All Fur Paws Animal hospital at (609) 208-3300 or Gina M. Schneller of Piper's Pet Pals at (732) 682-7721. Also, The Association for Pet Loss and Bereavement at www.APLB.org offers free online chat rooms to those seeking support or further information.



Beware of the Bad Breeders

ooking for a dog? You have a lot of decisions to make. Do you want a puppy or an older dog, mixed-breed, rescue or pure bred? Once you have decided these options, you need to do a little due diligence.

Many people opt to go to a dog breeder to adopt or purchase a dog with a lineage. The Yellow Pages and Internet are full of them. Dog breeders are not equal. You have the good and the bad and the very, very bad. You may want to check out the AKC website for a track record. The American Kennel Club (AKC) is a registry of breeds and tracks the lineage of a dog. If you are looking for a pure bred dog, make sure the breeder you use is an AKC Breeder of Merit. AKC Breeder of Merit Participants demonstrate a dedication to breeding beautiful purebred dogs whose appearance, temperament, and ability are true to their breed. You also have government agencies to touch base with. A good source of information is to ask your veterinarian for a referral or go by the recommendations of a satisfied pet owner.

You may also want to check the reputation of rescue organizations, some of which are more reputable than others. While many may have adopted or purchased the dog of their dreams from breeders and had a happily ever after ending, many have not. The veterinarian bills can be astronomical and the aggravation and heartache is unnecessary.

If you have had a bad experience with a breeder or trainer, we urge you to take the next step and notify your local Consumer Affairs, Better Business Bureau, Department of Health, Animal Control, Pet Watch NJ (PWNJ.org) or the like and make sure to share your story so others do not fall prey to those with bad business ethics and moral impairment.



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Four seasons farming at the Mendies Farm is a perfect example of naturally growing. Growing lettuce, carrots, kale, pac choi, radish in the greenhouses in the winter is quite simple because there is no presence of insects, so there is no need to even use certified organic sprays; it is that simple. In the summer we grow our tomatoes and other insect sensitive crops under protective cultivation to keep the insects out. When there is an infestation of insects and you have to spray, we can use D.E.P. deregulated products such as sesame oil. This is the big difference between naturally growing and certified organic.

At the end of the day, it is about knowing where your food comes from, who is growing it and how it is being grown. When your are a member of our C.S.A., you will know. Everything is in the open to the members including planting, maintaining and harvesting! We even keep you connected to the land by designing seasonal u-picks and weekly flower and herb cutting. We operate on a good faith basis. Members sign in, go into the cooler and follow the amounts. Then go into the beautiful gardens and get creative with your flower bouquet, herbs, and pick sugar snap peas; you might even see a humming bird or swallowtail butterfly!

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CentraState expands its cancer services by offering genetic counseling

By Valerie Howell

The Statesir Cancer Center at CentraState Medical Center is proud to announce it began offering cancer genetic counseling earlier this month by way of its oncology affiliation with the John Theurer Cancer Center at Hackensack University Medical Center. Board-certified genetic counselors will become a vital part of CentraState's cancer services and will be available on the first and third Tuesday of every month in The Statesir Cancer Center, 901 W. Main Street, Freehold.

Genetic counselors provide hereditary cancer risk assessments for patients. During a patient's initial genetic counseling session, a complete medical and three-generational family history will be obtained from the patient and pathology reports will be reviewed. In most cases, appropriate genetic testing will be offered and completed at the patient's initial visit. Sometimes, additional medical records are needed before the genetic counselor can make any testing recommendations. Once all of the test results have been received and reviewed, a follow-up visit will be scheduled to discuss the results and any medical management/surveillance recommendations based upon nationally recognized and established guidelines set by the National Comprehensive Cancer Network (NCCN). A consult note also will be generated after each visit and forwarded to the patient's referring physician.

Most private insurance companies, as well as Medicare, cover a genetic counseling session. If the patient fulfills the insurer's criteria for genetic testing—the diagnostic testing may also be covered. Genetic counselors work with the insurers to provide all the required documentation, including consult notes and letters of medical necessity.

For more information about genetic counseling and genetic testing, or to schedule an appointment with a genetic counselor at The Statesir Cancer Center at CentraState Medical Center, call CentraState's Central Scheduling at (732) 294-2778.



Do You Have a Will?

riting a will does not have to be a scary experience. In fact, it can be a positive one that leaves you feeling secure about having things in order — even if you're in your 20s or 30s.

If you have children, valuable assets or great financial savings, the time to write a will is now. And you shouldn't do it alone. A legal expert who is trained in the area can provide you with great tools and strategies for effectively making a plan to leave behind your estate to friends, family or charitable organizations.

WILLS

Many Americans do not have a will and postpone creating one, according to the Health and Retirement Study, a biennial survey of 26,000 people over the age of 50 supported by the National Institute on Aging and administered by the University of Michigan.

Even among those over the age of 75, only 75 percent have a will, the study found. So why doesn't everyone have a will? Fear may be a major factor for many as they consider writing a will an uncomfortable topic too closely related to the subject of death.

In fact, you should think of it in the opposite way. Writing a will means you are actually helping your family members in the case of your passing. Would you want them dumbfounded with figuring out who receives your savings, your home and your most prized possessions? Spell all of this out in your will and save your fami-



ly members the stress of guessing how you wanted your estate split.

CHOOSING AN EXECUTOR Making a will requires planning, including choosing an executor. The ideal candidate will be someone who fully understands the responsibilities of that role.

Before asking a close friend or loved one to take on the role, understand that it can be a logistical challenge. There's record-keeping, management of multiple passwords and updating of critical documents.

Not to mention the pain of seeing someone they know and love go through an endof-life situation. No matter how prepared they may think they are to handle executor responsibilities, the reality of the situation can be overwhelming once the time comes to make high-stress decisions.

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Funeral Planning Checklist

With family responsibilities, bills and savings goals, one of the last things on your financial radar may be pre-planning for your own funeral.

But taking care of this now can save you money and your family stress when the time comes to say goodbye. You can choose from a large number of memorial societies that will help you plan your own funeral and burial options. And many funeral homes will lock you in at today's rate, even if you have a full 40 years of life expectancy left.

When pre-planning your own funeral, there are many details to consider. A few services offered by funeral homes are listed below. A professional can walk you through the costs of each to help you build an accurate budget.

Potential Costs

- Embalming and other body preparation
- · Selecting flowers, headstone, plaque or tomb
- · Renting facilities for viewing the body
- Memorial cards and guest book
- Tents and chairs for the funeral
- · Copies of death certificate

Questions to Consider

- Will you have a burial or cremation, or donate you body to science?
- Will the casket be open or closed?
- Will there be an indoor memorial or graveside service?
- Who will conduct the service?
- · Will there be music played at the service?
- · Will there be a celebration-of-life lunch or dinner?



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FIVE WAYS TO SAVE WITHOUT THINKING ABOUT IT

s any successful saver can tell you, savings don't just happen on their own. It takes discipline and practice to be able to save some money from every paycheck so you can meet your financial goals over time.

Luckily, there are some ways you can make it easier. One of the simplest ways to make savings a habit is to make it an automatic thing, something you do without even having to think about it.

Here are five ways to start meeting your savings goals with little effort:

1. DIRECT DEPOSIT

Virtually every employer offers direct deposit for paychecks. But did you know they can usually deposit part of your paycheck into a savings or retirement account, too?

Talk to your human resources office to see if you can automatically route part of every paycheck into savings. If you never see it show up in your checking account, you're less likely to fritter it away by spending it. And if it happens automatically, every single time you get a check, you'll know your savings will grow over time if you just leave your money alone.

2. "ROUND UP" BANK ACCOUNTS

Yes, this is a marketing gimmick that some banks use to



HOTO: FEVERPITCHED / YAYMICRO.CO

lure in customers, but it can actually help many people save money.

With these programs that "round up" your purchases to the nearest dollar, you can automatically transfer a few cents from every purchase into your savings account. That can add up to a lot of money over the course of a year.

Just be careful to watch

your bank balance and make sure it doesn't dip too low because of these transfers. An overdraft fee can wipe out any savings if you're careless.

3. CARD REWARDS

This is another gimmick that can bite you if you're not careful — or be a nice reward if you're cautious.

Some credit cards offer

rewards for spending. You don't want to carry a credit card balance, obviously, so if you can pay off the full amount every month it can be an easy way to save for a few perks. The key is discipline to make sure you keep credit card debt under control.

Luckily, some new debit cards are cropping up that offer similar rewards without the risk of falling into debt. They let you get rewards for your own routine spending, which is a nice feeling.

4. 401k

If you're not taking advantage of your employer's 401k plan, you should be.

Not only do these retirement plans offer an easy way to put money aside every single month, but they also typically grow tax free.

And because most employers offer some kind of matching funds to encourage you to invest, you're simply leaving money on the table if you don't participate in the 401k plan.

It's the smartest move on this list.

5. EXTRA MONEY

Finally, every time you get some extra money — say, a tax refund or a bonus from your job — it's a good idea to put it directly into savings.

Even if you spend a portion of the extra money, it should be a part of your regular habits to save the bulk of it.

Remember, a lot of small windfalls over your lifetime can add up to a huge windfall when it's time to retire.





ne of the most popular ways to file taxes today is using computer software, those off-the-shelf programs that promise to make satisfying the IRS a breeze.

But software isn't always the best answer. It might make sense for people who are computer savvy and have simple taxes, but not necessarily for those of us who have more complicated tax returns or don't want the hassle of learning a new program.

A COMPLEX RECIPE

The problem with using tax software is that it takes two incredibly complicated systems and combines them together.

Think about it: No one person can understand the United States Tax Code, which is one of the largest legislative works in human history. And many people struggle to get their computers to print correctly, much less enter every detail about their financial situation down to the decimal.

For people who still want the human touch, it's good that there are plenty of options for picking local tax professionals.

IN-DEPTH KNOWLEDGE

Software programs aren't always the best at explaining technical terms about the tax code.

If you're not comfortable answering the precise questions today's complex tax returns demand, it's a good idea to find a person who can explain the tax rules and how they apply to your situation. They can explain things in

a clear, comfortable way — something that online glossaries and do-it-yourself software simply can't match.

CUSTOM WORK

Another advantage of working with a real human professional is



that they can specialize in certain areas of the tax law that apply to you.

For example, if you own rental properties, a tax preparer with lots of experience in real estate can help you find all the breaks that you deserve, something that may be difficult if you struggle with learning a new computer program.

Anyone who owns a business or is self-employed can benefit from professional help, too, since business income can make your tax situation exponentially more compli-

There are so many rules, guidelines and requirements to follow not to mention loopholes that can be taken advantage of — that professional tax help can often pay for

PHOTO: BDS / YAYMICRO.COM

REAL ESTATE

Tips for Increasing Your Home's Value

By Brianna Siciliano

hether you plan to sell your home now, in a few months, or in years to come, it is never a bad idea to make home improvements. When you are eventually ready to sell your home, you will not want it to be on the market for a long time. Instead you will want buyers to fall in love with your home, so in love that buyers feel like they just have to have your home!

A great way to begin the process of increasing your home's value is to make a plan. For some homeowners, checklists are the go-to home improvement planning guide. Start this plan slowly. Instead of rushing into mini-projects like repainting, replacing, and hiring a handyman, take the time to think of everything you wish to change and/or update. Don't worry about how long it will take, and don't think about how you will get it done. Just write everything down. While doing this, write down a guesstimate of how long you think you may want to live in the home you are currently living in. Be realistic throughout this process. Once you have finished listing items and projects, list the time and money each item will need. Then prioritize the items and projects under two categories: "needs" versus "dreams." Try your best to come to a reasonable outcome. By the time your planning process is complete, you will know what projects you can accomplish with your budget and time-frame.

The next step to increasing your home value is to tackle one room at a time. It won't be pretty if you have a half-finished kitchen, a bedroom that needs fixing, and a basement that is a quarter of the way finished. By strategizing your projects and following a plan, you will find that more care is put into each project and each item on your checklist is done in a beautifully, well thought-out way.

Don't forget that curb appeal is important. You want future buyers to be intrigued by your home's exterior. Would you be excited to tour a home that has cracked windows and a messy landscape job? Probably not. Adding plants to accentuate the beautiful details that your home has, like a beautiful front yard or a nice walkway, is a great way to catch and hold people's eyes. A helpful way to see what needs improvement is to take a picture of your home's exterior in black and white. The photo effect will point out flaws in your home's structure that you can fix. You love your home, and you want the future owners of your home to love it too. Take care of it.





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REAL ESTATE

When to Refinance Your Mortgage

ost homeowners turn to mortgage refinances to either obtain a lower interest rate, shorten the term of their mortgage, tap a home's equity to finance a larger house purchase, to consolidate debt, or convert from an adjustable-rate mortgage (ARM) to a fixed-rate mortgage (or vice versa). In simpler terms, refinancing a mortgage means a homeowner is getting a new loan to replace a current loan, or getting some of the equity (the amount of money already paid towards the ownership of the home) back and starting to pay your loan all over again. When refinancing, your new mortgage company pays off your previous loan from the old mortgage company and becomes the holder of your new mortgage.

If you are hoping to lower the interest rate on your existing loan, refinancing your mortgage may be a great option. Reducing your interest rate can save your valuable, hard-earned money, decrease your monthly payments, and increase By Brianna Siciliano

the rate at which you build home equity. If you are hoping to shorten your loan's term, for example transition from a 30-year fixed-rate mortgage to a 15-year fixed-rate mortgage with a slightly higher monthly payment, then refinancing may be for you. If you do not plan on living



in your current home for many years to come, converting from an adjustable-rate mortgage to a fixed-rate mortgage may be an investment to look into. If you are trying to tap into your home equity to pay off a major expense, such as a major home remodeling project or a child's college education, home refinancing can be a great option, too! But be careful! Every single one of these options seems great until you find yourself spending all of your money away and stacking up on debt.

Overall, the bottom line is refinancing can be a fabulous financial move. When you refinance for the right reasons to reduce debt, build equity, save money, and eliminate your mortgage payments, you will be thankful that you refinanced. However if you plan on refinancing your mortgage to take cash out of your equity and spend that cash on items and services that will not help you financially in the long-run, you should reconsider this decision.







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The Jewish Heritage Museum Presents "The Queen B's of Broadway"

Freehold, N.J. March 17, 2015. Take five talented women, put them on the same stage, and present the music of three entertainment icons, and what you have is one heck of a show! This musical is under the direction of Vic Schioppo. The show, "The Queen B's of Broadway" is slated for Saturday night, June 6th, at 8:30 PM, and Sunday afternoon, June 7th, at 2:00 PM at The Jewish Heritage Museum of Monmouth County. General admission tickets are \$25.00. Sponsorship is available at \$72.00 and will include two tickets and recognition in the show's program.

This musical revue honors three of Broadway's most loved celebrities, Barbra Streisand, Bette Midler, and Bernadette Peters. According to Musical Director Vic Schioppo, all three mega-stars have a unique style, yet they also share common threads. "They share a love for great American music and lyrics; they have all studied and honored the female performers who graced the stage and screen long before their coming of age; they all have their own original works; and most of all, they all have touched our hearts.

"I had a concept to put together a musical revue that was not based upon a particular composer, show, or individual performer. This becomes limiting," Schioppo said. "I was looking for a way to tie together songs, composers, Broadway shows, and musical memories. The common thread is these three superstar women."

Their work crosses over all of these boundaries. Streisand, Midler, and Peters have each made a mark on Broadway, in movies and recordings, and with leading roles on stage and film. They are the overwhelming choice for many Broadway producers, directors, and composers," Schioppo stated.

Schioppo, a recent addition to the Board of Trustees of the Jewish Heritage Museum of Monmouth County, was honored when asked to present his musical revue at the Museum.

'To accomplish this, I was looking for a variety of female singers. All five cast members of The Queen B's have different voices and styles and throughout the years they all have a long list of theater and musical performing credits. Their ages vary, but their cumulative experience has come together in this entertaining musical revue. The performers are Jamian Berkal, Bethe Burns, Dylan Glanzer, Brenda Schofield, and Janet Tartaglia.

"Come see this show," Schioppo notes. "You'll leave with a smile on your face and a song on your lips!"

For more information or to make a reservation, call the Museum at 732-252-6990, or visit www.jhmomc. org. The Jewish Heritage Museum is located at 310 Mounts Corner Drive in Freehold. It is a 501 (c)(3) taxexempt organization and is handicapped accessible.



Saturday night. June 6. 2015 8:30 PM Sunday afternoon, June 7, 2015 2:00 PM

General Admission: \$25 per person Sponsorship \$72 includes 2 premium reserved tickets plus name in program

For further information & reservations, please call the Museum at 732-252-6990 or visit our website www.jhmomc.org to make reservations online. (Reservations will be held at the Museum and are non-refundable.)

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The Jewish Heritage Museum of Monmouth County 310 Mounts Corner Drive Freehold, NJ. 07728 The JHMOMC is located in the Levi Solomon Barn located in Mounts (and Wemrock Road, Freehold Township

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A stering your lawn and garden can be one of the biggest wastes of water, especially in the middle of a hot summer day, when evaporation occurs most rapidly and can lead to increased water loss.

That's why some cities in California have enacted restrictions on watering yards and gardens during specific times of the day.

Refraining from watering your plants in the middle of the day is important because of the impact evaporation can have on how much you'll be using. And while the summertime is most critical, it is important that you don't over-water your plants and yards at any time of the year.

In most areas, turf grass needs less than one 1 of water per week. Using more than this can actually harm your plants by causing diseases and weed growth. If you live in a subdivision, the resulting runoff can pollute the surface water body to which your storm drain system discharges.

IRRIGATION SYSTEMS

Irrigation systems provide highly efficient watering for your lawn or garden. While a relatively expensive investment on the front end, installing one can actually save you money and water in the long run.

If homeowners with irrigation systems use a certified irrigation professional to perform regular maintenance,



they can reduce irrigation water use by 15 percent, or nearly 8,800 gallons of water, annually, according to the U.S. Environmental Protection Agoncy.

Protection Agency.

Other tips for properly using your irrigation system include making sure the controller is set for the correct season. This can ensure the optimal use of your irrigation schedules and the fulfillment of your watering needs.

RAIN BARRELS

If you're looking for extra

efficient ways of conserving water, what better way than to capture and re-use rainwater? If you have a roof with gutters, you should consider installing a barrel to catch the runoff.

Barrels don't have to be unsightly and can actually appear like large planters on the outside of your home. They also are generally a onetime investment — and an inexpensive one at that. Make sure you have room to store them during the winter months if your area is susceptible to icing or heavy snow.





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Test for Leaks

Talk about an educational tour. Homeowners are encouraged to devote time once a year to perform a thorough walk-through of their water systems, both inside and outside.

Such a tour can be an eye-opening experience as you check for leaking or dripping faucets, toilets, shower heads, hoses and sprinklers.

Approximately 5 to 10 percent of American homes have water leaks that drip away 90 gallons a day or more, according to the U.S. Environmental Protection Agency. Many of these leaks are attributed to old fixtures, such as leaky toilets and faucets.

The EPA estimates that water lost by these leaks could be reduced by more than 30,000 gallons if new, efficient fixtures were installed.

Toilets & Faucets

The worst thing about a leaking toilet is how easily it can go undetected. Toilets can leak internally from the tank to the bowl, going unseen for extended periods of time. By the time you notice, your toilet might have wasted about 100 gallons of water per day.

Older or inefficient faucets also are to blame for many leaks within households. Fortunately, finding and correcting a leak in your toilet or faucet can be a simple process.

Experts recommend you test your toilet at least once a year with a simple toilet dye tablet test. The tablets identify if your toilet tank is leaking. If it is, replacing the rubber flapper or fill mechanism is a relatively simple project to complete on your own. With faucets, most drips can be corrected by replacing a worn-out washer.

Supply Lines

More complex issues can come between the supply line feeding water to your home. There are sometimes leaks between the meter and the home, which can be hard to pinpoint since the pipe is generally buried at least 3 feet below ground.

One way to remain vigilant of what may be occurring underground is to keep an eye on your yard. If the soil is constantly damp at certain locations and not due to rain or irrigation, you may have a leak.

This may require the help of a licensed plumber, as careful digging

and pipe replacement will be involved in repairing this issue. You also could call your water company if the problem seems to be starting at the meter or near citydug water lines.







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Spring Safety Reminder From County Officials

Spring is the prefect time to test the smoke and carbon monoxide (CO) detectors in your home or office.

"Twice a year, residents should test their smoke alarms and CO detectors," Freeholder John P. Curley said. "The spring and fall time changes are perfect reminders to test this equipment and, if your detectors are battery operated, you should change the batteries as well."

According to the U.S. Fire Administration, almost two-thirds of home fire deaths resulted from fires in properties without working smoke alarms. A working smoke alarm significantly increases your chances of surviving a deadly home fire.

A working smoke alarm can help you and your family escape in the event of a fire in your home. It can also help save the lives of firefighters who would otherwise have to risk their lives by searching a burning home for residents. A working smoke alarm continuously scans the air for smoke, 24 hours a day, seven days a week. It never sleeps.

"Residents with hard-wired systems should be testing their detector systems monthly and change the batteries annually. The spring time change is a perfect annual reminder," County Fire Marshal Henry Stryker III said. "If you do not have smoke detectors and CO detectors in your home, you should purchase and install some detectors immediately."

Stryker recommends that residents follow the manufacturer's installation instructions because there are differences between the various brands.

- The U.S. Fire Administration offers additional tips about smoke alarms:
 - Place properly installed and maintained smoke alarms both inside and outside of sleeping areas and on every level of your home.
 - Interconnected smoke alarms are best, because if one sounds, they all sound.
 - Never disable smoke alarms while cooking. Instead, open a window or door and press the "hush" button, wave a towel at the alarm to clear the air, or move the entire alarm several feet away from the location.
 - Test smoke alarms monthly and change alkaline batteries at least once every year, or as instructed by the manufacturer. You can use a date you already know, like your birthday or when you change your clocks as a reminder.





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Getting the Lead Out

by Susan Heckler

If you are exposed to a dwelling built prior to 1978, there may be a risk of lead based paint. Prior to that, lead was a typical component in interior and exterior paint. Lead poisoning is a health risk to small children or pregnant women as it is a toxic metal.

The paint doesn't pose a serious health threat if the paint is in good condition with the surface being unbroken. The problem comes when the lead paint starts deteriorating. The lead dust and flakes of lead paint begin collecting on surfaces such as window sills, counter tops, and floors, as well as on children's belongings. Small children, who have a tendency to put their hands and other objects in their mouth, are at an increased risk of accumulating harmful amounts of lead in their bodies.

High levels of lead in the child's system can cause damage to the brain and nervous system, kidney damage, behavior and learning problems, such as hyperactivity, slowed growth, poor muscle coordination, hearing problems, headaches and bone marrow problems. Symptoms for adults present as high blood pressure, fertility problems in men and women, nerve disorders, memory and concentration problems, muscle and joint pain and anemia.

The Environmental Protection Agency strongly recommends that lead tests be done by either a certified lead inspector or a certified lead risk assessor. You also have the option of collecting your own paint samples and send them to a lab for analysis.

If you have lead paint in your home, immediately clean up any paint chips you find, keep play areas clean, don't let children chew on painted surfaces, clean dust off of window sills and other surfaces on a regular basis, remove your shoes when you enter your home so you don't track in lead from the soil and if you rent, tell the landlord about the results of the test and the fact that there is peeling or chipping paint.

To completely remove lead paint hazards and protect your family's health, you need to permanently remove the paint or seal it with special material. This would require you to hire a certified lead abatement contractor. A certified contractor will take precautions to keep the dust and lead paint chips contained until all surfaces can be cleaned and the lead removed.



Before you Floor

HOME IMPROVEMENT

By Susan Heckler

f anyone in your family suffers from allergies, you have additional issues to consider when buying a home or doing any remodeling or decorating. The

A average home owner looks at a home as far as form and function. Does the size and shape meet your needs? If the answer is yes, you then have to take it a step further.

The first thing you need to think about is any remodeling or redecorating will stir up the allergens that exist in your home. The dust, debris, pet dander and fumes from remodeling, construction, or even pulling up old carpet can wreak havoc on your senses.

Still want to do that project?

Wall to wall carpet suggests luxury, comfort and warmth, for you and unexpected guests. The carpet is an ideal home for dust mites...

"Snug as a bug in a rug"!! Too small to be seen with the naked eye, they live in carpeting, cushions and bedding. Their droppings cause allergic symptoms. As powerful as you think your vacuum is, it is no contest for the dust and debris down deep in the pile. Carpets also contain chemical residues from their manufacture or treatment which causes that new carpet smell. A bare floor is much easier to keep clean and free of dust mites than carpeting. If you are putting in new floors, consider using hardwood, vinyl,

> linoleum tile, ceramic, or stone instead of wallto-wall carpeting. Speak to your contractor or salesperson about the type of finish that can be used if your symptoms are triggered by fumes BEFORE you make your purchase.

> Hardwood floors are an ideal type of floor for people with allergies and asthma. Even so, products used to finish the flooring can cause a temporary reaction to the chemicals used in the process. Varnishes and waxes with low volatile organic compound off-gassing potential (ask your paint dealer to recommend safer products) may be safer. In either case, leave the house while floors are being finished and ventilate the house for several days. Wait

until the odor is gone before returning to the house, it is not enough to just ventilate and stay in the house.

If possible, have the house professionally cleaned after any renovation to remove allergens and residue before your family moves back in.



Building a new home or renovating your home, kitchen or bathroom for most people is a once in a lifetime endeavor. Doing it on your own can be overwhelming; which is why so many people seek out homes store designers or builders for advice. Unfortunately, that in itself is not enough. More often than not, after these companies have "redone" a kitchen or master bathroom, the same functional problems that existed before are still apparent, just with a face lift.

Hiring an architect opens up unlimited possibilities. An understanding of structure and design often leads to a layout which is not evident at first glance.

Architects ask critical questions regarding the home or space they are designing and how it is used. For example, a kitchen designed for a person who bakes will differ from a kitchen where entertaining large crowds is the norm. Knowing this upfront will yield a better design, and without asking, a homeowner may not know to share this information. Through questions and observations architects learn how their clients really live. They then incorporate that into the design resulting in the ultimate layout.

The benefits of hiring an architect do not stop there. As with all renovation projects, there are many construction disciplines involved. The coordination of trim work, lighting, flooring, stone counter tops, as well as electrical locations are just the highlights. An architect brings all of these details together so that when the actual installation begins, it is a flawless process.

Finally, architects know when and who to consult when a design presents interesting conditions. It is critical to share plans with hands-on craftsmen and seek out their advice regarding details. For those who have the time, discipline and talent, designing their home or addition, or renovating the kitchen or bathroom can be extremely rewarding. For those who think design is a trip to the "big box store," it can end in costly overages, missed opportunities and considerable delays. Ultimately, nothing should be left to chance. Architects are your one stop shopping for planning, designing and making your project seamless.

Bigger isn't always better. The difference between a well-designed space and an outstanding space is all in the details not in the square footage. Your home is an intimate part of your life, work with a professional that really cares about your life and how you live.

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Household Mold

by Susan Heckler

f you have a suspicion that you have mold in your home, act fast. You may be experiencing allergy symptoms, have a strange smell in the home, or even see visible signs.

The first thing you need to do is identify that problem area. Mold comes with moisture and is part of a natural environment. In an outdoor situation, molds play a part in nature by breaking down dead organic matter such as fallen leaves and dead trees.

Indoors is another case entirely. Molds are usually not a problem indoors, unless the mold spores land on a wet or damp spot and begin to grow. They produce allergens, irritants, and in some cases, potentially toxic substances called mycotoxins. Inhaling or touching mold or mold spores may cause allergic reactions which may include hay fevertype symptoms, such as sneezing, runny nose, red eyes, and skin rash (dermatitis) in sensitive people. People with asthma or other breathing issues may have a particular problem.

You need to ascertain where the mold is and why it is there. Storm damage, leaky pipes, and window condensation are just a few of the possible culprits. Once isolated, stop the moisture from coming in. Whatever caused the problem needs to be fixed. If you do not do this, the mold will return. Venting and dehumidifiers may alleviate part of the problem.

If the mold issue is contained in a small enough area, you may be able to deal with it on your own. The Environmental Protection Agency recommends anything larger than 10 square feet requires a professional who is specialized in mold cleanup.

Once the leak is stopped, dry the area completely and wipe away the entire mold. Wear goggles and gloves, use a face mask or respirator and avoid touching the mold or inhaling it. Hard surfaces are easier to clean. Use a disinfectant or a biocide such as chlorine bleach, or a strong cleaning solution. You want to kill the mold as well as remove it. It is possible that staining will occur. Porous materials may need to be disposed of as removal of all molds is unlikely.



The visible mold is the easy part. Hidden Mold may be hiding in places such as the back side of dry wall, wallpaper, or paneling, the top side of ceiling tiles, the underside of carpets and pads. This may be a good time to call in a professional who will know how best to locate, test, and treat the area. Poking around to try to find the mold may result in the release of spores.

If you have a toxic variety of mold, you may suffer neurological symptoms such as headaches, trouble concentrating, shortened attention span, memory loss and dizziness. Seek medical attention as this may be poisoning you.

Millstone Township Foundation For Educational Excellence Raises Nearly \$20,000 From Its "Casino Night" Fundraiser

Due to the Success of this Event and Other Fundraising Efforts, MTFEE Is Able to Offer Staff at Millstone Township Schools a Second Grant Cycle This School Year

Millstone Township Foundation for Educational Excellence (MTFEE) raised nearly \$20,000 from its final fundraising event for this school year, Third Annual "Casino Night." MTFEE is a non-profit organization devoted to funding grants for items that nurture extraordinary educational experiences for every student in the Millstone Township Public Schools and are beyond the scope of the general school budget.

MTFEE recently awarded three grants totaling \$13,591.40 to Millstone Township Schools. Due to the success of this event and other fundraising efforts, MTFEE is able to offer a second grant cycle. Those grants will be awarded before the end of this school year.

The event—which included a variety of casino games including Texas Hold-Em, Roulette, Blackjack and Craps—was held at Forsgate Country Club (Monroe) on February 21. In addition, there were Tricky Tray and Silent auctions that included more than 100 items. Top items were Go Karts, luxury purses, Broadway show tickets and gift certificate, airline gift cards, lift tickets for several ski lodges as well as golf and spa packages to name a few.

The event sponsor was Saker ShopRites. Other sponsors included:

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- · Solitario & Tierney CPA (Spotswood)
- South Brunswick Animal Hospital, Dr. Doug Cotler, DVM (South Brunswick)
- · Vesuvio's Family Restaurant (Millstone Township)



The foundation operates independently from the school district and replenishes its grant fund exclusively through private donations and its fundraising efforts. The foundation has awarded more than \$500,260 in grants to Millstone Township schools since 2002. MTFEE grants, which have been awarded at every grade level and in every discipline, have included STEAM enrichment programs, book rooms, SMARTBoards[®], mobile computer and iPad[™] labs and a rock climbing wall.

There are currently more than 60 MTFEE-funded grant programs running. Every child that matriculates through the school district will in some way benefit from an MTFEE-funded grant. MTFEE is a member of New Jersey Education Foundation Partnership and The National Consortium of State and Local Education Foundations (NCEFS).

For more information about MTFEE, making a donation or becoming a trustee, please e-mail info@mtfee.org, visit www.mtfee.org and like us on Facebook.





Millhurst Mills - Monmouth County's Past Present and Future

stone's throw from Millstone Township, Manalapan boasts one of the jewels of New Jersey. Located on County Route 527, Millhurst Mills is steeped in rich history.

The property was traced back to as early as 1714 when it was referred to as Thomas Melag's Mill. Records indicate that in 1781 it was known as Craig's Mill. Maps had recently found that suggest it was a landmark for both sides during The Battle of Monmouth.



Little is known about the mill from the time period prior to 1823

Abrahams in 1841. Ownership went back to the Black family in 1847.

During that time, there were five grist mills and seven saw mills in Manalapan. Blacks Mill was the largest of them. Black sold to Charles H Snyder in 1859 who ran the mill until his death in 1908. During his ownership, the mill was destroyed by fire. Snyder took this opportunity to rebuild, enlarge and modernize, using the latest technology.

when it was purchased by Thomas

and John Black of Burlington. The

surrounding "town" was then called

Black's Mill as it grew up around

the mill. The right to the water

power of the Manalapan River was

purchased shortly after, and the

mill was enlarged. Ownership then

went to Eseck Hartshorne, keeper

of the local tavern, and then Simon

The mill was later owned by Clifford Snyder (Charles' son), who sold to Lena Slater. It was then sold

by Susan Heckler

to Jacob Auster who sold to Solomon Schmisman with Joseph Wallach, Nathan Weisglas, and David Deutsche. This group incorporated as The Millhurst Milling Company in 1925.

The mill was then sold to Bernard Hochberg of the Bronx in 1931 and has remained family owned since then. The current owner, Nardie Hochberg, is the grandson of Bernard Hochberg. Mr.Hochberg's father and uncles expanded the mill's operations to include drying of grains and assorted cargo as well as storage. Later expansion included sales of building materials, hardware, paint and salvage. They were one of the first to introduce the concept of a home center, one stop shopping for home improvement needs.

The Hochberg family was and is an active part of the community. Ninety years later, the business is still run using the standards set by the



family elder. The iconic old mill itself is listed on the NJ DEP's Historic Sites Inventory. Its faded boards and sad appearance were a familiar sight to anyone who had ever driven past it. But a 2012 restoration brought back its beauty and left little doubt that it is here to stay.

Take a drive by to see the mill and stop in at the store for your home improvement needs at Millhurst Mills 17 Sweetmans Lane in Manalapan.



Become a Wedding Planner

Iready married with a passion for helping others on their big day? The bridal industry is big business and has a continual need for innovative, people-focused professionals. Many universities are offering certificate and degree programs in the art.

But what exactly does it take to become a successful wedding planner? Can you earn a sustainable income, or is it more of a job suited for extra cash over the weekends?

THE GIG

Thorough research of various job openings found these roles to be standard for a wedding planner:

• Interact closely with brides and grooms to identify and translate needs into effective plans.

• Coordinate activities with external vendors spanning catering, music and venues.

• Perform ongoing research of wedding trends to offer leading-edge guidance.

• Show initiative and calmness under pressure.

THE HOURS

Wedding planners often work evenings and weekends to meet with clients and pull off perfect execution of the special day. Most U.S. weddings occur on Saturday, according to the Bridal Association of America, so if you like having your weekends free, wedding planning may not be the optimum career choice for you.



On the other hand, you will likely be able to make up for busy weekends by taking off a couple of days during the week. You can find great flexibility in your schedule, depending on if you're a freelance wedding planner or one working for an events center.

THE PERKS

Like any other servicefocused career, wedding planning comes with it a feeling of personal satisfaction connected to client delight. In other words, if the bride is happy, the wedding planner is happy.

Planners build positive, long-lasting relationships with brides and grooms, another perk of the job. You will meet many people who are basking in the glow of their recent engagements and who are excited to make their wedding day one of the most special experiences of their lives.



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Finding the Right Dress T f you've been dreaming about your wedding since your

childhood, you probably have sketched out the perfect dress a million times if you're female.

The first step toward turning the dream dress into realty is meeting with a bridal consultant at your local dress shop. Depending on your comfort level, you may want to schedule your initial consultation on your own, without the company of friends and family.

That first meeting can be the lengthiest as you work through design ideas and all of the different elements of the dress. You can bring your bridal party back on your second trip to try on a few options once you feel more comfortable with the process.

Remember that the experience is supposed to be a fun one, so follow our tips below to make sure your first trip to the bridal shop is as productive as it is fun.

BRING IDEAS

Magazine cutouts, sketches and notes – whatever details you can bring on paper will help your bridal expert gain a clear vision of your dress wants and needs. Organize your documents into a bridal folder beforehand so you can explain your goals in a concise, organized way.

BRING HONESTY

If you have certain styles or budgets that you just won't consider, be up front with your consultant. Maybe you're intimidated and nervous about the experience as a whole. The more information and feelings you can share early in the process, the better help your consultant can be.

BRING AN OPEN MIND

Trust your bridal expert. This is likely not the consultant's first time guiding a bride-to-be through the dress decision. Be open to various recommendations as you work through the process. You just may end up going with a style you hadn't previously envisioned.

BRING SHOES

If you plan to try on a few dresses in your initial visit, bring a pair of high heels that are similar in height to what you'll wear on your wedding day. This will help your consultant with measurements, especially for the train aspect of your dress.



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Bridal Party Checklist Choosing four or five friends to fill out your bridesmaid and groomsmen positions is

Choosing four or five friends to fill out your bridesmaid and groomsmen positions is difficult enough. But what if you have other family members and friends you would like to involve without expanding the bridal party to an awkwardly large number?

The art of choosing a bridal party is one that requires skill and grace as you fill out your roster while trying not to hurt feelings of those who may be left on the sideline.

See our checklist below to get ideas for wedding roles that may help you incorporate more people into your bridal party.

- Maid-of-honor (unmarried) or matron-of-honor (married).
- Bridesmaids.
- Junior Bridesmaid.
- Flower Girl (age 3 to 7 years old).
- Best man.
- Groomsmen.
- Ushers (Chupa holders at Jewish weddings).
- Ring bearer (age 3 to 7 years old).
- Readers.
- Candle lighters.
- Gift Bearers.
- Program attendants.
- Guest book attendants.
- Reception site liaison.
- Singers/soloist.Musicians.
- Ceremony greeter.
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- Someone to say Grace before the meal at your reception.Someone in charge of out-of-town guests.
- Train bearers.

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Live Tweet Your Ceremony

with the star of social media – if only for a night – worth to you? W Hotels is hoping your answer is \$3,000. The brand has launched a social media service for its New York branches, meaning wedding parties can be the toast of Twitter, Facebook and Instagram as they celebrate their big days.

If you don't have that much to spend, you can duplicate some of the ideas on your own or with the help of friends and family. Here is what W Hotels includes in its innovative, yet expensive, social media service:

• Live-Tweeting of the ceremony and reception.

 Curating unique wedding hashtag (a searchable identifier that you can use to find certain topics or events on Twitter).

• Encouraging guests to utilize your hashtag and handles as they post to social media.

• Set up and maintenance of wedding blog both before and after the ceremony.

• Curating registry list and dream honeymoon ideas on Pinterest boards.

• Wedding social media recap for the couple with a Shutterfly book, complete with best photos and Tweets sent during the wedding.

DIY SOCIAL MEDIA

Take a close look at the above list. Is there anything on it that you or one of your social media-savvy friends couldn't pull off – for free? You will likely be too busy to worry about promoting the idea during the actual ceremony and reception, but you can do so on the front end by including your hashtag on wedding invitations.

Ask a friend to handle the rest, including encouraging guests to post frequently and coming up with a postceremony social media recap. If someone is running a wedding slideshow during your reception, ask them to include your hashtag on a few slides. Your DJ could also promote it throughout the night in between songs.

THE DRAWBACKS

There is definitely potential for a few negatives associated with a social media concierge service. For starters, you may not actually know everyone at your own wedding. A friend may bring along a "plus one" you haven't had the chance to meet, for example. Without knowing their personality, do you really want them "live-Tweeting" their thoughts on your wedding?

The other drawback is the cost. W Hotels isn't the only venue charging a pretty

penny. If you don't have anyone who can help you pull off the full social media experience, approach your wedding planner about pricing of the service. You may be

able to work it into your contract at a reasonable price.



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Upcoming April Events For The Plumsted Library Branch

AARP FREE INCOME TAX HELP

WEDNESDAYS, APRIL 1, 8, 15, 2015; @ 1:00-:500 PM

The AARP Tax Aide Program will electronically complete and file a federal and New Jersey tax return, free of charge, by IRS certified volunteers. While this program is available to all taxpayers, special emphasis is provided to those age 60 or over with low to moderate income. Appointments are necessary. To register, please call the Plumsted Branch of the Ocean County Library 609-758-7888

BOOK DISCUSSION WEDNESDAY, APRIL 1, 2015 @ 6:00 PM

Please pick up the book at the circulation desk prior to discussion date.

TEEN BOARD GAME NIGHT WEDNESDAY, APRIL 1, 2015 @ 7:00 - 8:30 PM

Come and play board games provided by the library, or bring your favorite ones. Grades 6-12

COUNTY CONNECTION MOBILE SERVICE CENTER

MONDAY, APRIL 6, 2015 @ 1- 3 PM

The mobile service center will be in the Plumsted Library parking lot. Services provided are senior and veteran services, consumer affairs, voter registration and parks and tourism information. (Fees are required for some services.)

TODDLER TIME

TUESDAY, APRIL 7 & 21, 2015 @ 10:30 AM

Toddlers ages 18-36 months and their caregivers are welcome to join us for stories, songs, and a craft.

MEET THE MAYOR

WEDNESDAY, APRIL 8, 2015 @ 7:00 PM - 8:45 PM

Schedule an appointment to meet with the Mayor Jack Trotta and Assemblyman Dancer. Please call 609-758-7888

FRIENDS MEETING

WEDNESDAY, APRIL 15, 2015 @ 6:00 PM

The Friends welcome new members. Join us!

CHILDREN'S STORY TIME

THURSDAY, APRIL 16 & MONDAY, APRIL 27, 2015 @ 1:30 PM Stories and craft. Ages 3-6

MOM & ME MESSY ART CLUB AND MOMS CLUB® OF NEW EGYPT

OPEN HOUSE FRIDAY, APRIL 17, 2015 @10:30 AM

Are you looking to get out of the house with your baby and meet other Moms with young children? If so bring your baby/toddler for a messy art craft with Miss Rachael the librarian. Stay to meet the Moms from the MOMS Club of New Egypt, a chapter of the international MOMS Club which is a support group for today's at-home moms. They understand the special needs of mothers who work full, part-time, or from home. Club members connect with other moms during the day to share support and friendship while their children play together and participate in a wide variety of activities. For babies 0-3 years old and Moms of any age. Light refreshments provided.

BOOK CAFÉ CAFÉ WITH SPECIAL GUEST AUTHORS MONDAY, APRIL 20, 2015 @ 3:00 PM

Meet Gretchen F. Coyle and Deborah C. Whitcraft, authors of Inferno at Sea: Stories of Death and Survival aboard the Morro Castle. Light refreshments will be served. Registrations accepted but not required.

NJ ANIMALS, CONSERVATION AND YOU WEDNESDAY, APRIL 22, 2015 @ 3:30 PM

In honor of Earth Day, a naturalist from Cattus Island Park will bring some native NJ animals and talk about the importance of conservation. Craft will follow program. Ages 3 and up.

ANIME CLUB

WEDNESDAY, APRIL 22, 2015 @ 5:30 - 7:00 PM

Join other teen fans to screen anime DVDs. Grades 6-12.

EARTH DAY CRAFT WEDNESDAY, APRIL 22, 2015 @ 7:00 - 8:00 PM

Celebrate Earth Day and join the Plumsted TAB and make an Earth Day craft. Ages 6-11.

FAMILY PICTURE BOOK DISCUSSION

TUESDAY, APRIL 28, 2015 @ 3:30 PM Join us for Family Picture Book Discussion. Books available 4/7.

Best suited for grades 1-3

TEEN ADVISORY BOARD (TAB) MEETING

WEDNESDAY, APRIL 29, 2015 @ 7:30-8:30 PM If you are a teen in grades 7 - 12 join us to see what TAB is all about.

OCL PUPPET PLAYERS PRESENT STORYTIME THEATER: How I Became a Pirate based on Melinda Long's books THURSDAY, APRIL 30, 2015 @ 1:30 PM

While Jeremy Jacob and his family were spending a day at the beach, Braid Beard and his pirate crew come ashore and recruit Jeremy to join their band of pirates. Jeremy learns all about being a pirate and Braid Beard learns how hard it can be to quiet Jeremy's fussy baby sister. Craft will follow. Ages 2-8. REG

Please stop in, call the branch at 609-758-7888, or check our website: www.theoceancountylibrary.org to register and find out about all of our monthly programs.

Baird House Welcomes Ghost Researcher

By Pam Teel

Friends of Millstone Township Historic Registered Properties (MTHRP) presented author, researcher, and lecturer Gordon Thomas Ward at the Thomas Baird Homestead and Cultural Center in Millstone Township on Feb. 26th. Mr. Ward gave a presentation based on his book, "Ghosts of Central New Jersey," sharing his findings and his evidence of ghostly encounters all over New Jersey. As a member of Haunted New Jersey, a paranormal investigation team, Mr. Ward was able to compile evidence and dismiss and support claims of hauntings throughout various NJ sites. A man of many hats, Mr. Ward has written four books, "Ghosts of Central Jersey", "Haunts of Somerset Hills", "Tracing Infinity", and a self published book of poetry. He is also an accomplished musician and Family and Youth Minister at his church.

Mr. Ward walked the Baird Homestead for a few hours in January along with two members of the (MTHRP). He proceeded to conduct evp's (electronic voice recordings) in various rooms of the house in his effort to try to connect to the spirit world. During his presentation, he shared tales and research about various places his team had investigated. Some of those places included the Flemington Courthouse, the Vealtown (Bernardsville) Tavern, The Ford Mansion in Morristown, the Mohonk Mountain House in New Paltz, NY, and more. He did manage to get one evp at the Baird house in the short time that he was there. When asked about a certain room and what it was used for, he recorded a voice saying, "ask them," directly after his question, which was most likely in reference to the fact that the women Mr. Ward was with already knew the answer.

The "Friends" of Millstone Township Historic Registered Properties are a non-profit group organization dedicated to furthering public interest in conservation, preservation, knowledge, understanding and appreciation of the history of Millstone Township. The Friends provide the Community and other constituent groups with educational activities, exhibitions, hands-on programs and provide access to research the history of the Township, as well as assist the local, county and state government in identifying, documenting and/or obtaining objects and property significant to the history of Millstone Township, Monmouth County and the State of New Jersey.

Throughout the event, there was plenty of wine, cheese, gourmet sandwiches and other finger foods to snack on. All proceeds collected will go to the general upkeep of the Baird home, which is located at 24 Baird Rd. For upcoming events, check out the friends website at mtfriendsofhistory. org. Or email mtfriendofhistory@gmail.com. It's not too late to purchase a personalized brick paver that will be used in the making a walkway up to the house. You can purchase a four by eight inch brick for fifty dollars or an eight by eight inch brick for one hundred dollars. You'll find the brick form on the website. You can also contribute your time or a donation to help preserve Millstone Township History via the Friends website.

The Baird house, a federal home built somewhere around the 1830's by Thomas Baird on land owned by his father, Captain David Baird, is a work in progress. The homestead will be used as a Cultural Resource Center for the community that will offer many different events and educational programs. Future events will include field trips for students, a tractor museum, agricultural museum, blacksmith shop demonstrations, looming and spinning demonstrations, classes on composting, pruning, soap making, hearth cooking, antique car show, raising the historic Allen barn, erecting a windmill, active master gardening programs, and historic site tours. The home is filled with period appropriate antiques donated by the Trenton Museum. Mr. Ward's books can be purchased through Amazon.com. For more information about Mr. Ward, visit Thomas Gordon Ward.com



Author, lecturer, Gordon Thomas Ward holding his book, Ghosts of Central Jersey.



Beautiful antique grandfather clock in parlor was a gift donation given to the Baird Homestead.





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Explore the giving page for more ideas at www.rmh-cnj.org or call 732-222-8755.

Upcoming Event In New Egypt-Yard Sale

The New Egypt Vol. Fire Company will be having a Relay For Life Yard Sale, April 19th from 9 AM to 3 PM at the New Egypt Fire House, 59 Main St. New Egypt NJ. \$5.00 per space and \$5.00 table rentals. One table will be dedicated to the Relay For Life fund raising. Come support the NEFC39ER'S as the Extinguish Cancer one step at a time. Contact Mike Cowell at 609-286-2675 for more info or reserve table and space. Check back on this web site for up-dates to the NEFC39ER'S fundraising events. Please feel free to stop by and donate to the relay for life. You can also Click Here to support the New Egypt Vol. Fire Company in raising money for the Relay For Life.

Book Collection Going On

By Paul Hammerschmidt

The first Saturday of the month from April through October, the Friends of the Plumsted Township Library will be collecting used books for future book sales.

Fiction, nonfiction, large print, children's books, CDs, DVDs, audio books and jigsaw puzzles are accepted. Do not donate soiled, mildewed items.

Videotapes, Readers Digest condensed books, magazines or encyclopedias are not accepted.

Drop books off behind the Plumsted Township Library 119 Evergreen Road the first Saturday of each month from 9 a.m. to 1 p.m. Do not leave items if no one is present. There will be no collection in July.

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HISTORIC FLEMINGTON One of New Jersey's Treasured Gems

s we stroll through Flemington Borough we're reminded of a past, rich in history. All up and down Main street, we catch glimpses of a gone by era with its stately old Victorian homes that line the streets and old historic buildings that make up a part of the town's eclectic atmosphere. We see storefronts that were once part of prominent homes and bits of history seeping through old rock walls and brick front residences. We see a town proud of its historic beginnings. Even today, sixty-five percent of the borough homes are listed on the National Historic Register.

Before European settlers came to the area, the land was home to the Lenni Lenape Native Americans who were its first inhabitants. Around 1712, roughly 9,170 acres of land were acquired by William Penn and Daniel Coxe. The land, being so rich and fertile, first became an agricultural haven for farmers and then eventually a haven for the poultry and dairy industry. Utilizing the close proximity of the Delaware River, in the early days, they were able to transport their wares by barges up and down the river. The riverside town of Frenchtown is only eleven miles away.



The Stangl Pottery Outlet - photo circa 1960

Incorporated as an independent borough in 1910, Flemington remains a rural suburb within Hunterdon County. It was home of the Flemington Fair, which started in 1856 when 40 acres were set aside for farmers, stock raisers, and machinery manufacturers, to compete and sell their wares. The fairgrounds were also home to the Flemington Speedway where the race By Pam Teel

Nascar Craftsmen Truck series race was also held there from 1995-1998. The fair, now called the Hunterdon County Fair, is still held annually in East Amwell Township.

Some standout historic sites in the borough include, the Flemington Courthouse, which was built in 1828. In 1935 everyone in America knew where Flemington was on the map after the trial of Bruno Richard Hauptmann was held there. Hauptmann was found guilty of kidnapping the Charles Lindbergh baby. The courthouse is now \used as county offices. Directly across from the courthouse stands the Old Union Hotel; once a bustling hotel that saw thousands of visitors over the past century. During the Lindbergh trial it was filled to capacity with reporters and curious onlookers following the famous trial. The hotel was built on the site of an 1800 stagecoach stop. It was first constructed in 1814 with another extension of the building built in 1878.

In 2012, plans began to restore the abandoned hotel back to its original splendor calling for the renovation and additions to the banquet halls, kitchens, bathrooms, storage, service areas, grand lobby, and hotel rooms. In a more recent development, town hall was also looking for other options for the building, such as creating apartments, as a way to bring in ratables for the town. Plans for the hotel have come to a temporary halt as townspeople and others associated with Flemington have loudly voiced their opinions that they would like to see the Union Hotel restored to its original purpose.

Other sites to visit in Flemington include Liberty Village, a small area with specialty outlet stores on the site of the old Stangl Pottery outlet, which was popular back in the 60's and 70's. The pottery factory, built in 1924 by Fulper Pottery Company, brought people from all over the tri -state to its doors to purchase dinnerware sets and other pottery thrown items. The outlet was a sister store to the main pottery works in Trenton. Sadly it closed in 1978. The building still remains and serves as a small museum to the Stangl Pottery era and a place where local artist

of champions was held from 1992-1995. The can showcase their wares. You can find a variety of hand -made items to purchase such as soaps, candles, garden supplies, and local art, in the old building. The Fleming House, at 5 Bonnell Street, was the first home built in Flemington by tavern owner, Samuel Fleming. It dates back to 1756.



Hunterdon County Courthouse where famous Lindbergh trial took place

Soon after, the area began to be known as 'The Fleming Settlement', later as 'Fleming's' and still later as 'Flemington' (1870's). Fleming's tavern was located on Main Street and was a stopping place noted by weary travelers as a place to warm by the fireplace and have good food and drink. It became a popular stop. According to tradition, George Washington mentions 'stopping at Fleming's' in his journals. The home now serves as a historical museum. Other noteworthy places to visit include Northlandz Train Model Museum, with over one hundred model trains running on eight mile of track, Readington River Buffalo Farm, and the Schaefer farm.



Easter Egg Hunt and Meet the Easter Bunny

Oasis Family Farm

3 Circle Drive, Robbinsville, NJ 08691 March 28, 29, April 3, 4 10 AM, 11 AM, 1 PM, or 3 PM 609-259-7300 or www.oasisfamilyfarm.com

Easter Egg Hunt in Allaire Village

4263 Atlantic Avenue, Farmingdale, NJ 07727 April 4 12 PM-4PM (handmade Easter Bonnet Parade at 3 pm) 732-919-3500 or www.allairevillage.org

Oasis Church Easter Egg Hunt with Easter Bunny Regal Hadley Cinema,1000 Corporate Court, S. Plainfield, NJ 07080 April 5 9:30 AM and 11:30 AM 732-406-7821 or http://oasis-church-nj.com

Battleview Orchards Annual Easter Egg Hunt 91 Wemrock Road, Freehold, NJ 07728 March 28 (Raindate: March 29) 2PM Sharp 732-462-0756 or http://www.battlevieworchards.com

Easter Egg Hunt and Lunch With the Easter Bunny

Presbyterian Church of Jamesburg 175 Gatzmer Ave, Jamesburg, NJ 08831 April 4 Easter Egg Hunt begins at 1:30 PM Lunch from 12 to 1PM 732-521-1711

Lakewood Annual Easter Egg Hunt John Patrick Sports Complex, Vine Street, Lakewood, NJ 08701 March 28 10 AM 732-905-3405

Easter Eggstravaganza Geick Park, Route 516 at Highpointe Way, Old Bridge Twsp, NJ 07747 March 28 11:00 AM-2 PM

732-721-5600

Sonny The Bunny Colossal Carrot Adventure iPlay America, 110 Schanck Road, Freehold, NJ 07728 March 28 10 AM-12 PM 732-577-8200 or www.iplayamerica.com

Freehold Easter Story Time and Egg Hunt Barnes & Noble, 3981 U.S. 9, Freehold, NJ 07728 April 5 12 PM 732-409-2929

Belmar Easter Egg Hunt at the Beach

Ages 1-3 at 4th Ave Beach Entrance Ages 4-5 at 3rd Ave Beach Entrance Ages 6-7 at 3rd Ave Beach Entrance Ages 8-9 at 2nd Ave Beach Entrance April 4 11:00 AM Sharp 732-681-3700



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- Six Small Homes of 16 Residents each with similar cognitive and physical needs live together and benefit from specialized programs for optimal quality of life
- The Community Center connects to all Small Homes offering many amenities including Fireside Lounge, Health & Wellness Center, Formal Dining Room and Café



For Information Call 732-992-5200 www.FrancisEParker.com

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The Millstone Township PTSA and PTO Sponsor a Scholarship Program

The Millstone Township PTSA and PTO, two non-profit groups of parents, students, educators and community members who work together to support the schools and offer educational opportunities for our students, will once again be sponsoring a scholarship program. The PTSA and PTO will be providing a \$1,000 scholarship each. The scholarship award will go to deserving high school senior(s) who reside in Millstone Township and have graduated from Millstone Township Middle School.

The scholarships are based on personal interviews, community service and an essay on the topic "What challenges I have experienced in my life and how I have overcome them."

Any high school senior who resides in Millstone, has graduated from Millstone Township Middle School and is enrolling in a two-year or four-year educational program (including community college, nursing, vocational or business program) is eligible to apply.

Applications are available on the Millstone Township School District website at www.millstone.k12.nj.us under the middle school tab, as well as on the PTSA website at www.mtmsptsa.com. Click on the scholarship link to access it there.

Applications should be completed and mailed to Millstone Township PTSA Scholarship, 5 Dawson Court, Millstone Township, New Jersey 08535, by April 30, 2015. Qualifying applicants will be notified of an interview date and time.



Millstone Township Court Building | 215 Millstone Road | Perrineville, NJ

Saturday, April 18| 9-NOON

Event t-shirt and light refreshment will be provided Wear long pants and boots | Bring water and work gloves if you have them Children must be accompanied by an adult Contact Mike at mpisauro@thewatershed.org to register groups larger than 10

ALL ARE WELCOME!

For more information, visit our website at thewatershed.org/advocacy/stream-cleanups







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