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SAT - NOT FADE WAY "A Tribute To Buddy Holly"

SUN - THE MARSHALL TUCKER BAND,
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DO YOU HAVE THE RIGHT AUTOMOBILE INSURANCE?

In my day-to-day practice, I generally see two or three new clients per week that have been involved in automobile accidents. Unfortunately, about 90% of these people carry a policy of automobile insurance that does not allow them to sue for personal injury resulting from a motor vehicle accident. The purpose of this article is to educate the public with respect to its rights as they relate to automobile insurance policies and to inform the public of its options with regard to what type of car insurance they should obtain.

The State of New Jersey is one of many states that have a "no-fault" system of automobile insurance. This basically means that your own automobile insurance company pays your medical bills arising out of a motor vehicle accident regardless of who was at fault in causing the accident. In many states that have a "no-fault" system, there is generally a "tort threshold" in insurance policies or within the state's statutes. New Jersey is a state that contains a "tort threshold" in its statute. This is generally called the "verbal threshold" or the "limitation on lawsuit" threshold.

What does this "threshold" term mean as it relates to your rights as a citizen? Basically, because of this statute, in order to obtain damages for an injury from an injury sustained in a car accident, you must prove that your injury fits into one of several categories. Generally, in such cases which involve spinal injuries, an injured person must prove that they have a permanent injury to an organ or body part that "has not healed to function normally and will not heal to function normally with further medical treatment" before they will be entitled to money damages.

Insurance companies use the above statutory language in an attempt to convince a judge or jury that such injuries are not related to an accident and, even if such an injury was related to the accident, the spine now "functions normally." Oftentimes, juries "buy into" these arguments and refuse to find that a permanent injury has occurred. Once a jury reaches that conclusion, the injured party is not entitled to receive a monetary award even where the injured party has sustained rather significant life-changing injuries.

What can you do to protect yourself and your family against such an unfair outcome? Fortunately, in the State of New Jersey, you have a choice as to whether or not you want this "limitation on lawsuit" option to apply to your policy. Of course, it is better if this limitation does not apply to your policy. Unfortunately, you must pay an extra insurance premium to have this limitation taken off of your insurance policy. Once you pay the extra premium, the limitation described above will not apply to you or any family members living in your household.

If you do not know whether or not the "limitation on lawsuit" applies to your automobile insurance policy, please feel free to contact us so that we may advise you appropriately. If you do have this limiting option on your car insurance policy, we suggest that you immediately contact your insurance company or agent to have the limitation removed. Generally, the increased premium will be no more than a few dollars per month but will provide you with an unlimited right to sue in the event you are injured in an accident.

Should you have any questions with regard to the above or other questions concerning automobile insurance as it relates to personal injury law, please feel free to contact our office.

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Read and Follow!



- 1.) Color each section of the umbrella a different color.
- 2.) Circle the boat on the bear shorts.
- 3.) Color the ball the bear is holding blue.
- 4.) Color the larger ball yellow and green.
- 5.) Draw a flag at the top of the sandcastle.
- 6.) Color the bear brown.
- 7.) How many shells do you see? Write the number of shells on the sand pail.

- 8.) In the box write a sentence about the picture.
- 9.) Draw a sun above the umbrella.
- 10.) Write your name above the bear's head.

STUDENT OF THE MONTH

Helena Elizabeth LeCompte *By Pam Teel*

Seven-year-old Helena Elizabeth LeCompte attends the Roosevelt Public School in the heart of Roosevelt. She is in Mrs. Eppingers first grade class. Her favorite subject is writing. Helena loves to read the Magic Tree House books and Animal Fairy Series.

Her favorite thing that happened this year in school was when her class got to hatch baby chicks right in their classroom.

Helena loves cooking and wants to be a chef when she grows up. She loves to help out with dinner and loves to look at the cookbooks for new recipes. Her favorite shows on TV are Cupcake Wars and Chopped Junior. One day she would love to go on Chopped Junior and compete.

Helena's favorite food to eat is salad. She brings it to school almost every day. When she was four her mom asked her what she wanted to take for lunch, and Helena told her to mix chickpeas, cheddar cheese, and peppers, and then add Italian dressing. It turned out delicious, and it has since become a lunch option for her.

Helena's favorite place to travel to is Florida because of Disney and the warm weather. The family loves to go during the wintertime here. Her family camps at Fort Wilderness in Florida, and Helena really loves traveling through all the different states to get there. She especially loves Savanna, Georgia.

Helena has two sisters, Marianna, who is 8 years old, and Kendall, who is four years old. She also has a little brother Blake, who is 22 months old. Helena loves going to the park and the beach and on hikes through their woods. She also loves going to her grandpa's pool and swimming all day.

Helena loves to practice gymnastics and is an avid reader. She also takes piano lessons and is getting better and better at it. (I can attest to that because I am the one who gives her and her sister piano lessons).

If Helena had but one wish besides really wanting a kitten, she would want to feed all the people in the world who were hungry. Helena feels that no one should be hungry and those who have should help the ones who don't have.

Keep up with your reading and writing Helena. Stay the sweet caring person that you are! I have no doubt that one day you will be helping a lot of people in need because of your kind heart!



Helena Elizabeth LeCompte

Sportika Event for a Safer Sports Season

By Susan Heckler

As a parent of active children, you want to encourage them to try everything and shoot for the moon. Admit it though, you would like them to do it all within the confines of a layer of bubble wrap to protect them from harm.

Involvement in sports has so many benefits for all ages. It's fun, helps with body image, it relieves stress and depression, helps develop teamwork, leadership skills as well as motor skills, strategic thinking, and even math skills are learned by playing sports. It just adds to quality of life overall.

Sportika is hosting a wonderful event on July 13th from 6-8pm at the Freehold location at 323A Fairfield Road in conjunction with Johnson & Johnson. The purpose of the day is sports training and injury prevention. An Orthopedic Surgeon will be giving a 15 minute presentation about Sports Injury Prevention and Concussion Awareness geared toward the ages of 14 and up. Something as simple as a proper stretch and warmup can prevent many injuries as well as proper safety equipment and fit. Early action when an injury occurs may prevent a more serious injury.

There will be 3 stations of baseball "camps" for the attendees to take part in.

- (1) Hitting
- (2) Field training
- (3) Pitching

There will also be a station where ultrasounds will be performed to diagnosis any current issues and Physical Therapists giving guidelines and proper stretching techniques to reduce sports related injuries.

Moms and Dads, you can have your athletic child and take the steps to keep them safe! IT'S A WINNER!

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Did You Know that...

By Pam Teel



Paul Revere's infamous ride immortalized by Henry Wadsworth Longfellow's 1861 poem, "The Midnight Ride of Paul Revere"

Some history books got the facts wrong?

Paul Revere's famous midnight ride didn't go quite as it was written in the history books thanks to the 1861 poem by Henry Wadsworth Longfellow that immortalized Paul Revere as one of the great Patriots of his time and had us believe that he single handedly warned the patriots of the British coming.

Yes, it is true that he was sent out on a mission to reach John Hancock, Samuel Adams, and other patriots at Concord to warn them that the British were coming. In fact there were over forty riders that night sent out to try to reach Concord and warn the men. Revere and another patriot, William Dawes, headed out on horseback and decided to split up in case they got caught. Revere did actually end up getting caught by British troops at least three times that night but either managed to escape or was let go. He eventually met up again with Dawes and they were joined by a third man, Dr. Samuel Prescott, one of the Sons of Liberty. When Revere and Prescott were stopped again by a British patrol, Dawes managed to get away. Prescott also managed to get away by jumping his horse over a wall. Revere was detained and eventually released. His horse taken, he was forced to make his way back to Lexington by foot where he met up with Hancock and Adams. The battle of Lexington shortly ensued and with it the American Revolution. True, the men did stop house by house to warn people of the British coming but never did they yell the phrase, "The redcoats or the British are coming. After Dawes fell off his horse, it was Prescott who actually was the one who made it to Concord to warn the patriots, not Revere, as depicted in Longfellow's poem. Neither Dawes nor Prescott were mentioned in his 1861 poem. Longfellow took the liberty to bend the truth to his liking and made the man into a national hero forever remembered throughout history.

While many Americans give Henry Ford the credit for inventing the automobile, there were many before him. Although he got into the business early, he was far from the first. The Duryea brothers beat Ford by three years by setting up the first American car manufacturing company. Ford did however successfully set up the first assembly line. He sold his first car in 1903. Here is a list of automobiles that came before him. Nicolas-Joseph Cugnot (1725-1804) 1769 STEAM / Built the first self-propelled road vehicle (military tractor) for the French army: three wheeled, 2.5 mph. France Robert Anderson 1832-1839 ELECTRIC / Electric carriage. Scotland

A Belgian engineer named J. Etienne Lenoir produced the first motorcar in 1862. Nicholas A. Otto created the first internal combustible engine in 1876 and Karl Benz merely modified the idea a year or so later. Karl Friedrich Benz (1844-1929) 1885/86 GASOLINE / First true automobile. Gasoline automobile powered by an internal combustion engine: three wheeled, Four cycle, engine and chassis form a single unit. Germany Patent DRP No. 37435 Gottlieb Wilhelm Daimler (1834-1900) and Wilhelm Maybach (1846-1929) 1886 GASOLINE / First four wheeled, four-stroke engine- known as the "Cannstatt-Daimler." Germany George Baldwin Selden (1846-1922) 1876/95 GASOLINE / Combined internal combustion engine with a carriage: patent no: 549,160 (1895). Never manufactured -- Selden collected royalties. United States

The first car built in the U.S. was an electric car in 1891 built by Morris and Salom in Philadelphia, but it was not a success due to the battery technology available at the time. Charles Edgar Duryea (1862-1938) and his brother Frank (1870-1967) 1893 GASOLINE / First successful gas powered car: 4hp, two-stroke motor. The Duryea brothers set up first American car manufacturing company. United States

Viking helmets- Viking helmets never had horns on them. Most of these horned helmets came from German opera productions and artists' rendering of fierce Vikings ravishing and pillaging the country side.

There is no evidence, archaeological or otherwise, that Viking warriors wore any type of horns or wings on their helmets but there is plenty of evidence of plain conical/domed helmets made mainly of leather.

Albert Einstein was a brilliant child but failed mathematics miserably. Hardly! Although he was a late bloomer, socially awkward and he didn't get the best grades in school, he was a math genius. He had little use for botany, zoology and language requirements. He found them boring and a waste of his time. He was an ingenious problem solver and before he was 15 years old he mastered differential and integral calculus. Where the myth came from that he failed math, is not clear and also not true.

JULY 2016

KEEP YOUR PARENTS BUSY

National Creative Ice Cream Flavors Day!



Stop by the Planetarium at New Jersey State Museum in Trenton!

Animal Encounter at Liberty Science Center. Free with Admission!

Happy 4th of July!



Wristband Day at Jenkinson's Boardwalk! Unlimited Ride wristbands are only \$20!

Music in the Parks at The Raritan Bay Waterfront Park.

Fireworks at Dark begins today at Jenkinson's Boardwalk!

Movie Release: Life of Pets



National Sugar Cookie Day!

Enjoy a Day at Cape May County Park & Zoo!

Free Small Slurpee Drinks at Seven Eleven!



Watch the Skull Duggery Magic Show at Fantasy Island Amusement Park in Beach Haven!

Head down to the Lighthouse Day Craft Show in Cape May, NJ.

Critter Round-Up at Bayview Park in Long Beach Island, NJ!

iPlay America in Freehold, NJ presents Kian 'N' JC's "Don't Try This at Home" concert!

Saturday Dock Concert in Barnegat, NJ. Enjoy bands while sitting on the waterfront!

International Ice Cream Day!

National Hug your Child Day!

Saint Ambrose Carnival opens today in Old Bridge! Great for the whole family!

Pick some delicious peaches today at Battleview Orchards in Freehold Township!

Happy Junk Food Day!



Movie Release: Ice Age 5: Collision Course



28th Annual LBIF Fine Art Festival in Loveladies, NJ!

National Parents Day!



Christmas in July! Enjoy popular holiday music shows, crafts and visits with Santa at Ocean County College in Toms River, NJ.

Watch Zootopia at Riverside Gardens Park in Red Bank!

Turtleback Zoo will be playing Kung Fu Panda 3 in West Orange, NJ

National Milk Chocolate Day!



iPlay After Dark every Friday!

National Cheesecake Day!



Just Peachy Festival at Terhune Orchards!

Local Resident Is Trying To Grant A Child's Wish



Our family is fundraising to support Make-A-Wish New Jersey in memory of our mother Lorraine Giordano. She was a big supporter of children's causes and would have been thrilled that we are supporting this organization. In honor of our mom, we have set up a fundraising page on Make-A-Wish New Jersey's website.

Please join us in helping to grant a child's wish - our goal is to help fund a wish once a year!

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MEET THE INTERNS



Gina DiRusso is very excited to be interning at Gunther Publishing. She will be a senior in the 2016-2017 school year, and hopes to pursue a career in marketing and public relations in the future. She enjoys drama, singing, photography and working with people. She can't wait to work along side Cami and the staff of Gunther Publications in the upcoming year!



Jordan is about to be a senior at Monroe Township High School. Her hobbies include art, writing poetry, and going to concerts. She is extremely outgoing and loves dogs and movies. She hopes to one day work in New York City as an interviewer/ PR manager and she is so grateful that Gunther Publications is giving her experience!



Coach's Corner

By Jill Garaffa

CREATING CONSISTENCY WITH EXERCISE

Dear Jill,

I always have good intentions of exercising, but I don't follow through. There's always some reason I'll use (no time, don't feel like it, etc), convincing myself that it's okay to put it off until tomorrow and before I realize, a week (or a month) have gone by. I sometimes have motivation and do exercise, but it's sporadic.

How do I become more consistent with exercise?

Signed,

Procrastination Pete

Dear Procrastination Pete,

Thank you for writing in with your question! The first thing to acknowledge is that you have good intentions to exercise. That is an excellent starting point! It is clearly "in you" to be healthy, otherwise, you would not be thinking about it and it would not be bothering you. The seed is planted. The second thing to appreciate is that you do sometimes get a spark of motivation and are in action around fitness. So, you are not a complete couch potato. These are both strong points.

First, Inconsistency can occur when we set a goal too big. If we have an "all or nothing" view of exercise, it can be a set up for failure. Consider your current idea of exercise and how well is it working for you. Exercise programs can become outdated. What worked at the age of 25 may not work at the age of 45 due to changing life priorities and other commitments. Consider what is the least, smallest action you can take consistently? A 15 minute brisk walk done every single day will provide greater benefit over time than a 60 min intense workout done only occasionally. Remember the old saying "An apple a day keeps the doctor away", it's not "seven apples on Sunday" or "30 apples once a month".

Second, Inconsistency is also present when we are not fully committed to a goal. We might think about a goal, talk about it and say we want it, but if we are not focused with taking consistent action, then we are probably not entirely committed to it. Most people would take a million dollars if it were handed to them. Committing one's life to becoming a millionaire is a different story. Most people are not willing to do the work, make the sacrifice, and endure the patience, etc. So, you have to ask yourself if you really want it and why you want it.

Ask yourself the deeper questions. This can create a spark for inspiration into more consistent action. What is it that you really want for your life and how does exercise fit into that goal? What does exercise provide for you? Why is it important to you to exercise? Knowing your underlying reasons and being able to connect them to deeper values (freedom, peace, health, kids, family, career) is like adding jet fuel to your motivation.

Last point: It is vitally important that your motivation be generated from positive internal feelings, not negative ones. Being motivated by anger, frustration or fear may get you started, but it will not keep you going. Forgive yourself for however far you have slid regarding self care & accept where you are in this moment. Begin to explore the areas where you are willing to take responsibility for your health. Self love & compassion for yourself go a very long way on this journey. And, remember, it is a path, not a tightrope. Be gentle with yourself.

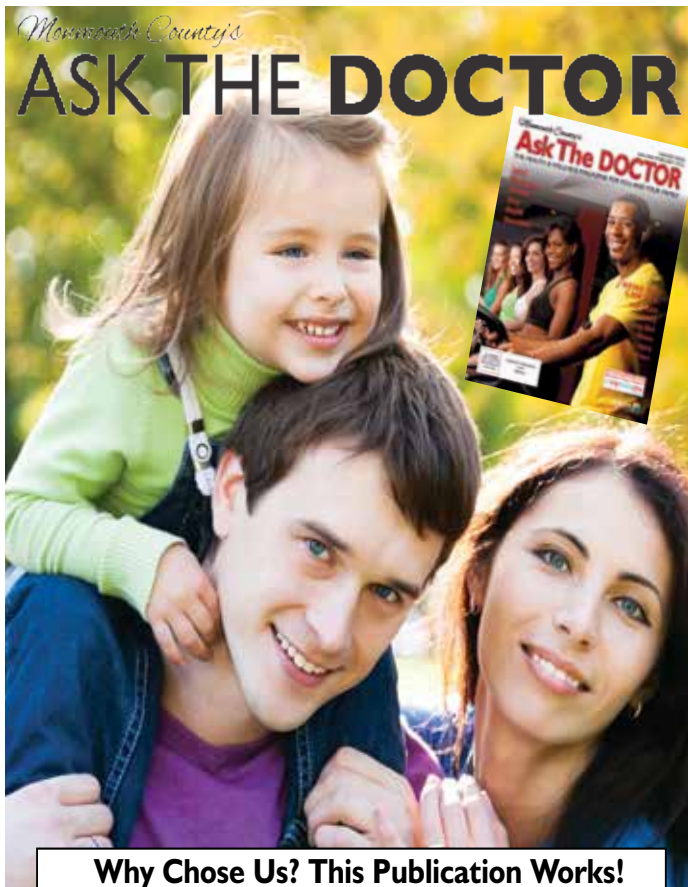
Supporting you with distinguishing your core values and deeper motivations is something a life coach can help you explore in order to generate more consistency and get in action in the areas of life that are important to you.

Wishing you clarity, peace & power,

Jill

Jill Garaffa, OTR/L, PCC, ELI-MP is a Licensed Occupational Therapist and Professional Certified Life Coach providing Health & Wellness Coaching for individuals and organizations. For more information, please visit www.seedsofchange coaching.com or call 732-859-6962.

If you have a life situation where you feel stuck or stalled, and would like coaching, please email jill@seedsofchange coaching.com or visit www.seedsofchange coaching.com and click "contact us" to be featured in a future column.



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Grilled Zucchini Pizzetti

A simple, delicious recipe to reinvent your usual cheese pizza.

INGREDIENTS

- 1 whole zucchini, sliced thin
- 1/2 an onion, chopped
- Pizza dough
- Parmesan cheese

DIRECTIONS

In a medium sized pan, drizzle about a tsp. of olive oil. When that heats up, add the sliced zucchini and chopped onion. Cook until golden brown. Set aside. Heat up your grill, brush the pizza dough with a bit of olive oil, and roll it out flat. Grill until crispy. Put the cooked zucchini and onions on the pizza with a sprinkle of Parmesan cheese, and serve.



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When should I take my child for their first eye exam?



Dr. Steven Linker, OD

Most parents are diligent when it comes to routine well visits to the pediatrician. They understand about preventive medical treatment. What most parents don't realize is that the same applies to the health of the eye and vision.

During infancy, a baby's vision changes constantly. At first they can only focus on objects near-by and high contrast colors like black, white and red. By six months, their visual ability should be sharper. Most would be shocked to know that a six-month old should have an eye exam. At this age, your eye doctor can monitor the development of the eyes. In some cases, they are not working together, which will affect vision.

Another optical milestone is for the pre-kindergarten child. By ages 3 to 4, the eyes have done their developing and an eye exam is expected prior to school admission. Other exams should be in the 3 to 4-year-old range because the eyes have basically done their growing and developing by then. It is from this point that an annual eye exam is essential.

Early detection of vision issues can curtail bigger problems later. An eye exam can detect and identify nearsightedness, farsightedness, and astigmatism. These can be remedied with prescription glasses very easily. Conditions such as 'lazy eye' can be corrected with something as simple as an eye-patch.

To make a trip to the eye doctor less intimidating for your child, find one who has a great manner with children, one who will put them at ease.

Schedule your appointment with us. I invite you to visit my office for an exam to discuss your eye care health and the same for your family. We take most medical insurances and have a wonderful selection of frames should you need glasses. A visit to us may be your first line of ocular defense!

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DEALING WITH FEVERS IN CHILDREN

By Pam Teel

A fever is a helpful and necessary part of the process of healing in a childhood illness. During a fever, the healing reactions of the body are sped up. The heart breathes faster, carrying blood more quickly to the organs, respiration is quicker, and perspiration increases, helping the body to cool down naturally. A high temperature usually means that the body's defense mechanism is fighting an infection, and the temperature variations indicate how it is coping. Though very high fevers above 106 degrees F (41c) can harm the brain and heart of a child, normally healthy children would come out of the fever unharmed. During most infections, the brain keeps the body temperature at or below 104 degrees.

Fever increases the amount of interferon, a natural antiviral and anticancer substance in blood. A mild fever also increases white blood cells that kill cells infected with viruses, fungi, or cancer, and improves the ability of certain white blood cells to destroy bacteria and infected cells. According to Dr. Mercola and other leading physicians, a moderate fever is a friend, but a friend that no one would like to spend a lot of time with. Although fevers are conventionally treated with medication, a fever is the body's mechanism for destroying viruses and bacteria.





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Why The Staycation Trend Has Taken Over?

Traffic, road construction, waiting in airports and losing luggage are just some of the stresses that can dampen your fun on a traditional vacation. Often vacationers come home more exhausted and stressed than when they left. The most important thing to keep in mind is that "paradise" does not have to be a location but rather a state of mind. The perfect vacation makes you feel a certain way — rested, relaxed and stress free. Those feelings, along with some adventure and fun, can absolutely be achieved on a staycation in your neck of the woods.

Support Local Business

Imagine being on vacation while helping other people achieve their dreams. That would be a good feeling. Your staycation will benefit not only you but many of your local community businesses. Small community businesses depend on locals for support, and anything beneficial to them will impact the entire community — including your family. Everyone knows your dollar will reach farther, because that money goes right back into the local economy. Local businesses owners and employees also will be encouraged by your support. Many of them are your neighbors and friends. Your advocacy brightens their day and helps you stay updated on what's happening in your community.

Unique Adventure

A lot of your local shops contain unique items that are not mass produced. Challenge yourself to go window shopping and try a few different businesses. It is an adventure. You could find some great birthday or Christmas presents while you peruse shops as part of your summer staycation. You might even meet some of the talented artists who make those one-of-a-kind gifts. Many share the story behind their art, as well as its purpose or meaning. This personal touch and connection makes the gift more meaningful. What better way to spend your staycation than building positive relationships with those in your community?



Helping Your Child Deal With Loss

By Mia Inqui

It's hard to explain to your kids when a relative or pet dies. It's harder to find the words if you're grieving yourself. But here are some tips to help you through this tough time.

Your kids may ask a lot of questions and it's okay that you don't have all the answers. Try to use clear and simple terms. Avoid using words like "went away" or "went to sleep" or even that your family "lost" the person. Young kids think very literally; it may make them afraid to go to sleep or scared when someone goes away.

Be patient and open. Allow your child to work through his or her grief as much as possible. Reassure your child that he or she did nothing wrong or anything to cause the death. Keeping open lines of communication may help prevent grief from being kept inside.

Be sure to make other important adults in your child's life aware of the death. Teachers, coaches and religious figures can offer additional support.

It may help your child if you plan something special to remember the person or pet who died. You can try to:

- Create art projects
- Write a poem or story
- Look at pictures
- Plant a tree
- Run a race in their honor
- Volunteer in memory of the person
- Visit the grave or a special place

This may be a painful time for your family. Remember that there's no right or wrong way to grieve. There is no amount of time that is right or wrong for the grieving process, but hopefully the more time passes, the less sad you will feel. Remembering the person and the good memories you have will help you and your family feel better.

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MARTY'S PLACE Senior Dog Sanctuary

By Pam Teel

Surrounded by tranquility, Marty's Place Senior Dog Sanctuary in Upper Freehold, NJ, is a facility with the sole purpose of giving senior dogs a place to call home in the last years of their life. The sanctuary is large enough to house forty senior dogs. For the past six months that it has been open, eight senior dogs get to share the facility, staff, and wonderful volunteers who are there to make them feel like they are home.

Owner, Doreen Jacubcak, sees the sanctuary number growing over the next few years. In order for that to happen, they will need the help of the public by means of people volunteering to come and spend some time with the dogs, monetary and item donations, and a general love for animals.

After retiring from a professional career, Doreen met Marty, a senior dog, and the source of inspiration that convinced her to one day follow her dreams. Marty spent six months in a shelter showing no enthusiasm to live any longer. The day before he was scheduled to be euthanized, the shelter found a rescue organization willing to take him. He lived in foster homes and doggie day care facilities for the next 18 months before he found a forever home with Doreen and her partner. After battling back from bacterial pneumonia, Marty eventually lost the ability to walk, but he still loved sitting by the lake near their home, interacting with other dogs, and barking at bicyclers who went by. In the short time that he had left, Marty, probably for the first time in a long while, enjoyed his life.

Marty's Senior Dog Sanctuary is a 501© 3 non-profit organization dedicated to enhancing the lives of senior dogs and ensuring that older dogs whose owners can no longer care for them will have a loving home for life. Senior dogs seven years and older receive physical comfort, and emotional care and enrichment, in a safe, loving, and protected environment.

The resident dogs have ample opportunity for exercise, indoor and outdoor play, leashed walks, swimming and more. They are regularly groomed, nutritional needs monitored, and health issues addressed. The facility has individual dog rooms, indoor lounges, outdoor activity areas and 25 plus acres of wooded walking trails. In the building adjacent to it is an enclosed in ground salt water pool for resident dogs to exercise.

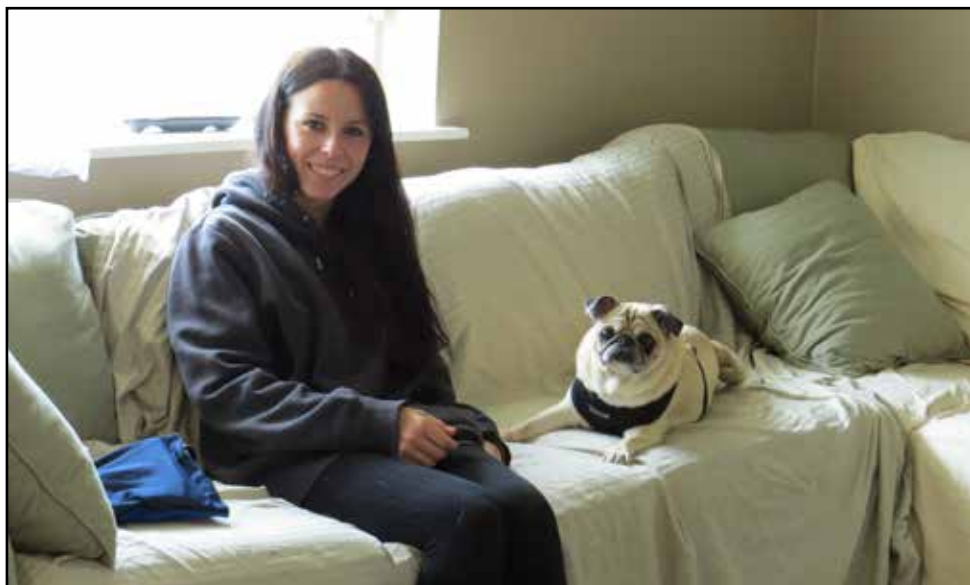
The pool is also available to nonresident dogs. Sessions are available four days a week. If your dog likes to swim and could use a little exercise, this is the place to take him. All dogs wear a life jacket and are supervised by a staff member.

The Sanctuary relies heavily on their volunteers. They are the backbone of life at the Sanctuary. The more volunteers, the more dogs they could bring in and help out. If you love dogs, all you're asked is to spend some time with them. Pet them and play with them; sit on the couch with them, take the dogs for a walk, etc. They need socialization and they love it when people come to visit. Adults over 18 can find a volunteer application on the website. Youth (14-18) or groups wanting to volunteer together, contact: info@martysplace.org or call 609 259-1278.

The Sanctuary could also use help with fundraising, office work, general cleaning, and other areas of operation. You can find full details on their website.

Right now there is a strong need for mini milk bones, poop bags, pill pockets, and Clorox and Lysol wipes. The Sanctuary is located at 118-Route 526 in Upper Freehold. Items can be dropped off during hours of operation. Financial contributions can be made by check to Marty's Place Senior Dog Sanctuary or online through their website using PayPal or a credit card. Donations are tax deductible. Sponsorships are also available. See the website for details: www.martysplace.org.

Your generosity and kindness will help Marty's Place enrich the lives of all of the senior dogs that get to call the Sanctuary their home.



Staff member, Meghan Keefe, spends time with Morgan. Both have developed a strong bond for each other.



The Sanctuary is located off the road- access through a long driveway at 118 Route 526.



Meet thirteen year old Bear.

MOVIES TO CATCH IN JULY

By Joely Phenex

The Secret Life Of Pets

Set in a Manhattan apartment building, after the two-legged residents head for work and school, their pets gather to start their day, which consists of hanging out, trading humiliating stories about their owners, and helping each other work up adorable looks that will lead to more snacks. The head hound is a quick-witted Terrier rescue (voiced by Louis C.K.), whose position at the epicenter of his master's universe is suddenly threatened when she comes home with Duke (voiced by Eric Stonestreet), a sloppy mongrel with no polish. The two soon find themselves on the mean streets of New York, where they meet the adorable white bunny, Snowball (voiced by Kevin Hart). It turns out that Snowball is the leader of an army of pets that were abandoned and are determined to get back at humanity and every owner-loving pet. The dogs must thwart this plot and make it back in time for dinner. This 3d movie includes the voices of Kevin Hart and Ellie Kemper.

The Legend Of Tarzan

It has been years since the man once known as Tarzan (Skarsgård) left the jungles of Africa behind for a gentrified life as John Clayton III, Lord Greystoke, with his beloved wife, Jane (Robbie) at his side. Now, he has been invited back to the Congo to serve as a trade emissary of Parliament, unaware that he is a pawn in a deadly convergence of greed and revenge, masterminded by the Belgian, Captain Leon Rom (Waltz). But those behind the murderous plot have no idea what they are about to unleash. The move is based on the Edgar Rice Burroughs character. Christoph Waltz plays a Belgian soldier named Captain Rom who attempts to capture Tarzan in exchange for a ransom in diamonds.

The film was shot at Warner Bros. Studios, Leavesden, as well as on location around the UK. Collaborating with Yates behind the scenes, the creative team includes director of photography Henry Braham ("The Golden Compass"), Oscar-winning production designer Stuart Craig ("Dangerous Liaisons," "The English Patient," the "Harry Potter" films), editor Mark Day ("Harry Potter and the Deathly Hallows, Parts 1 & 2"), and Oscar-nominated costume designer Ruth Myers ("Emma," "Unknown").



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Bronx 3rd Graders get Special Strides Education in Farming

By Susan Heckler

The Third Grade class at the Children's Aid College Prep Charter School recently hopped on buses and came all the way from the Bronx for their first ever field trip to Congress Hill Farm to participate in the Special Strides program!

Special Strides is located in Monroe Township at Congress Hill Farm, an all equestrian training center. It is a multi-disciplinary therapy clinic and equine center providing equine assisted activities and therapy (EAAT). The facility comprises 200 acres of training areas, both outdoor and indoor arenas, as well as wooded trails. Special Stride's trails include a variety of sensory equipment such as trampolines, swings, an adventure course with balance beams and a variety of playground equipment. Children can explore the farm during therapy and witness the changes of seasons, picking vegetables in the gardens and visiting the other farm animals such as a rabbit, cats, goats, sheep, chickens and alpaca. Special Strides offices are located in a heated/air conditioned office including a fully equipped therapy clinic. Since opening in 1998, Special Strides has focused on improving the quality of life for all individuals who pass through the stable gates; patients, riders, families, volunteers, staff, donors and community members.

The lucky third graders were lead through an amazing farm experience where they practiced the skills they have been learning throughout Life Skills class and other subjects. The trip was an education about emotions, communication, safety, teamwork, nutrition, sensory systems, and more with the help from professionals at Special Strides. The students interacted with horses, goats, llamas, chickens, and ducks. This included feeding, brushing, holding, and observing both new spring baby animals and full grown horses! They also had the opportunity to participate in teamwork activities such as a scavenger hunt throughout a beautiful, gated, wooded path.

According to one teacher, Alyssa Cowit from Manalapan, "The field trip was a huge success. Our scholars were able to watch a horse swim, which we learned helps with muscle therapy. We learned about communication and body language by observing a horse's ears, and movements. We were able to feed goats, llamas, chickens and rabbits. Students with severe occupational therapy needs were able to get private horseback riding lessons in the indoor arena. Students worked in teams during a scavenger hunt through the woods; we worked on team building and problem solving. Students groomed horses, talked about self-care, and nutrition. This was all around a very valuable experience as some of these children have never seen these animals in real life before!"





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